



Post-Masters Internship awarding a
Certificate of Advanced Specialization in

Medical Family Therapy

Co-sponsored by the University of Colorado
and St Mary's Family Medicine Residency



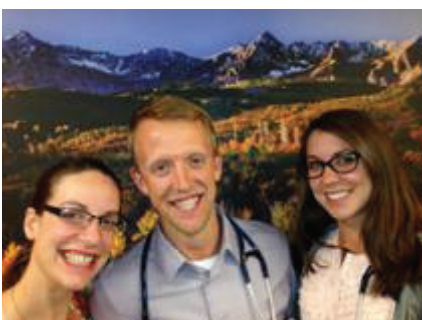
Program description:

- 53-week experience starting August 17, 2026.
- Ideal for either training toward licensure or matriculation to a PhD program.
- On-site individual and group supervision from our current doctoral fellow and 2 AAMFT Approved Supervisors.
- \$50,000 stipend and \$4,000 pro-rated raise with full Colorado license.
- Generous benefits include comprehensive family health insurance, \$1,000 assistance for attending a conference and \$1,000 (pre-tax) moving assistance.



Training Setting:

- St Mary's Family Medicine Residency in Grand Junction, CO includes 13 faculty physicians and 27 resident physicians.
- We are recognized by NCQA as the highest level of Patient-Centered Medical Home.
- Our on-site integrated care team includes 5 MFTs, addiction medicine physician, 2 LCSWs, clinical pharmacist, and 3 MSW interns.
- Rotations include addiction medicine, HIV clinic, an elective, and behavioral health interventions in our primary care clinic.



Program Faculty:

Randall Reitz, PhD • Dr Reitz is a licensed MFT and an AAMFT Approved Supervisor. Prior to joining the St Mary's faculty, he was the executive director of the Collaborative Family Healthcare Association and completed his doctorate at BYU.

Michael Olson, PhD • Dr Olson is a licensed MFT and an AAMFT Approved Supervisor. He has taught MedFTs and family physicians since 2001. He completed his PhD at Kansas State University, and a post-doc fellowship at University of Texas Medical Branch.

Maya Obstfeld, LMFT • Maya joined our team 4 years ago from Colorado State University. She oversees our MSW training program and our inpatient behavioral health consultation service.

Ryan Jackman, MD • Dr Jackman completed residency at St Mary's a fellowship in Addiction Medicine at University of Colorado. He runs an addiction clinic in our residency and oversees the fellowship's addiction curriculum.

Jessica Stephen-Premo, PhD • Dr Stephen Premo is an LMFT who completed her PhD at Virginia Tech. She is the Director of Behavioral Health in our addiction clinic.

Tonya Cook, PharmD • Dr Cook completed her doctoral studies at University of New Mexico and leads our psychopharmacology curriculum.

Alicia Gutierrez, LCSW • Alicia completed an MSW at University of Denver. She is a bilingual and bicultural therapist who supervises the intern in the HIV clinic.

Application Process:

Please apply through this website: <https://medft.hiringthing.com>

When applying you will upload the following documents as separate PDFs: personal statement, 3 letters of recommendation, CV, and masters transcript.

For questions, email reitz.randall@gmail.com or mike.olson@imail.org

Applications are due by January 12, 2026.



Testimonials from recent Internship graduates



Emani Sullivan, MS
2023 - 2024 Intern
Northwestern University

Emani Sullivan, MS • St. Mary's Family Medicine Residency has expanded the foundation of my clinical skills and personal growth in ways I was not expecting. It's hard to distill the robust experience into a small paragraph because there was so much that I encountered and gained here. This internship allowed me to engage with therapy in a completely new way as I worked alongside providers from various disciplines within and outside of the field. This distinction has lent me many lessons I won't soon forget. These lessons feel like a grounding rock I can lean on as I encounter the complex and variable waves of clients. I feel like this internship has helped develop my clinical foundation, self-esteem and professional confidence, and team-based skills exponentially. As I walk away, I place much more credence on my thoughts and clinical input and feel prepared to face the uncertainty of anticipated and unanticipated challenges. As a Black woman in a rural area, I faced some adversity within the town and workplace, but the care, patience, and support I received from coworkers at the residency allowed me a welcome space to show up authentically. I'm so grateful to my peers, supervisors, physicians, and staff for being so welcoming and consistently supportive of St. Mary's role as a teaching facility when working with me. If I could, I would want to come back and do this internship all over again, but the way it has boosted me, I have an even stronger desire to step toward my future and be grateful to have this experience as an anchor.



Maya Obstfeld, MS
2021 - 2022 Intern
Colorado St. University

Maya Obstfeld, MS • St. Mary's Family Medicine Residency has been a true joy to be a part of. The community is full of laughter, comradery and shared experience, which lays a foundation on which you can safely push yourself as a therapist. The post-Master's position held the perfect balance of mentorship and autonomy while diversifying my skillset and knowledge. The experience of rotating through 4 different specialty clinics gave me breadth as a therapist I would never be able to obtain without the internship. In my new position as a Behavioral Health Provider working with high hospital utilizers, I have found unending support from both mentorship and leadership that has allowed me to work with extremely complex patients in creative and nuanced ways that are outside of the status quo. I would recommend the residency experience to anyone!

Testimonials from recent Internship graduates



Cara Pozun, MA
2019 - 2020 Intern
University of San Diego

Cara Pozun, MA • I cannot overstate how happy I have been as a post-masters intern at St. Mary's Family Medicine Residency and would recommend the internship to anyone interested in a career in integrated care. Dr. Reitz and the St. Mary's team have supported and facilitated the implementation of my elective in Trauma-Informed Care and created an environment for me to develop skills as a researcher, as well as a Medical Family Therapist. The breadth of the experiences at St. Mary's is unrivaled, as I work weekly rotations in our HIV clinic, MAT clinic, and as behavioral health consultant. As for the location, the town of Grand Junction is beautiful, with access to running, hiking, and biking trails within minutes from the clinic, all accessible throughout the year.



Miranda Newman, MS
2019 - 2020 Intern
Auburn University

Miranda Newman, MS • I have been absolutely thrilled with my experience as a post-masters intern at St. Mary's Family Medicine Residency- it has exceeded my expectations in so many ways. I have been able to work alongside resident and attending physicians to address all aspects of our patient's health in a primary care setting. I facilitate IOP and EOP groups in the addictions medicine clinic, work alongside an epileptologist addressing FND and seizures, facilitate a weekly wellness group for our patients, and see individuals, couples, and families in my own clinic. Additionally, I have been well supported by everyone on the behavioral health team and have both weekly individual and group supervision. My supervisors are thoughtful and experienced; they pushed me to grow as a clinician. Western Colorado is incredibly beautiful. From Grand Junction, you can drive 30 minutes in any direction and see some of the most beautiful scenery in the country.