

Behavioral Science

Behavioral Science

The Behavioral Science department is in the [College of Humanities and Social Sciences](#). To find the most up-to-date information, including Program Learning Outcomes for degree programs offered by the Behavioral Science department, visit their website.

[Behavioral Science department](#)

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Degrees & Programs

Advanced Substance Use Disorder Counseling, Certificate of Proficiency

UVU strives to ensure the accessibility of our catalogs. However, if individuals with disabilities need this document in a different format than provided, you may contact the Assistive Technology Center at ACCESSIBLETECH@uvu.edu or 801-863-6788.

Requirements

The UVU Behavioral Science Department offers classes that fulfill the social science distribution requirements for graduation, the Behavioral Science pre-major for the associate degree, the Behavioral Science major for the bachelor degree (with an emphasis in Anthropology, Family Studies, Psychology, or Sociology, a Bachelor of Social Work, and a Certificate of Proficiency in Substance Use Disorder Counseling (SUDC).

Total Program Credits: 32

Matriculation Requirements:		9 Credits
Students must apply and be admitted to the UVU SUDC program. The following four courses must be completed with a C- grade or higher prior to starting the SUDC program. Completion of these courses, as well as University Advanced Standing, must be verified on the application for admission. For additional admission information for this program please visit www.uvu.edu/besc/sudc.html .		
ENGL 2010	Intermediate Academic Writing CC	3
PSY 1010	General Psychology SS	3
PSY 1100	Human Development Life Span SS	3
PSY 2300	Abnormal Psychology	3
Discipline Core Requirements:		23 Credits
SUDC 4710	Introduction to Professional Development	2
SUDC 4300	Introduction to Substance Use Disorder Counseling	3
SUDC 3470	Dynamics of Addiction	3
SUDC 3430	Psychopharmacology for the Substance Use Disorder Counseling Field	3
SUDC 4400	Advanced Substance Use Disorder Counseling	3
SUDC 4720	Advanced Professional Development	3
SUDC 481R	Internship	6

Graduation Requirements:

1. Completion of a minimum of 32 semester credits.
2. Overall grade point average of a 2.0 (C) or above. All courses must be passed with a C- grade or higher in order for students to receive their Certificate of Proficiency from this program.
3. Upon completion of the UVU SUDC Certificate of Proficiency program, students will work with the Utah Division of Occupational and Professional Licensing (DOPL) in regards to meeting the additional licensing requirements and obtaining their SUDC or ASUDC license(s).
4. Residency hours -- minimum of 8 credit hours through course attendance at UVU.

Advanced Substance Use Disorder Counseling, Certificate of Proficiency Careers

1. Students will be able to identify behaviors and problems related to substance use.
2. Students will be able to develop personalized recovery programs that establish healthy behaviors and coping strategies for clients.

Related Careers

- Mental Health Counselors

Interdisciplinary Gerontology, Certificate of Proficiency

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Requirements

This is an interdisciplinary undergraduate gerontology certificate that allows students to build a unique set of credentials they compose from a menu of existing UVU courses that meet the guidelines set forth by the Association for Gerontology in Higher Education (AGHE).

Total Program Credits: 18

Discipline Core Requirements:		9 Credits
Complete 9 credits from this list of core classes:		9
PSY 1100	Human Development Life Span SS (3)	
or FAMS 1500	Human Development Life Span (3)	
SOC 375G	Sociology of Aging GI (3)	
SW 355G	Thanatology--Death and Dying GI (3)	
Elective Requirements:		9 Credits
Complete 6 credits from this list of core classes:		6
FAMS 3850	Adult Development and Aging (3)	
EXSC 4100	Physiology of Aging (3)	
FAMS 2800	Teaching Human Sexuality (3)	
or HLTH 2800	Human Sexuality SS (3)	
or PSY 2800	Human Sexuality SS (3)	
COMM 3410	Fundamentals of Mediation and Negotiation (3)	
FAMS 4300	Family Dispute Resolution (3)	
FAMS 4500	Family Life Education Methodology WE (3)	
FAMS 4660	Family Financial and Resource Management (3)	
HLTH 3240	Womens Health Issues (3)	
HLTH 350G	International Health GI (3)	
HLTH 3300	Health Promotion for Older Adults (3)	
HLTH 3400	Human Diseases (3)	
HLTH 3800	Epidemiology (3)	
NURS 2325	Nursing Practice Simulation and Skills Lab I (2)	
or NURS 2415	Nursing Care of Adults with Common Health Needs Clinical (2)	

or	NURS 3335	Nursing Care of Individuals with Complex Health Needs Clinical (2)	
or	NURS 3405	Patient Care Coordination and Management Preceptorship (2)	
or	NURS 4325	Nursing in the Community Clinical (1)	
	NURS 2420	Nursing Care of the Aging Population (2)	
	NURS 4230	Palliative Care in Nursing (3)	
	NUTR 2020	Nutrition Through the Life Cycle BB (3)	
	PSY 3220	Adult Development and Aging WE (3)	
	PSY 2300	Abnormal Psychology (3)	
	PSY 3420	Cognitive Psychology WE (3)	
	SW 1010	Introduction to Social Work (3)	
	SW 2100	Human Behavior and the Social Environment I (3)	
	SW 3400	Human Behavior and the Social Environment II (3)	
Complete any 3 credits from AGHE Competency III (part 11) Internship/Research Courses:			3
	BESC 481R	Senior Internship (1-8)	
	EXSC 481R	Internship in Exercise Science (1-8)	
	FAMS 481R	Community Practicum (1-8)	
	HLTH 482R	Health Internship (1-8)	
	NURS 4240	Promoting Active Senior Lifestyles (2)	
	NURS 481R	Internship in Nursing (1-3)	
	NURS 489R	Undergraduate Research in Nursing (1-4)	
	NURS 490R	Special Topics in Nursing (1-4) ^{1,2}	
	NURS 495R	Independent Study in Nursing (1-3)	
	PSY 482R	Internship Seminar (1)	
	SW 481R	Field Placement (1-8)	

Graduation Requirements:

1. Completion of a Minimum of 18 Semester Credits.
2. Overall GPA of 2.0 or above upon graduation.
3. Residency hours -- minimum of 5 credit hours through course attendance at UVU.

Footnotes:

1-If course not already taken.

2-Must have departmental approval as course matter rotates.

Interdisciplinary Gerontology, Certificate of Proficiency

Careers

1. Identify simple and complex issues that the gerontology population face.
2. Develop plans, protocols, and strategies to address issues within the gerontology population.
3. Implement plans and strategies while working with the gerontology population.

Related Careers

- Medical Scientists, Except Epidemiologists

- Social Scientists and Related Workers, All Other

Substance Use Disorder Counseling, Certificate of Proficiency

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Requirements

The UVU Behavioral Science Department offers classes that fulfill the social science distribution requirements for graduation, the Behavioral Science pre-major for the associate degree, the Behavioral Science major for the bachelor degree (with an emphasis in Anthropology, Family Studies, Psychology, or Sociology, a Bachelor of Social Work, and a Certificate of Proficiency in Substance Use Disorder Counseling (SUDC).

Total Program Credits: 26

Matriculation Requirements:			12 Credits
Students must apply and be admitted to the UVU SUDC program. The following four courses must be completed with a C- grade or higher prior to starting the SUDC program.			
ENGL 2010	Intermediate Academic Writing CC		3
PSY 1010	General Psychology SS		3
PSY 1100	Human Development Life Span SS		3
PSY 2300	Abnormal Psychology		3
Completion of these courses, as well as University Advanced Standing, must be verified on the application for admission. For additional admission information for this program please visit www.uvu.edu/besc/sudc.html .			
Discipline Core Requirements:			14 Credits
SUDC 4710	Introduction to Professional Development		2
SUDC 4300	Introduction to Substance Use Disorder Counseling		3
SUDC 3470	Dynamics of Addiction		3
SUDC 3430	Psychopharmacology for the Substance Use Disorder Counseling Field		3
SUDC 481R	Internship (1-8)		3

Graduation Requirements:

1. Completion of a minimum of 26 semester credits.
2. Overall grade point average of 2.0 (C) or above. All courses must be passed with a C- grade or higher in order for students to receive their certificate of completion from this program.
3. Upon completion of the UVU SUDC Certificate of Proficiency program, students will work with the Utah Division of Occupational and Professional Licensing (DOPL) in regards to meeting additional licensing requirements and obtaining their SUDC or ASUDC license(s).
4. Residency hours -- Minimum of 6 credit hours through course attendance at UVU.

Substance Use Disorder Counseling, Certificate of Proficiency

Careers

1. Students will be able to identify behaviors and problems related to substance use.

Behavioral Science

- Students will be able to develop personalized recovery programs for their clients that establish healthy behaviors and coping strategies and they will do so in strict adherence to professional ethics.

Related Careers

- Mental Health Counselors

Anthropology, Minor

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Requirements

The BA/BS/Minor will give students the opportunity to earn a full major/minor in the field of anthropology. Students who obtain this degree will a) develop anthropological knowledge, enabling them to analyze trends in culture and society, b) methodological competence, learning to apply anthropological methods for learning about cultural/ideological differences and navigating them in daily life, and c) essential skills, written and spoken communication, analytic reading and writing, building rapport with people from different backgrounds. The Minor in Anthropology will allow students pursuing other majors to earn a credential that suggests critical thinking skills, writing ability, and cultural sensitivity.

Total Program Credits: 18

Discipline Core Requirements:			6 Credits
	ANTH 101G	Social Cultural Anthropology SS GI	3
	ANTH 2880	Introduction to Theory and Ethnography WE	3
Elective Requirements:			12 Credits
	Any anthropology course numbered 3000 or higher		12

Cognitive Neuroscience, Minor

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Requirements

The Minor in Cognitive Neuroscience is for students who desire a career in the cognitive neuroscience areas within psychology, including becoming a human factors consultant, a clinical neuropsychologist, a neuroscience research technician, or director of memory care for individuals with dementia. The curriculum will expose students to understand the biology and chemistry that underlie nervous system functioning and human behavior as well as the relationship between these biological bases and cognition.

Total Program Credits: 19

Matriculation Requirements:			
1. Admitted to a bachelor degree program at UVU.			
Core Requirements:			20 Credits
	PSY 1010	General Psychology SS	3
	PSY 2710	Introduction to Brain and Behavior SS	3

	PSY 3420	Cognitive Psychology WE	3
Choose one			4
	PSY 3450	Behavioral Neuroscience	
	PSY 3490	Sensation and Perception WE	
Electives:			6 Credits
	PSY 3450	Behavioral Neuroscience (if not already taken as a requirement above)	
	PSY 3490	Sensation and Perception (if not already taken as a requirement above)	
	PSY 3425	Cognitive Psychology Lab	
	PSY 3430	Psychopharmacology WE	
	PSY 3480	Principles of Learning	

Cognitive Neuroscience, Minor Careers

- Students will critically analyze quantitative data in order to draw empirically supported conclusions about human behaviors.
- Students will write in a professional manner, defined as a mastery of the mechanics of basic writing, the conventions of professional writing (e.g., conforming to a publication style), and the ability to produce a coherent argument.
- Students will demonstrate specialized knowledge regarding the nervous system, cognition, neuropsychological conditions, and research techniques for studying the brain and cognition.

Related Careers

- Natural Sciences Managers
- Postsecondary Teachers, All Other

Family Science, Minor

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Requirements

This minor provides individuals insight into relationship and group dynamics. This includes important relationship skills, such as speaking, listening, and other communication skills that could be applied to family and professional settings. Content in the minor may also include important research findings and evidence-based curricula listed on the National Registry of Evidence-based Programs and Practices (NREPP) on the SAMHSA website.

Total Program Credits: 18

Discipline Core Requirements:		18 Credits
FAMS 240G	Contemporary Family Relations GI	3
Complete 15 credits from the following:		15
FAMS 1150	Marriage and Relationship Skills SS (3.0)	
FAMS 1500	Human Development Life Span (3.0)	
FAMS 3250	Applied Parenting (3.0)	
FAMS 3800	Early Development in Families (3.0)	
FAMS 3850	Adult Development and Aging (3.0)	
FAMS 4660	Family Financial and Resource Management (3.0)	
FAMS 4670	Family Dynamics and Systems (3.0)	

Graduation Requirements:

1. All course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.

Psychology, Minor

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Requirements

The Minor in Psychology is designed for students who desire a full bachelor's degree in psychology. The degree will prepare students for careers and further education in Utah, the Mountain West, and nationwide by (a) creating a curriculum built around the five pillars of psychology described by the American Psychological Association (APA); (b) emphasizing skills desired by employers (e.g., written communication, critical thinking, working in teams); and (c) providing engaged learning experiences (e.g., service-learning, internship, capstone) about current psychological topics.

Total Program Credits: 18

Discipline Core Requirements:		18 Credits
PSY 1010	General Psychology SS	3
PSY 2710	Introduction to Brain and Behavior SS	3
PSY 2300	Abnormal Psychology	3
PSY 3420	Cognitive Psychology WE	3
PSY 350G	Social Psychology GI	3
Development Requirement. Complete ONE of the following:		3
PSY 3200	Infancy and Childhood Development WE (3)	
PSY 3210	Adolescent Development WE (3)	
PSY 3220	Adult Development and Aging WE (3)	

Graduation Requirements:

1. All course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.

**Psychology, Minor
Careers**

1. Students will critically analyze quantitative data in order to draw empirically supported conclusions about human behaviors.

2. Students will write in a professional manner, defined as a mastery of the mechanics of basic writing, the conventions of professional writing (e.g., conforming to a publication style), and the ability to produce a coherent argument.

Related Careers

- Managers, All Other
- Clinical, Counseling, and School Psychologists
- Industrial-Organizational Psychologists
- Psychologists, All Other
- Psychology Teachers, Postsecondary

Sociology, Minor

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Requirements

Sociology is the scientific study of society which includes studying individuals in their primary and secondary groups and larger social institutions. It examines the social context of individual and collective lives. Sociology is a relatively young discipline that describes, explains, and predicts social interactions and institutions using theoretical as well as social scientific methods of inquiry. According to the American Sociological Association, the essential concepts that students will learn within sociology are social construction of everyday life and sociological imagination; social structure; socialization; social stratification, and social change. Students will also gain competencies in critical and theoretical thinking and application of social scientific methodology towards rigorous data analysis.

Total Program Credits: 18

Discipline Core Requirements:		18 Credits
Complete 2 required classes		6
SOC 1010	Introduction to Sociology SS (3)	
SOC 1020	Modern Social Problems (3)	
Complete any 4 of the following classes (with at least 3 upper division)		12
SOC 1200	Sociology of the Family SS (3)	
SOC 2370	Sociology of Gender (3)	
SOC 263G	Race and Minority Relations GI (3)	
PSY 3110	Statistics for the Behavioral Sciences (4)	
BESC 3020	Research Methods for the Behavioral Sciences (3)	
SOC 3400	Sociology of Religion (3)	
SOC 3460	Political Sociology (3)	
SOC 3520	Environmental Sociology (3)	
SOC 3690	Internet and Society (3)	
SOC 375G	Sociology of Aging GI (3)	
SOC 3800	Animals and Society (3)	
SOC 4000	Classical Social Theory (3)	
SOC 4100	Contemporary Social Theory WE (3)	
SOC 4020	Survey Research Design (3)	
SOC 4400	Social Change (3)	
SOC 475R	Current Topics in Sociology (1)	

Behavioral Science

	SOC 490R	Independent Studies (1)	
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Graduation Requirements:

All course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.

Sociology, Minor Careers

1. Apply Sociological Theories to Understand Social Phenomena.
2. Critically Evaluate Explanations of Human Behavior and Social Phenomena.
3. Apply Scientific Principles to Understand the Social World.
4. Evaluate the Quality of Social Scientific Methods and Data.

Related Careers

- Managers, All Other
- Sociologists
- Sociology Teachers, Postsecondary

Anthropology, B.A.

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Requirements

The BA/BS/Minor will give students the opportunity to earn a full major/minor in the field of anthropology. Students who obtain this degree will a) develop anthropological knowledge, enabling them to analyze trends in culture and society, b) methodological competence, learning to apply anthropological methods for learning about cultural/ideological differences and navigating them in daily life, and c) essential skills, written and spoken communication, analytic reading and writing, building rapport with people from different backgrounds. The Minor in Anthropology will allow students pursuing other majors to earn a credential that suggests critical thinking skills, writing ability, and cultural sensitivity.

Total Program Credits: 120

General Education Requirements:			36 Credits
	ENGL 1010	Introduction to Academic Writing CC	3
or	ENGH 1005	Literacies and Composition Across Contexts CC (5)	
	ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:			3
	MAT 1030	Quantitative Reasoning QL (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
	STAT 1040	Introduction to Statistics QL (3)	
	STAT 1045	Introduction to Statistics with Algebra QL (5)	
	MATH 1050	College Algebra QL (4.0)	
	MATH 1055	College Algebra with Preliminaries QL (5)	
	MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:			3
	HIST 2700	US History to 1877 AS (3)	
and	HIST 2710	US History since 1877 AS (3)	

	HIST 1700	American Civilization AS (3)	
	HIST 1740	US Economic History AS (3)	
	POLS 1000	American Heritage SS (3)	
	POLS 1100	American National Government AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2)	
Distribution Courses:			
	Biology		3
	Physical Science		3
	ANTH 101G	Social Cultural Anthropology SS GI	3
	ANTH 1020	Biological Anthropology BB	3
	Humanities Distribution (Fulfilled with Foreign Language 2020/202G course)		4
	Fine Arts Distribution		3
Discipline Core Requirements:			18 Credits
	ANTH 103G	World Prehistory SS GI	3
	ANTH 2880	Introduction to Theory and Ethnography WE	3
	ANTH 3000	Language and Culture LH	3
	ANTH 3850	Ethnographic Methods WE	3
	ANTH 4120	History of Anthropological Thought	3
	ANTH 4130	Contemporary Theory and Debates	3
	Anthropology Electives: Any anthropology elective numbered 3000 or higher		18
Elective Requirements:			48 Credits
	Language Requirement		12
	Any course numbered 3000 or higher		10
	Any course numbered 1000 or higher		26

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum UVU GPA of 2.0 upon graduation.
3. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for an explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Anthropology, B.A. Careers

1. Students will master anthropological theory and gain the capacity to use these theories to analyze empirical findings of the field.
2. Students learn to apply methods for learning about social processes and cultural/ideological differences
3. Students will learn to produce and effectively communicate their own arguments and studies on society, culture, and history.

These arguments will draw on professional literature and data, both gathered by others and by themselves.

Related Careers

- Managers, All Other
- Anthropologists and Archeologists
- Anthropology and Archeology Teachers, Postsecondary

Anthropology, B.S.

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Requirements

The BA/BS/Minor will give students the opportunity to earn a full major/minor in the field of anthropology. Students who obtain this degree will a) develop anthropological knowledge, enabling them to analyze trends in culture and society, b) methodological competence, learning to apply anthropological methods for learning about cultural/ideological differences and navigating them in daily life, and c) essential skills, written and spoken communication, analytic reading and writing, building rapport with people from different backgrounds. The Minor in Anthropology will allow students pursuing other majors to earn a credential that suggests critical thinking skills, writing ability, and cultural sensitivity.

Total Program Credits: 120

General Education Requirements:		35 Credits
	ENGL 1010 Introduction to Academic Writing CC	3
or	ENGH 1005 Literacies and Composition Across Contexts CC (5)	
	ENGL 2010 Intermediate Academic Writing CC	3
Complete one of the following:		3
	MAT 1030 Quantitative Reasoning QL (3)	
	MAT 1035 Quantitative Reasoning with Integrated Algebra QL (6)	
	STAT 1040 Introduction to Statistics QL (3)	
	STAT 1045 Introduction to Statistics with Algebra QL (5)	
	MATH 1050 College Algebra QL (4.0)	
	MATH 1055 College Algebra with Preliminaries QL (5)	
	MATH 1090 College Algebra for Business QL (3)	
Complete one of the following:		3
	HIST 2700 US History to 1877 AS (3)	
and	HIST 2710 US History since 1877 AS (3)	
	HIST 1700 American Civilization AS (3)	
	HIST 1740 US Economic History AS (3)	
	POLS 1000 American Heritage SS (3)	
	POLS 1100 American National Government AS (3)	
Complete the following:		
	PHIL 2050 Ethics and Values IH	3
	HLTH 1100 Personal Health and Wellness TE	2
or	EXSC 1097 Fitness for Life TE (2)	
Distribution Courses:		

	Biology	3
	Physical Science	3
	ANTH 101G Social/Cultural Anthropology SS GI	3
	ANTH 1020 Biological Anthropology BB	3
	Humanities Distribution	3
	Fine Arts Distribution	3
Discipline Core Requirements:		36 Credits
	ANTH 103G World Prehistory SS GI	3
	ANTH 2880 Introduction to Theory and Ethnography WE	3
	ANTH 3000 Language and Culture LH	3
	ANTH 3850 Ethnographic Methods WE	3
	ANTH 4120 History of Anthropological Thought	3
	ANTH 4130 Contemporary Theory and Debates	3
	Anthropology Electives: Any anthropology elective numbered 3000 or higher	18
Elective Requirements:		49 Credits
	Any course numbered 3000 or higher	10
	Any course numbered 1000 or higher	39

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum UVU GPA of 2.0 upon graduation.
3. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for an explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Anthropology, B.S.

Careers

1. Students will master anthropological theory and gain the capacity to use these theories to analyze empirical findings of the field.
2. Students learn to apply methods for learning about social processes and cultural/ideological differences
3. Students will learn to produce and effectively communicate their own arguments and studies on society, culture, and history. These arguments will draw on professional literature and data, both gathered by others and by themselves.

Related Careers

- Managers, All Other
- Anthropologists and Archeologists
- Anthropology and Archeology Teachers, Postsecondary

Clinical Mental Health Counseling, M.S.

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Behavioral Science

Requirements

The Master in Clinical Mental Health Counseling (CMHC) prepares individuals to provide counseling services, mental health evaluations, and referrals to ameliorate and prevent cognitive and emotional crises as well as personal and interpersonal problems. Instruction will include coursework on individual and group counseling, psychotherapy theory and practice, human development, psychological assessment, psychopathology and diagnostics, professional standards and ethics as well as the governing laws and regulations of the field. Successful graduates will be eligible for employment and licensure as a Clinical Mental Health Counselor in the state of Utah.

Total Program Credits: 61

Matriculation Requirements:			
<ol style="list-style-type: none">1. Bachelor's degree from a regionally accredited institution of higher education (with official transcripts from all institutions attended). The degree can be in any discipline, provided student meets the expected GPA and prerequisite coursework.2. GPA Requirements: The minimum cumulative GPA is 3.4 on a 4.0 scale.3. Prerequisite Coursework: General or Introductory Psychology, Abnormal Psychology, Intro to Counseling (or equivalent), Research Methods, Statistics4. Complete the UVU Graduate School Application.5. Personal Interview: All candidates will be screened and those deemed to meet or exceed basic application requirements may be invited for an interview. This interview does not guarantee acceptance into the program as students will compete with all other applicants for matriculation into a cohort.6. Three total letters of recommendation from academic and professional sources.			
Discipline Core Requirements:			61 Credits
	CMHC 6000	ACA Ethics	3
	CMHC 6010	Theories of Counseling	3
	CMHC 6020	Techniques of Counseling	3
	CMHC 6030	DSM Diagnostics	4
	CMHC 6040	Professional Orientation	3
	CMHC 6050	Career Counseling	3
	CMHC 6060	Psychological Assessment	3
	CMHC 6070	Group Counseling	3
	CMHC 6080	Eastern Counseling Approaches	3
	CMHC 6090	Psychopharmacology	3
	CMHC 6100	Crisis Management	3
	CMHC 6110	Research Methods	3
	CMHC 6120	Addiction Counseling	3
	CMHC 6130	Multicultural Counseling	3
	CMHC 6140	Program Evaluation	3
	CMHC 6150	Cognitive Therapies	3
	CMHC 6160	Human Development	3
	CMHC 671R	Practicum (May need to be repeated until clinical hours are fulfilled.)	3
	CMHC 689R	Internship (May need to be repeated until clinical hours are fulfilled.)	6

Graduation Requirements:

1. A minimum cumulative GPA of 3.0 must be maintained within the program.
2. A grade of 'B' or higher required in all courses.
3. Completion of a minimum of 61 semester credits.
4. 700 clinical hours are required for completion.
5. Residency hours: Minimum of 42 graduate credit hours completed at UVU in the CMHC program.

Clinical Mental Health Counseling, M.S. Careers

1. Individual Therapy; Students will engage in critical thinking and demonstrate a heightened self-awareness in the counseling role. Students will also demonstrate skills necessary to be an effective counselor while applying a theoretical approach.
2. Ethical Practice; Students will understand counselor professional identity and demonstrate skill in applying ethical and legal considerations in professional counseling.
3. Clinical Assessment; Treatment Planning- Students will demonstrate the knowledge and ability to diagnose and design treatment plans for a broad range of mental health issues. Students will also be able to select and interpret assessment measures (i.e., academic/educational, career, personality, diagnostic, and developmental)
4. Professional Development; Students will understand counselor professional identity and demonstrate skill in applying ethical and legal considerations in professional counseling.
5. Research and Theory; Students will be able to critically evaluate research in a manner that informs counseling practice.
6. Group Therapy; Students will demonstrate knowledge and skills to facilitate psychoeducational and process groups.
7. Diversity in Counseling; Students will be able to demonstrate the awareness, knowledge, and skills to counsel clients from diverse backgrounds.
8. Career Counseling; Students will have knowledge of career assessment and planning principles and theories.
9. Prevention; Students will demonstrate knowledge of how to design and deliver mental illness prevention programs.
10. Program Evaluation; Students will apply program evaluation techniques to individual, group, and couple's counseling settings.

Related Careers

- Mental Health Counselors

Family Science, B.A.

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Requirements

The Family Science program closely aligns with the requirements of the National Council on Family Relations (NCFR). [NCFR is the premier professional association in the family science field, and these standards require that students gain knowledge and expertise in ten key areas] and is an approved program for the Certified Family Life Educator (CFLE).

Total Program Credits: 120

General Education Requirements:			36 Credits
	ENGL 1010	Introduction to Academic Writing CC	3
or	ENGL 1005	Literacies and Composition Across Contexts CC (5.0)	
	ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:			3

	MAT 1030	Quantitative Reasoning QL (3.0) (recommended)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6.0) (recommended)	
	STAT 1040	Introduction to Statistics QL (3.0)	
	STAT 1045	Introduction to Statistics with Algebra QL (5.0)	
	MATH 1050	College Algebra QL (4.0)	
	MATH 1055	College Algebra with Preliminaries QL (5.0)	
	MATH 1090	College Algebra for Business QL (3.0)	
Complete one of the following:			3
	POLS 1000	American Heritage SS (3.0)	
	POLS 1100	American National Government AS (3.0)	
	HIST 1700	American Civilization AS (3.0)	
	HIST 1740	US Economic History AS (3.0)	
	HIST 2700	US History to 1877 AS (3.0)	
and	HIST 2710	US History since 1877 AS (3.0)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2.0)	
Distribution Courses:			
	Biology		3
	Physical Science		3
	Third Science - Additional Biology or Physical Science		3
	Humanities (Fulfilled with Foreign Language 2020/202G course)		4
	Fine Arts		3
	Social/Behavioral Science		3
Discipline Core Requirements:			36 Credits
	FAMS 1150	Marriage and Relationship Skills	3
	FAMS 1500	Human Development Life Span	3
	FAMS 240G	Contemporary Family Relations GI	3
	FAMS 2705	Ethics for Family Interventions WE	3
	FAMS 2800	Teaching Human Sexuality	3
	FAMS 3000	Social Work Practice I	3
	FAMS 3250	Applied Parenting	3
	FAMS 4400	Family Policy	3
	FAMS 4500	Family Life Education Methodology WE	3
	FAMS 4660	Family Financial and Resource Management	3
	FAMS 4670	Family Dynamics and Systems	3
Complete one of the following:			3
	FAMS 481R	Community Practicum (3)*	
	FAMS 482R	Stronger Families Practicum (3)*	

	FAMS 483R	Research Assistant Independent Study (3)*	
Elective Requirements:			48 Credits
	Complete 24 hours of electives (19 of which must be upper division). Students should select courses that complement Family Science or that meet their personal goals.		24
	Complete 12 credits in the same foreign language, includes ASL		12
	Any course numbered 1000 or higher		12

*Students must earn a B- or better for graduation requirements

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours – minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.
6. For the BA degree, completion of 16 credit hours of course work from one language to include the 1010, 1020, 2010, 202G/2020 levels or transferred equivalents.
7. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 Introduction to Academic Writing or ENGL 1005 Literacies and Composition Across Contexts and ENGL 2010 Intermediate Writing/Academic Writing and Research with a C+ or higher for the Family Science degree courses.

Family Science, B.A. Careers

1. Upon successful completion, students will be able to create educational interventions for individuals and families.
2. Upon successful completion, students will be able to demonstrate knowledge and skill related to the ten areas outlined for Certified Family Life Educators by the National Council on Family Relations.
3. Upon successful completion, students will apply best practices for communication and conflict management in interpersonal relationships and family systems.
4. Upon successful completion, students will demonstrate the ability to work with diverse populations and underserved communities.

Related Careers

- Farm and Home Management Advisors

Family Science, B.S.

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Behavioral Science

Requirements

The Family Science program closely aligns with the requirements of the National Council on Family Relations (NCFR). [NCFR is the premier professional association in the family science field, and these standards require that students gain knowledge and expertise in ten key areas] and is an approved program for the Certified Family Life Educator (CFLE).

Total Program Credits: 120

General Education Requirements:		35 Credits
	ENGL 1010 Introduction to Academic Writing CC	3
or	ENGL 1005 Literacies and Composition Across Contexts CC (5.0)	
	ENGL 2010 Intermediate Academic Writing CC	3
Complete one of the following:		3
	MAT 1030 Quantitative Reasoning QL (3.0) (recommended)	
	MAT 1035 Quantitative Reasoning with Integrated Algebra QL (6.0) (recommended)	
	STAT 1040 Introduction to Statistics QL (3.0)	
	STAT 1045 Introduction to Statistics with Algebra QL (5.0)	
	MATH 1050 College Algebra QL (4.0)	
	MATH 1055 College Algebra with Preliminaries QL (5.0)	
	MATH 1090 College Algebra for Business QL (3.0)	
Complete one of the following:		3
	POLS 1000 American Heritage SS (3.0)	
	POLS 1100 American National Government AS (3.0)	
	HIST 1700 American Civilization AS (3.0)	
	HIST 1740 US Economic History AS (3.0)	
	HIST 2700 US History to 1877 AS (3.0)	
and	HIST 2710 US History since 1877 AS (3.0)	
Complete the following:		
	PHIL 2050 Ethics and Values IH	3
	HLTH 1100 Personal Health and Wellness TE	2
or	EXSC 1097 Fitness for Life TE (2.0)	
Distribution Courses:		
	Biology	3
	Physical Science	3
	Third Science - Additional Biology or Physical Science	3
	Humanities	3
	Fine Arts	3
	Social/Behavioral Science	3
Discipline Core Requirements:		36 Credits
	FAMS 1150 Marriage and Relationship Skills SS	3
	FAMS 1500 Human Development Life Span	3
	FAMS 240G Contemporary Family Relations GI	3
	FAMS 2705 Ethics for Family Interventions WE	3

FAMS 2800	Teaching Human Sexuality	3
FAMS 3000	Social Work Practice I	3
FAMS 3250	Applied Parenting	3
FAMS 4400	Family Policy	3
FAMS 4500	Family Life Education Methodology WE	3
FAMS 4660	Family Financial and Resource Management	3
FAMS 4670	Family Dynamics and Systems	3
Complete one of the following:		3
FAMS 481R	Community Practicum (3)*	
FAMS 482R	Stronger Families Practicum (3)*	
FAMS 483R	Research Assistant Independent Study (3)*	
Elective Requirements:		49 Credits
Complete 24 hours of electives (19 of which must be upper division). Students should select courses that complement Family Science or that meet their personal goals.		24
Any course numbered 1000 or higher		25

*Students must earn a B- or better for graduation requirements

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours – minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.
6. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 Introduction to Academic Writing or ENGL 1005 Literacies and Composition Across Contexts and ENGL 2010 Intermediate Writing/Academic Writing and Research with a C+ or higher for the Family Science degree courses.

Family Science, B.S.

Careers

1. Create educational interventions for individuals and families.
2. Demonstrate knowledge and skills related to the ten areas outlined for Certified Family Life Educators by the National Council on Family Relations
3. Apply best practices for communication and conflict management in interpersonal relationships and family systems
4. Demonstrate the ability to work with diverse populations and under served communities

Related Careers

- Farm and Home Management Advisors

Master of Social Work Advanced Standing, M.S.W.

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Requirements

The Master of Social Work (MSW) at UVU is designed to educate and prepare students for a career at the next level in the social work profession. The MSW will prepare students to become a Licensed Clinical Social Worker (LCSW) qualifying them for a wider range of employment opportunities (mental health, medical social work, child welfare, etc.) working with various populations (children, adolescents, adults, elderly, disabled, etc.). The MSW Program will have three different specializations: Mental Health, Addictions (including substance and nonsubstance addictions, i.e. pornography, gambling, painkillers, etc.), and Engaging with Diverse Populations.

Total Program Credits: 42

Matriculation Requirements			
<ol style="list-style-type: none"> Students admitted to the Advanced Standing MSW Program must have a Bachelor of Social Work from a CSWE accredited BSW program. Application for admission to graduate program with application fee by the established deadline. Submit official transcripts from all universities attended. A bachelor's degree from a regionally accredited college/university, a nationally accredited program, or the international equivalent. A 3.0 cumulative undergraduate GPA or a 3.0 GPA calculated on the last 60 semester hours (90 quarter hours) of undergraduate work. For international students whose native language is not English, submit official TOEFL or IELTS band scores. A TOEFL score of 80 iBT (550 pBT) or higher, or an IELTS band score of 6.5 or higher within the past two years is required. International students must also meet all US government requirement for international students. The university uses a selective admissions process for admitting students to graduate programs. Meeting minimum admissions criteria does not guarantee admission to the graduate program or to the University as a graduate student. 			
Discipline Core Requirements:			36 Credits
Social Work Core			
Advanced Standing Bridge Requirement			
	SW 6490	MSW Advanced Standing Bridge Course	4
	SW 6491	MSW Advanced Standing Skills Course	4
	SW 6630	Mental Health Assessment in Social Work Practice	3
Complete the following:			
	SW 6030	Social Work Practice III--Advanced Practice with Individuals	3
	SW 6040	Social Work Practice IV--Advanced Practice with Families and Groups	3

	SW 6050	Social Work Practice V-Advanced Practice with Organizations and Communities	3
	SW 6500	Social Work Practice with Substance Related and Addictive Disorders	3
	SW 6950	Advanced Applied Research--MSW Capstone	3
Field Practicum Requirement			
Complete the following:			
	SW 6830	Integrative Seminar III	5
and	SW 6930	Advanced Field Practicum I	
	SW 6840	Integrative Seminar IV	5
and	SW 6940	Advanced Field Practicum II	
Elective Requirements:			6 Credits
Elective requirements			6
	SW 6530	Psychopharmacology (3)	
	SW 6610	Spirituality in Social Work (3)	
	SW 6620	Family Therapy (3)	
	SW 6640	Crisis Intervention (3)	
	SW 6650	Couples Therapy (3)	
	SW 6660	Family Violence Across the Lifespan (3)	
	SW 6700	Advanced Practice with Communities of Color and Other Diverse Populations (3)	
	SW 679R	Special Topics in Social Work Practice	
	SW 6945	Supplemental Field Practicum (1-4)	
or	other departmental approved courses		

Graduation Requirements:

- Completion of a minimum of 42 semester credits required in the Master of Social Work degree.
- A minimum of two-thirds credits of graduate degree credit hours must be completed at Utah Valley University.
- Overall cumulative grade point average of 3.0 or higher in Master of Social Work courses.
- A grade of "C" or higher required for all courses used to satisfy graduation requirement
- Graduate coursework shall be completed within a six-year period.
- Graduate credits accepted from another regionally accredited institution or equivalent shall have been completed within four years of the graduate student's matriculation into the graduate program and cannot be older than six years at the time of graduate with a master's degree or graduate certificate from the University.

Master of Social Work Advanced Standing, M.S.W. Careers

- MSW students will be able to provide competent care to individuals, families, groups, communities, and societies as advanced generalist social work professionals
- MSW students will be able to promote social and economic justice within the psychosocial-cultural-context occupied by individuals, families, groups, communities, and societies
- MSW students will enhance their development by experiencing engaged teaching methods, clinically-based learning activities, and ongoing opportunities for self-exploration.

Behavioral Science

- MSW students will promote the profession of social work in the local community and be able to identify how to practice in the local community is impacted by the global realities.
- MSW students will be able to, with competence and cultural sensitivity, engage communities of color and other historically marginalized populations and increase both the provision of social work services and the utilization of social work services by members of these populations.
- MSW students will competently evaluate research and engage in research-informed practice.

Related Careers

- Marriage and Family Therapists
- Counselors, All Other
- Child, Family, and School Social Workers
- Healthcare Social Workers
- Mental Health and Substance Abuse Social Workers
- Social Workers, All Other
- Probation Officers and Correctional Treatment Specialists
- Social Work Teachers, Postsecondary

Master of Social Work, M.S.W.

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Requirements

The Master of Social Work (MSW) at UVU is designed to educate and prepare students for a career at the next level in the social work profession. The MSW will prepare students to become a Licensed Clinical Social Worker (LCSW) qualifying them for a wider range of employment opportunities (mental health, medical social work, child welfare, etc.) working with various populations (children, adolescents, adults, elderly, disabled, etc.). The MSW Program will have three different specializations: Mental Health, Addictions (including substance and nonsubstance addictions, i.e. pornography, gambling, painkillers, etc.), and Engaging with Diverse Populations.

Total Program Credits: 64

Matriculation Requirements			
<ol style="list-style-type: none"> Application for admission to graduate program with application fee by the established deadline. Submit official transcripts from all universities attended. A bachelor's degree from a regionally accredited college/university, a nationally accredited program, or the international equivalent. A 3.0 cumulative undergraduate GPA or a 3.0 GPA calculated on the last 60 semester hours (90 quarter hours) of undergraduate work. For international students whose native language is not English, submit official TOEFL or IELTS band scores. A TOEFL score of 80 iBT (550 pBT) or higher, or an IELTS band score of 6.5 or higher within the past two years is required. International students must also meet all US government requirements for international students. The university uses a selective admissions process for admitting students to graduate programs. Meeting minimum admissions criteria does not guarantee admission to the graduate program or to the University as a graduate student. 			
Discipline Core Requirements:			58 Credits
Social Work Core			
Complete the following:			
	SW 6000	Social Work Practice I--Generalist Practice with Individuals	3

	SW 6020	Social Work Practice II--Generalist Practice with Families and Groups	3
	SW 6250	Macro Systems and Social Impact	3
	SW 6030	Social Work Practice III--Advanced Practice with Individuals	3
	SW 6040	Social Work Practice IV--Advanced Practice with Families and Groups	3
	SW 6050	Social Work Practice IV--Advanced Practice with Organizations and Communities	3
	SW 6200	Human Behavior and the Social Environment	3
	SW 6630	Mental Health Assessment in Social Work Practice	3
	SW 6300	Social Welfare Policy and Analysis	3
	SW 6320	Social Work Practice with Diverse Populations	3
	SW 6400	Social Work Research Methods	3
	SW 6500	Social Work Practice with Substance Related and Addictive Disorders	3
	SW 6950	Advanced Applied Research--MSW Capstone	3
Field Practicum Requirement			
Complete the following:			
	SW 6810	Integrative Seminar I	1
and	SW 6910	Foundation Field Practicum I	3
	SW 6820	Integrative Seminar II	1
and	SW 6920	Foundation Field Practicum II	4
	SW 6830	Integrative Seminar III	1
and	SW 6930	Advanced Field Practicum I	4
	SW 6840	Integrative Seminar IV	1
and	SW 6940	Advanced Field Practicum II	4
Elective Requirements:			6 Credits
Complete 6 credits from the following			6
	SW 6530	Psychopharmacology (3)	
	SW 6610	Spirituality in Social Work (3)	
	SW 6620	Family Therapy (3)	
	SW 6640	Crisis Intervention (3)	
	SW 6650	Couples Therapy (3)	
	SW 6660	Family Violence Across the Lifespan (3)	
	SW 6670	Post Traumatic Growth--Practice and Clinical Considerations (3)	
	SW 679R	Special Topics in Social Work Practice	
	SW 6945	Supplemental Field Practicum (1-4)	
or	other departmental approved courses		

Graduation Requirements:

- Completion of a minimum of 64 semester credits required in the Master of Social Work degree.
- A minimum of two-thirds of graduate degree credit hours must be completed at Utah Valley University.

- Overall cumulative grade point average of 3.0 or higher in Master of Social Work courses.
- A grade of "C" or higher required for all courses used to satisfy graduation requirement.
- Graduate coursework shall be completed within a six-year period.
- Graduate credits accepted from another regionally accredited institution or equivalent shall have been completed within four years of the graduate student's matriculation into the graduate program and cannot be older than six years at the time of graduate with a master's degree or graduate certificate from the University.

Master of Social Work, M.S.W.

Careers

- MSW students will be able to provide competent care to individuals, families, groups, communities, and societies as advanced generalist social work professionals.
- MSW students will be able to promote social and economic justice within the psychosocial-cultural-context occupied by individuals, families, groups, communities, and societies.
- MSW students will enhance their professional development by experiencing engaged teaching methods, clinically-based learning activities, and ongoing opportunities for self-exploration
- MSW students will promote the profession of social work in the local community and be able to identify how to practice in the local community is impacted by the global realities
- MSW students will be able to, with competence and cultural sensitivity, engage communities of color and other historically marginalized populations and increase both the provision of social work services and the utilization of social work services by members of these populations.
- MSW students will competently evaluate research and engage in research-informed practice.

Related Careers

- Marriage and Family Therapists
- Counselors, All Other
- Child, Family, and School Social Workers
- Healthcare Social Workers
- Mental Health and Substance Abuse Social Workers
- Social Workers, All Other
- Probation Officers and Correctional Treatment Specialists
- Social Work Teachers, Postsecondary

Psychology, B.A.

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Requirements

The BA in Psychology is designed for students who desire a full bachelor's degree in psychology. The degree will prepare students for careers and further education in Utah, the Mountain West, and nationwide by (a) creating a curriculum built around the five pillars of psychology described by the American Psychological Association (APA); (b) emphasizing skills desired by employers (e.g., written communication, critical thinking, working in teams); and (c) providing engaged learning experiences (e.g., service-learning, internship, capstone) about current psychological topics.

Total Program Credits: 120

General Education Requirements:		36 Credits
	ENGL 1010	Introduction to Academic Writing CC
or	ENGL 1005	Literacies and Composition Across Contexts CC (5)

	ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:			3
	MAT 1030	Quantitative Reasoning QL (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
	STAT 1040	Introduction to Statistics QL (3)	
	STAT 1045	Introduction to Statistics with Algebra QL (5)	
	MATH 1050	College Algebra QL (4)	
	MATH 1055	College Algebra with Preliminaries QL (5)	
	MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:			3
	POLS 1000	American Heritage SS (3)	
	POLS 1100	American National Government AS (3)	
	HIST 1700	American Civilization AS (3)	
	HIST 1740	US Economic History AS (3)	
	HIST 2700	US History to 1877 AS (3)	
and	HIST 2710	US History since 1877 AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2)	
Distribution Course Requirements			
	Biology		3
	Physical Science		3
	Additional Biology or Physical Science		3
	Humanities (Fulfilled with Foreign Language 202G/2020 course)		4
	Fine Arts		3
	PSY 1010	General Psychology SS (Fulfills Social/ Behavioral Science)	3
Discipline Core Requirements:			33 Credits
Psychology Core			
	PSY 2020	Psychology as a Science and Profession WE	3
	PSY 3030	Research Methods for Psychology	4
	PSY 3110	Statistics for the Behavioral Sciences	4
Psychology Foundations - Complete 9 credits: ¹			9
	PSY 1100	Human Development Life Span SS (3)	
	PSY 2710	Introduction to Brain and Behavior SS (3)	
	PSY 2300	Abnormal Psychology (3)	
	PSY 3420	Cognitive Psychology WE (3)	
	PSY 350G	Social Psychology GI (3)	
Individual Differences Requirement - Complete 3 credits:			3
	PSY 2800	Human Sexuality SS (3)	
	PSY 3100	Psychology of Gender (3)	
	PSY 3300	Motivation and Emotion (3)	

Behavioral Science

PSY 3460	Personality Theory (3)	
PSY 4150	Tests and Measurements (3)	
PSY 4690	Human Intelligence (3)	
PSY 480G	Cross-Cultural Psychology GI (3)	
Advanced Psychology Requirement - Complete 10 credits:		10
PSY 3105	Health Psychology (3)	
PSY 3200	Infancy and Childhood Development WE (3)	
PSY 3210	Adolescent Development WE (3)	
PSY 3220	Adult Development and Aging WE (3)	
PSY 3420	Cognitive Psychology WE (3) (if not already taken for Psychology Foundations)	
PSY 3425	Cognitive Psychology Lab (1)	
PSY 3430	Psychopharmacology WE (3)	
PSY 3450	Behavioral Neuroscience (4)	
PSY 3480	Principles of Learning (4)	
PSY 3490	Sensation and Perception WE (4)	
PSY 3710	Introduction to Forensic Psychology (3)	
PSY 4300	Introduction to Counseling and Psychotherapy (3)	
PSY 4400	Introduction to Group Psychotherapy (3)	
PSY 4500	History and Systems of Psychology (3)	
PSY 4850	Introduction to Pedagogy (3)	
Elective Requirements:		51 Credits
Complete 12 credits of one Foreign Language, including ASL (Foreign Language 202G/2020 course fulfills Humanities Distribution)		12
Complete 39 credits of electives including 13 upper division ²		39
Notes:		
<ol style="list-style-type: none"> 1. Graduation requires a minimum of two Writing Enriched courses. One must be taken from Psychology Foundations or the Advanced Psychology Requirement. 2. Students must complete a minimum of 40 upper-division credits for graduation. Depending on courses completed for Psychology Foundations and Individual Differences, students may need to select additional upper-division electives. 		

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Psychology requirements must be completed with a grade of C- or better.
6. For the BA degree, completion of 16 credit hours of course work from one language to include the 1010, 1020, 2010, 202G/2020 levels or transferred equivalents.
7. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 or ENGH 1005 and ENGL 2010 with a C+ or higher as prerequisites for the Psychology Bachelor degree courses.

Psychology, B.A. Careers

1. Critically analyze quantitative data in order to draw empirically supported conclusions about human behaviors.
2. Write in a professional manner, defined as a mastery of the mechanics of basic writing, the conventions of professional writing (e.g., conforming to a publication style), and the ability to produce a coherent argument.
3. Interpret, design, and evaluate psychological research.
4. Demonstrate a critical understanding of the impact of societal inequality and oppression on psychological processes.

Related Careers

- Managers, All Other
- Clinical, Counseling, and School Psychologists
- Industrial-Organizational Psychologists
- Psychologists, All Other
- Psychology Teachers, Postsecondary

Psychology, B.S.

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Requirements

The BS in Psychology is designed for students who desire a full bachelor's degree in psychology. The degree will prepare students for careers and further education in Utah, the Mountain West, and nationwide by (a) creating a curriculum built around the five pillars of psychology described by the American Psychological Association (APA); (b) emphasizing skills desired by employers (e.g., written communication, critical thinking, working in teams); and (c) providing engaged learning experiences (e.g., service-learning, internship, capstone) about current psychological topics.

Total Program Credits: 120

General Education Requirements:			35 Credits
	ENGL 1010	Introduction to Academic Writing CC	3
or	ENGH 1005	Literacies and Composition Across Contexts CC (5)	
	ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:			3
	MAT 1030	Quantitative Reasoning QL (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
	STAT 1040	Introduction to Statistics QL (3)	
	STAT 1045	Introduction to Statistics with Algebra QL (5)	
	MATH 1050	College Algebra QL (4)	

	MATH 1055	College Algebra with Preliminaries QL (5)	
	MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:			3
	POLS 1000	American Heritage SS (3)	
	POLS 1100	American National Government AS (3)	
	HIST 1700	American Civilization AS (3)	
	HIST 1740	US Economic History AS (3)	
	HIST 2700	US History to 1877 AS (3)	
and	HIST 2710	US History since 1877 AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2)	
Distribution Course Requirements			
	Biology		3
	Physical Science		3
	Additional Biology or Physical Science		3
	Humanities		3
	Fine Arts		3
	PSY 1010	General Psychology SS (Fulfills Social/Behavioral Science)	3
Discipline Core Requirements:			33 Credits
Psychology Core			
	PSY 2020	Psychology as a Science and Profession WE	3
	PSY 3110	Statistics for the Behavioral Sciences	4
	PSY 3030	Research Methods for Psychology	4
Psychology Foundations - Complete 9 credits: ¹			9
	PSY 1100	Human Development Life Span SS (3)	
	PSY 2710	Introduction to Brain and Behavior SS (3)	
	PSY 2300	Abnormal Psychology (3)	
	PSY 3420	Cognitive Psychology WE (3)	
	PSY 350G	Social Psychology GI (3)	
Individual Differences Requirement - Complete 3 credits:			3
	PSY 2800	Human Sexuality SS (3)	
	PSY 3100	Psychology of Gender (3)	
	PSY 3300	Motivation and Emotion (3)	
	PSY 3460	Personality Theory (3)	
	PSY 4150	Tests and Measurements (3)	
	PSY 4690	Human Intelligence (3)	
	PSY 480G	Cross-Cultural Psychology GI (3)	
Advanced Psychology Requirement - Complete 10 credits:			10
	PSY 3105	Health Psychology (3)	
	PSY 3200	Infant and Child Development WE (3)	
	PSY 3210	Adolescent Development WE (3)	

	PSY 3220	Adult Development and Aging WE (3)	
	PSY 3420	Cognitive Psychology WE (1) (if not already taken for Psychology Foundations)	
	PSY 3425	Cognitive Psychology Lab (1)	
	PSY 3430	Psychopharmacology WE (3)	
	PSY 3450	Behavioral Neuroscience (4)	
	PSY 3480	Principles of Learning (4)	
	PSY 3490	Sensation and Perception WE (4)	
	PSY 3710	Introduction to Forensic Psychology (3)	
	PSY 4300	Introduction to Counseling and Psychotherapy (3)	
	PSY 4400	Introduction to Group Psychotherapy (3)	
	PSY 4500	History and Systems of Psychology (3)	
	PSY 4850	Introduction to Pedagogy (3)	
Elective Requirements:			52 Credits
Complete 52 credits of electives, including 13 credits of upper-division ²			52
Notes:			
<ol style="list-style-type: none"> 1. Graduation requires a minimum of two Writing Enriched courses. One must be taken from Psychology Foundations or the Advanced Psychology Requirement. 2. Students must complete a minimum of 40 upper-division credits for graduation. Depending on courses completed for Psychology Foundations and Individual Differences, students may need to select additional upper-division electives. 			

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Psychology requirements must be completed with a grade of C- or better.
6. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 or ENGH 1005 and ENGL 2010 with a C+ or higher as prerequisites for the Psychology Bachelor degree courses.

Psychology, B.S.**Careers**

1. Critically analyze quantitative data in order to draw empirically supported conclusions about human behaviors.
2. Write in a professional manner, defined as a mastery of the mechanics of basic writing, the conventions of professional writing (e.g., conforming to a publication style), and the ability to produce a coherent argument.
3. Interpret, design, and evaluate psychological research.

Behavioral Science

4. Demonstrate a critical understanding of the impact of societal inequality and oppression on psychological processes.

Related Careers

- Managers, All Other
- Clinical, Counseling, and School Psychologists
- Industrial-Organizational Psychologists
- Psychologists, All Other
- Psychology Teachers, Postsecondary

Social Work, B.S.W.

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Requirements

The UVU Behavioral Science Department offers classes that fulfill the social science distribution requirements for graduation, the Behavioral Science pre-major for the associate degree, the Behavioral Science major for the bachelor degree (with an emphasis in Anthropology, Family Studies, Psychology, or Sociology, a Bachelor of Social Work, and a Certificate of Proficiency in Substance Use Disorder Counseling (SUDC).

Total Program Credits: 120

Matriculation Requirements:			
Admission to the BSW program includes the following requirements:			
<ol style="list-style-type: none"> 1. Completion of all general education courses. 2. Completion of SW 1010 Introduction to Social Work with a B-grade or higher. 3. Completion of ENGL 1010 Introduction to Academic Writing CC or ENGH 1005 Literacies and Composition Across Contexts CC and ENGL 2010 Intermediate Academic Writing CC with a C+ grade or higher. 4. Overall GPA of 2.5 or higher. 5. Approval of the Social Work Admissions Committee. 			
General Education Requirements:			35 Credits
	ENGL 1010	Introduction to Academic Writing CC	3
or	ENGH 1005	Literacies and Composition Across Contexts CC (5)	
	ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:			3
	MAT 1030	Quantitative Reasoning QL (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
	STAT 1040	Introduction to Statistics QL	
	STAT 1045	Introduction to Statistics with Algebra QL (5)	
	MATH 1050	College Algebra QL (4)	
	MATH 1055	College Algebra with Preliminaries QL (5)	
	MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:			3
	POLS 1000	American Heritage SS (3)	
	POLS 1100	American National Government AS (3)	
	HIST 1700	American Civilization AS (3)	
	HIST 1740	US Economic History AS (3)	

	HIST 2700	US History to 1877 AS (3)	
and	HIST 2710	US History since 1877 AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2)	
Distribution Courses:			
	Biology		3
	Physical Science		3
	Additional Biology or Physical Science		3
	Humanities		3
	Fine Arts		3
	PSY 1010	General Psychology SS (Social/ Behavioral Science)	3
Discipline Core Requirements:			64 Credits
Social Work Core - Complete the following courses:			
	PSY 3110	Statistics for the Behavioral Sciences	4
	SW 3860	Interviewing Skills	3
	SW 1010	Introduction to Social Work	3
	SW 2100	Human Behavior and the Social Environment I *	3
	SW 3000	Social Work Practice I *	3
	SW 3100	Social Work Practice II *	3
	SW 3200	Social Work Practice III *	3
	SW 3400	Human Behavior and the Social Environment II *	3
	SW 3500	Social Welfare Policies and Services *	3
	SW 3600	Ethics and Values in Social Work Practice *	3
	SW 371G	Diversity Issues in Social Work Practice GI *	3
	SW 4800	Integrated Seminar I *	1
	SW 481R	Field Placement *	5
	SW 481R	Field Placement *	5
	SW 4850	Integrated Seminar II *	1
Complete one of the following:			3
	BESC 3020	Research Methods for the Behavioral Sciences (3)	
	FAMS 3020	Research Methods for Family Science WE (3)	
	PSY 3030	Research Methods for Psychology (4)	
	SOC 3030	Social Research Methods WE (3)	
Social Work Electives - Complete 15 credits of approved social work electives. Choose from the following courses:			15
	BESC 3100	Career and Graduate School Preparation for Behavioral Science Majors (3)	
	BESC 4050	Clinical Research (3)	
	PSY 2300	Abnormal Psychology (3)	
	SOC 4020	Survey Research Design (3)	

SW 3510	International Social Work (3)	
SW 3750	Child Abuse/Neglect and Domestic Violence (3)	
SW 4500	Crisis Intervention (3)	
SW 4700	Case Management in Social Work Practice (3)	
SW 475R	Current Topics in Social Work (3)	
SW 489R	Advanced Research in Social Work (1-3)	
SW 490R	Independent Studies (1)	
Elective Requirements:		21 Credits
Complete 21 additional credits of any courses 1000 to 4000 level.		21

Graduation Requirements:

1. Completion of a minimum of 120 semester credits, 40 of which must be upper division.
2. Overall grade point average of 2.5 or above.
3. Residency hours -- minimum of 30 credit hours through course attendance at UVU, with at least 10 credit hours earned in the last 45 credit hours.
4. Complete PSY 3110 and BESC 3020 with a grade of C- or higher. All other BSW Social Work Core requirements must be completed with a grade of B- or higher.
5. All 15 credits of Social Work electives must be completed with a C- grade or higher.
6. Successful completion of at least one Global/Intercultural course.
7. Successful completion of at least two Writing Enriched courses.

Note: Please see department advisor to make an academic plan and for an explanation of all admission and program requirements.

Footnote

* Students must be formally admitted into the BSW program before they can register for this course.

Social Work, B.S.W.**Careers**

1. Demonstrate Ethical and Professional Behavior
2. Engage Diversity and Difference in Practice Advance Human Rights and Social, Economic, And Environmental Justice
3. Engage in Practice-informed Research and Research-Informed Practice
4. Engage in Policy Practice Engage with Individuals, Families, Groups, Organizations, and Communities
5. Assess Individuals, Families, Groups, Organizations, and Communities
6. Intervene with Individuals, Families, Groups, Organizations, and Communities.
7. Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities

Related Careers

- Marriage and Family Therapists
- Counselors, All Other
- Child, Family, and School Social Workers
- Healthcare Social Workers
- Mental Health and Substance Abuse Social Workers
- Social Workers, All Other
- Probation Officers and Correctional Treatment Specialists
- Social Work Teachers, Postsecondary

Sociology, B.A.

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Requirements

Sociology is the scientific study of society which includes studying individuals in their primary and secondary groups and larger social institutions. It examines the social context of individual and collective lives. Sociology is a relatively young discipline that describes, explains, and predicts social interactions and institutions using theoretical as well as social scientific methods of inquiry. According to the American Sociological Association, the essential concepts that students will learn within sociology are social construction of everyday life and sociological imagination; social structure; socialization; social stratification, and social change. Students will also gain competencies in critical and theoretical thinking and application of social scientific methodology towards rigorous data analysis.

Total Program Credits: 120

General Education Requirements:			36 Credits
or	ENGL 1010	Introduction to Academic Writing CC	3
	ENGL 1005	Literacies and Composition Across Contexts CC (5)	
	ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:			3
	MAT 1030	Quantitative Reasoning QL (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
	STAT 1040	Introduction to Statistics QL (3)	
	STAT 1045	Introduction to Statistics with Algebra QL (5)	
	MATH 1050	College Algebra QL 4)	
	MATH 1055	College Algebra with Preliminaries QL (5)	
	MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:			3
and	HIST 2700	US History to 1877 AS (3)	
	HIST 2710	US History since 1877 AS (3)	
	HIST 1700	American Civilization AS (3)	
	HIST 1740	US Economic History AS (3)	
	POLS 1000	American Heritage SS (3)	
	POLS 1100	American National Government AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2)	
Distribution Courses:			
	Biology		3
	Physical Science		3
	Third Science Distribution		3
	Humanities Distribution (Fulfilled with Foreign Language 202G/2020 course)*		4
	Social/Behavioral Science Distribution		3

Behavioral Science

	Fine Arts Distribution	3
Discipline Core Requirements:		37 Credits
SOC 1010	Introduction to Sociology SS	3
SOC 1020	Modern Social Problems	3
PSY 3110	Statistics for the Behavioral Sciences	4
SOC 3030	Social Research Methods WE	3
SOC 4000	Classical Social Theory	3
SOC 4100	Contemporary Social Theory WE	3
Complete any 6 of the SOC classes		18
SOC 1200	Sociology of the Family SS (3)	
SOC 2370	Sociology of Gender (3)	
SOC 3400	Sociology of Religion (3)	
SOC 3460	Political Sociology (3)	
SOC 263G	Race and Minority Relations GI (3)	
SOC 3520	Environmental Sociology (3)	
SOC 3690	Internet and Society (3)	
SOC 375G	Sociology of Aging GI (3)	
SOC 3800	Animals and Society (3)	
SOC 4020	Survey Research Design (3)	
SOC 4400	Social Change (3)	
SOC 475R	Current Topics in Sociology (1-3)	
SOC 490R	Independent Studies (1-3)	
Elective Requirements:		47 Credits
15 credits any course number 3000 or higher		15
20 credits any course numbered 1000 or higher		20
Complete 12 credits of one Foreign Language, including ASL (Foreign Language 202G/2020* course fulfills Humanities Distribution)*		12

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
3. Minimum overall UVU GPA of 2.0 upon graduation.
4. Minimum 2.5 program GPA upon graduation.
5. All major course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.
6. Successful completion of at least one Global/Intercultural course.
7. Successful completion of at least two Writing Enriched courses.
8. For the BA degree, completion of 16 credit hours of course work from one language to include the 1010, 1020, 2010, 202G/2020 levels or transferred equivalents.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 and ENGL 2010 with a C+ or higher as prerequisites for the Behavioral Science Bachelor degree courses.

Sociology, B.A.

Careers

1. Apply Sociological Theories to Understand Social Phenomena.
2. Critically Evaluate Explanations of Human Behavior and Social Phenomena.
3. Apply Scientific Principles to Understand the Social World.
4. Evaluate the Quality of Social Scientific Methods and Data.
5. Rigorously Analyze Social Scientific Data.
6. Use Sociological Knowledge to Inform Policy Debates and Promote Public Understanding.

Related Careers

- Managers, All Other
- Sociologists
- Sociology Teachers, Postsecondary

Sociology, B.S.

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Requirements

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Total Program Credits: 120

General Education Requirements:		35 Credits
ENGL 1010	Introduction to Academic Writing CC	3
or	ENGL 1005	Literacies and Composition Across Contexts CC (5)
ENGL 2010	Intermediate Academic Writing CC	3
Complete one of the following:		3
MAT 1030	Quantitative Reasoning QL (3)	
MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
STAT 1040	Introduction to Statistics QL (3)	
STAT 1045	Introduction to Statistics with Algebra QL (5)	
MATH 1050	College Algebra QL (4)	
MATH 1055	College Algebra with Preliminaries QL (5)	
MATH 1090	College Algebra for Business QL (3)	
Complete one of the following:		3
HIST 2700	US History to 1877 AS (3)	
and	HIST 2710	US History since 1877 AS (3)
HIST 1700	American Civilization AS (3)	
HIST 1740	US Economic History AS (3)	
POLS 1000	American Heritage SS (3)	

	POLS 1100	American National Government AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
	HLTH 1100	Personal Health and Wellness TE	2
or	EXSC 1097	Fitness for Life TE (2)	
Distribution Courses:			
	Biology		3
	Physical Science		3
	Third Science Distribution		3
	Humanities Distribution		3
	Social/Behavioral Science Distribution		3
	Fine Arts Distribution		3
Discipline Core Requirements:			37 Credits
	SOC 1010	Introduction to Sociology SS	3
	SOC 1020	Modern Social Problems	3
	PSY 3110	Statistics for the Behavioral Sciences	4
	SOC 3030	Social Research Methods WE	3
	SOC 4000	Classical Social Theory	3
	SOC 4100	Contemporary Social Theory WE	3
Complete any 6 of the SOC classes			18
	SOC 1200	Sociology of the Family SS (3)	
	SOC 2370	Sociology of Gender (3)	
	SOC 263G	Race and Minority Relations GI (3)	
	SOC 3400	Sociology of Religion (3)	
	SOC 3460	Political Sociology (3)	
	SOC 3520	Environmental Sociology (3)	
	SOC 3690	Internet and Society (3)	
	SOC 375G	Sociology of Aging GI (3)	
	SOC 3800	Animals and Society (3)	
	SOC 4020	Survey Research Design (3)	
	SOC 4400	Social Change (3)	
	SOC 475R	Current Topics in Sociology (1-3)	
	SOC 490R	Independent Studies (1-3)	
Elective Requirements:			48 Credits
15 credits any course number 3000 or higher			15
33 credits any course numbered 1000 or higher			33

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Residency hours--minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
3. Minimum overall UVU GPA of 2.0 upon graduation.
4. Minimum 2.5 program GPA upon graduation.
5. All major course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.
6. Successful completion of at least one Global/Intercultural course.
7. Successful completion of at least two Writing Enriched courses.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 and ENGL 2010 with a C+ or higher as prerequisites for the Behavioral Science Bachelor degree courses.

Sociology, B.S.

Careers

1. Students will be able to distinguish between basic concepts and theoretical perspectives in sociology and how they are used in sociological explanations of social behavior.
2. Students will be able to distinguish and apply core substantive areas of sociological inquiry.
3. Students will be able to express sociological ideas critically, clearly, and coherently both in writing and in oral presentations.
4. Students will collect, analyze, and interpret empirical evidence in sociological research.

Related Careers

- Managers, All Other
- Sociologists
- Sociology Teachers, Postsecondary