Moscow City’s Anastasia Baranova Visits Utah

February 2-16, 2003—Anastasia Baranova, relations expert for the Moscow City Government International Relations Department, participated in a two-week internship in Utah.

Ms. Baranova spent several days at the Utah-Russia Institute assisting with translation and meeting with several representatives from the local business and cultural community.

One of the highlights of her visit was the opportunity to spend time with First Lady, Jacalyn Leavitt and other Utah government officials. She also attended many of the Olympic One Year Anniversary events held throughout the state.

As part of the Luzhkov-Leavitt protocol agreement signed in October of 2002, Utah and Moscow are focusing their efforts on several exchanges.

These exchanges include events such as The Moscow-Utah Youth Games (the summer portion will be held July 18-27 in Moscow), a group of Utah dentists traveling to Russia in October to perform humanitarian services, and a local youth dance troupe planning on performing “Pioneer Legacy” in Moscow this summer.

When asked about her visit, Anastasia said it was a very pleasant experience and that she learned a great deal about why Utah is such a great state.

Масленица

Maslenitsa Festival

March 8th from 12 – 6pm

Granger High School Cafeteria
(3690 S. 3600 W. West Valley City)

Admission:
Adults—7$
Seniors and Children—5$
Under 5 years of age—Free

There will be Russian folk songs and dances, music including a children’s ensemble, food and souvenirs!

Part of the proceeds will be donated to Orphanage House #1 in Nizhny Tagil, Russia.

For more information please call Russian School-Studio Teremok Principal, Svetlana Winward, at 572-4496
Focus: The Panin Family in the “Wild West”

Originally from Baku, Azerbaijan (a former Republic of the Soviet Union), and later, Moscow, Marina and Alexander Panin moved to Utah in 1991. Alexander, a physicist, happened upon an advertisement for a 6 month research position at BYU, while reading the scientific journal *Physicist Today*. Wanting to see how science worked outside of the Soviet Union, he applied and was given the job and a visa for him and his wife, Marina, to come to Utah.

Knowing nothing about the state they looked to an encyclopedia, which mentioned that Utah was made up of mostly Mormons, a religion. Turning to the entry for “Mormon,” they were met with a tabloid article which described polygamy and other unsettling practices. This caused no little amount of anxiety for the Panins. Marina at first decided that she wouldn’t accompany Alexander to the wilds of Utah but then changed her mind in order to protect him!

They arrived here and soon their fears were put aside. The warmth of the people and the beauty of the area won them over. In the course of his work Alexander procured a sizeable grant from the US Government for one of his ideas and was offered a position with a local company. They decided to move to Utah permanently and now live in Lindon with their 2 boys Dmitri, 21, and Maxim, 12.

Marina, who has a bachelors degree in music and a masters degree in Russian language and literature, started attending classes at BYU in order to improve her English. A former teacher in Russia, she is in her ninth year as the Russian teacher at Utah Valley State College. Three years ago Alexander joined her and now teaches physics at UVSC.

Recipe of the Month: Salmon Bake

This recipe comes from the Russian-Alaskan community on the Kenai Peninsula. It is a quick and simple way to prepare salmon. More recipes like this one can be found at: www.geocities.com/Heartland/Hills/4414/recipeb.htm

**Ingredients:**
- 1 salmon filleted (medium or small in size)
- 1 package of powdered ranch dressing mix
- 1 cup mayonnaise (do not use salad dressing)
- 1 cup sour cream
- 1/2 yellow onion, thinly sliced
- Granulated onion or onion powder
- Salt & Pepper
- Italian Parsley, finely chopped (or dried parsley flakes)
- Fresh Parmesan Cheese, grated

**Directions:**

Heat oven to 350 degrees. Mix packet of dressing with mayonnaise and sour cream. Lay the fillets on a large, edged cookie sheet. Sprinkle with salt, pepper, parsley and granulated onion to taste. Cover the fillets with a single layer of onion slices. Spread a generous amount of the dressing mixture over the salmon and onion slices. Be sure the entire dish is covered. Sprinkle Parmesan cheese over the entire salmon. Cook for approximately 12-14 minutes. When the salmon is just barely done it will be moist and flake easily. You should not see any translucent color. Do not over bake! Turn the broiler on Hi and leave the pan in the middle of the oven. Cook until cheese is light golden brown.
Utah-Russia Humanitarian Project

The people of Utah are known for their willingness to give of their time and skills, to help the less fortunate in their communities. Some have decided to extend their humanitarian efforts beyond the borders of state and even country. One such Utah group plans on serving in Russia this year.

Share A Smile was created in the winter of 2001 when Dr. Eric Vogel and his staff felt the need to become more actively involved in giving service to those less fortunate in their community and abroad. They truly believe that “because (we) have been given much (we) too must give.”

They have been actively involved in the local Sub-for-Santa program, assembled and distributed hygiene kits to the homeless, and gave oral health presentations at an elementary school. It soon became apparent to them that the need for dental care among the homeless and less fortunate was great. They organized a charity triathlon and raised enough money to buy portable dental equipment and supplies. They use this equipment and supplies on a regular basis when they volunteer at the Provo Food and Care Coalition.

Their international projects have included a trip to Haiti in May 2002 where dental assistant, Eileen Bidstrup, placed protective sealants on the teeth of children in local orphanages. In November 2002 members of the Share A Smile team traveled to the remote village of Santa Fe and to the city of Santa Cruz in Bolivia where they offered dental services and hygiene education to those in need. During the Bolivia Project, the 14 members of Share A Smile donated approximately $94,696 in dental procedures, supplies, and lost production and wages from their Provo office.

After having such a positive experience in Bolivia, Share A Smile would like Russia to be the focus of their next humanitarian project. They will send a group of 14 dentists, hygienists, and dental personnel to Russia in October of 2003. During their 9 day visit they will give dental care and teach oral health education at two Russian Orthodox orphanages in the Moscow suburbs. They will also offer free dental care to native Russian missionaries in both Moscow and St. Petersburg.

Share A Smile also plans on holding update courses for local dentists in Moscow and St. Petersburg. This collaboration will give Russian dentists a chance to learn new techniques and develop working relationships with dentists in Utah.

As with previous projects, Russia Project 2003 will be funded by private donations, money from the proceeds of teeth whitening done in Dr. Vogel’s office, and from fund raisers like their annual triathlon. It is estimated that $23,000 will need to be raised to cover transportation, lodging and visa costs.

The Utah-Russia Institute is proud to join forces with Share A Smile and will be donating the time and services of both URI Deputy Director, Amy Barnett and URI assistant Rebecca Whitmer for the project. They will act as tour guides, interpreters and project coordinators.

Members of this group are sure to be wonderful ambassadors of goodwill from the State of Utah in the spirit of last October’s protocol agreement signed by mayor Luzhkov and Governor Leavitt. We feel that the Russia Project 2003 will promote not only humanitarian, educational and inter-cultural exchanges, but also the continued good relations between Russia and Utah.

For more information or to make a contribution to the Share A Smile Russia Project 2003 please contact:

Tel: (801) 374-8244
shareasmile
@vogeldental.com
Or
Tel: (801)-863-8897
utahrussia@uvsc.edu
Palestinian UN Ambassador meets with Russian Honorary Consul General

January 30-February 1, 2003—Honorary Russian Consulate General, Rusty Butler was pleased to host Dr. Nasser Al-Kidwa, Ambassador and Permanent Observer of Palestine to the United Nations during his brief visit to Utah.

Ambassador Al-Kidwa spoke to a group of over 120 students and faculty at UVSC regarding the current state of affairs in the Middle East, in general, and Palestine, in particular. He later spoke at BYU’s Kennedy Center and met with the BYU Arab club. While in Salt Lake City he also had the opportunity to meet with several members of the Arab and Muslim community.

The Ambassador’s visit was co-hosted by The Butler Institute of International Understanding, Center for the Study of Ethics, UVSC Foundation and the Russian Consulate General in the State of Utah.

Calendar of Upcoming Events

**March:**

3-9 Maslenitsa Week (Russia)

8 Utah Maslenitsa Festival—Salt Lake City

8 International Women’s Day (Russia)

**April:**

12 Cosmonaut’s Day (Russia)

20 Easter (USA)

27 Eastern Orthodox Easter (Russia)

**May:**

1 May Day (USA)

1-2 Spring and Labor Holiday (Russia)

9 Victory Day (Russia)

10 Slavic Festival—Salt Lake City

11 Mother’s Day (USA)

26 Memorial Day (USA)

27 All-Russia Library Day (Russia)

Mission Statement:
The purpose of URI is to promote mutually beneficial humanitarian, cultural, educational, commercial and technological projects in order to foster greater understanding, friendship, free enterprise, civil society and a strong democracy among and between the citizens of the Russian Federation and the state of Utah in particular and the United States in general.

Utah-Russia Institute

Chief Executive Officer
Kerry Ronesburg

Executive Director-Utah
Dr. R.E. “Rusty” Butler

Executive Director-Russia
Vladimir Dmitriev

Founded in 1993 by Former Russian Federation Prime Minister and Minister of the Economy, Yegor T. Gaidar and by Utah Governor Michael O. Leavitt