THE JUGGLING ACT OF CHILDCARE!!!!!!!!!!!!!!!!!!!!!

Care About Childcare @Utah Valley University Provider Appreciation Night April 16, 2104

1. Dramatic Play Prop Boxes

I Can! By Peter and Katie Stewart

I can use my imagination
To set a fantasy free
I can perform and be someone else
The inspiration comes from me!
There are places I'll explore
That I may never get to see.
There are people I can play
Who I may never get to be.
Not tomorrow, but today
I can through dramatic play!
I can be a pirate
With my dirty, strong mates.
Through my spyglass I look for treasure
As I sail the seas and straights.
I can be a princess
Beautiful and fair
The only entrance to my tower
Is to climb up my long hair.
I can be a fairy
And know how to fly
I'll wear a dress made of petals
Drink honey and never cry.
I can be a dish
And run away with a spoon.
Or a genie in a lamp
Or ride a unicorn past the moon.
I can dance around a tribal fire
Or daintily sip my tea.
Or I can make people cry, clap, and laugh
The inspiration comes from me.
And after I've been everything
I can possibly pretend to be
I can realize how special
It is to be me!

Copyright 2005 ~Cathy Abraham
2. **Outdoor Activities**: 15 Simple Ways to Get Moving

3. **Water Play**: Super Sand Table and PVC Pipe Water Station

4. **Puppets**: Puppet Theater made from a large appliance box or as simple as a suspension curtain rod and curtain. Use CAC@UVU die cuts for stick puppets.

5. **Play Dough**: Playdough Recipes and Tool Suggestions

6. **Science Experiments**: Sandwich bag popper and crazy cake

7. **Reading Adventure**: Chart books read by older children, books read to younger children, and nursery rhymes or finger plays learned by younger children. Use our CAC@UVU die cuts to make fun tracking displays ie: monkeys on a tree, fish in the sea, ducks in the pond.

8. **Blocks and Boxes**: Collect empty cake mix, jello, cereal boxes and paper towel rolls. Supply the children with paper and markers and tape and let them create props for the block area.

9. **Balls**: Playing with Balls: Problem Solving Skills

10. **CAC@UVU Summer Activity Guide**
# DRAMATIC PLAY PROP BOXES

## RESTAURANT
- Tablecloth
- Napkins
- Menus
- Play Money
- Cash Register
- Aprons
- Chef Hats
- Trays
- Play Food

## GROCERY STORE
- Cash Register
- Play Money
- Check out area
- Paper Bags
- Cart
- Purses/Wallets
- Sale Flyers
- Aprons
- Coupons
- Grocery

## SCHOOL
- Chalkboard
- Chalk
- Notebooks
- Pencils
- Paper
- Books
- Backpack
- Lunchbox
- Backpack
- Chairs
- Teacher desk
- Flag

## BANK
- Play money
- Deposit slips
- Cash register
- Teller window
- Cash box
- Paper
- Phone
- Pens
- Coin rolls
- Rubber stamps

## OFFICE WORKER
- Desk
- Name plate
- File folders
- Forms
- Typewriter
- Memo Pad
- Phone
- Junk Mail
- Calculator

## LAUNDRY
- Doll clothes
- Clothespins
- Towels
- Wash cloths
- Large plastic tub
- Soap/Water
- Scrubbing board
- PVC pipe clothes line

## OTHER DRAMATIC PLAY PROP BOX IDEAS
- Pizza Parlor
- Car Wash
- Jewelry Store
- Doctor
- Beauty Shop
- Gas Station
- Construction Worker
- Police Officer
# PLAYDOUGH RECIPES

<table>
<thead>
<tr>
<th>Salt Playdough</th>
<th>Cream of Tartar Playdough</th>
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<tbody>
<tr>
<td>1 cup water</td>
<td>2 cups flour</td>
</tr>
<tr>
<td>1 cup salt</td>
<td>2 cups water colored with food coloring</td>
</tr>
<tr>
<td>½ cup flour</td>
<td>1 tablespoon cooking oil</td>
</tr>
<tr>
<td>Food Coloring</td>
<td>1 teaspoon cream of tartar</td>
</tr>
<tr>
<td>Mix ingredients in pan. Turn the stove</td>
<td>Put all ingredients in a medium pan. Cook slowly on medium</td>
</tr>
<tr>
<td>to low heat and stir. When dough forms,</td>
<td>heat until the playdough thickens. Cool and form into a ball.</td>
</tr>
<tr>
<td>remove it from the heat. Cool and enjoy.</td>
<td>Keep the cooked dough in a zip lock or plastic container in</td>
</tr>
<tr>
<td></td>
<td>the refrigerator.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Rubbery Playdough</th>
<th>Glittery Playdough</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 ½ cups water</td>
<td>Glitter</td>
</tr>
<tr>
<td>1 cup cornstarch</td>
<td>1 cup salt</td>
</tr>
<tr>
<td>2 cups baking soda</td>
<td>1 cup warm water</td>
</tr>
<tr>
<td>1 tablespoon oil</td>
<td>2 tablespoons alum</td>
</tr>
<tr>
<td>Food coloring</td>
<td>2 cups flour</td>
</tr>
<tr>
<td>Mix all ingredients together in a pan</td>
<td>2 tablespoons oil</td>
</tr>
<tr>
<td>and boil over medium heat. Once doughy,</td>
<td></td>
</tr>
<tr>
<td>remove from heat, cool and enjoy playing</td>
<td></td>
</tr>
<tr>
<td>with.</td>
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Enjoy.
Sandwich Bag Popper!!!!!!!!!!

Here’s what you need:

- sandwich-sized ziploc bag (I used a generic brand and it worked fine!)
- 1/4 cup warm water
- 1/2 cup vinegar
- 1 tbsp. baking soda
- toilet paper

Here’s what to do: (It’s helpful to have two people working together on this)

1. Tear off a square or two of toilet paper and put a tablespoon of baking soda in the middle. Twist or fold the toilet paper around the pile of baking soda making a small packet.
2. Next, open your sandwich bag and pour in 1/2 cup vinegar and 1/4 cup warm water. Zip the bag closed, but not all the way. You’ll want a small opening just large enough to drop in the packet of baking soda.
3. Move the experiment to the sink or outside! Put the baking soda packet into the bag and then quickly zip it all the way closed. (I found it helpful to carefully put the packet in, then hold it towards the top away from the liquid so I could zip the bag all the way closed, then let it drop in)
4. Once the bag is sealed, give it a quick, gentle shake so the packet drops into the liquid and set it down. The reaction will occur almost immediately and the bag will start to fill with carbon dioxide. It’ll get bigger and bigger until it finally POPS!

MAKE CRAZY CAKE

3 cups white flour  2 cups white sugar  1 teaspoon salt  2 teaspoons baking soda
1/2 cup unsweetened cocoa  2 Tablespoons white vinegar  2 teaspoons vanilla
2 cups cold water

Directions

1. Sift flour, sugar, salt, soda, and cocoa together into a 9 x 13 inch ungreased cake pan. Make three wells. Pour oil into one well, vinegar into second, and vanilla into third well. Pour cold water over all, and stir well with fork.
2. Bake at 350 degrees F (175 degrees C) for 30 to 40 minutes, or until tooth pick inserted comes out clean. Frost with your favorite icing.

The baking soda and vinegar in the crazy cake make the cake rise just like it does in the sandwich bag popper. This is a great way to show children a practical use for science.