

SUBSTANCE USE DISORDER COUNSELING

Internship Agreed List of Duties

Please take this document to your internship provider/supervisor. Work through each objective and determine your hours, duties, and measurement for each requirement. Once you have filled out each field, use this information to complete the internship application here

https://www.uvu.edu/internships/students/credit_and_scholarships/chss_application/sudc-app.html

Number of hours required: 150 clock hours (approximately 10 hours per week for 15 weeks)

Internship Site Information:					
Agency Name:					
Address:					
City:		State:		ZIP:	
Agency Website:					
Site Supervisor:			Supervisor's Title:		
Email:					
Phone:					

Description of Internship:

Students will be required to gain experience in the following specific core functions of Substance Use Disorder Counseling during their internship.

I. Screening

Each student will require training and experience in determining the need for substance use disorder services, which may include brief intervention and treatment referral, as part of an administrative intake for admission to a program.

Brief Intervention: Brief intervention occurs when initial screening indicates a risk level as moderate to high; the focus is on increasing insight and awareness regarding substance use and motivation toward behavioral change.

Treatment Referral: Identify needs of client which cannot be met by the agency and referring the client to appropriate services and community resources.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

II. Administrative Intake

Each student will require training and experience in the administrative and initial assessment procedures for admission to a program, which can include: completion of the required documents for admission to the program and information necessary to document program eligibility and appropriateness; and, obtaining appropriately signed consents when soliciting information from, or providing information to, outside sources to protect client confidentiality and rights. Each student will conduct one or more initial assessment procedures for admission to a program.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

III. Orientation

Each student will require training and experience in order to describe general nature and goals of the program; explain rules governing client conduct and infractions that can lead to disciplinary action or discharge from the program; explaining hours during which services are available; treatment costs to be borne by client, if any; and, describing the client's rights as a program participant. Each student will conduct an orientation to treatment with a substance abuse client.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

IV. Assessment

For students pursuing the SUDC license: Each student will require training and experience in order to gather information related to an individual's strengths, weaknesses, needs, and substance use disorder symptoms for the development of the treatment plan, in conjunction with the supervising mental health therapist.

For students pursuing the ASUDC license: In addition to the above – Each student will require training and experience in the screening and assessing of individuals, including identifying substance use disorder symptoms and behaviors and co-occurring mental health issues.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

V. Treatment Planning

For students pursuing the SUDC license: Each student will participate in the process of treatment planning to include recommending specific interventions to support existing treatment goals and objectives developed by the substance use disorder counselor, the mental health therapist, and the client to: identify and rank problems needing resolution; establish agreed upon immediate and long term goals; decide on a treatment process and the resources to be utilized; and to monitor compliance with treatment plan progress.

For students pursuing the ASUDC license: Each student will require training and experience in creating treatment plans for substance use disorders, including initial planning, ongoing intervention, continuity of care, discharge planning, planning for relapse prevention, and long-term recover support.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

VI. Counseling

Each student will require training and experience in providing counseling services to alcohol and drug use disorder clients and significant people in the client's life as part of a comprehensive treatment plan, including: leading specific task-oriented groups, didactic groups, and group discussions; co-facilitating group therapy with a licensed mental health therapist; and, engaging in one-on-one interventions and interactions coordinated by a mental health therapist.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

VII. Case Management

Each student will require training and experience in providing activities which bring services, agencies, resources, or people together with a planned framework of action toward the achievement of established goals, including, when appropriate, liaison activities and collateral contacts.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

VIII. Crisis Intervention

Each student will require training and experience in order to respond to and provide those services necessary to an alcohol and/or other drug abuser's needs during acute emotional and/or physical distress. Each student will demonstrate an understanding of crisis intervention.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

IX. Client Education

Each student will require training and experience in providing education to individuals and groups concerning alcohol and other drug use disorder, including identification and description of available treatment services and resources.

Estimated hours to complete objective:

Steps to accomplish:
(How will you do it?)

Method of measurement:
(How will your site supervisor and/or internship coordinator evaluate your accomplishment? What will be the criteria for the measurement of your success?)

X. Reports and Record Keeping

Each student will require training and experience in maintaining the appropriate records, progress notes, aftercare plans, and counseling notes from individual, group and family counseling cases.

Estimated hours to complete objective:

Steps to accomplish:

(How will you do it?)

Method of measurement:

(How will your site supervisor and/or internship coordinator evaluate your accomplishment?

What will be the criteria for the measurement of your success?)

XI. Consultation with Other Professionals

Each student will require training and experience in order to provide information in case staffing meetings and/or in supervision concerning the client's treatment and services to assure comprehensive quality of care for the client.

Estimated hours to complete objective:

Steps to accomplish:

(How will you do it?)

Method of measurement:

(How will your site supervisor and/or internship coordinator evaluate your accomplishment?

What will be the criteria for the measurement of your success?)