# Psychology (PSY)

## PSY 1010
### General Psychology
3:3:0  
Fall, Spring, Summer  

An introductory course in modern scientific psychology. Covers major domains of scientific psychology including biological foundations, sensations, perception, learning, motivation, human development and abnormal psychology. Examines major psychological and professional applications. Canvas Course Mats $25/Lumen applies.

## PSY 101H
### General Psychology
3:3:0  
Fall  

Covers major domains of scientific psychology including biological foundations, sensation and perception, learning, motivation, human development, and abnormal psychology. Examines major psychological and professional applications. Students will be expected to write at least two papers and work collaboratively.

## PSY 1100
### Human Development Life Span
3:3:0  
Fall, Spring, Summer  

Explores human development from conception and birth to old age and death. Examines growth and developmental patterns and describes the characteristics of various developmental stages. Studies the major physical, cognitive and psychosocial themes and issues of human development. Includes genetics, prenatal development, birth, early/middle/late childhood, adolescence, early/middle/late adulthood, and death.

## PSY 1250
### Psychology Applied to Modern Life
3:3:0  
* Prerequisite(s): PSY 1010 with grade C- or higher and (ENGL 1010 or ENGH 1005 with a C+ grade or higher)  

Examines knowledge about key concepts and findings from the science of psychology. Applies effective strategies, grounded in psychology, to their own lives in areas that will help them to be healthier and happier. Key topic areas include: stress, social influences and interpersonal communication, relationships and life transitions, and mental and physical health.

## PSY 2250
### Psychology of Interpersonal Relationships
3:3:0  
Fall, Spring, Summer  
* Prerequisite(s): ENGL 1010 or ENGH 1005 (with a C- grade or higher) and PSY 1010 (with a C- grade or higher)  

Integrates cognitive psychological theory in an experiential setting to build personal communication skills. Helps students better understand their interactions with others. Teaches practical skills used in personal, professional, and social relationships. Studies problem-solving models and conflict resolution methods.

## PSY 2400
### Positive Psychology
3:3:0  
Fall, Spring, Summer  
* Prerequisite(s): PSY 1010 (grade of C- or higher) and ENGL 1010 or ENGH 1005 (grade of C- or higher)  

Provides an overview of the scientific study of human strengths and virtues. Examines topics such as happiness, optimism, gratitude, altruism, forgiveness, human strengths, optimal performance, and personal fulfillment. Knowledge gains are reinforced with personalized experiential learning activities.

## PSY 2710
### Introduction to Brain and Behavior
3:3:0  
Fall, Spring, Summer  
* Prerequisite(s): ENGL 1010 or ENGH 1005 with a C+ or higher  

Introduces neuroanatomy and neurophysiology. Includes how neurons communicate to coordinate various functions and behaviors. Addresses research methods used to study the brain and the nervous-system mechanisms to control functions and behaviors.

## PSY 275R
### Survey of Current Topics
1 to 3:1 to 3:0  
On Sufficient Demand  

* Prerequisite(s): (ANTH 101G or PSY 1010 or SOC 1010) and (ENGL 1010 or ENGH 1005) with a C+ grade or higher  

Presents selected topic in Psychology and will vary each semester. Approaches subjects from cross-disciplinary perspective. Requires a project demonstrating competency in the specific topic. May be repeated for nine credits toward graduation.

## PSY 2800
### Human Sexuality
3:3:0  
* Prerequisite(s): PSY 1010 with a C or higher; ENGL 1010 or ENGH 1005 with a C+ or higher; Instructor approval  

An introductory course in modern scientific psychology. Examines the characteristics of various developmental stages. Studies the major physical, cognitive and psychosocial themes and issues of human development. Includes genetics, prenatal development, birth, early/middle/late childhood, adolescence, early/middle/late adulthood, and death.

## PSY 289R
### Beginning Research Experience
1 to 3:1 to 3:0  
* Prerequisite(s): PSY 1010 with a C or higher; ENGL 1010 or ENGH 1005 with a C+ or higher; Instructor approval  

Beginning course on research in psychology. Examines research methods to investigate topics of interest. Requires individual initiative and responsibility. Includes limited formal instruction and faculty supervision. Projects will vary based on the student's needs and interests but may include literature searches, materials collection, or other options as approved by the instructor. May be repeated for a maximum of six credits toward graduation.

## PSY 3030
### Research Methods for Psychology
4:4:0  
* Prerequisite(s): (BESC 3010 or PSY 3010 with a C- or higher), (ENGL 2010 with a C+ or higher), and University Advanced Standing  

Explains the logic of the classical true experiment and how it permits causal inferences. Compares and contrasts the benefits and drawbacks of quasi-experimental and correlational research designs. Includes the design of an empirical psychological study. Covers compliance with guidelines for ethical research as codified in law and the American Psychological Association's ethics code. Requires collection, analysis, and presentation of quantitative data for an empirical psychological study. Includes a lab.

## PSY 3100
### Psychology of Gender
3:3:0  
Fall, Spring, Summer  
* Prerequisite(s): PSY 1010 (with a C- grade or higher) and (ENGL 2010 with a C+ grade or higher) and University Advanced Standing  

For Behavioral Science majors and others interested in gender issues from a psychological perspective. Examines the topic of gender behaviors and attitudes that relate to (but are not entirely congruent with) biological sex. Discusses biological influences on gender, gender differences, gender development, and the influence of gender on various dimensions of daily life.

## PSY 3105
### Health Psychology
3:3:0  
* Prerequisite(s): (PSY 1010 or PSY 1100) with grade C- or higher or (Community Health major and HLTH 2800 or HLTH 3260) with grade C- or higher, ENGL 2010 with grade C- or higher, and University Advanced Standing  

Examines underlying biological, psychological, and social factors, that interact and contribute to illnesses. Examines how beliefs, attitudes, and lifestyles contribute to overall health. Includes preventative strategies and techniques. Introduces motivational strategies to work productively with patients in healthcare settings.
PSY 3200
Infancy and Childhood Development
3:3:0 Fall, Spring, Summer
* Prerequisite(s): (PSY 1010 or PSY 1100) with grade C- or higher or (Community Health major and HLTH 2800 or HLTH 3260) with grade C- or higher, ENGL 2010 (with grade C+ or higher), and University Advanced Standing

Teaches major theories of infant and child development. Identifies the sequence of development including physical, mental, and emotional conditions. Studies special needs and exceptional children. Examines parenting styles. Emphasizes development of the 'whole child'.

PSY 3210
Adolescent Development
3:3:0 Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C+ or higher) and (ENGL 1010 with C+ or higher) and University Advanced Standing

Focuses on physical, social, mental and emotional development of adolescents. Examines current research regarding optimal conditions for healthy maturation and separation/individuation from parents. Addresses adjustment problems, prevention, and remedies.

PSY 3220
Adult Development
3:3:0 Fall, Spring
* Prerequisite(s): PSY 1010 (with C+ grade or higher) and (ENGL 1010 with C+ grade or higher) and University Advanced Standing

Studies adult developmental stages (end of adolescence through old age). Examines stable patterns and predictable changes in physiological and psychological and cognitive processes, emphasizing current research in optimal adult functioning.

PSY 3300
Motivation and Emotion
3:3:0 On Sufficient Demand
* Prerequisite(s): PSY 1010, (ENGL 1010 or ENGH 1005 with a C+ or higher), and University Advanced Standing

Examines motivation and emotion that underlie thought and behavior from a variety of perspectives. Explores the various theoretical approaches to motivation and emotion such as biological, phenomenological, cognitive, developmental and social constructivist approaches. Examines the historical background of motivation and emotion research, as well as a number of current applied motivational approaches.

PSY 3400
Abnormal Psychology
3:3:0 Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C+ grade or higher) and (ENGL 2010 with a C+ grade or higher) and University Advanced Standing

Foundation course for psychology majors. Examines the psychology of abnormal behavior, historical explanations and current biological and psychological theories of abnormal behavior. Emphasizes the description of mental disorders according to the American Psychiatric Association Diagnostic and Statistical Manual. May be delivered online.

PSY 3420
Cognitive Psychology
3:3:0 Spring, Summer
* Prerequisite(s): PSY 1010 (with C+ grade or higher) and (ENGL 2010 with a C+ or higher) and University Advanced Standing

Introduces students to the core concepts, theoretical perspectives, empirical findings, and historical trends in cognitive psychology. Includes classical and operant conditioning, modal model of memory, and higher cognitive processes. Explores animal as well as human research.

PSY 3430
Psychopharmacology
3:3:0 Spring
* Prerequisite(s): PSY 2710 (with C+ grade or higher) or (ZOOL 2320 and ZOOL 2420 with C+ grade or higher in both courses) and (ENGL 2010 with a C+ grade or higher); University Advanced Standing

Addresses basic principles of nervous system function with emphasis on communication between nerve cells. Focuses on therapeutic drugs as well as drugs of abuse to include mechanisms of action and behavioral effects.

PSY 3460
Personality Theory
3:3:0 Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C+ grade or higher) and (ENGL 2010 with a C+ grade or higher) and University Advanced Standing

Introduces the basic psychological theories attempting to answer the question 'What is Personality?' Examines the scientific study of the uniqueness of each of us as individuals. Explores how individuals develop personality similarities as well as differences by examining classical personality theories, societal influences, cultural variations, behavioral genetics, anatomy and biochemistry, sex and gender differences and family function. May be delivered hybrid and/or online. Course fee of $15 for materials. Canvas Course Mats $66/McGraw applies.

PSY 3480
Principles of Learning
4:3:3 Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with C+ grade or higher) and (ENGL 2010 with a C+ or higher) and University Advanced Standing

Examines major concepts, theoretical perspectives, empirical findings, and historical trends in the scientific study of behavior. Focuses on application of psychological principles to personal, social, and organizational issues, as appropriate. Stresses use of critical and creative thinking, skeptical organizational issues as appropriate. Stresses use of critical and creative thinking, skeptical organizational issues as appropriate.

PSY 3490
Sensation and Perception
4:3:3
* Prerequisite(s): PSY 1010 (with C+ grade or higher) and (ENGL 2010 or 2020 with a C+ grade or higher) and University Advanced Standing

Provides a foundation in how sensory systems interpret the world around us. Explores each of the primary sensory systems by defining the physical energy that is detected. Examines how that energy is transduced into neural impulses, and samples how aspects of that information are encoded to provide a representation of our world. Takes a neuroscience approach to the topic, beginning with an overview of the nervous system including the organization of the brain and spinal cord, how neurons work and how neurons communicate with each other. Course lab fee of $10 for supplies applies.
PSY 350G
Social Psychology 3:3:0
* Prerequisite(s): PSY 1010 (with grade C- or higher) and (ENGL 2010 with a C- or higher) and University Advanced Standing

Studies the ways in which social context influences behavior. Reviews both social and psychological research. Includes culture and personality theory. Presents a multi-disciplinary approach to understanding human behavior. Requires a research project to observe and report individual or group behavior in a real life setting. May be delivered hybrid.

PSY 3710
Introduction to Forensic Psychology 3:3:0 Spring
* Prerequisite(s): PSY 1010 (with grade C- or higher) and (ENGL 2010 with a C- or higher) and (PSY 3400 or PSY 3500 with a C- or higher) and University Advanced Standing

Introduces the complex field of forensic psychology which involves the overlap between the science of psychology and the law. Builds a basic understanding of the psychological principles and concepts that are part of the legal system. Highlights how the science of psychology potentially contributes to improvements and changes in the legal system. Outlines the role of forensic psychologists with regard to the legal system. Ideas regarding potential careers in the field are emphasized. Provides students the opportunity to customize course activities to suit their learning needs and styles from a variety of choices.

PSY 3850
Psychology of Good and Evil 3:3:0 On Sufficient Demand
* Prerequisite(s): PSY 1010 and (ENGL 2010 with a C- grade or higher) and University Advanced Standing

Provides an integrated approach to understanding the roots of good and evil in human behavior. Explores theories and studies of human caring and destructiveness. Analyzes and develops psychological explanation of why individuals choose different courses of action under similar circumstances. Explores such concepts as attachment and parental discipline, bystander phenomena, response to authority, genocide, killing during war, group identity, bullying, views of the other and racism, forgiveness and reconciliation, and psychopathology and the biology of emotion.

PSY 4150
Tests and Measurements 3:3:0 Fall, Spring
* Prerequisite(s): (ENGL 2010 with a C+ grade or higher), BESC 3010 (with grade C- or higher), and University Advanced Standing

Introduces the history of psychological tests, examines tests in use at the present time and considers the appropriate roles of psychological testing in modern society. Studies individual and group assessment in the areas of intelligence, aptitude, achievement, personality and interest. Critically evaluates tests and other instruments of measurement for validity and reliability.

PSY 4300
Introduction to Counseling and Psychotherapy 3:3:0 Fall, Spring, Summer
* Prerequisite(s): PSY 1010 (with grade C- or higher) and PSY 3400 (with grade C- or higher) and (ENGL 2010 with a C+ grade or higher) and University Advanced Standing

Surveys concepts and practices of major therapeutic systems. Introduces students to the major psychotherapeutic models. Addresses basic counseling issues including ethics and professionalism. Develops skills in relationship development, interviewing, initial assessment and intake procedures. May be delivered online.

PSY 4400
Introduction to Group Psychotherapy 3:3:0
* Prerequisite(s): PSY 1010 (with grade C- or higher), PSY 3400 (with grade C- or higher), (ENGL 2010 with a C+ grade or higher) and University Advanced Standing

Discuss group therapy theory, research applied to client assessment and outcomes, legal and ethical issues. Learning activities will include screening, assessment, treatment, evaluation, and termination of group members. May be delivered online.

PSY 4461 (Cross-listed with: PHIL 4461)
Moral Psychology 3:3:0 On Sufficient Demand
* Prerequisite(s): (PHIL 2050 or PHIL 205G or PHIL 205H or PSY 1010 or PSY 101H) and University Advanced Standing

Examines Eastern and Western spiritualities and their application to mental health. Synthesizes these systems of belief with Western phenomenology. Explores the theory and practice of psychology from this broader spiritual perspective. Applies these spiritual systems to the theory, research and practice of psychology. Provides experience of meditation, spiritual centering, and respectful spiritual discourse.

PSY 4500
History and Systems of Psychology 3:3:0
* Prerequisite(s): PSY 1010 (with grade C- or higher) and (ENGL 2010 with a C+ grade or higher) and University Advanced Standing

Introduces the role of forensic psychologists with regard to the legal system. Ideas regarding potential careers in the field are emphasized. Provides students the opportunity to customize course activities to suit their learning needs and styles from a variety of choices.

PSY 4666
East Meets West Psychology 3:3:0 Summer
* Prerequisite(s): PSY 1010, ENG 2010, and University Advanced Standing

Examines Eastern and Western spiritualities and their application to mental health. Synthesizes these systems of belief with Western phenomenology. Explores the theory and practice of psychology from this broader spiritual perspective. Applies these spiritual systems to the theory, research and practice of psychology. Provides experience of meditation, spiritual centering, and respectful spiritual discourse.

PSY 4690
Human Intelligence 3:3:0
* Prerequisite(s): PSY 1010 (with grade C- or higher), BESC 3010 (with grade C- or higher), and (ENGL 2010 or 2020 with a C+ grade or higher); University Advanced Standing

Explores theories about human intelligence and how intelligence impacts health, social, and psychological outcomes. Considers how cognitive and biological variables are related to individual differences in human intelligence.

PSY 475R
Current Topics in Psychology 1 to 3:1 to 3:0 On Sufficient Demand
* Prerequisite(s): PSY 1010 and (ENGL 2010 with a C+ grade or higher) and University Advanced Standing

Presents selected topic in Psychology and will vary each semester. Requires a project demonstrating competency in the specific topic. May be repeated with different topics for 9 credits toward graduation.

PSY 482R
Internship Seminar 1:1:0
* Prerequisite(s): University Advanced Standing
* Corequisite(s): BESC 481R

Provides integration of classroom learning with learning that takes place in an on-site internship. To be taken concurrently with BESC 481R, Senior Internship. May be repeated for a maximum of 8 credits toward graduation.
PSY 483R  
Psychology Internship  
1 to 3:1 to 3:0  
* Prerequisite(s): PSY 1010 with grade C- or higher; BESC 3010 with grade C- or higher; and University Advanced Standing  

Allows psychology students with non-clinical orientation to receive psychology credits for interning in a governmental, corporate, or private agency apart from their regular employment. Provides practical and research experience over the course of the 15 week semester. Requires professional supervision. Internships approved by faculty and written contracts must be signed. May be repeated for a maximum of 8 credits toward graduation.

PSY 4850  
Introduction to Pedagogy  
3:3:0  
* Prerequisite(s): PSY 1010; (ENGL 2010 with a C+ or higher); instructor approval; and University Advanced Standing  

Builds a foundation for teaching at the college level through the study of best practices in college pedagogy via primary sources, review papers, and expert perspectives. Applies pedagogical knowledge through the delivery of multiple guest lectures on campus after creating appropriate course materials.

PSY 488R  
Advanced Research Experience in Psychology  
1 to 3:1 to 3:0  
* Prerequisite(s): PSY 1010 with a C grade or higher; ENGL 2010 with C+ grade or higher; University Advanced Standing; Instructor approval  

Expands research experience by either (1) significantly assisting on a faculty member’s research project or (2) carrying out an independent research project of the student’s design under faculty mentorship. May be repeated for a maximum of 6 credits toward graduation.

PSY 490R  
Independent Studies  
1 to 3:1 to 3:0  
On Sufficient Demand  
* Prerequisite(s): Instructor approval, department chair approval, and University Advanced Standing; for Behavioral Science Bachelor Degree students only  

For qualified students who wish to undertake a well-defined project or directed study related to an area of special interest. Requires individual initiative and responsibility. Includes limited formal instruction and faculty supervision. Projects may include writing a publishable paper, passing a competency exam, producing an annotated bibliography, oral presentation, or other options as approved by instructor. May be repeated for a maximum of 6 credits.

PSY 491R  
Psychology Capstone Internship  
Fall, Spring  
1 to 3:1 to 3:0  
* Prerequisite(s): University Advanced Standing and instructor approval  
* Corequisite(s): PSY 492R  

Provides an in-depth experience applying knowledge from two or more of the following areas of psychology: statistics/research methods, biological, developmental, cognitive, social/personality, and mental and physical health. May not be part of the student’s regular employment. Requires professional supervision. Requires faculty approval and signed written contracts. May be repeated for a maximum of 8 credits toward graduation.

PSY 492R  
Psychology Capstone Seminar  
Fall, Spring, Summer  
1:1:0  
* Prerequisite(s): Advanced University Standing and instructor approval  
* Corequisite(s): PSY 491R  

Provides integration of classroom learning with the student’s capstone internship. Reinforces learning outcomes of the psychology capstone internship. May be repeated for a maximum of 8 credits toward graduation.