

Family Science, B.A.

Requirements

The Family Science program closely aligns with the requirements of the National Council on Family Relations (NCFR). [NCFR is the premier professional association in the family science field, and these standards require that students gain knowledge and expertise in ten key areas] and is an approved program for the Certified Family Life Educator (CFLE).

Total Program Credits: 120

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|---------------------------------|---|------------|
| General Education Requirements: | | 36 Credits |
| | ENGL 1010 Introduction to Academic Writing | 3 |
| or | ENGL 1005 Literacies and Composition Across Contexts (5.0) | |
| | ENGL 2010 Intermediate Writing Academic Writing and Research | 3 |
| Complete one of the following: | | 3 |
| | MAT 1030 Quantitative Reasoning (3.0) | |
| | MAT 1035 Quantitative Reasoning with Integrated Algebra (6.0) (recommended) | |
| | STAT 1040 Introduction to Statistics (3.0) | |
| | STAT 1045 Introduction to Statistics with Algebra (5.0) | |
| | MATH 1050 College Algebra (4.0) | |
| | MATH 1055 College Algebra with Preliminaries (5.0) | |
| | MATH 1090 College Algebra for Business (3.0) | |
| Complete one of the following: | | 3 |
| | HIST 2700 US History to 1877 (3.0) | |
| and | HIST 2710 US History since 1877 (3.0) | |
| | HIST 1700 American Civilization (3.0) | |
| | HIST 1740 US Economic History (3.0) | |
| | POLS 1000 American Heritage (3.0) | |
| | POLS 1100 American National Government (3.0) | |
| Complete the following: | | |
| | PHIL 2050 Ethics and Values | 3 |
| | HLTH 1100 Personal Health and Wellness | 2 |
| or | PES 1097 Fitness for Life (2.0) | |
| Distribution Courses: | | |
| | Biology | 3 |
| | Physical Science | 3 |
| | Third Science - Additional Biology or Physical Science | 3 |
| | Humanities (Fulfilled with Foreign Language 2020/202G course) | 4 |
| | Fine Arts | 3 |
| | Social Behavioral Science | 3 |
| Discipline Core Requirements: | | 67 Credits |
| | FAMS 101G Contemporary Families (3.0) | 3 |
| | FAMS 1100 Life Span Development in the Family | 3 |
| | FAMS 1150 Marriage and Relationship Skills | 3 |

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| FAMS 2705 | Ethics for Family Interventions | 3 |
| FAMS 2800 | Teaching Human Sexuality | 3 |
| FAMS 3000 | Social Work Practice I | 3 |
| FAMS 3250 | Applied Parenting | 3 |
| FAMS 4400 | Family Policy | 3 |
| FAMS 4500 | Family Life Education Methodology | 3 |
| FAMS 4660 | Family Financial and Resource Management | 3 |
| FAMS 4670 | Family Dynamics and Systems | 3 |
| Internship Requirement: | | 2 |
| FAMS 482R | Stronger Families Internship (1) | |
| FAMS 481R | Community Internship (1) | |
| FAMS 483R | Research Internship (1) | |
| Elective Requirements: | | 49 Credits |
| Complete 25 hours of electives (20 of which must be upper division). Students should select courses that complement FamilyScience or that meet their personal goals. | | 25 |
| Complete 12 credits in the same foreign language, includes ASL | | 12 |
| Any course numbered 1000 or higher | | 12 |

Graduation Requirements:

1. Completion of a minimum of 120 credits, 40 of which must be 3000 level or higher.
2. Minimum overall UVU GPA of 2.0 upon graduation.
3. Minimum 2.5 program GPA upon graduation.
4. Residency hours – minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. All major course work taken to meet Behavioral Science requirements must be completed with a grade of C- or better.
6. For the BA degree, completion of 16 credit hours of course work from one language to include the 1010, 1020, 2010, 202G/2020 levels or transferred equivalents.
7. Successful completion of at least one Global/Intercultural course.

Note: Please see department advisor for explanation of all program requirements, a list of recommended classes, and for assistance with creating an academic plan for graduation.

Note: If a student has completed an associate degree through another institution, the required general education courses may be waived.

Note: Students would need to pass ENGL 1010 or ENGL 1005 and ENGL 2010 with a C+ or higher for the Family Science degree courses.

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Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and italicized.

| Semester 1 | Course Title | Credit Hours |
|-------------------------------|--|--------------|
| <i>ENGL 1010 or ENGH 1005</i> | Introduction to Academic Writing or Literacies and Composition Across Contexts | 3 |
| Quantitative Literacy | | 3 |
| <i>FAMS 101G</i> | Contemporary Families | 3 |
| Elective | Any course 1000 or higher | 3 |
| Language | | 4 |
| Semester total: | | 16 |
| Semester 2 | Course Title | Credit Hours |
| <i>ENGL 2010</i> | Intermediate Writing Academic Writing and Research | 3 |
| Upper Division Elective | | 3 |
| Fine Arts | | 3 |
| Language | | 4 |
| HLTH 1100/ PES 1097 | Personal Health Wellness/Fitness for Life | 2 |
| Semester total: | | 15 |
| Semester 3 | Course Title | Credit Hours |
| PHIL 2050 | Ethics and Values | 3 |
| FAMS 1100 | Life Span Development in the Family | 3 |
| FAMS 1150 | Marriage and Relationship Skills (Take as GE) | 3 |
| Language | | 4 |
| Physical Science | | 3 |
| Semester total: | | 16 |
| Semester 4 | Course Title | Credit Hours |
| Biology | | 3 |
| American Institution | | 3 |
| FAMS 2705 | Ethics for Family Interventions | 3 |
| FAMS 2800 | Teaching Human Sexuality | 3 |
| Humanities | | 3 |
| Semester total: | | 15 |
| Semester 5 | Course Title | Credit Hours |
| Third Science | 2 nd Biology or 2 nd Physical Science | 3 |
| FAMS 3250 | Applied Parenting | 3 |

| Upper Division Elective | | 3 |
|-------------------------|--|--------------|
| <i>FAMS 4500</i> | Family Life Education Methodology | 3 |
| FAMS 4670 | Family Dynamics and Systems | 3 |
| Semester total: | | 15 |
| Semester 6 | Course Title | Credit Hours |
| FAMS 481R or 483R | Community Practicum or Research Internship | 1 |
| FAMS 4400 | Family Policy | 3 |
| Upper Division Elective | Upper Division Elective | 3 |
| Upper Division Elective | | 3 |
| Upper Division Elective | | 3 |
| Upper Division Elective | | 3 |
| Semester total: | | 16 |
| Semester 7 | Course Title | Credit Hours |
| FAMS 482R | Stronger Families Practicum | 1 |
| FAMS 3000 | Social Work Practice I | 3 |
| Upper Division Elective | | 2 |
| Elective | Any course 1000 or higher | 3 |
| Upper Division Elective | | 3 |
| Elective | Any course 1000 or higher | 3 |
| Semester total: | | 15 |
| Semester 8 | Course Title | Credit Hours |
| Elective | | 3 |
| FAMS 4660 | Family Financial and Resource Management | 3 |
| Track Course | | 3 |
| Elective | Any course 1000 or higher | 3 |
| Semester total: | | 12 |
| Degree total: | | 120 |