

The short answer is:

Buy a laptop with as much RAM and Storage Memory/Disk as you can afford, but don't make it a beast to carry around or charge.

The rest of the story

You will be fine with Mac or non-Mac, your preference.
If you get a Mac, it runs Unix so you don't need Linux.

If you get a laptop that runs Windows, you can update WSL (Windows Subsystem for Linux) and then download a Linux distro like Ubuntu from Windows Marketplace and run Linux that way.

While you can run Linux natively, without Windows and be fine for most things, there are some software services/widgets that don't interoperate with Linux well. If you don't mind running into a few of those from time to time (we don't have a list) you should be fine with a Linux machine.

