

Dance - Ballroom Dance Emphasis, B.S.

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Requirements

The Utah Valley Ballroom Program promotes access and appreciation for ballroom dance through its courses, performances, and outreach. Majors and non-majors alike are integrated in the courses and performances which creates a vibrant learning environment. The BS in Dance with an emphasis in Ballroom Dance degree program offers students the potential of having a broad foundation in dance, provided by the core class requirements, with a specialization in the technique, and performance skills in Ballroom Dance. Specialized course offerings include International, Latin, and American styles of ballroom dance as well as choreography, ballroom styles, and pedagogy.

Performance opportunities include the Ballroom Company comprised of the Ballroom Tour Team, the Back-up Ballroom Team, the Beginning Team and Capstone Concerts. Students have the opportunity to compete in regional, national and international competitions as solo group and as a team, participate in national and/or international touring.

Total Program Credits: 120

Matriculation Requirements:			
1. Completion of DANC 270R American Social Dance II, DANC 271R International Ballroom Dance II, DANC 272R Latin Ballroom Dance II, DANC 2110 Orientation to Dance FF, and DANC 2330 Improvisation with a grade of B- or better.			
2. Pass audition, interview, and portfolio review with faculty members.			
3. Cumulative G.P.A. of 2.75 or higher.			
General Education Requirements:			33 Credits
	ENGL 1010	Introduction to Academic Writing CC	3
or	ENGL 1005	Literacies and Composition Across Contexts CC (5)	
	ENGL 2010	Intermediate Academic Writing CC	3
Choose one of the following:			3
	MAT 1030	Quantitative Reasoning QL (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra QL (6)	
Choose one of the following:			3
	HIST 2700	US History to 1877 AS (3)	
and	HIST 2710	US History since 1877 AS (3)	
	HIST 1700	American Civilization AS (3)	
	HIST 1740	US Economic History AS (3)	
	POLS 1000	American Heritage SS (3)	
	POLS 1100	American National Government AS (3)	
Complete the following:			
	PHIL 2050	Ethics and Values IH	3
Distribution Courses:			
	BIOL 1010	General Biology BB (strongly recommended for Biology)	3
	DANC 2110	Orientation to Dance FF (Fine Arts)	3
	Humanities		3
	Physical Science		3
	Social/Behavioral Science		3

	ZOOL 1090	Introduction to Human Anatomy and Physiology BB (Fulfills additional Biology or Physical Science)	3
Discipline Core Requirements:			39 Credits
	DANC 127R	Ballet Technique I	6
or	DANC 227R	Ballet Technique II (3)	
	DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
	DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3
	DANC 161R	Dance Conditioning	1
	DANC 2330	Improvisation	1
	DANC 2340	Composition	2
	DANC 256G	Dance as a Cultural Practice I GI	3
	DANC 265R	Fundamentals of Movement	2
	DANC 2670	Introduction to Laban Studies	2
	DANC 3140	Dance Production and Lighting	2
	DANC 3630	Dance as a Cultural Practice II WE	3
	DANC 3680	Dance Kinesiology	4
	DANC 4350	Senior Capstone I WE	2
	DANC 4360	Senior Capstone II WE	2
	DANC 4880	Current Issues in Dance	3
Emphasis Requirements:			33 Credits
	DANC 270R	American Social Dance II	1
	DANC 370R	American Social Dance III	1
	DANC 271R	International Ballroom Dance II	1
	DANC 371R	International Ballroom Dance III (1) (two semesters required)	2
	DANC 471R	International Ballroom Dance IV (2) (two semesters required)	4
	DANC 272R	Latin Ballroom Dance II	1
	DANC 372R	Latin Ballroom Dance III (1) (two semesters required)	2
	DANC 472R	Latin Ballroom Dance IV (2) (two semesters required)	4
	DANC 3730	American Social Dance Teaching Methods	2
	DANC 4740	International Ballroom and Latin Theory	3
	DANC 376R	Ballroom Dance Company Back-up Tour Team (2) ¹	4
or	DANC 476R	Ballroom Dance Company Tour Team (3)	
	MGMT 1010	Introduction to Business SS	3
	DANC 3740	Ballroom Dance Choreography	2
	DANC 3750	Studies in Ballroom Dance Styles	2
Choose one of the following:			1

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	DANC 150R	Beginning Jazz Dance (1)	
	DANC 151R	Intermediate Jazz Dance (1)	
	DANC 250R	Advanced Jazz Dance (1)	
	DANC 156R	African Dance I (1)	
	DANC 159R	Hip Hop I (1)	
	DANC 160R	Hip Hop II (1)	
	DANC 162R	Polynesian Dance I (1)	
Emphasis Elective Requirements:			9 Credits
Choose 9 hours from the following:			9
	DANC 158R	Tap Dance I (1)	
	DANC 2100	Teaching Dance for Children FF (3)	
	DANC 222R	Allegro Dance II (1)	
	DANC 227R	Ballet Technique II (3)	
	DANC 2350	Dance and Technology (2)	
	DANC 248R	Special Topics In Dance (2)	
	DANC 256R	African Dance II (1)	
	DANC 276R	Ballroom Dance Company Back Up Team (1)	
	DANC 281R	Internship in Dance I (1-3)	
	DANC 3400	Dance in the Elementary School XF (2)	
	DANC 346R	Synergy Dance Company (3)	
	DANC 3610	Intermediate Dance Conditioning and Injury Prevention (2)	
	DANC 376R	Ballroom Dance Company Back-up Tour Team (2)	
or	DANC 476R	Ballroom Dance Company Tour Team (3)	
	DANC 365R	Advanced Fundamentals of Movement (2)	
	EXSC 3700	Exercise Physiology	
and	EXSC 3705	Exercise Physiology Laboratory (4)	
	PES 2400	Sports Injuries (2)	
	HLTH 1055	Pilates I CoreMax Training (1)	
	HLTH 1057	Power Yoga (1)	
	THEA 3541	Costume Design I (3)	
	THEA 3545	Costume Design I Lab (1)	
	Any DANC course not previously taken		
Complete 6 credits from any courses 1000 level or higher (Students must have 40 upper division credit hours to graduate.)			6
Notes:			
1. Either course must be taken twice			

4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

Graduation Requirements:

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.

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Graduation Plan**

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Semester 1	Course Title	Credit Hours
DANC 2110	Orientation to Dance FF	3
DANC 127R or 227R	Ballet Technique I or Ballet Technique II	3
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
MAT 1030 or 1035	Quantitative Reasoning QL or Quantitative Reasoning with Integrated Algebra QL	3
DANC 272R	Latin Ballroom Dance II	1
American Institutions GE		3
Semester total:		16
Semester 2	Course Title	Credit Hours
DANC 2330	Improvisation	1
DANC 127R or 227R	Ballet Technique I or Ballet Technique II	3
DANC 271R	International Ballroom Dance II	1
PHIL 2050	Ethics and Values IH	3
DANC 161R	Dance Conditioning	1
ENGL 2010	Intermediate Academic Writing CC	3
Elective		1
Humanities		3
Semester total:		16
Semester 3	Course Title	Credit Hours
DANC 265R	Fundamentals of Movement	2
DANC 270R	American Social Dance II	1
DANC 2340	Composition	2
Elective		2
DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
BIOL 1010	General Biology BB	3
Physical Science GE		3
Semester total:		16
Semester 4	Course Title	Credit Hours
DANC 2670	Introduction to Laban Studies	2
DANC 370R	American Social Dance III	1
DANC 256G	Dance as a Cultural Practice I GI	3
DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3
ZOOL 1090	Introduction to Human Anatomy and Physiology BB	3

Social/Behavioral Science GE		3
Elective		1
Semester total:		16
Semester 5	Course Title	Credit Hours
DANC 3630	Dance as a Cultural Practice II WE	3
DANC 3750 or 4740	Studies in Ballroom Dance Styles or International Ballroom and Latin Theory	2
DANC 371R	International Ballroom Dance III	1
DANC 372R	Latin Ballroom Dance III	1
DANC 376R or 476R	Ballroom Dance Company Back-up Tour Team or Ballroom Dance Company Tour Team	2
Elective		5
Semester total:		14
Semester 6	Course Title	Credit Hours
DANC 3140	Dance Production and Lighting	2
DANC 3680	Dance Kinesiology	4
DANC 371R	International Ballroom Dance III	1
DANC 372R	Latin Ballroom Dance III	1
DANC 376R or 476R	Ballroom Dance Company Back-up Tour Team or Ballroom Dance Company Tour Team	2
DANC 3730 or DANC 3740	American Social Dance Teaching Methods or Ballroom Dance Choreography	2
Elective		2
Semester total:		14
Semester 7	Course Title	Credit Hours
DANC 4350	Senior Capstone I WE	2
DANC 4880	Current Issues in Dance	3
DANC 471R	International Ballroom Dance IV	2
DANC 472R	Latin Ballroom Dance IV	2
Elective		3
DANC 4740 or 3750	International Ballroom and Latin Theory or Studies in Ballroom Dance Styles	3
Semester total:		15
Semester 8	Course Title	Credit Hours
DANC 4360	Senior Capstone II WE	2
DANC 471R	International Ballroom Dance IV	2
DANC 472R	Latin Ballroom Dance IV	2
DANC 3730 or 3740	American Social Dance Teaching Methods or Ballroom Dance Choreography	2
MGMT 1010	Introduction to Business SS	3
Electives		2
Semester total:		13
Degree total:		120