

# NEWSLETTER

April 2024



## Contact Information

Care About Childcare at Utah Valley University is a Child Care Resource & Referral agency that serves Utah, Juab, Summit, and Wasatch counties.

**Phone:** (801) 863-8589

**Fax:** (801) 863-7904

**Email:** [childcare@uvu.edu](mailto:childcare@uvu.edu)

**Mailing Address:** Utah Valley University  
800 West University Parkway - MS 163  
Orem, Utah 84058

**Physical Address:** 1052 South 400 West  
Orem, Utah 84058  
(Park in back cul-de-sac, walk in front or back doors)

## Phone Hours

Monday  
11:00 AM - 5:30 PM

Tuesday  
8:00 AM - 5:30 PM

Wednesday  
8:00 AM - 5:30 PM

Thursday  
8:00 AM - 5:30 PM

Friday

Closed

A message from a NAEYC sponsor

**Join the Celebration: Week of the Young Child™**

Join Walden University in celebrating the invaluable contributions of early childhood education providers during NAEYC's Week of the Young Child™. Your passion for shaping young minds and creating positive change within communities is nothing short of inspiring. Superheroes, we see you, and we celebrate you.

Every day, you champion your students' academic and emotional growth with unwavering commitment. Walden is here to **support you** with our upcoming webinar, dedicated to helping you prioritize self-care and your mental health.

**JOIN US FOR A LIVE WEBINAR: Self-Care for Superheroes: Mindfulness Strategies for Early Childhood Education Providers**

*This empowering webinar is led by Sally Arnold, RN, MA in Psychology; and mindfulness speaker, coach, and author. As the founder of Mindful Compass, Arnold has spent over two decades guiding countless students, teachers, and families to harness mindfulness and self-compassion, leading to more balanced, fulfilling lives.*

**REGISTER NOW**

**Take advantage of the following early childhood professional development scholarships ending May 31, 2024!**

The following Office of Child Care (OCC) scholarships are ending soon:

- Early Education Payback Program
- College Course Scholarship
- Conference Registration Scholarship
- \$250 bonus per level of the Professional Development Incentive
- Program Accreditation Grant

To learn more, please visit <https://jobs.utah.gov/occ/urpd/scholarships.html>

Questions? Reach out to the Utah Registry for Professional Development (URPD) at [urpd@usu.edu](mailto:urpd@usu.edu).

**23RD ANNUAL SOUTHERN UTAH EARLY CHILDHOOD CONFERENCE**

Imagine a universe... where every child is a **Star**

**CARE ABOUT CHILDCARE FIVE COUNTY**

23rd Annual Southern Utah Early Childhood Conference  
April 19-20 2024  
Utah Tech University

This document is produced with funding from the Department of Workforce Services, Office of Child Care through the Child Care and Development Block Grant.

**CAREER LADDER COURSE**  
**Positive Behavior Support (PBS)**

Are you looking for strategies to reduce challenging behavior and help children develop social and emotional skills?

This 7-hour course will be taught virtually, over Zoom. In this class, you will:

- Gain a foundational knowledge of the evidence-based Pyramid Model
- Learn about children's social-emotional development what you can do to support it
- Explore the PBS components:
  - relationships
  - supportive environments
  - emotional literacy
  - problem-solving and friendship skills
  - challenging behavior
  - early intervention

This class counts towards PD hours for: Career Ladder levels 2, 3, or 5-8 & CDA areas ACC-3, SP-E6

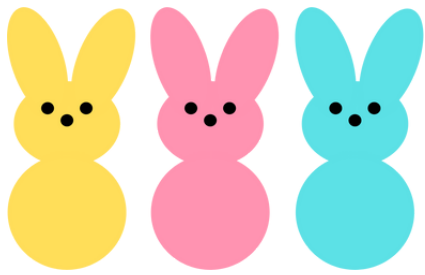
**Interested?**

Scan the QR code or click the link below to go to the Care About Childcare website and register.

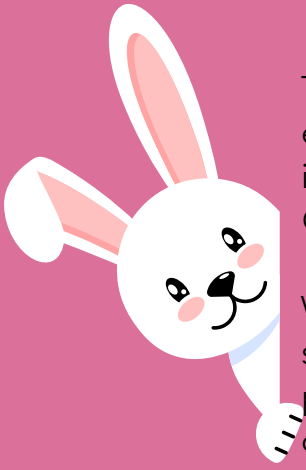
<https://jobs.utah.gov/occ/cac.html>

Cost = \$5.00

**DATES & TIMES:**  
4/6/2024  
4/13/2024  
9 am - 12:30 pm  
Instructor: Alyssa Cohen



## Attention Preschool Teachers & Program Directors:



There is a survey being conducted to gather information from early care and education providers in Utah regarding their knowledge of/ comfort level implementing inclusive practices as recommended by the Division for Early Childhood (DEC).

With a background in Head Start and Early Head Start, and certification in special education, this topic is important to me. I hope to discover and validate practices that create quality inclusive environments in all early childhood classrooms. My goal is to cultivate an awareness of DEC recommended practices, their importance, and the impact they have on the education experiences of children with disabilities in early care and education settings.

By participating in this survey, you are assisting me in informing local, state, and national leaders about the importance of providing continuous services to students with disabilities that extend beyond the time mandated on their Individualized Education Program and can blend with the learning of all children. I appreciate your cooperation and participation in this research study and look forward to using your input to inform future learning for both students and teachers. Please submit any questions to the email below. Thank you for your time!

**Meridith Karppinen**

**[Meridith.Karppinen@utah.edu](mailto:Meridith.Karppinen@utah.edu)**

**Graduate Student in Special Education  
University of Utah**



**TAKE SURVEY**

## Business Fundamentals Program for Center-based Providers

This eight-week course focuses on the foundational skills needed to build a sustainable business. Topics include:

- Understanding budgeting & financial statements
- Strategies to maximize the potential of your business
- Building a business plan to help create opportunities for grants, funding, & long-term sustainability

The program is available to licensed, center-based providers and their employees across Utah at no cost!

Lessons will be delivered virtually via Zoom, so you will need a strong internet connection, and a working camera with a microphone on your computer. Class starts on **April 25, 2024 at 9:00 AM**, and will repeat every Thursday for **8 weeks**. Those who complete the program are eligible to receive 16 hours of Business & Leadership Career Ladder credits along with 16 hours of NAC educational units. Space is limited! Email [reed.combs@slcc.edu](mailto:reed.combs@slcc.edu) to register for the course!

Because of many people enjoying Spring Break, we have decided to postpone **Resource & Education night** until **May 16, 2024**. Please mark your schedule for next month. More details to follow!



## Utah Career Ladder

Congratulations to all youth and early learning professionals who have been working hard to improve their knowledge, skills, and care! We truly appreciate your efforts to advance on the Utah Career Ladder.

Congratulations to the following individuals:

Ariadne Albor Loeza - Level 6  
 Aldana Amaya - Level 10  
 Taleah Anderson - Level 5  
 Viviana Arenas Viola - Level 4  
 Susana Arroyo - Levels 1, 2, 3  
 Evelyn Ayala - Level 2  
 Giselle Bajema - Levels 5, 6, 7  
 Ariel Baker - Levels 7, 8  
 Mackenzie Baker - Level 1  
 Nelly Barrueto - Level 4, 10  
 Elizabeth Bean - Level 1  
 Liseth Bedoya - Levels 1, 2, 3  
 Kathlene Black - Levels 1, 2, 3  
 Kenia Blanco - Level 5  
 Betsy Bolivar - Level 3  
 Caitlyn Cedarstrom - Level 4  
 Kimberly Coleman - Level 4  
 Tayler Connery - Level 1  
 Kayla Cummings - Level 3  
 Ashley Demille - Level 3  
 Gineska Dossantos - Level 5  
 Victoria Dworshak - Level 2  
 Brianna Evans - Level 6  
 Malibu Flegal - Levels 2, 3  
 Rachael Franklin - Level 1  
 Mariana Gayosso - Level 1  
 Eridanny Gomez - Level 2  
 Savannah Gwilliam - Level 5  
 Alex Hardman - Level 9  
 Diana Irazabal - Levels 1, 2  
 Heidi Jackman - Level 1  
 Julie Jimenez - Level 2  
 Johanna Jimenez - Level 2  
 Devrienne Johnson - Levels 1, 2, 3, 4, 5, 6, 7, 8  
 Jillian Kirk - Levels 1, 2, 3  
 Norvina Lawrence - Level 6  
 Elizabeth Mackenzie - Level 1  
 Alaina Marchant - Level 2  
 Lucia Martinez - Levels 1, 2  
 Reynalda Meza - Levels 1, 2  
 Nicole MuA+toz Albornoz - Level 3  
 Alexis Norman - Level 6  
 Ruth Nunez - Levels 1, 2, 3  
 Haylie Peay - Levels 1, 2  
 Rebekah Pickett - Level 7  
 Rebecca Pitcher - Levels 1, 2  
 Liz Rahmsdorf - Level 3  
 Lorena Rodriguez Lopez - Level 1  
 Elvira Santafe - Level 4  
 Amanda Sevy - Level 4  
 Ashlee Stanger - Level 3  
 Breanna Taylor - Levels 1, 2, 3  
 Mirtha Valdovinos - Level 7  
 Esther Vallenilla - Levels 10, 11  
 Garrett Vanisi - Level 3  
 Isabella Wolfe - Levels 1, 2, 3, 4, 5, 6, 7, 8, 9, 10  
 Elizabeth Zundel - Level 4  
 Lynette Callister - Level 2  
 Cassidy Wisner - Levels 1, 2, 3, 10

## CLASS SPOTLIGHTS:

**\*In- Person Class\***  
**"Explore More: Music"**  
**Taught by Summer Green**  
**April 23, 2024**  
**Register [HERE](#)**

**"A Great Place for Kids"**  
**Taught by Tori Dunkley**  
**April 9, 11, 13, 16, 2024**  
**Register [HERE](#)**

**"Relationship  
 Touchpoints:  
 Course 1"**  
**Taught by Joyce Hasting**  
**April 9, 11, 13, 16**  
**Register [HERE](#)**



# We want to celebrate those who have quality ratings with CCQS:

## Licensed Family Child Care:

Made of Laughter Daycare  
Vineyard Daycare  
Bronk's Zoo  
ABC Daycare  
Lighthouse Montessori Academy, LLC  
Cathy Harker Daycare LIC  
It Takes a Village Daycare  
ABC Educational Home Care  
Denise Tubbs  
Eagle Mountain Kids Care  
Kindersteps Childcare

## Licensed Center:

A To Z Building Blocks in Eagle Mountain  
A To Z Building Blocks in Orem  
A To Z Building Blocks in Spanish Fork  
A To Z Building Blocks on 1st in American Fork  
A To Z Building Blocks on 300 East in American Fork  
ABC Great Beginnings- Saratoga  
Adventure Time Preschool and Child Care  
Kid Stop/American Fork Hospital  
Little Geniuses Learning Center LLC  
R-Kids Child Care Center/UVRMC  
Smiling Faces Bilingual Learning Center & Day Care  
Sunny Center  
Sunny Day Preschool & Daycare LLC  
Sunny Daycare Inc  
UVU Wee Care Center  
Way To Grow

If you are interested in participating with CCQS, please contact our CCQS specialist at 801-863-7453 or email: [wellsva@uvu.edu](mailto:wellsva@uvu.edu)

## CDA credential at no cost!

Have you ever considered getting your Child Development Associate (CDA)? Just click on the link below and fill out this interest form on how to get yours. If you have any further questions call 801-863-4589

Click the [LINK](#) for the interest form.

## Welcome Newly Licensed Providers:

Bold Gymnastics

The Play Loft

Discovery Kids

Playschool

Kurious Active

Learning Community

# ***CCQS Informational Meeting***

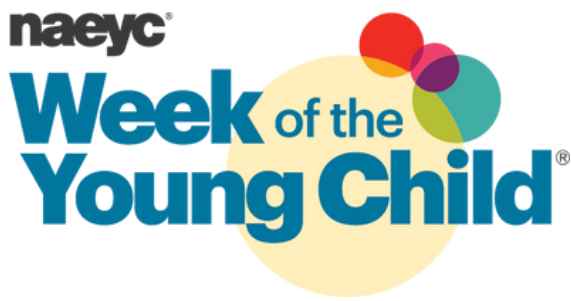
Learn what to expect during  
your CCQS observation.

May 14, 2024 | 7pm-8pm | ZOOM

**Register Now**

<https://forms.office.com/r/TsWfb1XZFC>





**A fun-filled week celebrating early learning, young children, their teachers, families, and communities. Join us for NAEYC's 2024 Week of the Young Child celebration! We are so excited for another fun-filled week celebrating young children and their families with hands-on, collaborative activities encouraging movement and healthy lifestyles through music, food, and art.**

Kick-off Saturday:

- Post a video, blog, or social media post sharing why you celebrate WOYC
- Plan a virtual event/ demonstrate an activity with your social media community
- Share your local proclamation
- Take time for yourself and re-energize for the week ahead
- Plan ahead for upcoming weekly activities
- Draft an email to parents explaining WOYC

Tasty Tuesday:

- Cooking It Up with 3-Year-Olds
- Creating Positive Mealtime Environments in Preschool Settings
- Snack Math: Ideas You Can Taste!
- Kitchen Learning Centers

Artsy Thursday:

- Set up a gallery at a local business/ library
- Create a digital gallery on social media or your program's website (Share hashtag #WOYC24)
- Create a book to share with the community

Family Friday:

- In Our Voices: Creating Community Responsive Listening Centers
- Experiences Can't Go Home in Cubbies: Using Digital Technology and Documentation
- Five R's for Promoting Positive Family Engagement
- The Preschool Birth Stories Project: Developing Emergent Curriculum with Families
- Exploring Families' Language Practices Through a Social Studies Inquiry in Kindergarten
- Welcoming Black Dads: Action Steps and Reflections on Becoming Culturally Competent
- Principles of Effective Family Engagement
- NAEYC Topics: Family Engagement

Music Monday:

- Using music in your setting: see tips for the non-musician
- Teaching/ learning with Hip-Hop culture
- Ask Hello. Should I Sing or Speak Instructions
- Read books that connect music with nap times/ bedtimes
- Experience musicals

Work Together Wednesday:

- Explain STEAM to school-aged children
- Play around with Number Composition
- A Wormy Spurs an Inquiry
- Learning Together: Collaborative, Play-based STEAM practices
- I Need to Make It Taller: Engineering
- Rocking and Rolling: Nurturing Early Math Play and Discovery
- Funds of Knowledge in Action: Expanding STEM knowledge with Neighborhood connections
- Cardboard Challenge: Introducing New Skills in Authentic Ways
- The Power of Joyful Reading

# Full-Time Staff

**Main Phone:** (801) 863-8589

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**Email:** [childcare@uvu.edu](mailto:childcare@uvu.edu)

**Website:** [www.uvu.edu/cac](http://www.uvu.edu/cac)

**Hours:** Monday (11 AM - 5:30 PM)  
Tuesday - Thursday (8 AM - 5:30 PM)  
Friday (Closed)

**Address:**

1052 South 400 West  
Orem, Utah 84058

**Open now! Please come visit us !**

**Mailing Address:**

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