

## **Candidate Physical Ability Test (CPAT) Frequently Asked Questions**

### **What is the Candidate Physical Ability (CPAT) test?**

A timed physical fitness evaluation used by several fire departments for initial hire screening.

### **Who must take the test?**

Only those students applying for the Recruit Candidate Academy (RCA) at Utah Valley State College must take the test. Others may take the test as a practice opportunity to see “what the test is like.”

### **When is the formal test?**

**2007:** March 10, July 14, October 6, December 1 (9:00 am to 2:00 pm on each scheduled test day)

**2008:** March 8, July 12, October 4, December 6 (9:00 am to 2:00 pm on each scheduled test day)

**2009:** March 7, July 11, October 3, December 5 (9:00 am to 2:00 pm on each scheduled test day)

Refrain from strenuous activity at least three days prior to your scheduled test.

### **When is the orientation for the test?**

**2007:** June 13 (5:00 pm to 10:00 pm), September 11 & 13 (10:30 am to 12:00 pm)

**2008:** January 15 & 17 (10:30 am to 12:00 pm), June 11 (5:00 pm to 10:00 pm), September 9 & 11 (10:30 am to 12:00 pm)

**2009:** January 13 & 15 (10:30 am to 12:00 pm), June 10 (5:00 pm to 10:00 pm), September 8 & 10 (10:30 am to 12:00 pm)

Do not sign up for the “orientation.” **The orientation is NOT mandatory.** You may attend one or both days of each session.

### **How long is the test?**

Although the test itself is only 10-15 minutes, plan on a full one hour for test administration.

### **How do I schedule the test?**

Contact the Utah Fire and Rescue Academy (1-888-548-7816) and request a “time slot” for the test.

### **Are there practice opportunities for the test?**

#### **Current or prior FSF 1000 students (face-to-face classes ONLY):**

You may practice events anytime UFRA is open and props are not being used. Student fees pay for one formal test attempt and as many individual event practice attempts as you desire. There is a \$80 charge for each additional formal test attempt.

#### **Non-FSF 1000 students, or FSF 1000 internet students:**

**There is an annual \$80 charge for access to ANY CPAT equipment. An additional \$80 is charged for each formal test attempt.**

### **Where is the test and/or orientation located?**

Utah Fire and Rescue Academy, 3131 Mike Jense Parkway, Provo, Utah. Call 1-888-548-7816 for directions.

### **How much does the test cost?**

#### **Current or prior FSF 1000 students:**

Student fees pay for one formal test attempt and as many individual event practice attempts as you desire. There is a \$80 charge for each additional formal test attempt.

#### **Non-FSF 1000 students:**

There is an annual \$80 charge for access to ANY CPAT equipment. An additional \$80 is charged for each formal test attempt.

### **How much does the orientation cost?**

There is no charge for the CPAT orientation.

### **May I use the CPAT administered by UFRA in place of a physical ability test for other fire departments?**

It’s up to the fire department you’ve applied for. Most will not accept a “pass” from the Utah Fire and Rescue Academy.

### **How long is my passing time good for?**

If you are using the test for entry into the RCA, your test is good for 9 months from completion.

### **Who can I contact for further questions?**

Contact the Student Center at the Utah Fire and Rescue Academy for further questions. Phone: 1-888-548-7816.