

Clinical Mental Health Counseling, M.S.

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Requirements

The Master in Clinical Mental Health Counseling (CMHC) prepares individuals to provide counseling services, mental health evaluations, and referrals to ameliorate and prevent cognitive and emotional crises as well as personal and interpersonal problems. Instruction will include coursework on individual and group counseling, psychotherapy theory and practice, human development, psychological assessment, psychopathology and diagnostics, professional standards and ethics as well as the governing laws and regulations of the field. Successful graduates will be eligible for employment and licensure as a Clinical Mental Health Counselor in the state of Utah.

Total Program Credits: 61

Matriculation Requirements:		
1. Bachelor's degree from a regionally accredited institution of higher education (with official transcripts from all institutions attended). The degree can be in any discipline, provided student meets the expected GPA and prerequisite coursework.		
2. GPA Requirements: The minimum cumulative GPA is 3.4 on a 4.0 scale.		
3. Prerequisite Coursework: General or Introductory Psychology, Abnormal Psychology, Intro to Counseling (or equivalent), Research Methods, Statistics		
4. Complete the UVU Graduate School Application.		
5. Personal Interview: All candidates will be screened and those deemed to meet or exceed basic application requirements may be invited for an interview. This interview does not guarantee acceptance into the program as students will compete with all other applicants for matriculation into a cohort.		
6. Three total letters of recommendation from academic and professional sources.		
Discipline Core Requirements:		61 Credits
CMHC 6000	ACA Ethics	3
CMHC 6010	Theories of Counseling	3
CMHC 6020	Techniques of Counseling	3
CMHC 6030	DSM Diagnostics	4
CMHC 6040	Professional Orientation	3
CMHC 6050	Career Counseling	3
CMHC 6060	Psychological Assessment	3
CMHC 6070	Group Counseling	3
CMHC 6080	Eastern Counseling Approaches	3
CMHC 6090	Psychopharmacology	3
CMHC 6100	Crisis Management	3
CMHC 6110	Research Methods	3
CMHC 6120	Addiction Counseling	3
CMHC 6130	Multicultural Counseling	3
CMHC 6140	Program Evaluation	3
CMHC 6150	Cognitive Therapies	3
CMHC 6160	Human Development	3
CMHC 671R	Practicum (May need to be repeated until clinical hours are fulfilled.)	3

CMHC 689R	Internship (May need to be repeated until clinical hours are fulfilled.)	6
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Graduation Requirements:

1. A minimum cumulative GPA of 3.0 must be maintained within the program.
2. A grade of 'B' or higher required in all courses.
3. Completion of a minimum of 61 semester credits.
4. 1,000 clinical hours are required for completion.
5. Residency hours: Minimum of 42 graduate credit hours completed at UVU in the CMHC program.

Clinical Mental Health Counseling, M.S.

Clinical Mental Health Counseling, M.S. Graduation Plan

Degree total:	61
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This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and italicized.

Semester 1	Course Title	Credit Hours
CMHC 6000	ACA Ethics	3
CMHC 6010	Theories of Counseling	3
CHMC 6020	Techniques of Counseling	3
CHMC 6030	DSM Diagnostics	4
CHMC 6040	Professional Orientation	3
	Semester total:	16
Semester 2	Course Title	Credit Hours
CHMC 6050	Career Counseling	3
CMHC 6060	Psychological Assessment	3
CHMC 6070	Group Counseling	3
CHMC 6080	Eastern Counseling Approaches	3
CHMC 671R	Practicum	3
	Semester total:	15
Semester 3	Course Title	Credit Hours
CHMC 671R	Practicum (may be taken if needed to complete clinical hours)	0
	Semester total:	0
Semester 4	Course Title	Credit Hours
CMHC 6100	Crisis Management	3
CMHC 6110	Research Methods	3
CHMC 6120	Addiction Counseling	3
CHMC 6090	Psychopharmacology	3
CHMC 689R	Internship	3
	Semester total:	15
Semester 5	Course Title	Credit Hours
CMHC 6130	Multicultural Counseling	3
CMHC 6140	Program Evaluation	3
CHMC 6150	Cognitive Therapies	3
CHMC 6160	Human Development	3
CHMC 689R	Internship	3
	Semester total:	15
Semester 6	Course Title	Credit Hours
CHMC 689R	Internship (may be taken to complete Clinical hours)	0
	Semester total:	0