

TO THE
FIRST RESPONDER OR
LAW ENFORCEMENT
OFFICER

I have a diagnosis of
AUTISM SPECTRUM
DISORDER, a social and
communication disability.





Please contact one of the following people
in case of an emergency.









I have a diagnosis of
**AUTISM SPECTRUM
DISORDER**, a social and
communication disability.

I may:

- Have difficulty making eye contact or communicating.
- Speak too loudly or too softly.
- Behave in an unusual way if I'm feeling anxious or confused.
- Panic or bolt if yelled at, and lash out if touched or physically restrained.

To help me cooperate, please:

1. Identify yourself calmly and clearly as a law enforcement officer/first responder.
2. Call one of my emergency contacts (see reverse side of card).
3. Tell me exactly what I need to do step by step in a polite, clear, simple, and literal manner.
4. Avoid touching or restraining me, and turn off any flashing lights or loud noises.