

March 1, 2017



Colleagues,

Welcome to March! Here are five women and leadership announcements:

**First**, Tuesday is the next *Utah Women's Leadership Speaker & Dialogue Series* event is titled "[Strengthening the Impact of Women: Body Image, Crucial Conversations, and Perfectionism](#)" (March 7, 2017, 6:30-8:30pm, UVU). Three of the four sessions will live stream during the event for those in various parts of the state (check [www.uvu.edu/uwlp](http://www.uvu.edu/uwlp) for links to stream). [RSVP here](#) if you are joining us in person. President Matthew & Paige Holland of UVU will give a brief keynote and then we will have three breakout sessions (see [flyer](#) for full descriptions):

- Beauty Redefined: The Impact of Body Image on Girls and Women (Drs. Lexie and Lindsay Kite, co-directors of the Beauty Redefined Foundation) **[EXCELLENT for young women 12-18 or older]**
- Crucial Conversations: Strengthening the Impact of Women (Dr. Emily Hoffman, Vice President at VitalSmarts, also an MD)
- The Impact of Perfectionism on the Wellbeing of Women (Dr. Kris Doty-Yells, professor of behavioral science and therapist)

**Second**, we are releasing our 7<sup>th</sup> Utah Women Stats research snapshot today; it is titled "[Mammography Among Utah Women](#)." Co-authors include Elyse Barnes (MPA Candidate, Brigham Young University) and Robbyn T. Scribner (UWLP Research Fellow). See this and other briefs and snapshots at <http://www.uvu.edu/uwlp/research/briefs.html>.

**Third**, the Utah Women and Leadership Blog is packed full of wonderful posts on women, leadership, and education in Utah: <http://www.utahwomenandleadership.org/>. You can sign up directly for the blog on that website. Bonnie Mortenson ([BMortensen@uvu.edu](mailto:BMortensen@uvu.edu)) and Holly Richardson ([Holly.Richardson@uvu.edu](mailto:Holly.Richardson@uvu.edu)) are running the blog—contact them if you would like to contribute.

**Fourth**, for women who work in higher education settings, there is a statewide leadership conference hosted by the Utah Women in Higher Education Network (UWHEN) on April 7, 2017 at Utah State University-Eastern (Price). The conference program details are [here](#). There is a fee (March 3 is end of early bird fee), and you can [register online](#).

**Fifth**, we are partners for three upcoming events in Utah for girls and young women. *First*, a Provo Girls Summit is taking place at the Provo Library on March 8<sup>th</sup>. This is Provo's first-ever professional summit for girls, ages 8-12. Girls can register to attend [here](#). *Second*, Utah CollegeCon is having their second annual event on March 18<sup>th</sup> at Davis High School in Kaysville. Utah CollegeCon is a wonderful event for *parents* to learn more about the higher education system, for *students* to learn how to become scholarship smart, and for *businesses* to improve their visibility with tomorrow's workforce. Learn more by visiting the Utah CollegeCon [website](#). *Third*, March 3<sup>rd</sup> is [SheTech Explorer Day](#) at UVU. Registration is at [www.shetechexplorer.com](http://www.shetechexplorer.com). There is also a [SheTech conference](#) at Weber State University on March 31, 2017 and an [Explorer Day](#) at Dixie State University on April 21, 2017.

Enjoy March!

Susan

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