**Physical Education Teacher Ed (PETE)**

**PETE 2110**  
Fundamental Motor Skill Analysis and Performance  
1:0:2  
Fall  
Covers acquisition of fundamental motor skills and movement concepts necessary before advanced motor skills can be effectively taught. Includes motor development concepts, water safety, educational gymnastics, jump rope, and other rhythmic and fundamental skills and concepts. Requires students to assess their own skill performances as well as others’ performances. Students with special needs will be encouraged to use appropriate accommodations and/or modifications.

**PETE 2120**  
Fitness for Secondary Physical Educators  
1:0:2  
Spring  
* Prerequisite(s): PES 1097  
Provides and enhances pre-service teachers’ abilities to teach Fitness for Life and other health-related fitness concepts and classes for students in grades 6-12. Focuses on evaluation and performance of a variety of developmentally appropriate fitness activities. Trains pre-service teachers to develop appropriate lesson plans for secondary students, as well as how to help individual students develop personalized fitness programs.

**PETE 2150**  
Elementary Physical Education SPARK Method  
2:2:0  
On Sufficient Demand  
Prepares future classroom teachers, recreation leaders, and interested health and fitness professionals to instruct physical activity classes. Focuses on experiential learning.

**PETE 2210**  
Racket Sport Analysis and Teaching Progressions  
1:0:2  
Fall  
Introduces skills, concepts, and rules to help teachers and coaches teach racket sports to youngsters in grades K-12. Focuses on positive transfer of learning between various racket sports, including pickleball, racquetball, badminton, speedminton, and tennis. Explores and implements developmentally appropriate progressions for key skills and strategies, especially those common to all racket sports.

**PETE 2220**  
Target Sport Analysis and Teaching Progressions  
1:0:2  
Spring  
Introduces skills, concepts, and rules to help teachers and coaches teach target sports to youngsters in grades K-12. Focuses on helping teachers and coaches use positive transfer to enhance the teaching of skills, strategies, and concepts common to target games and sports. Developmentally appropriate progressions for key skills and strategies will be explored and implemented. Covers the main target sports: archery, bowling, golf, and disc golf. Course Lab fee of $70 for teaching experience, transportation applies.

**PETE 2230**  
Individual Sports Track and Field and Tumbling  
1:0:0  
Fall  
* Prerequisite(s): PES 1097  
Introduces Track and Field events taught in K-12 schools in Utah. Includes fundamental tumbling skills appropriately taught to K-12 students. Focuses on developmentally appropriate progressions for all learners. Includes hints to enhance positive transfer from a previously learned skill to a new skill, specifically individual sport skills and concepts.

**PETE 2310**  
Invasion Sports Soccer and Team Handball  
1:0:2  
Fall  
Introduces skills, concepts, and rules to help teachers and coaches teach soccer and team handball to youngsters in grades K-12. Focuses on helping teachers and coaches use transfer to enhance the teaching of skills and concepts common to all invasion games, as well as to soccer and team handball specifically. Explores and implements developmentally appropriate progressions for key skills and strategies in soccer and team handball.

**PETE 2320**  
Teaching and Analyzing Basketball and Volleyball  
1:0:0  
Spring  
Introduces skills, concepts, and rules to help teachers and coaches teach basketball and volleyball to youngsters in grades K-12. Focuses on helping teachers and coaches use positive transfer to enhance student learning. Explores and implements appropriate progressions for key skills and strategies in volleyball and basketball.

**PETE 2330**  
Team Sports for the Physical Educator  
1:0:2  
Spring  
Introduces skills, concepts, and rules to team sports appropriate for secondary physical education classes. Sports covered may vary due to weather and current popularity in local schools. Possible sports include: touch rugby, lacrosse, floor hockey, field hockey, flag football, and softball.

**PETE 2400**  
Skill Analysis Capstone  
1:0:2  
Fall  
* Prerequisite(s): PETE 2110, PETE 2120, PETE 2210, PETE 2220, PETE 2230, PETE 2310, PETE 2320, PETE 2330  
Review and perform skills needed for successful demonstration in physical education classes, with emphasis on any skills not performed successfully in prerequisite courses. Utilizes cues and critical elements for teaching motor skills, movement concepts and strategies covered in prerequisite courses. Analyze skill performances and game strategies. Demonstrate minimum water safety techniques.

**PETE 2700**  
Foundations of Physical Education K-12 Teacher Education  
3:3:0  
Fall, Spring  
Introduces the Physical Education K-12 Teacher Education Program. Includes introductions to National Initial Physical Education Teacher Standards, NASPE Standards, Appropriate Practices documents, Professional Associations, History and Philosophy of Physical Education, and Motor Development theories. Prepares students to succeed in the UVU PETE Program.

**PETE 289R**  
Early Undergraduate Research in Physical Education Pedagogy  
1 to 4:0:0 to 20  
On Sufficient Demand  
* Prerequisite(s): EXSC 270G and departmental approval of research proposal  
Provides students an early opportunity to conduct research under the mentorship of a faculty member. Students will put in practice the theoretical knowledge gained in prior major courses. Students will create a significant intellectual or creative product that is appropriate for Physical Education Pedagogy and worthy of communication to a broader audience. May be repeated for a maximum of 6 credits toward graduation.

**PETE 3100**  
Introduction to Physical Education Pedagogy  
3:2:2  
Fall  
* Prerequisite(s): University Advanced Standing  
* Prerequisite(s) or Corequisite(s): PETE 2110 or permission of instructor  
Promotes the acquisition and application of effective teaching skills for K-12 physical education, including focus on the National Standards for Physical Education. Includes observations and experiences with K-12 students and faculty. Introduces and works toward meeting the National Initial Physical Education Teacher Education Standards. Introduces content necessary to succeed in all upper-division PETE courses.
PETE 3400
Elementary Classroom Teachers as Movement Educators
2:2:0 On Sufficient Demand
* Prerequisite(s): Admission to professional elementary education program or instructor approval and University Advanced Standing
For elementary education majors. Presents characteristics of quality physical education programs. Encourages classroom teachers to incorporate physical activity throughout the day. Identifies appropriate practices and activities for teaching movement to all children.

PETE 3450
Special Populations in Physical Education 3:2:3 Spring
* Prerequisite(s): PETE 3100, EDSP 3400, and University Advanced Standing
Involves planning and conducting physical education programs for children with special needs. Incorporates hands-on experiences working with individuals with special needs. Analyzes a variety of possible adaptations for individuals with physical, sensory, emotional, and/or intellectual impairments.

PETE 4200
Methods of Teaching Elementary Physical Education 3:2:2 Spring
* Prerequisite(s): PETE 3100 and University Advanced Standing
* Corequisite(s): PETE 4210
* Prerequisite(s) or Corequisite(s): PETE 2110, PETE 2120, PETE 2210, PETE 2220, PETE 2230, PETE 2310, PETE 2320, and PETE 2330
Promotes the analysis and development of elementary physical education curricula. Applies curricular concepts through reading, lecture/discussion, movement, self-appraisal, and teaching children. Applies educational principles and techniques necessary for effective teaching in the elementary school. Emphasizes appropriate selection of curriculum content and transition to teaching/learning models. Offers unit and lesson planning and evaluation.

PETE 4210
Elementary Physical Education Field Experience 1:0:3 Spring
* Prerequisite(s): University Advanced Standing
* Corequisite(s): PETE 4200
Analyzes elementary physical education curricula through guided observations and controlled teaching experience. Applies curricular concepts through a guided observation, self-appraisal, lesson/unit planning, and teaching children. Course fee of $78 for practical experience applies.

PETE 4250
Methods of Teaching Secondary Physical Education 3:2:2 Spring
* Prerequisite(s): EXSC 3550, PETE 4200, PETE 4210, PETE 4400, acceptance into UVU's Secondary Education program and University Advanced Standing
* Corequisite(s): PETE 4260
* Prerequisite(s) or Corequisite(s): PETE 2400
Applies learning from all previous courses to the successful teaching of secondary physical education. Emphasizes the attainment of all current National Initial Physical Education Standards at the acceptable level or above.

PETE 4260
Secondary Physical Education Field Experience 1:0:3 Spring
* Prerequisite(s): University Advanced Standing
* Corequisite(s): PETE 4250
Requires a minimum of 20 hours of assisting and teaching in local secondary schools. Includes at least two opportunities to plan for and teach a class of secondary students.

PETE 4400
Assessment in Physical Education 3:2:2 Spring
* Prerequisite(s): (MAT 1000 or higher mathematics course), PETE 2110, PETE 2210, PETE 2220, PETE 2230, PETE 2310, PETE 2320, and PETE 2330
Examines the need for valid assessment in K-12 physical education programs. Encourages the development and use of a variety of assessment instruments. Inspires the use of assessment to enhance learning and reliably determine student progress toward stated objectives. Urges development of a meaningful grading system that communicates student progress toward course objectives and NASPE standards.

PETE 481R
Physical Education Teacher Education Internship 1 to 4:0:5 to 20 On Sufficient Demand
* Prerequisite(s): PES 1097, EXSC 3500, EXSC 3550, PETE 3100, and University Advanced Standing
Encourages students to apply learning in a professional setting. Allows students practical experience working at a physical education teaching or coaching related job. May be repeated for a maximum of 8 credits toward graduation. May be graded credit/no credit.

PETE 489R
Undergraduate Research in Physical Education Teacher Education 1 to 4:0:5 to 20 On Sufficient Demand
* Prerequisite(s): PETE 3100, department approval of research proposal, and University Advanced Standing
Provides students the opportunity to conduct research under the mentorship of a faculty member. Students will put in practice the theoretical knowledge gained in prior major courses. Students will create a significant intellectual or creative product that is appropriate for Physical Education Pedagogy and worthy of communication to a broader audience. May be repeated for a maximum of 8 credits toward graduation.