

Spring 2023 Professional Development Schedule

The Office of University Advising is pleased to announce the Spring 2023 Training and Development Schedule! We are excited to have you attend these sessions as your schedule allows. The sessions will be held in LC 306 or on Teams. Sign-ups are through UVU Bridge. To register, click on the session within the calendar on the second page. Remember, with continuing certification requirements, you will need one session from each competency. Also, if you take more within each competency those will still work towards your total AEU requirement. Please contact Rachel Terry with any questions (rachelt@uvu.edu).

Training & Development Sessions

In Person (no virtual option) sessions are held at 8:30am or 3:30pm, Virtual (no in person option) sessions are held at 12 Noon

- Monday, January 30th: 8:30am-9:30am= Advising BIPOC, Immigrant, Refugee & Undocumented Students
- Monday, January 30th: 3:30pm-4:30pm= UVU Adult Learner Initiative
- Wednesday, Feb 1st: 3:30-4:30pm= TRIO: Support for Undergrad 1st-Gen, Low-Income & Disabled Students
- Thursday Feb 2nd: 8:30am-9:30am= How to Mentor Underrepresented/Minority Students
- Thursday Feb 2nd: 12:00pm-1:00pm= Deaf & Hard of Hearing Students: What You Need to Know
- Thursday Feb 2nd: 3:30pm-4:30pm= You can do it! How to Submit a Conference Proposal

- Monday Feb 6th: 12:00pm-1:00pm= Strengths Based Advising
- Monday Feb 6th: 3:30pm-4:30pm= "We Didn't Start the Fire": Lessons from the Past to Ignite Our Future
- Tuesday Feb 7th: 12:00pm-1:00pm= "We Didn't Start the Fire": Lessons from the Past to Ignite Our Future
- Tuesday Feb 7th: 3:30pm-4:30pm= Strengths Based Advising
- Wednesday Feb 8th: 12:00pm-1:00pm= You can do it! How to Submit a Conference Proposal
- Wednesday Feb 8th: 3:30pm-4:30pm= Mongoose Cadence Texting – Beginner
- Thursday Feb 9th: 12:00pm-1:00pm= TRIO: Support for Undergrad 1st-Gen, Low-Income & Disabled Students
- Thursday Feb 9th: 3:30pm-4:30pm= From Padawan to Jedi: How Coaching Helps Students Master Their Own Success

- Monday Feb 13th: 12:00pm-1:00pm= UVU Adult Learner Initiative
- Monday Feb 13th: 3:30pm-4:30pm= Deaf and Hard of Hearing Students: What You Need to Know
- Tuesday Feb 14th: 8:30am-9:30am= Advising BIPOC, Immigrant, Refugee, and Undocumented Students
- Wednesday Feb 15th: 8:30am-9:30am= How to Mentor Underrepresented/Minority Students
- Wednesday Feb 15th: 3:30pm-4:30pm= Mongoose Cadence Texting –Intermediate
- Thursday Feb 16th: 12:00pm-1:00pm= Mongoose Cadence Texting – Beginner

- Wednesday Feb 22nd: 12:00pm-1:00pm= From Padawan to Jedi: How Coaching Helps Students Master Their Own Success
- Wednesday Feb 22nd: 3:30pm-4:30pm= "The Power of Moments" Book Club
- Thursday Feb 23rd: 12:00pm-1:00pm= Mongoose Cadence Texting –Intermediate

(Calendar and registration on next page)

● You can also attend any Foundation of Inclusion class. These classes will count toward the purple competency. Any additional attendance with the Foundation of Inclusion program can count towards additional AEU's. You can sign up for those through UVULEARN or on the Foundations of Inclusion website <https://www.uvu.edu/inclusion/foundations/index.html>.

Advisor Competencies

- Advisors care about their students as individuals with varying backgrounds and experiences, and employ a variety of advising methods to meet individual student needs as they plan their academic, personal, and professional goals.
- Advisors effectively operate necessary technologies, and use data and assessment to guide and inform their work.
- Advisors provide information to their students using a variety of communication methods and soft skills.
- Advisors model professional behavior.
- Advisors thoroughly understand program requirements, resources, and services available at UVU.
- Advisors are inclusive in nature and care about the individual needs and circumstances of every student.

January and February 2023

To register, click on the session title

Monday	Tuesday	Wednesday	Thursday	Friday
30 January 8:30am-9:30am: ● Advising BIPOC, Immigrant, Refugee, and Undocumented Students (LC306) 3:30pm-4:30pm: ● UVU Adult Learner Initiative (LC306)	31 January	1 February 3:30pm-4:30pm: ● TRIO: Support for Undergrad 1st-Gen, Low-Income & Disabled Students (LC306)	2 February 8:30am-9:30am: ● How to Mentor Underrepresented/Minority Students (LC306) 12:00pm-1:00pm: ● Advising Deaf & Hard of Hearing Students (MS Teams) 3:30pm-4:30pm: ● You can do it! (LC 306)	3 February
6 February 12:00pm-1:00pm: ● Strengths Based Advising (MS Teams) 3:30pm-4:30pm: ● We Didn't Start the Fire (LC306)	7 February 12:00pm-1:00pm: ● We Didn't Start the Fire (MS Teams) 3:30pm-4:30pm: ● Strengths Based Advising (LC306)	8 February 12:00pm-1:00pm: ● You can do it! (MS Teams) 3:30pm-4:30pm: ● Cadence Texting – Beginner (LC306)	9 February 12:00pm-1:00pm: ● TRIO: Support for Undergrad 1st-Gen, Low-Income & Disabled Students (MS Teams) 3:30pm-4:30pm: ● From Padawan to Jedi: (LC306)	10 February
13 February 12:00pm-1:00pm: ● UVU Adult Learner Initiative (MS Teams) 3:30pm-4:30pm: ● Advising Deaf & Hard of Hearing Students (LC306)	14 February 8:30am-9:30am: ● Advising BIPOC, Immigrant, Refugee, and Undocumented Students (LC306)	15 February 8:30am-9:30am: ● How to Mentor Underrepresented/Minority Students (LC306) 3:30pm-4:30pm: ● Cadence Texting – Intermediate (LC306)	16 February 12:00pm-1:00pm: ● Cadence Texting – Beginner (MS Teams)	17 February
20 February	21 February	22 February 12:00pm-1:00pm: ● From Padawan to Jedi: (MS Teams) 3:30pm-4:30pm: ● The Power of Moments Book Club (LC306)	23 February 12:00pm-1:00pm: ● Cadence Texting – Intermediate (MS Teams)	24 February

Session Abstracts by Competency

● Advisors effectively operate necessary technologies, and use data and assessment to guide and inform their work ●

Sessions:

Wednesday Feb 8th: 3:30pm-4:30pm= Mongoose Cadence Texting – Beginner

Wednesday Feb 15th: 3:30pm-4:30pm= Mongoose Cadence Texting –Intermediate

Thursday Feb 16th: 12:00pm-1:00pm= Mongoose Cadence Texting – Beginner

Thursday Feb 23rd: 12:00pm-1:00pm= Mongoose Cadence Texting –Intermediate

Mongoose Cadence Texting – Beginner, John-David and Katherine

Learn to navigate the innerworkings of Cadence. Learn how to log in, set up your profile, compose a message, learn about contacts, & Out of Office Replies. Cadence allows you to "easily break through the noise and reach students where they are with Higher Ed's premier engagement platform. Cadence is trusted by over 750 schools to deliver easy-to-manage, personalized communications to [students] at mass scale using text and chat solutions." Covers FERPA requirements.

Mongoose Cadence Texting –Intermediate, John-David and Katherine

Learn to navigate the innerworkings of Cadence. This will take a more in-depth approach and dive into the Contacts, Segments, Campaigns, Tags, Smart Messages, Reports. Cadence allows you to "easily break through the noise and reach students where they are with Higher Ed's premier engagement platform. Cadence is trusted by over 750 schools to deliver easy-to-manage, personalized communications to [students] at mass scale using text and chat solutions." Covers FERPA requirements.

● Advisors provide information to their students using a variety of communication methods and soft skills ●

Sessions:

Monday Feb 6th: 12:00pm-1:00pm= Strengths Based Advising

Tuesday Feb 7th: 3:30pm-4:30pm= Strengths Based Advising

Wednesday Feb 22nd: 3:30pm-4:30pm= "The Power of Moments" Book Club

The Power of Moments Book Club – Peni Mounga

"The Power of Moments" is about why certain brief experiences can jolt us and elevate us and change us—and how we can learn to create such extraordinary moments in our life and work, for ourselves, our colleagues, and of course, our students. Research has found that in recalling an experience, we ignore most of what happened and focus instead on a few particular moments.

A copy of "The Power of Moments" will be provided to each advisor who signs up for this session, and will be limited to the first 20 advisors.

Strengths-Based Advising – Emily and Gioey

Strengths are an intrinsic source of motivation, drive, and self-esteem. Learn to effectively incorporate more strengths-based approaches to your advising and improve your "strength spotting" abilities

● **Advisors thoroughly understand program requirements, resources, and services available at UVU** ●

Sessions:

Monday, January 30th: 3:30pm-4:30pm= UVU Adult Learner Initiative

Wednesday, Feb 1st: 3:30-4:30pm= TRIO: Support for Undergrad 1st-Gen, Low-Income & Disabled Students

Thursday Feb 9th: 12:00pm-1:00pm= TRIO: Support for Undergrad 1st-Gen, Low-Income & Disabled Students

Monday Feb 13th: 12:00pm-1:00pm= UVU Adult Learner Initiative

UVU Adult Learner Initiative - Wade Oliver

As of Fall 2022, UVU serves more than 9000 adult learners (formerly called non-traditional students), defined in the simplest terms as students who are 25 years old and older (21% of total UVU student population and 31% of non HSCE students). Adult learners often have “family and work responsibilities as well as other life circumstances that can interfere with successful completion of educational objectives” (NCES). This session will provide both state and institutional data and information about the needs of adult learners, highlight the strategic areas of focus of our burgeoning adult learner initiative, and discuss adult learner advising techniques and experiences.

TRIO: Support for Undergraduate First-Generation, Low-Income and Disabled Students - Jennie Hall, Camille Beecroft, Frenely Liechty

This workshop will help connect you to the experiences of First Generation, Low-Income and Disabled undergraduate students and the TRIO programs that can support them here at UVU. We will get you thinking and answer questions about how to better support your students that need help with navigating nuances in the higher education system, completing FAFSA/scholarship applications, tutoring, mentoring, etc. We will also explain the best way to refer students to our program for services and discuss ways we can connect with you as well!

● **Green: Advisors model professional behavior** ●

Sessions:

Thursday Feb 2nd: 3:30pm-4:30pm= You can do it! How to Submit a Conference Proposal

Monday Feb 6th: 3:30pm-4:30pm= “We Didn’t Start the Fire”: Lessons from the Past to Ignite Our Future

Tuesday Feb 7th: 12:00pm-1:00pm= “We Didn’t Start the Fire”: Lessons from the Past to Ignite Our Future

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“We Didn’t Start the Fire”: Lessons from the Past to Ignite Our Future- Cielle Salazar & Becca Weidner

“World War II, GI Bill, integration, complex course offerings, women in the classroom, and NACADA. We didn’t start the fire...” Changes in higher education have been burning from the beginning. The burden and privilege of academic advisors is to usher academia through these changes in a way that benefits schools and students. Through trivia games, a video short, and informative discussion, this presentation invites advisors to consider the history of higher education and academic advising in particular, and its relevance to the present and future. Presenters will bring specific attention to UVU, and how these topics related to advisors’ own institution.

You can do it! How to submit a conference proposal – Rachel Terry

If the thought of submitting a conference proposal or presenting at a conference makes your stomach turn in knots and you’re not even sure where to begin... this session is for you! We’ll go over how to brainstorm ideas for presentations, collaboration with other advisors, the steps in the process for submitting a proposal, and upcoming conference proposal deadlines. If you can come with some ideas for a topic you’d like to present on, that would be awesome!

- **Advisors care about their students as individuals with varying backgrounds and experiences, and employ a variety of advising methods to meet individual needs as they plan their academic, personal, and professional goals** ●
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Sessions:

Thursday Feb 2nd: 12:00pm-1:00pm= Deaf & Hard of Hearing Students: What You Need to Know

Thursday Feb 9th: 3:30pm-4:30pm= From Padawan to Jedi: How Coaching Helps Students Master Their Own Success

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From Padawan to Jedi: How Coaching Helps Students Master Their Own Success– Kristen Nuesmeyer and Marianna Henry

'Coaching' is currently a popular buzzword in advising and student support services. But what does it really mean, and how does it impact advising? Guided by quotes and video clips from wise Jedi masters and Rebel leaders, our session will offer insight into UVU's Academic Coaching program, introduce International Coaching Federation core competencies in relation to NACADA Core Competencies, and examine how Academic Coaching benefits students and advisors. We will also demonstrate various coaching tools and conversations. We hope participants leave this session with clarity on Academic Coaching, a reflection on how to use coaching strategies in their personal advising approach, and ideas for collaborative efforts to support student success. 'Always pass on what you have learned.' - Yoda

Advising Deaf and Hard of Hearing Students– Katie Palmer and Sara Poole

Join us for an overview of Deaf Culture and why it matters for you and our students. We'll briefly review best practices for when you are working with students who use accommodations, specifically for Deaf and Hard of Hearing students and go over where you can find the offices for Deaf and Hard of Hearing Student Services. We'll discuss how to direct students to us if you suspect accommodations might be needed and how to contact us if you need further support.
