This packet contains an example of possible test questions for the NAADAC Certification Examination for Addiction Counselors.
Multiple Choice Questions: Please choose the ONE response that best answers each question and record your answer on the Independent Study Course Examination Answer Sheet.

1. A client’s release of information must include the ______.
   a. professional credentials of the witness
   b. client’s social security number
   c. revocation statement
   d. date client entered treatment

2. Federal law permits information to be released without client permission in the case of ______.
   a. suspected child abuse or neglect
   b. request from an attorney
   c. suspected violent tendencies
   d. request from a client’s spouse

3. Documentation of clinical services must be ______.
   a. completed within eight hours of service
   b. signed by the addiction treatment facility supervisor
   c. signed by the author with his or her credentials listed
   d. completed within seven days of service

4. It is the addiction counselor’s responsibility to terminate treatment of a client when ______.
   a. it is clear that the client is no longer benefiting from the treatment
   b. the client is no longer able to afford the treatment services
   c. the client does not want to participate in treatment any longer
   d. transference is occurring by the client

5. An informed consent contract must contain all of the following except ______.
   a. the type of treatment services to be delivered
   b. the cost for the treatment services rendered
   c. where the treatment services will take place
   d. why the specific treatment services were selected

6. Telling the truth and keeping promises is at the core of which principle ethic of ______.
   a. justice
   b. fidelity
   c. autonomy
   d. competence
7. In determining an individual's ability to decide and act autonomously, an addiction counselor must _____.
   a. establish that the individual is incompetent to help themselves
   b. ensure the individual has the necessary information to make a sound decision in an unbiased manner
   c. encourage them to comply with what the addiction counselor has determined to be in the clients best interest
   d. educate them on the addiction counselor's choices about their life and their values

8. NAADAC's decision making model includes all of the following except _____.
   a. decide on a course of action
   b. consult with supervisors and/or colleagues
   c. contact state licensing board
   d. identify and define the problem

9. To be an ethnically sensitive addiction professional one must possess _____.
   a. friends who are of differing ethnic groups
   b. an awareness of their limits in terms of knowledge and skills
   c. a knowledge base in all the different religions where they work
   d. a four hour training on multicultural counseling

10. A principle that requires addiction professionals to hold in confidence anything clients tell them, even when ordered by a court is _____.
    a. duty to warn
    b. confidentiality
    c. subpoena
    d. fidelity

11. Effective informed consent procedures include all of the following except _____.
    a. a discussion of the nature and effectiveness if services
    b. a reduction in the client's misunderstanding
    c. should not be in written form
    d. minimizes the odds of liability claims

12. A dual relationship is best defined as when an addiction counselor _____.
    a. helps two clients at once
    b. offers marital counseling
    c. assumes two different roles with a client
    d. counsels a mother and child at the same time

13. The *Tarasoff v. Board of Regents of the University of California* decision highlights the importance of which of the following?
    a. protecting suicidal clients
    b. multicultural counseling
    c. duty to warn
    d. confidentiality toward successful treatment
True or False Questions: Please select whether the ENTIRE statement is true or false and record your answer on the Independent Study Course Examination Answer Sheet.

14. An addiction counselor must give appropriate credit for ideas and the formulation of ideas to their originators in written communication by obtaining written permission from the author or payment of a royalty, but this is not necessary for spoken communication.
   a. True
   b. False

15. An addiction counselor/treatment facility must maintain a client’s records for a minimum of two years.
   a. True
   b. False

16. It is ethical for an addiction counselor to refuse to treat a client due to a religious or spiritual conflict, as long as the addiction counselor explains to the client why he or she is refusing treatment.
   a. True
   b. False

17. An addiction counselor must inform the client if he or she intends to audio or video record a treatment session.
   a. True
   b. False

18. A client does not have to give his or her consent to participate in a research study if it is certain that the project will not be harmful to him or her in any way.
   a. True
   b. False

19. If a third party is paying for a client’s treatment services, the third party has a legal right to review the client’s records upon request.
   a. True
   b. False

20. It is ethical for an addiction counselor to develop a sexual relationship with a former client as long as two or more years have passed since the therapeutic relationship was terminated.
   a. True
   b. False
21. An addiction counselor must not accept any gifts of any significance from clients, other treatment organizations or the providers of materials or services used in his or her practice.
   a. True
   b. False

22. An addiction counselor who has any knowledge of another counselor's impairment is obligated to report the impairment to the proper authorities, depending on the procedures already in place.
   a. True
   b. False

Case Study Questions: Please select the BEST answer to each question based on the information provided in the case study and record your answer on the Independent Study Course Examination Answer Sheet.

Jane, age 28, is admitted to a private addiction treatment facility for the third time due to her dependency on heroin. Jane's treatment is being paid for by her parents even though their relationship is strained. As such, Jane's parents request information about their daughter's progress in treatment and prognosis, so they may ensure their money is not being wasted again.

23. Which principle of the NAADAC Code of Ethics should be considered before releasing the requested information to Jane's parents?
   a. non-discrimination: access to treatment
   b. trustworthiness: accurate representation
   c. client welfare: confidentiality
   d. duty of care: competence

24. A(n) ______ must be obtained before releasing any information regarding Jane to her parents.
   a. confidentiality release form
   b. intended use statement
   c. signature of recipient
   d. reason for wanting the requested information

25. If Jane does not wish for the addiction counselor to communicate with her parents but her parents are threatening to deny payment of her future treatment, the addiction counselor must consider which principle from the NAADAC Code of Ethics?
   a. preventing harm: duty to warn/report
   b. trustworthiness: intellectual property
   c. client relationship: professional loyalty
   d. dual relationships: exploitation

26. The addiction counselor must inform Jane's parents about Jane's treatment because they are paying for her treatment.
   a. True
   b. False
27. If Jane was 16-years-old instead of 28-years-old, the addiction counselor would not have to obtain permission from Jane to release information to her parents.

   a. True
   b. False

Due to scheduling changes in a treatment facility, Ralph, a 47-year-old client, is transferred from one addiction counselor to another. During the first session, Ralph constantly complains about his first addiction counselor’s methods. After listening to the Ralph’s grievances, the second addiction counselor voices that he doesn’t think his colleague is very smart and that Ralph is “much better off” away from that “lunatic.”

28. Which principle of the NAADAC Code of Ethics has the second addiction counselor violated?

   a. client relationship: informed consent
   b. duty of care: respectful opinions
   c. client welfare: confidentiality
   d. rights and duties: community duties

29. If the second addiction counselor truly believes that the first addiction counselor is using harmful treatment methods with his clients, he or she is required to report this information to the appropriate authorities.

   a. True
   b. False

30. An ethically appropriate response to Ralph from the second addiction counselor could be ____________.

   a. "I will report your concerns to the Ethics Committee."
   b. "I have heard this before from other clients."
   c. "I am sure it was not that bad, Ralph."
   d. "I am sorry you did not have a good experience with your first counselor. How can I help you?"
PRODUCT REVIEW SURVEY

Thank you for ordering and completing the Basics of Addiction Counseling: Desk Reference and Study Guide, Module III: Ethical and Professional Issues in Addiction Counseling Independent Study Course. NAADAC strives to provide quality education to the addiction profession and requests your feedback to determine if we are meeting our goals.

Please respond to each question below. Your answers will in NO way affect your score on this Independent Study Course Examination or your ability to receive a Certificate of Completion upon passing the examination. Thank you, in advance, for your thoughtful feedback.

1. This educational product met all of my goals and objectives.

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2. The content of this educational product offered new insight and knowledge.

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3. The content presented in this educational product was easy to read and aided in my learning.

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4. I will recommend this educational product to someone else.

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5. I will purchase another NAADAC-developed educational product.

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6. What other continuing education products would you recommend NAADAC develop?

   ____________________________________________________________

7. Additional comments:

   ____________________________________________________________
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