

Dance

Dance

The Dance department is in the [School of the Arts](#). To find the most up-to-date information, including Program Learning Outcomes for degree programs offered by the Dance department, visit their website.

[Dance department](#)

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Degrees & Programs

Dance, A.S.

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Requirements

The Associate of Science in Dance is a two-year pre-major degree that provides students with basic foundational knowledge and skills in dance. Students are engaged in an array of courses to include Modern/Contemporary Dance, Ballet, and Jazz technique, improvisation, composition, dance conditioning, and somatic studies. Students pursuing the Bachelor degrees will also fulfill the requirements of the AS degree and are eligible to apply for it at graduation.

Total Program Credits: 60

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| General Education Requirements: | | 33 Credits |
| | ENGL 1010 Introduction to Academic Writing CC | 3 |
| or | ENGL 1005 Literacies and Composition Across Contexts CC (5) | |
| | ENGL 2010 Intermediate Academic Writing CC | 3 |
| Complete one of the following: | | 3 |
| | MAT 1030 Quantitative Reasoning QL (3) | |
| | MAT 1035 Quantitative Reasoning with Integrated Algebra QL (6) | |
| | STAT 1040 Introduction to Statistics QL (3) | |
| | STAT 1045 Introduction to Statistics with Algebra QL (5) | |

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| | MATH 1050 College Algebra QL (recommended for Business, Education, Science, and Health Professions majors) (4) | |
| | MATH 1055 College Algebra with Preliminaries QL (5) | |
| | MATH 1090 College Algebra for Business QL (3) | |
| Complete one of the following: | | 3 |
| | HIST 2700 US History to 1877 AS (3) | |
| and | HIST 2710 US History since 1877 AS (3) | |
| | HIST 1700 American Civilization AS (3) | |
| | HIST 1740 US Economic History AS (3) | |
| | POLS 1000 American Heritage SS (3) | |
| | POLS 1100 American National Government AS (3) | |
| Complete the following: | | |
| | PHIL 2050 Ethics and Values IH | 3 |
| Distribution Courses: | | |
| | Biology (BIOL 1010 recommended) | 3 |
| | Physical Science | 3 |
| | Additional Biology or Physical Science (ZOO 1090 recommended) | 3 |
| | Humanities Distribution | 3 |
| | DANC 2110 Orientation to Dance FF | 3 |
| | Social/Behavioral Science | 3 |
| Discipline Core Requirements: | | 22 Credits |
| | DANC 127R Ballet Technique I (2 semesters) | 6 |
| | DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I | 3 |
| | DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II | 3 |
| | DANC 161R Dance Conditioning | 1 |
| | DANC 2330 Improvisation | 1 |
| | DANC 2340 Composition | 2 |
| | DANC 265R Fundamentals of Movement | 2 |
| or | DANC 2670 Introduction to Laban Studies (2) | |
| | DANC 256G Dance as a Cultural Practice I GI | 3 |
| Choose one of the following: | | 1 |
| | DANC 150R Beginning Jazz Dance (1) | |
| | DANC 151R Intermediate Jazz Dance (1) | |
| | DANC 156R African Dance I (1) | |
| | DANC 158R Tap Dance I (1) | |
| | DANC 159R Hip Hop I (1) | |
| | DANC 160R Hip Hop II (1) | |
| | DANC 162R Polynesian Dance I (1) | |
| | DANC 170R American Social Dance I (1) | |
| Elective Requirements: | | 5 Credits |
| Complete 2 credits from the following: | | 2 |
| | DANC 171R International Ballroom Dance I (1) | |
| | DANC 172R Latin Ballroom Dance I (1) | |
| | DANC 2100 Teaching Dance for Children FF (3) | |

Dance

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| | DANC 221R | Pointe II (1) | |
| | DANC 222R | Allegro Dance II (1) | |
| | DANC 225R | Character Dance I (1) | |
| | DANC 227R | Ballet Technique II (3) | |
| | DANC 2350 | Dance and Technology (2) | |
| | DANC 243R | Modern/Contemporary Dance Technique and Theory Level II / Semester I (3) | |
| | DANC 244R | Modern/Contemporary Dance Technique and Theory Level II/ Semester II (3) | |
| | DANC 247R | Repertory (1) | |
| | DANC 248R | Special Topics In Dance (2) | |
| | DANC 250R | Advanced Jazz Dance (2) | |
| | DANC 256R | African Dance II (1) | |
| | DANC 270R | American Social Dance II (1) | |
| | DANC 271R | International Ballroom Dance II (1) | |
| | DANC 272R | Latin Ballroom Dance II (1) | |
| | DANC 276R | Ballroom Dance Company Back-Up Team (1) | |
| | DANC 281R | Internship in Dance I (1-3) | |
| Complete 3 credits from any 1000 level or 2000 level course(s) | | | 3 |

Graduation Requirements:

1. Completion of a minimum of 60 semester credits.
2. Overall grade point average of 2.0 (C) or above. (Departments may require a higher GPA.)
3. Residency hours -- minimum of 20 credit hours through course attendance at UVU.
4. Completion of GE and specified departmental requirements.

Dance, A.S.

Careers

1. Level I technical competency in Ballet, Modern, and Jazz Dance.
2. Level I competency in dance improvisation and composition.
3. Level II performance in Ballet, Modern, and/or Ballroom Dance.
4. Beginning competency in Laban Movement Analysis, Bartenieff Fundamentals, and Dance Conditioning.
5. Beginning Level competency in applying concepts of music to dance.
6. Written and oral communication skills specific to the field of dance.

Related Careers

- Art, Drama, and Music Teachers, Postsecondary
- Dancers
- Choreographers

Ballroom Dance, Certificate of Proficiency

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Requirements

Promotes access to an appreciation for ballroom dance. Provides rigorous instruction in ballroom dance technique. Focuses on

performance skills and teaching methods of ballroom dance. Prepares students to enter the field of ballroom dance as artists, teachers, choreographers, critical thinkers, problem solvers, and engaged human beings.

Total Program Credits: 19

| Discipline Core Requirements: | | | 19 Credits |
|-------------------------------|---------------------------|---|------------|
| | DANC 270R | American Social Dance II | 1 |
| or | DANC 370R | American Social Dance III | |
| | DANC 370R | American Social Dance III | 1 |
| | DANC 271R | International Ballroom Dance II | 1 |
| or | DANC 371R | International Ballroom Dance III | |
| | DANC 371R | International Ballroom Dance III | 1 |
| | DANC 471R | International Ballroom Dance IV | 2 |
| | DANC 272R | Latin Ballroom Dance II | 1 |
| or | DANC 372R | Latin Ballroom Dance III | |
| | DANC 372R | Latin Ballroom Dance III | 1 |
| | DANC 472R | Latin Ballroom Dance IV | 2 |
| | DANC 3730 | American Social Dance Teaching Methods | 2 |
| | DANC 4740 | International Ballroom and Latin Theory | 3 |
| | DANC 376R | Ballroom Dance Company Back-up Tour Team (Two semesters required) | 4 |
| or | DANC 476R | Ballroom Dance Company Tour Team | |

Graduation Requirements:

1. Complete a minimum of 19 programs credits.
2. Overall GPA 2.0 (C) or above.
3. Residency hours - minimum of 5 credit hours through course attendance at UVU.

Ballroom Dance, Certificate of Proficiency Careers

1. Perform ballroom dance figures using proper technique.
2. Perform ballroom dance choreography with artistry.
3. Teach ballroom dance with proficiency.
4. Create choreographic works demonstrating skill in the choreographic principles.

Dance - Ballet Emphasis, B.F.A.

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Requirements

The BFA in Dance with an emphasis in Ballet at Utah Valley University offers a rigorous program grounded in technique, performance, and choreography that is approached through a historical, somatic, scientific, and theoretical lens. The common core curriculum provides a broad knowledge base that supports the Ballet Program's specialized courses. Performance opportunities include- Repertory Ballet Ensemble (RBE), a pre-professional performing ensemble that has earned a notable reputation for their presentation of classical and contemporary choreography, Utah Metropolitan Ballet (UMB) a professional ballet company in residence at UVU, and Senior Capstone concerts, which culminates students' learning. The UVU Ballet Program provides ongoing opportunities for students to work with national and international guest artists. In addition, opportunities exist for students to participate in academic conferences and regional festivals, such as the American College Dance Association Conference, the Utah Conference of Undergraduate Research and the National Conference of Undergraduate Research.

Total Program Credits: 120

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| Matriculation Requirements: | | | |
| 1. Completion DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with B- or higher. | | | |
| a. Ballet emphasis: Completion of DANC 227R Ballet Technique II (2 semesters), with a grade of B- or higher. | | | |
| b. Modern emphasis: Completion of DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I and DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II with a B- or higher. | | | |
| 2. Pass audition, interview, and portfolio review with faculty members. | | | |
| 3. Cumulative GPA of 2.75 or higher. | | | |
| General Education Requirements: | | | 33 Credits |
| | ENGL 1010 | Introduction to Academic Writing CC | 3 |
| or | ENGL 1005 | Literacies and Composition Across Context CC (5) | |
| | ENGL 2010 | Intermediate Academic Writing CC | 3 |
| Choose one of the following: | | | 3 |
| | MAT 1030 | Quantitative Reasoning QL (3) | |
| | MAT 1035 | Quantitative Reasoning with Integrated Algebra QL (6) | |
| Choose one of the following: | | | 3 |
| | HIST 2700 | US History to 1877 AS (3) | |
| and | HIST 2710 | US History since 1877 AS (3) | |
| | HIST 1700 | American Civilization AS (3) | |
| | POLS 1000 | American Heritage SS (3) | |
| | POLS 1100 | American National Government AS (3) | |
| | HIST 1740 | US Economic History AS (3) | |
| Complete the following: | | | |
| | PHIL 2050 | Ethics and Values IH | 3 |
| Distribution Courses: | | | |
| | BIOL 1010 | General Biology BB (required prerequisite for ZOOL 1090) | 3 |
| | DANC 2110 | Orientation to Dance FF (Fulfills Fine Arts) | 3 |
| | Humanities | | 3 |
| | Physical Science | | 3 |

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| Social/Behavioral Science | | | 3 |
| | ZOOL 1090 | Introduction to Human Anatomy and Physiology BB (Fulfills additional Biology or Physical Science) | 3 |
| Discipline Core Requirements: | | | 39 Credits |
| | DANC 127R | Ballet Technique I (3) | 6 |
| or | DANC 227R | Ballet Technique II | |
| | DANC 143R | Modern/Contemporary Dance Technique and Theory I/Semester I | 3 |
| | DANC 144R | Modern/Contemporary Dance Technique and Theory I/Semester II | 3 |
| | DANC 161R | Dance Conditioning | 1 |
| | DANC 2330 | Improvisation | 1 |
| | DANC 2340 | Composition | 2 |
| | DANC 256G | Dance as a Cultural Practice I GI | 3 |
| | DANC 265R | Fundamentals of Movement | 2 |
| | DANC 2670 | Introduction to Laban Studies | 2 |
| | DANC 3140 | Dance Production and Lighting | 2 |
| | DANC 3630 | Dance as a Cultural Practice II WE | 3 |
| | DANC 3680 | Dance Kinesiology | 4 |
| | DANC 4350 | Senior Capstone I WE | 2 |
| | DANC 4360 | Senior Capstone II WE | 2 |
| | DANC 4880 | Current Issues in Dance | 3 |
| Emphasis Requirements: | | | 39 Credits |
| | DANC 221R | Pointe II (1) (2 semesters required) | 2 |
| or | DANC 222R | Allegro Dance II | |
| | DANC 225R | Character Dance I (1) | 1 |
| | DANC 321R | Pointe III (1) (2 semesters required) | 2 |
| or | DANC 322R | Allegro Dance III | |
| | DANC 327R | Ballet Technique III (four semesters in Level III or higher) | 12 |
| Complete one of the following (four semesters required): | | | 4 |
| | DANC 421R | Pointe IV (1) | |
| or | DANC 423R | Pointe V (1) | |
| or | DANC 422R | Allegro Dance IV (1) | |
| | DANC 424R | Pas de deux (1) | 1 |
| | DANC 425R | Repertory Ballet Ensemble (3) (two semesters required total) | 6 |
| or | DANC 429R | Utah Metropolitan Ballet Repertory (3) | |
| | DANC 3340 | Ballet Choreography (2) | 2 |
| | DANC 427R | Ballet Technique IV (two semesters in Level IV or higher) (3) | 6 |

Dance

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| or | DANC 428R | Ballet Technique V (3) | |
| | DANC 4260 | Ballet Pedagogy | 3 |
| Emphasis Elective Requirements: | | | 6 Credits |
| Choose 6 credits from the following: | | | 6 |
| | DANC 151R | Intermediate Jazz Dance (1) | |
| | DANC 170R | American Social Dance I (1) | |
| | DANC 171R | International Ballroom Dance I (1) | |
| | DANC 172R | Latin Ballroom Dance I (1) | |
| | DANC 2260 | Character Dance II (1) | |
| | DANC 3610 | Intermediate Dance Conditioning and Injury Prevention (2) | |
| | DANC 365R | Advanced Fundamentals of Movement (2) | |
| | DANC 3670 | Movement Analysis (3) | |
| | DANC 425R | Repertory Ballet Ensemble (3) | |
| | DANC 429R | Utah Metropolitan Ballet Repertory (3) (repeatable for 9 semesters) | |
| | THEA 1033 | Acting I FF (3) | |
| | Any DANC course not previously taken. | | |
| Complete 3 credits from any course(s) 1000 level or higher (Students must have 40 upper division credits hours to graduate.) | | | 3 |

Graduation Requirements:

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

Dance - Ballet Emphasis, B.F.A.

Careers

1. Applicable knowledge base in somatic practices that enhance performance and technique including, Laban Movement Analysis, Bartenieff Fundamentals, Advanced Movement Analysis, and Dance Conditioning.
2. Level 2 technical competency in Character Dance, Jazz, and Modern.
3. Ability to generate original movement material and create well-crafted and meaningful choreography.
4. Pre-professional or professional performance skills.
5. Written and oral communication skills specific to the field of dance.
6. Fluency in a variety of traditional and contemporary ballet techniques and styles.
7. Level 4 Technical competency in Pointe (Women) or (Men's class Men).
8. Advanced Level competency in applying concepts of music to Ballet and dance in general.

Related Careers

- Art, Drama, and Music Teachers, Postsecondary

- Dancers
- Choreographers

Dance - Ballroom Dance Emphasis, B.S.

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Requirements

The Utah Valley Ballroom Program promotes access and appreciation for ballroom dance through its courses, performances, and outreach. Majors and non-majors alike are integrated in the courses and performances which creates a vibrant learning environment. The BS in Dance with an emphasis in Ballroom Dance degree program offers students the potential of having a broad foundation in dance, provided by the core class requirements, with a specialization in the technique, and performance skills in Ballroom Dance. Specialized course offerings include International, Latin, and American styles of ballroom dance as well as choreography, ballroom styles, and pedagogy. Performance opportunities include the Ballroom Company comprised of the Ballroom Tour Team, the Back-up Ballroom Team, the Beginning Team and Capstone Concerts. Students have the opportunity to compete in regional, national and international competitions as solo group and as a team, participate in national and/or international touring.

Total Program Credits: 120

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| Matriculation Requirements: | | | |
| 1. Completion of DANC 270R American Social Dance II, DANC 271R International Ballroom Dance II, DANC 272R Latin Ballroom Dance II, DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with a grade of B- or better. | | | |
| 2. Pass audition, interview, and portfolio review with faculty members. | | | |
| 3. Cumulative G.P.A. of 2.75 or higher. | | | |
| General Education Requirements: | | | 33 Credits |
| | ENGL 1010 | Introduction to Academic Writing CC | 3 |
| or | ENGL 1005 | Literacies and Composition Across Contexts CC (5) | |
| | ENGL 2010 | Intermediate Academic Writing CC | 3 |
| Choose one of the following: | | | 3 |
| | MAT 1030 | Quantitative Reasoning QL (3) | |
| | MAT 1035 | Quantitative Reasoning with Integrated Algebra QL (6) | |
| Choose one of the following: | | | 3 |
| | HIST 2700 | US History to 1877 AS (3) | |
| and | HIST 2710 | US History since 1877 AS (3) | |
| | HIST 1700 | American Civilization AS (3) | |
| | HIST 1740 | US Economic History AS (3) | |
| | POLS 1000 | American Heritage SS (3) | |
| | POLS 1100 | American National Government AS (3) | |
| Complete the following: | | | |
| | PHIL 2050 | Ethics and Values IH | 3 |
| Distribution Courses: | | | |
| | BIOL 1010 | General Biology BB (strongly recommended for Biology) | 3 |
| | DANC 2110 | Orientation to Dance FF (Fine Arts) | 3 |
| | Humanities | | 3 |

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| | Physical Science | 3 |
| | Social/Behavioral Science | 3 |
| | ZOO 1090 Introduction to Human Anatomy and Physiology BB (Fulfills additional Biology or Physical Science) | 3 |
| Discipline Core Requirements: | | 39 Credits |
| | DANC 127R Ballet Technique I | 6 |
| or | DANC 227R Ballet Technique II (3) | |
| | DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I | 3 |
| | DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II | 3 |
| | DANC 161R Dance Conditioning | 1 |
| | DANC 2330 Improvisation | 1 |
| | DANC 2340 Composition | 2 |
| | DANC 256G Dance as a Cultural Practice I GI | 3 |
| | DANC 265R Fundamentals of Movement | 2 |
| | DANC 2670 Introduction to Laban Studies | 2 |
| | DANC 3140 Dance Production and Lighting | 2 |
| | DANC 3630 Dance as a Cultural Practice II WE | 3 |
| | DANC 3680 Dance Kinesiology | 4 |
| | DANC 4350 Senior Capstone I WE | 2 |
| | DANC 4360 Senior Capstone II WE | 2 |
| | DANC 4880 Current Issues in Dance | 3 |
| Emphasis Requirements: | | 33 Credits |
| | DANC 270R American Social Dance II | 1 |
| | DANC 370R American Social Dance III | 1 |
| | DANC 271R International Ballroom Dance II | 1 |
| | DANC 371R International Ballroom Dance III (1) (two semesters required) | 2 |
| | DANC 471R International Ballroom Dance IV (2) (two semesters required) | 4 |
| | DANC 272R Latin Ballroom Dance II | 1 |
| | DANC 372R Latin Ballroom Dance III (1) (two semesters required) | 2 |
| | DANC 472R Latin Ballroom Dance IV (2) (two semesters required) | 4 |
| | DANC 3730 American Social Dance Teaching Methods | 2 |
| | DANC 4740 International Ballroom and Latin Theory | 3 |
| | DANC 376R Ballroom Dance Company Back-up Tour Team (2) ¹ | 4 |
| or | DANC 476R Ballroom Dance Company Tour Team (3) | |
| | MGMT 1010 Introduction to Business SS | 3 |
| | DANC 3740 Ballroom Dance Choreography | 2 |

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| | DANC 3750 Studies in Ballroom Dance Styles | 2 |
| Choose one of the following: | | 1 |
| | DANC 150R Beginning Jazz Dance (1) | |
| | DANC 151R Intermediate Jazz Dance (1) | |
| | DANC 250R Advanced Jazz Dance (1) | |
| | DANC 156R African Dance I (1) | |
| | DANC 159R Hip Hop I (1) | |
| | DANC 160R Hip Hop II (1) | |
| | DANC 162R Polynesian Dance I (1) | |
| Emphasis Elective Requirements: | | 9 Credits |
| Choose 9 hours from the following: | | 9 |
| | DANC 158R Tap Dance I (1) | |
| | DANC 2100 Teaching Dance for Children FF (3) | |
| | DANC 222R Allegro Dance II (1) | |
| | DANC 227R Ballet Technique II (3) | |
| | DANC 2350 Dance and Technology (2) | |
| | DANC 248R Special Topics In Dance (2) | |
| | DANC 256R African Dance II (1) | |
| | DANC 276R Ballroom Dance Company Back Up Team (1) | |
| | DANC 281R Internship in Dance I (1-3) | |
| | DANC 3400 Dance in the Elementary School XF (2) | |
| | DANC 346R Synergy Dance Company (3) | |
| | DANC 3610 Intermediate Dance Conditioning and Injury Prevention (2) | |
| | DANC 376R Ballroom Dance Company Back-up Tour Team (2) | |
| or | DANC 476R Ballroom Dance Company Tour Team (3) | |
| | DANC 365R Advanced Fundamentals of Movement (2) | |
| | EXSC 3700 Exercise Physiology | |
| and | EXSC 3705 Exercise Physiology Laboratory (4) | |
| | PES 2400 Sports Injuries (2) | |
| | HLTH 1055 Pilates I CoreMax Training (1) | |
| | HLTH 1057 Power Yoga (1) | |
| | THEA 3541 Costume Design I (3) | |
| | THEA 3545 Costume Design I Lab (1) | |
| Any DANC course not previously taken | | |
| Complete 6 credits from any courses 1000 level or higher (Students must have 40 upper division credit hours to graduate.) | | 6 |
| Notes: | | |
| 1. Either course must be taken twice | | |

Graduation Requirements:

Dance

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

Dance - Ballroom Dance Emphasis, B.S.

Careers

1. Perform ballroom dance with artistry demonstrating advanced level technical competency.
2. Create choreographic works of artistic merit demonstrating skills in choreographic elements, principles, and structures of dance.
3. Write articulately using dance language demonstrating perceptive, reflective, and analytical knowledge and skills.
4. Demonstrate proficiency in teaching ballroom dance.

Related Careers

- Art, Drama, and Music Teachers, Postsecondary
- Dancers
- Choreographers

Dance - Modern Dance Emphasis, B.F.A.

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Requirements

The Modern/Contemporary Dance Program in UVU's Department of Dance is a rigorous program that provides dance training for BFA students with a strong foundation in technique and choreography. This daily physical practice merges with serious scholarly study of dance in its historical, somatic, theoretical, scientific, pedagogical, and cultural contexts. The rigorous course study of the BFA in Modern/Contemporary Dance prepares the next generation of dance artists and scholars for myriad career opportunities. The Modern/Contemporary Dance Program provides opportunities for students to work with nationally and internationally recognized guest artists on a yearly basis, to participate in study abroad programs, and to work alongside faculty mentors in scholarly and creative research.

Performance opportunities include Contemporary Dance Ensemble (CDE) a pre-professional level modern dance company and upper division course; Synergy Dance Company, which produces student and guest artists work in concert; and Senior Capstone Concerts. The Modern/Contemporary Program participates annually in the American College Dance Association conference and has been selected to perform at the national festival held at the Kennedy Center for the Performing Arts in Washington D.C. Dance majors also participate in several academic conferences and regional festivals including the Utah Conference of Undergraduate Research and the National Conference of Undergraduate Research.

Students graduating from the UVU Modern/Contemporary Dance Program are prepared to enter the world as artists, teachers, performers, choreographers, critical thinkers, problem solvers, and engaged human beings.

Total Program Credits: 120

Matriculation Requirements:

1. Completion DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with B- or higher.
 - a. Ballet emphasis: Completion of DANC 227R Ballet Technique II (2 semesters), with a grade of B- or higher.
 - b. Modern emphasis: Completion of DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I and DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II with a B- or higher.
2. Pass audition, interview, and portfolio review with faculty members.
3. Cumulative GPA of 2.75 or higher.

General Education Requirements: 33 Credits

| | | | |
|----|---------------------------|--|---|
| | ENGL 1010 | Introduction to Academic Writing CC | 3 |
| or | ENGL 1005 | Literacies and Composition Across Context CC (5) | |
| | ENGL 2010 | Intermediate Academic Writing CC | 3 |

Choose one of the following: 3

| | | | |
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| | MAT 1030 | Quantitative Reasoning QL (3) | |
| | MAT 1035 | Quantitative Reasoning with Integrated Algebra QL (6) | |

Choose one of the following: 3

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|-----|---------------------------|-------------------------------------|--|
| | HIST 2700 | US History to 1877 AS (3) | |
| and | HIST 2710 | US History since 1877 AS (3) | |
| | HIST 1700 | American Civilization AS (3) | |
| | POLS 1000 | American Heritage SS (3) | |
| | POLS 1100 | American National Government AS (3) | |
| | HIST 1740 | US Economic History AS (3) | |

Complete the following:

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| | PHIL 2050 | Ethics and Values IH | 3 |
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Distribution Courses:

| | | | |
|--|---------------------------|---|---|
| | BIOL 1010 | General Biology BB (required prerequisite for ZOOL 1090) | 3 |
| | DANC 2110 | Orientation to Dance FF (Fine Arts) | 3 |
| | Humanities | | 3 |
| | Physical Science | | 3 |
| | Social/Behavioral Science | | 3 |
| | ZOOL 1090 | Introduction to Human Anatomy and Physiology BB (Fulfills additional Biology or Physical Science) | 3 |

Discipline Core Requirements: 39 Credits

| | | | |
|----|---------------------------|--|---|
| | DANC 127R | Ballet Technique I (3) | 6 |
| or | DANC 227R | Ballet Technique II | |
| | DANC 143R | Modern/Contemporary Dance Technique and Theory I/Semester I | 3 |
| | DANC 144R | Modern/Contemporary Dance Technique and Theory I/Semester II | 3 |
| | DANC 161R | Dance Conditioning | 1 |
| | DANC 2330 | Improvisation | 1 |
| | DANC 2340 | Composition | 2 |
| | DANC 256G | Dance as a Cultural Practice I GI | 3 |

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| | DANC 265R | Fundamentals of Movement | 2 |
| | DANC 2670 | Introduction to Laban Studies | 2 |
| | DANC 3140 | Dance Production and Lighting | 2 |
| | DANC 3630 | Dance as a Cultural Practice II WE | 3 |
| | DANC 3680 | Dance Kinesiology | 4 |
| | DANC 4350 | Senior Capstone I WE | 2 |
| | DANC 4360 | Senior Capstone II WE | 2 |
| | DANC 4880 | Current Issues in Dance | 3 |
| Emphasis Requirements: | | | 38 Credits |
| | DANC 243R | Modern/Contemporary Dance Technique and Theory Level II / Semester I | 3 |
| | DANC 244R | Modern/Contemporary Dance Technique and Theory Level II/ Semester II | 3 |
| | DANC 3160 | Dance Accompaniment | 2 |
| | DANC 3330 | Modern Dance Workshop | 2 |
| | DANC 3350 | Choreography | 2 |
| | DANC 3400 | Dance in the Elementary School XF | 2 |
| | DANC 341R | Modern/Contemporary Dance Technique and Theory Level III/ Semester I | 3 |
| | DANC 342R | Modern/Contemporary Dance Technique and Theory Level III/ Semester II | 3 |
| | DANC 3450 | Modern/Contemporary Dance Teaching Methods | 3 |
| | DANC 346R | Synergy Dance Company (Both courses may be taken or one of them repeated for 6 credits) | 6 |
| or | DANC 446R | Contemporary Dance Ensemble (3) | |
| | DANC 365R | Advanced Fundamentals of Movement | 2 |
| or | DANC 3670 | Movement Analysis (3) | |
| | DANC 441R | Modern/Contemporary Dance Technique and Theory Level IV/ Semester I | 3 |
| | DANC 442R | Modern/Contemporary Dance Technique and Theory Level IV/ Semester II | 3 |
| Choose one of the following: | | | 1 |
| | DANC 150R | Beginning Jazz Dance (1) | |
| | DANC 151R | Intermediate Jazz Dance (1) | |
| | DANC 250R | Advanced Jazz Dance (1) | |
| | DANC 156R | African Dance I (1) | |
| | DANC 159R | Hip Hop I (1) | |
| | DANC 160R | Hip Hop II (1) | |
| | DANC 162R | Polynesian Dance I (1) | |
| Emphasis Elective Requirements: | | | 7 Credits |
| Choose 7 credits from the following list: | | | 7 |
| | DANC 158R | Tap Dance I (1) | |

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| | DANC 170R | American Social Dance I (1) | |
| | DANC 171R | International Ballroom Dance I (1) | |
| | DANC 172R | Latin Ballroom Dance I (1) | |
| | DANC 248R | Special Topics in Dance (2) | |
| | DANC 256R | African Dance II (1) | |
| | DANC 327R | Ballet Technique III (3) | |
| | DANC 3610 | Intermediate Dance Conditioning and Injury Prevention (2) | |
| | DANC 365R | Advanced Fundamentals of Movement (2) | |
| | DANC 3670 | Movement Analysis (3) | |
| | DANC 442R | Modern/Contemporary Dance Technique and Theory Level IV/ Semester II (3) | |
| | DANC 446R | Contemporary Dance Ensemble (3) | |
| Any DANC course not previously taken | | | |
| Complete 3 credits from any Department (Students must have 40 upper division credit hours to graduate.) | | | 3 |

Graduation Requirements:

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

Dance - Modern Dance Emphasis, B.F.A.
Careers

1. Perform dance with artistry demonstrating advanced level technical competency.
2. Create choreographic works of artistic merit and personal voice demonstrating skills in choreographic elements, principles, and structures of dance.
3. Integrate diverse theoretical dance knowledge and skills in the writing, performance and creation of dance.
4. Write articulately using dance language demonstrating perceptive, reflective, and analytical knowledge and skills.
5. Demonstrate proficiency in writing and teaching of modern dance lesson plans.

Related Careers

- Art, Drama, and Music Teachers, Postsecondary
- Dancers
- Choreographers

Dance Education, B.S.

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Requirements

The Dance Education program is dedicated in preparing students to teach, create, and perform dance at the highest level. Students participate in a rigorous Bachelor's of Science degree program focusing

Dance

on developing exceptional dance artists and outstanding dance teachers dedicated to the art, craft, creativity, and teaching of dance. Students are encouraged to participate in the dance and education communities through guest artist, workshops, and conferences (regional, national, and international). Rigorous coursework includes various dance techniques, choreography, performance, dance history, world dance, kinesiology, somatic studies, pedagogy, music and production. Students receive their secondary certification with an option to receive their elementary endorsement in dance. Dance Education majors have numerous career options. to include the public and private school settings, private studios, community centers, and higher education. Students are able to pursue both the BFA in Modern/Contemporary Dance and a BS in Dance Education.

Performance opportunities include Contemporary Dance Ensemble (CDE) a pre-professional level modern dance company and upper division course; Synergy Dance Company, which produces student and guest artists work in concert; and Senior Capstone Concerts. The Dance Education Program participates annually in the festival of the American College Dance Association, and has been selected to perform at the national festival held at the Kennedy Center for the Performing Arts in Washington D.C. In addition, it also participates in several academic conferences and regional festivals including the Utah Conference of Undergraduate Research and the National Conference of Undergraduate Research.

Total Program Credits: 125

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| Matriculation Requirements: | | |
| Dance Department Matriculation Requirements | | |
| <ol style="list-style-type: none"> 1. Completion of DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I, DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II, DANC 161R Dance Conditioning, DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with B- or higher. 2. Pass audition, interview, and portfolio review with faculty members. | | |
| Education Department matriculation requirements: | | |
| <ol style="list-style-type: none"> 1. ENGL and MATH QL courses must have a grade C or higher. 2. GPA of 3.0 or higher with no grade lower than a C in content area courses. 3. Completion of all General Education requirements and 70% of content area courses. 4. Pass LiveScan Criminal Background Check. | | |
| General Education Requirements: | | 33 Credits |
| | ENGL 1010 Introduction to Academic Writing CC | 3 |
| or | ENGL 1005 Literacies and Composition Across Contexts CC (5) | |
| | ENGL 2010 Intermediate Academic Writing CC | 3 |
| Complete one of the following: | | 3 |
| | MAT 1030 Quantitative Reasoning QL (3) | |
| | MAT 1035 Quantitative Reasoning with Integrated Algebra QL (6) | |
| | STAT 1040 Introduction to Statistics QL (3) | |
| | STAT 1045 Introduction to Statistics with Algebra QL (5) | |
| | MATH 1050 College Algebra QL (4) (recommended for Business, Education, Science, and Health Professions majors) | |
| | MATH 1055 College Algebra with Preliminaries QL (5) | |
| | MATH 1090 College Algebra for Business QL (3) | |

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| Complete one of the following: | | 3 |
| | HIST 1700 American Civilization AS (3) | |
| | HIST 2700 US History to 1877 AS (3) | |
| and | HIST 2710 US History since 1877 AS (3) | |
| | HIST 1740 US Economic History AS (3) | |
| | POLS 1000 American Heritage SS (3) | |
| | POLS 1100 American National Government AS (3) | |
| Complete the following: | | |
| | PHIL 2050 Ethics and Values IH | 3 |
| Distribution Courses: | | |
| | BIOL 1010 General Biology BB | 3 |
| | DANC 2110 Orientation to Dance FF | 3 |
| | Humanities Distribution | 3 |
| | Physical Science | 3 |
| | Social/Behavioral Science | 3 |
| | ZOOL 1090 Introduction to Human Anatomy and Physiology BB (Strongly recommended for additional Biology or Physical Science) | 3 |
| Discipline Core Requirements: | | 92 Credits |
| | DANC 127R Ballet Technique I (3) | |
| or | DANC 227R Ballet Technique II | 3 |
| | DANC 143R Modern/Contemporary Dance Technique and Theory I/Semester I | 3 |
| | DANC 144R Modern/Contemporary Dance Technique and Theory I/Semester II | 3 |
| | DANC 161R Dance Conditioning | 1 |
| | DANC 2330 Improvisation | 1 |
| | DANC 2340 Composition | 2 |
| | DANC 243R Modern/Contemporary Dance Technique and Theory Level II / Semester I | 3 |
| | DANC 244R Modern/Contemporary Dance Technique and Theory Level II/ Semester II | 3 |
| | DANC 256G Dance as a Cultural Practice I GI | 3 |
| | DANC 2670 Introduction to Laban Studies | 2 |
| | DANC 270R American Social Dance II | 1 |
| | DANC 3140 Dance Production and Lighting | 2 |
| | DANC 3160 Dance Accompaniment | 2 |
| | DANC 3330 Modern Dance Workshop | 2 |
| | DANC 3350 Choreography | 2 |
| | DANC 3400 Dance in the Elementary School XF | 2 |
| | DANC 341R Modern/Contemporary Dance Technique and Theory Level III/ Semester I | 3 |
| | DANC 342R Modern/Contemporary Dance Technique and Theory Level III/ Semester II | 3 |
| | DANC 3450 Modern/Contemporary Dance Teaching Methods | 3 |

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| | DANC 346R | Synergy Dance Company | 3 |
| | DANC 3630 | Dance as a Cultural Practice II WE | 3 |
| | DANC 3680 | Dance Kinesiology | 4 |
| | DANC 4350 | Senior Capstone I WE | 2 |
| | DANC 4360 | Senior Capstone II WE | 2 |
| | DANC 4430 | Dance Teaching Practicum (Dance Education majors take DANC 4430 in place of EDSC 4200.) | 3 |
| Complete 1 credit from the following: | | | 1 |
| | DANC 159R | Hip Hop I (1) | 1 |
| | DANC 160R | Hip Hop II (1) | 1 |
| | DANC 170R | American Social Dance I (1) | 1 |
| | DANC 171R | International Ballroom Dance I (1) | 1 |
| | DANC 172R | Latin Ballroom Dance I (1) | 1 |
| Education Courses: Must be completed with a grade of B- or higher. | | | |
| | EDSC 1010 | Introduction to Education | 2 |
| | EDSC 3000 | Educational Psychology | 3 |
| | EDSC 325G | Equitable Technology Integration GI | 2 |
| | EDSP 340G | Exceptional Students GI | 2 |
| | EDSC 4250 | Classroom Management II | 2 |
| | EDSC 4440 | Content Area Literacies | 3 |
| | EDSC 445G | Multicultural Instruction ESL GI | 3 |
| | EDSC 455G | Secondary Curriculum Instruction and Assessment GI | 3 |
| | EDSC 4850 | Student Teaching Secondary | 8 |
| | EDSC 4990 | Teacher Performance Assessment Project WE | 2 |

Related Careers

- Art, Drama, and Music Teachers, Postsecondary
- Dancers
- Choreographers

Graduation Requirements:

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2. Overall Grade of 3.0 (B) or above with no grade lower than a C or better in major required content courses and no grade lower than a B- in Licensure and Methods courses.
3. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. Completion of GE and specified departmental requirements.
5. Successful completion of at least one Global/Intercultural course.

Dance Education, B.S.

Careers

1. Perform dance with artistry demonstrating an intermediate/advanced level technical competency.
2. Create choreographic works of artistic merit and personal voice demonstrating skills in choreographic elements, principles, and structures of dance.
3. Integrate diverse theoretical dance knowledge and skills in the writing, performance, and creation of dance.
4. Write articulately using dance language demonstrating perceptive, reflective, and analytical knowledge and skills.
5. Demonstrate proficiency in writing and teaching of unit and lesson plans in the public schools.
6. Demonstrate proficient skills and knowledge necessary to create a vibrant and artistic secondary dance program based on state and national standards.