# **Summer University At-a-Glance**

May 15th-17<sup>th</sup>, 2023

# Monday, May 15

### **Activities**

7:30 am UCCU/UVU Employee Golf Tournament at Talon's Cove (\$25.00)

9:00 am – 2:00 pm Activities (Note: Limit 1 activity per employee):

• Bingo • Pickle Ball

Bowling
Climbing Wall
Mindfulses Control

Massage Chairs
Mindfulness Sound Bath

# Tuesday, May 16

## **Morning**

8:30 am – 9:50 am General Session Kick-off (breakfast provided)

Opening Keynote Speaker: Ben Kjar

Location: SC Ballroom

9:50 am - 10:00 am Break

10:00 am - 11:00 am Breakout Sessions

11:00 am - 11:10 am Break

11:10 am – 12:10 pm Breakout Sessions

12:10 pm - 1:30 pm Lunch: Food vouchers will be available

#### Afternoon

1:00 pm - 2:30 pm Breakout Sessions

2:30 pm - 2:40 pm Break

2:40 pm - 3:40 pm Breakout Sessions

## Wednesday, May 17

#### Morning

8:00 - 11:30 pm Service projects

#### Lunch

12:00 pm - 1:30 pm General Session Closing (lunch provided)

Keynote Speaker: Cydni Tetro - CEO & Board member, Brandless, Inc.

Location: SC Ballroom

## **Summer U T-Shirts and Meal Vouchers:**

Summer University t-shirts and meal vouchers will be available for pickup from People and Culture the week of Summer University, May 15-17.