

## Family Studies (FAMS)

### FAMS 101G Contemporary Families 3:3:0

Expands students' awareness of variations within families due to form, culture, and other factors. Focuses on areas of kinship, family organization, traditions, interpersonal relationships, parenting practices, values and beliefs, and prejudice. Canvas Course Mats \$66/McGraw applies

### FAMS 1100 Life Span Development in the Family 3:3:0

Studies issues surrounding physical, cognitive, social, and emotional development of the individual within the context of family across the lifespan. Emphasizes how the context of family influences development of the individual.

### FAMS 1150 SS Marriage and Relationship Skills 3:3:0 Fall, Spring, Summer

Guides students in building a lasting intimate relationship of their own and in understanding and teaching relationship maintenance and improvement strategies based on large-scale scientifically derived marriage and relationship principles. Utilizes cutting edge research on factors and issues related to relationship success and outcome including whom and when to marry and how to build stable and happy relationships over time. Stresses increased understanding of desirable relationship outcomes and how to achieve them.

### FAMS 2705 Ethics for Family Interventions 3:3:0

\* Prerequisite(s): FAMS 101G and ENGL 1010 or 101H (with a C+ or higher)

Covers the ethical and legal responsibilities of the helping professional in various types of family intervention, including counseling, education, and case management. Examines the broad scope of these ethical and legal concerns and how they are applied in a variety of settings.

### FAMS 2800 Teaching Human Sexuality 3:3:0

\* Prerequisite(s): FAMS 101G and (ENGL 1010 or ENGL 101H with a C+ or higher)

Introduces basic concepts of human sexuality and effective methods to teach these topics to adults, parents, and adolescents. Discusses gender roles, sexual orientation, dysfunction, and sexually transmitted disease. Examines sexuality from the perspective of ethics, religion, the law, and education. Requires students to assess their own sexual attitudes and acquire information that should enable them to make responsible sexuality decisions. Educates students in how to teach human sexuality effectively regardless of any biases or individual beliefs. Note: Due to Utah State Laws regarding sexuality education, students registering for FAMS 2800 must be 18 years of age or a high school graduate.

### FAMS 3000 (Cross-listed with: SW 3000) Social Work Practice I 3:3:0 Fall, Spring, Summer

\* Prerequisite(s): Admission to the BSW program or declared major in Family Science and University Advanced Standing

Introduces the basic knowledge, values, and skills needed for generalist social work practice. Focuses on working with individuals using the planned change process within the strengths perspective. Assists students in understanding the social and environmental conditions that negatively affect clients and empowering clients to take steps to enhance their own well-being. Provides content on the evaluation of social work practice.

### FAMS 3250 Applied Parenting 3:3:0 Fall, Spring

\* Prerequisite(s): (PSY 1010 or SOC 1010) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing

Exposes students to classical and contemporary parenting theory, research, and practice. Focuses on the application of the guidance of children. Includes the study of parenting concepts, challenges, risks, and alternatives while considering the social, physical, emotional, intellectual, and spiritual environments of the child.

### FAMS 3410 (Cross-listed with: COMM 3410) Fundamentals of Mediation and Negotiation 3:3:0 Fall, Spring, Summer

\* Prerequisite(s): (FAMS 101G or PSY 1010 or SOC 1010 or SW 1010 or COMM 1050) and University Advanced Standing

Teaches students to understand and participate knowledgeably on a basic level in the processes of mediation and negotiation. Emphasizes conceptual knowledge of both processes and improves practical skills and effectiveness as a mediator and negotiator. Uses an interactive-workshop format that blends theory with simulated class role-play.

### FAMS 3800 Early Development in Families 3:3:0

\* Prerequisite(s): FAMS 101G and (ENGL 2010 or 2020 with a C+ or higher) and University Advanced Standing

Studies physical, social, emotional, and cognitive development from conception through adolescence. Emphasizes normal child development within family, social, and cultural contexts.

### FAMS 3850 Adult Development and Aging 3:3:0

\* Prerequisite(s): FAMS 101G and (ENGL 2010 or 2020 with a C+ or higher) and University Advanced Standing

Explores the dynamic process of adult development from emerging adulthood to death. Focuses on current adult developmental research and theory and the development of adults within and without the family system. Includes the examination of physical, familial, emotional, and social development.

### FAMS 4040 Secondary Data Analysis 3:3:0

\* Prerequisite(s): BESC 3010; BESC 3020; (ENGL 2010 or 2020 with a C+ or higher) and University Advanced Standing

Focuses on research in the academic discipline of Family Studies. Teaches how to use the tools of research as a problem solving resource in real-life and applied settings. Includes how to form a research question or hypothesis, develop a proposal, create measurement, and apply for IRB approval. Requires completion of a research project.

### FAMS 4200 (Cross-listed with: COMM 4200) Advanced Mediation and Negotiation 3:3:0 Fall, Spring

\* Prerequisite(s): (ENGL 2010 or ENGL 2020 with a C+ or higher) and (FAMS 3410 or COMM 3410 or BESC 3420 or COMM 3420) and University Advanced Standing

Prepares students to perform at an advanced level in the processes of mediation and negotiation. Builds on the fundamentals learned in the basic course, improves knowledge of both processes, and sharpens practical skills and effectiveness as a mediator or negotiator. Uses an interactive-workshop format that blends theory with simulated class role-play.

# Family Studies

## **FAMS 4300**

### **Family Dispute Resolution**

**3:3:0**

\* Prerequisite(s): FAMS 3410 or COMM 3410 or instructor approval; and University Advanced Standing

Builds on fundamentals learned in the basic mediation course. Reviews research and theories on family dynamics and conflicts. Examines the most effective mediation approaches, techniques, and skills for resolving family disputes. Presents information on specialized family mediation situations such as family mediation divorce, parent/teen, adoption, elder care. Prepares students to effectively participate in family mediations by utilizing an interactive workshop format with role-play, observation, and actual mediations.

## **FAMS 4400**

### **Family Policy**

**3:3:0**

\* Prerequisite(s): (FAMS 101G or PSY 1010 or SOC 1010) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing

Creates an understanding of the role of family professionals as advocates for the institution of the family. Covers family theories and research methods which aid in critically analyzing current policy development and implementation patterns in Utah and the United States. Utilizes the developmental theory in support of advocacy for family members in all their diverse structures, ages, and life stages.

## **FAMS 4500**

### **Family Life Education Methodology**

**3:3:0**

**Fall, Spring**

\* Prerequisite(s): (FAMS 101G or PSY 1010 or SOC 1010) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing

Explores the field of family life education. Includes the history, development, and theory of family life education, as well as discusses the types of family life education programs. Develops the knowledge and practical skills that are required to identify needs, design programs, teach family life education, facilitate groups, and evaluate participants and programs in a wide variety of settings with a broad range of populations. Develops an appreciation for the impact of diversity in family life education which includes an awareness of multicultural factors, family structure, culture, economics, gender, race, religion, disability, ageism, and sexual orientation.

## **FAMS 4600**

### **Relationship Education Certification**

**3:3:0**

\* Prerequisite(s): FAMS 101G and (ENGL 2010 or 2020 with a C+ or higher) and University Advanced Standing. FAMS 4500 is strongly encouraged but not required.

Certifies students in the Prevention and Relationship Enhancement Program and other relationship curricula.

## **FAMS 4660**

### **Family Financial and Resource Management**

**3:3:0**

**Fall, Spring**

\* Prerequisite(s): (FAMS 101G or PSY 1010 or SOC 1010) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing; SOC 1200 strongly recommended

Introduces students to the fundamentals of family financial management. Focuses on norms, roles, values, and traditions of financial management in family systems. Emotional, subjective, and unstructured patterns which contribute to financial mismanagement are evaluated. Personal and social influences are considered, including, marketing, holidays, spending pressure, goal definition, and debt accumulation.

## **FAMS 4670**

### **Family Dynamics and Systems**

**3:3:0**

**Fall, Spring**

\* Prerequisite(s): (FAMS 101G or PSY 1010 or SOC 1010) and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing; SOC 1200 strongly recommended

Introduces the fundamentals of family dynamics and systems as they relate to family structure and function. Focuses on historical development, theoretical underpinnings, and applied utility of dynamics and systems. Includes boundary management, infraction, and renewal in contemporary family systems.

## **FAMS 4680**

### **Family Theory**

**3:3:0**

\* Prerequisite(s): FAMS 101G and (ENGL 2010 or 2020 with a C+ or higher)

Explores the development and application of the major family theories and their tenets. Discusses the effectiveness of these theoretical approaches to family.

## **FAMS 4700**

### **Introduction to Marriage and Family Therapy**

**3:3:0**

\* Prerequisite(s): FAMS 101G, PSY 3400, and University Advanced Standing

Introduces the field of marriage and family therapy. Addresses history, theory, prominent clinicians and modalities, and therapeutic topics and techniques. Develops the knowledge of such topics as the systemic nature of therapy. Focuses on knowledge of theory and specific topics in therapy rather than skill development. Includes research, training, professional issues, and ethics in the field.

## **FAMS 475R**

### **Current Topics in Family Studies**

**1 to 3:1 to 3:0**

\* Prerequisite(s): FAMS 101G and (ENGL 2010 or ENGL 2020 with a C+ grade or higher) and University Advanced Standing

Presents a selected topic in Family Studies and will vary each semester. Requires a project demonstrating competency in the specific topic. May be repeated with different topics for nine credits toward graduation.

## **FAMS 481R**

### **Senior Internship**

**1 to 8:1 to 8:0**

\* Prerequisite(s): Senior Standing in the Family Science program or Family Studies emphasis, BESC 3020, permission of the instructor, and University Advanced Standing

Provides practical and research experience interning in a governmental, corporate, or private agency apart from regular employment. Internship placements provide opportunities for contribution to the planning, design, implementation, and/or evaluation of family life educational programs. Supervised by agency representative. Requires faculty approval. May be repeated for up to 8 credits toward graduation. May be graded credit/no credit. Course fee of \$35 applies

## **FAMS 482R**

### **Strengthening Families Internship**

**1 to 8:1 to 8:0**

\* Prerequisite(s): Senior Standing in the Family Science program or Family Studies emphasis, FAMS 4500, permission of the instructor, and University Advanced Standing

Provides practical and research experience interning in the Strengthening Families Program. Supervised by agency representative. Requires faculty approval. May be repeated for a maximum of 8 credits toward graduation. May be graded credit/no credit. Course fee of \$35 applies.

## **FAMS 483R**

### **Research Internship**

**1 to 8:1 to 8:0**

\* Prerequisite(s): Senior Standing in the Family Science program or Family Studies emphasis, BESC 3010 and BESC 3020 and (ENGL 2010 or 2020 with a C+ or higher) and University Advanced Standing or department approval.

Provides research experience. Topics include idea formation, survey creation, data collection, marketing, data cleaning, qualitative coding, codebook creation, data analysis, gathering or summarizing literature, or preparing presentations/manuscripts. May be graded credit/no credit. May be repeated for up to eight credits toward graduation.

**FAMS 485R**

**Internship Seminar**

**1:1:0**

\* Prerequisite(s): Junior standing in the Family Studies emphasis, BESC 3010, BESC 3020, FAMS 4500, permission of instructor, and University Advanced Standing

Provides integration of classroom learning with learning that takes place in an on-site internship. Intended to be taken concurrently with FAMS 481R or FAMS 482R. May be repeated for a maximum of 8 credits toward graduation.

**FAMS 490R**

**Independent Study**

**1 to 3:1 to 3:0**

\* Prerequisite(s): BESC Department major; instructor approval and University Advanced Standing

Requires students to complete a well-defined project or directed study related to an area of special interest. Requires individual initiative and responsibility. Includes limited formal instruction and faculty supervision. May include writing a publishable paper, passing a competency exam, producing an annotated bibliography, oral presentation, or other options as approved by instructor. May be repeated for a maximum of six credits toward graduation.