# Psychology (PSY)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Title</th>
<th>Credits</th>
<th>Prerequisites</th>
<th>Term(s)</th>
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<tbody>
<tr>
<td><strong>PSY 1010</strong></td>
<td>General Psychology</td>
<td>3:0</td>
<td></td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 101H</strong></td>
<td>General Psychology</td>
<td>3:0</td>
<td></td>
<td>Fall</td>
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<tr>
<td><strong>PSY 1100</strong></td>
<td>Human Development Life Span</td>
<td>3:0</td>
<td></td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 1250</strong></td>
<td>Psychology Applied to Modern Life</td>
<td>3:0</td>
<td>* Prerequisite(s): PSY 1010 with grade C- or higher and (ENGL 1010 with a C+ grade or higher)</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 2250</strong></td>
<td>Psychology of Interpersonal Relationships</td>
<td>3:0</td>
<td>* Prerequisite(s): ENGL 1010 (with a C- grade or higher) and PSY 1010 (with a C- grade or higher)</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 2400</strong></td>
<td>Positive Psychology</td>
<td>3:0</td>
<td>* Prerequisite(s): PSY 1010 (grade of C- or higher) and ENGL 1010 (grade of C- or higher)</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 2710</strong></td>
<td>Introduction to Brain and Behavior</td>
<td>3:0</td>
<td>* Prerequisite(s): PSY 1010 and ENGL 1010 with a C+ or higher. ZOOL 1090 recommended.</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 275R</strong></td>
<td>Survey of Current Topics</td>
<td>1 to 3:0</td>
<td>On Sufficient Demand</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 2780</strong></td>
<td>Human Sexuality</td>
<td>3:0</td>
<td>* Prerequisite(s): ENGL 1010</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 2800</strong></td>
<td>Psychology of Gender</td>
<td>3:0</td>
<td>* Prerequisite(s): PSY 1010 with a C or higher; ENGL 1010 with a C+ or higher; Instructor approval</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 289R</strong></td>
<td>Beginning Research Experience</td>
<td>1 to 3:0</td>
<td>On Sufficient Demand</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 3030</strong></td>
<td>Research Methods for Psychology</td>
<td>4:4:0</td>
<td>* Prerequisite(s): (BESC 3010 or PSY 3010 with a C- or higher); (ENGL 2010 or ENGL 2020 with a C+ or higher); and University Advanced Standing</td>
<td>Fall, Spring, Summer</td>
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<tr>
<td><strong>PSY 3100</strong></td>
<td>Psychology of Gender</td>
<td>3:0</td>
<td>* Prerequisite(s): PSY 1010 (with a C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing</td>
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An introductory course in modern scientific psychology. Covers major domains of scientific psychology including biological foundations, sensations, perception, learning, motivation, human development and abnormal psychology. Examines major psychological and professional applications.

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Explores human development from conception and birth to old age and death. Examines growth and developmental patterns and describes the characteristics of various developmental stages. Studies the major physical, cognitive and psychosocial themes and issues of human development. Includes genetics, prenatal development, birth, early/middle/late childhood, adolescence, early/middle/late adulthood, and death.

Explores the social influences of psychology. Includes an examination of the research methods used to study the human brain and the mechanisms to control functions and behaviors. Addresses research methods used to study the brain and the mechanisms to control functions and behaviors.

Introduces neuroanatomy and neurophysiology. Includes how neurons communicate to coordinate various functions and behaviors. Addresses research methods used to study the brain and the mechanisms to control functions and behaviors.

Introduces basic concepts of human sexuality including anatomy, reproduction, and sexual response across the life-cycle. Studies gender roles, sexual orientation, dysfunction, and sexually transmitted disease. Examines sexual behavior from the perspective of ethics, religion, the law and education. Students assess their sexual attitudes and should be able to make responsible sexuality decisions. An elective psychology course for students pursuing a degree in Behavioral Science. Note: Due to Utah State Laws regarding sexuality education, students registering for PSY 2800 must be 18 years of age or a high school graduate.

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Psychology

PSY 3105
Health Psychology
3:3:0
* Prerequisite(s): (PSY 1010 or PSY 1100) with grade C- or higher or (Community Health major and HLTH 2800 or HLTH 3260) with grade C- or higher, (ENGL 2010 or ENGL 2020) grade C+ or higher, and University Advanced Standing

Examines underlying biological, psychological, and social factors, that interact and contribute to illnesses. Examines how beliefs, attitudes, and lifestyles contribute to overall health. Includes preventative strategies and techniques. Introduces motivational strategies to work productively with patients in healthcare settings.

PSY 3200
Infancy and Childhood Development
3:3:0
Fall, Spring, Summer
* Prerequisite(s): (PSY 1010 or PSY 1100) with grade C- or higher or (Community Health major and HLTH 2800 or HLTH 3260) with grade C- or higher, (ENGL 2010 or ENGL 2020) grade C+ or higher, and University Advanced Standing

Teaches major theories of infant and child development. Identifies the sequence of development including physical, mental, and emotional conditions. Studies special needs and exceptional children. Examines parenting styles. Emphasizes development of the ‘whole child’.

PSY 3210
Adolescent Development
3:3:0
Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with C- grade or higher) and University Advanced Standing

Focuses on physical, social, mental and emotional development of adolescents. Examines current research regarding optimal conditions for healthy maturation and separation/individuation from parents. Addresses adjustment problems, prevention, and remedies.

PSY 3220
Adult Development
3:3:0
Fall, Spring
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with C+ grade or higher) and University Advanced Standing

Studies adult developmental stages (end of adolescence through old age). Examines stable patterns and predictable changes in physiological and psychological and cognitive processes, emphasizing current research in optimal adult functioning.

PSY 3300
Motivation and Emotion
3:3:0
* Prerequisite(s): PSY 1010, (ENGL 1010 with a C+ or higher), and University Advanced Standing

Examines motivation and emotion that underlie thought and behavior from a variety of perspectives. Explores the various theoretical approaches to motivation and emotion such as biological, phenomenological, cognitive, developmental and social constructivist approaches. Examines the historical background of motivation and emotion research, as well as a number of current applied motivational approaches.

PSY 3400
Abnormal Psychology
3:3:0
Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing

Foundation course for psychology majors. Examines the psychology of abnormal behavior, historical explanations and current biological and psychological theories of abnormal behavior. Emphasizes the description of mental disorders according to the American Psychiatric Association Diagnostic and Statistical Manual. May be delivered online.

PSY 3420
Cognitive Psychology
3:3:0
Spring, Summer
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ or higher) and University Advanced Standing

Introduces students to the core concepts, theoretical perspectives, empirical findings, and historical trends in cognitive psychology. Includes classical and operant conditioning, modal model of memory, and higher cognitive processes. Explores animal as well as human research.

PSY 3430
Psychopharmacology
3:3:0
Spring
* Prerequisite(s): PSY 2710 (with C- grade or higher) or (ZOOL 2320 and ZOOL 2420 with C- grade or higher in both courses) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher); University Advanced Standing

Addresses basic principles of nervous system function with emphasis on communication between nerve cells. Focuses on therapeutic drugs as well as drugs of abuse to include mechanisms of action and behavioral effects.

PSY 3450
Behavioral Neuroscience
4:3:3
Fall
* Prerequisite(s): PSY 2710 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher); University Advanced Standing

Identifies major interactions between physiology and behavior. Covers physiological analysis, structures, and functions of the nervous system. Investigates topics including sensory and motor function, states of consciousness, sexual behavior, psychopathology, learning and memory. Course lab fee of $10 for supplies applies.

PSY 3460
Personality Theory
3:3:0
Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing

Introduces the basic psychological theories attempting to answer the question ‘What is Personality?’ Examines the scientific study of the uniqueness of each of us as individuals. Explores how individuals develop personality similarities as well as differences by examining classical personality theories, societal influences, cultural variations, behavioral genetics, anatomy and biochemistry, sex and gender differences and family function. May be delivered hybrid and/or online. Course fee of $15 for materials.

PSY 3480
Principles of Learning
4:3:3
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ or higher) and University Advanced Standing

Examines major concepts, theoretical perspectives, empirical findings, and historical trends in the scientific study of behavior. Focuses on application of psychological principles to personal, social, and organizational issues, as appropriate. Stresses use of critical and creative thinking, skeptical inquiry, and the scientific approach to solve problems related to behavior.
PSY 3490  
Sensation and Perception  
3:3:0  
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or 2020 with a C+ grade or higher) and University Advanced Standing.

Provides a foundation in how sensory systems interpret the world around us. Explores each of the primary sensory systems by defining the physical energy that is detected. Examines how that energy is transduced into neural impulses, and samples how aspects of that information are encoded to provide a representation of our world. Takes a neuroscientific approach to the topic, beginning with an overview of the nervous system including the organization of the brain and spinal cord, how neurons work and how neurons communicate with each other. Course lab fee of $10 for supplies applies.

PSY 350G  
Social Psychology  
3:3:0  
* Prerequisite(s): PSY 1010 (with grade C- or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing.

Studies the ways in which social context influences behavior. Reviews both social and psychological research. Includes culture and personality theory. Presents a multi-disciplinary approach to understanding human behavior. Requires a research project to observe and report individual or group behavior in a real life setting. May be delivered hybrid.

PSY 3710  
Introduction to Forensic Psychology  
3:3:0  
Spring  
* Prerequisite(s): PSY 1010 (with grade C- or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and (PSY 3400 or PSY 3500 with a C- or higher) and University Advanced Standing.

Introduces the complex field of forensic psychology which involves the overlap between the science of psychology and the law. Builds a basic understanding of the psychological principles and concepts that are part of the legal system. Highlights how the science of psychology potentially contributes to improvements and changes in the legal system. Outlines the role of forensic psychologists with regard to the legal system. Ideas regarding potential careers in the field are emphasized. Provides students the opportunity to customize course activities to suit their learning needs and styles from a variety of choices.

PSY 3850  
Psychology of Good and Evil  
3:3:0  
On Sufficient Demand  
* Prerequisite(s): PSY 1010 and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing.

Provides an integrated approach to understanding the roots of good and evil in human behavior. Explores theories and studies of human caring and destructiveness. Analyzes and develops psychological explanation of why individuals choose different courses of action under similar circumstances. Explores such concepts as attachment and parental discipline, bystander phenomena, response to authority, genocide, killing during war, group identity, bullying, views of the other and racism, forgiveness and reconciliation, and psychopathology and the biology of emotion.

PSY 4010  
Experimental Psychology  
3:3:0  
Fall, Spring, Summer  
* Prerequisite(s): (ENGL 2010 or ENGL 2020 with a C+ grade or higher), BESC 3010, BESC 3020, and University Advanced Standing.

Explores various experimental research designs (true experimental and quasi-experimental), emphasizing application and evaluation. Requires conducting an original psychological experimental research project.

PSY 4150  
Tests and Measurements  
3:3:0  
Fall, Spring  
* Prerequisite(s): (ENGL 2010 or ENGL 2020 with a C+ grade or higher), BESC 3010, BESC 3020, and University Advanced Standing.

Introduces the history of psychological tests, examines tests in use at the present time and considers the appropriate roles of psychological testing in modern society. Studies individual and group assessment in the areas of intelligence, aptitude, achievement, personality and interest. Critically evaluates tests and other instruments of measurement for validity and reliability.

PSY 4300  
Introduction to Counseling and Psychotherapy  
3:3:0  
Fall, Spring, Summer  
* Prerequisite(s): PSY 1010 (with grade C- or higher) and PSY 3400 (with a C- grade or higher) and University Advanced Standing.

Surveys concepts and practices of major therapeutic systems. Introduces students to the major psychotherapeutic models. Addresses basic counseling issues including ethics and professionalism. Develops skills in relationship development, interviewing, initial assessment and intake procedures. May be delivered online.

PSY 4400  
Introduction to Group Psychotherapy  
3:3:0  
On Sufficient Demand  
* Prerequisite(s): PSY 1010 (with C- grade or higher), PSY 3400 (with grade C- or higher), (ENGL 2010 or ENGL 2020 with a C+ grade or higher), and University Advanced Standing.

Discusses group therapy theory, research applied to client assessment and outcomes, legal and ethical issues. Learning activities will include screening, assessment, treatment, evaluation, and termination of group members. May be delivered online.

PSY 4461  
( cross-listed with: PHIL 4461)  
Moral Psychology  
3:3:0  
On Sufficient Demand  
* Prerequisite(s): (PHIL 2050 or PHIL 205G or PHIL 205H or PSY 1010 or PSY 101H) and University Advanced Standing.

Analyzes questions about how people engage in moral thinking and in moral behavior from the perspectives of the philosophy of mind, ethics and psychology. Explores topics such as virtue and character, reason and passion, altruism and egoism, agency and responsibility, and moral intuitions.

PSY 4500  
History and Systems of Psychology  
3:3:0  
* Prerequisite(s): PSY 1010 (with C- grade or higher) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing.

Identifies key contributors, historical systems and theories within the field of psychology. Includes contributions to present knowledge of affect, behavior, and cognition. Stresses similarities and differences between theories. Especially for students planning to take the Advanced Psychology Subject Test portion of the GRE.

PSY 4690  
Human Intelligence  
3:3:0  
* Prerequisite(s): PSY 1010 (with grade C- or higher), BESC 3010 (with grade C- or higher), and (ENGL 2010 or ENGL 2020 with a C+ grade or higher); University Advanced Standing.

Explores theories about human intelligence and how intelligence impacts health, social, and psychological outcomes. Considers how cognitive and biological variables are related to individual differences in human intelligence.

PSY 475R  
Current Topics in Psychology  
1 to 3:1 to 3:0  
On Sufficient Demand  
* Prerequisite(s): PSY 1010 and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing.

Presents selected topic in Psychology and will vary each semester. Requires a project demonstrating competency in the specific topic. May be repeated with different topics for 9 credits toward graduation.
Psychology

PSY 482R
Internship Seminar
1:1:0
* Prerequisite(s): University Advanced Standing
* Corequisite(s): BESC 481R
Practices integration of classroom learning with learning that takes place in an on-site internship. To be taken concurrently with BESC 481R, Senior Internship. May be repeated for a maximum of 8 credits toward graduation.

PSY 483R
Psychology Internship
1 to 3:1 to 3:0
* Prerequisite(s): PSY 1010 with grade C- or higher; BESC 3010 with grade C- or higher; and University Advanced Standing
Allows psychology students with non-clinical orientation to receive psychology credits for interning in a governmental, corporate, or private agency apart from their regular employment. Provides practical and research experience over the course of the 15 week semester. Requires professional supervision. Internships approved by faculty and written contracts must be signed. May be repeated for a maximum of 8 credits toward graduation.

PSY 4850
Introduction to Pedagogy
3:3:0
* Prerequisite(s): PSY 1010; (ENGL 2010 or ENGL 2020 with a C+ or higher); instructor approval; and University Advanced Standing
Builds a foundation for teaching at the college level through the study of best practices in college pedagogy via primary sources, review papers, and expert perspectives. Applies pedagogical knowledge through the delivery of multiple guest lectures on campus after creating appropriate course materials.

PSY 488R
Advanced Research Experience in Psychology
1 to 3:1 to 3:0
* Prerequisite(s): PSY 1010 with a C grade or higher; ENGL 2010 or ENGL 2020 with C+ grade or higher; University Advanced Standing; Instructor approval
Expands research experience by either (1) significantly assisting on a faculty member's research project or (2) carrying out an independent research project of the student's design under faculty mentorship. May be repeated for a maximum of 6 credits toward graduation.

PSY 490R
Independent Studies
1 to 3:1 to 3:0
On Sufficient Demand
* Prerequisite(s): Instructor approval, department chair approval, and University Advanced Standing; for Behavioral Science Bachelor Degree students only
For qualified students who wish to undertake a well-defined project or directed study related to an area of special interest. Requires individual initiative and responsibility. Includes limited formal instruction and faculty supervision. Projects may include writing a publishable paper, passing a competency exam, producing an annotated bibliography, oral presentation, or other options as approved by instructor. May be repeated for a maximum of 6 credits.