

## Dance - Ballroom Dance Emphasis, B.S.

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### Requirements

Students interested in pursuing a degree in dance can choose from the following degree paths: AS Pre-Major in Dance, BFA in Dance with an emphasis in Ballet or Modern Dance, BS in Dance with an emphasis in Ballroom Dance, and BS in Dance Education. In addition to career training, the Department of Dance provides opportunities for all interested students to explore the many forms of dance as elective and/or general education credit. The study of dance offers personal and cultural enrichment for majors and non-majors alike and allows students to augment their physical and theoretical skill as they study dance in relationship to the self, society, and other arts and disciplines.

### Total Program Credits: 120

Matriculation Requirements:			
1. Completion of DANC 270R, DANC 271R, DANC 272R, DANC 2110, and DANC 2330 with a grade of B- or better.			
2. Pass audition, interview, and portfolio review with faculty members.			
3. Cumulative G.P.A. of 2.75 or higher.			
General Education Requirements:			35 Credits
	ENGL 1010	Introduction to Academic Writing	3
or	ENGL 1005	Literacies and Composition Across Contexts (5)	
	ENGL 2010	Intermediate Writing Academic Writing and Research	3
Choose one of the following:			3
	MAT 1030	Quantitative Reasoning (3)	
	MAT 1035	Quantitative Reasoning with Integrated Algebra (6)	
Choose one of the following:			3
	HIST 2700	US History to 1877 (3)	
and	HIST 2710	US History since 1877 (3)	
	HIST 1700	American Civilization (3)	
	HIST 1740	US Economic History (3)	
	POLS 1000	American Heritage (3)	
	POLS 1100	American National Government (3)	
Complete the following:			
	PHIL 2050	Ethics and Values	3
	HLTH 1100	Personal Health and Wellness	2
or	PES 1097	Fitness for Life (2)	
Distribution Courses:			
	BIOL 1010	General Biology (strongly recommended for Biology)	3
	DANC 2110	Orientation to Dance (Fine Arts)	3
	Humanities Distribution		3
	Physical Science		3
	Social/Behavioral Science		3
	ZOOL 1090	Introduction to Human Anatomy and Physiology (Fulfills additional Biology or Physical Science)	3

Discipline Core Requirements:			39 Credits
	DANC 127R	Ballet Technique I	6
or	DANC 227R	Ballet Technique II (3)	
	DANC 143R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
	DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester II	3
	DANC 1610	Dance Conditioning	1
	DANC 2330	Improvisation	1
	DANC 2340	Composition	2
	DANC 265R	Fundamentals of Movement	2
	DANC 2670	Introduction to Laban Studies	2
	DANC 3140	Dance Production and Lighting	2
	DANC 356G	Dance and Culture	3
	DANC 3630	Dance History WE	3
	DANC 3680	Dance Kinesiology	4
	DANC 4350	Senior Capstone I	2
	DANC 4360	Senior Capstone II	2
	DANC 4880	Current Issues in Dance	3
Emphasis Requirements:			33 Credits
	DANC 1510	Intermediate Jazz Dance	1
or	DANC 250R	Advanced Jazz Dance (2)	
	DANC 270R	American Social Dance II	1
	DANC 370R	American Social Dance III (1)	1
	DANC 271R	International Ballroom Dance II	1
	DANC 371R	International Ballroom Dance III (2 semesters required) (1)	2
	DANC 471R	International Ballroom Dance IV (2 semesters required) (2)	4
	DANC 272R	Latin Ballroom Dance II	1
	DANC 372R	Latin Ballroom Dance III (2 semesters required) (1)	2
	DANC 472R	Latin Ballroom Dance IV (2 semesters required) (2)	4
	DANC 3730	American Social Dance Teaching Methods	2
	DANC 4740	International Ballroom and Latin Theory	3
	DANC 376R	Ballroom Dance Company Back-up Tour Team (2)	4
or	DANC 476R	Ballroom Dance Company Tour Team (3)	
	MGMT 1010	Introduction to Business	3
	DANC 3740	Ballroom Dance Choreography	2
	DANC 3750	Studies in Ballroom Dance Styles	2
Emphasis Elective Requirements:			13 Credits
Choose 7 hours from the following:			7

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	DANC 1560	African Dance I (1)	
	DANC 1590	Tap Dance I (1)	
	DANC 1600	Hip Hop II (1)	
	DANC 1620	Polynesian Dance I (1)	
	DANC 2100	Teaching Dance for Children (3)	
	DANC 222R	Ballet Technique and Theory II for Men (1)	
	DANC 227R	Ballet Technique II (3)	
	DANC 2350	Dance and Technology (2)	
	DANC 376R	Ballroom Dance Company Back-up Tour Team (2)	
	DANC 248R	Special Topics In Dance (2)	
	DANC 2560	African Dance II (1)	
	DANC 276R	Ballroom Dance Company Back Up Team (1)	
	DANC 281R	Internship in Dance I (1)	
	DANC 3400	Dance in the Elementary School (2)	
	DANC 346R	Synergy Dance Company (3)	
	DANC 3610	Intermediate Dance Conditioning and Injury Prevention (2)	
	DANC 365R	Advanced Fundamentals of Movement (2)	
	DANC 376R	Ballroom Dance Company Back-up Tour Team (2)	
or	DANC 476R	Ballroom Dance Company Tour Team (3)	
	DANC 4920	Dance as Cultural Practice (3)	
	EXSC 3700	Exercise Physiology (3)	
and	EXSC 3705	Exercise Physiology Laboratory (1)	
	PES 1010	Aerobics I (1)	
	PES 1055	Pilates I CoreMax Training (1)	
	PES 1057	Pilates I CoreMax Training (1)	
	PES 1085	Weight Training I (1)	
	PES 2400	Sports Injuries (2)	
	THEA 3541	Costume Design I (3)	
	THEA 3545	Costume Design I Lab (1)	
	Any DANC course not previously taken		
	Complete 6 credits from any courses 1000 level or higher (Students must have 40 upper division credit hours to graduate.)		6

### **Graduation Requirements:**

1. Completion of a minimum of 120 semester credits; a minimum of 40 credits must be upper division.
2. Overall GPA of 2.0 (C) or above.
3. Overall GPA of 2.5 or above in all DANC courses.
4. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
5. Completion of GE and specified departmental requirements.
6. Successful completion of at least one Global/Intercultural course.

**Dance - Ballroom Dance Emphasis, B.S.****Graduation Plan**

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and Italicized.

Semester 1	Course Title	Credit Hours
<i>DANC 2110*</i>	Orientation to Dance (fulfills Fine Arts Distribution)	3
DANC 127R or 227R	Ballet Technique I or Ballet Technique II	3
<i>DANC 270R*</i>	American Social Dance II	1
<i>DANC 272R*</i>	Latin Ballroom Dance II	1
<i>ENGL 1010 or ENGH 1005</i>	Introduction to Academic Writing or Literacies and Composition Across Context	3
Quantitative Literacy	MAT 1030 or MAT 1035	3
	Semester total:	14
Notes: *Complete Danc 270R, 272R, 2110 with B- grade or higher.		
Semester 2	Course Title	Credit Hours
DANC 127R or 227R	Ballet Technique I or Ballet Technique II	3
<i>DANC 2330*</i>	Improvisation	1
DANC 1610	Dance Conditioning	1
<i>DANC 271R*</i>	International Ballroom Dance II	1
DANC 370R	American Social Dance III	1
MGMT 1010	Introduction to Business	3
<i>ENGL 2010</i>	Intermediate Writing Academic Writing and Research	3
Elective	DANC elective (6 elective credits may be non-DANC)	1
	Semester total:	14
Notes: *Complete Danc 271R, 2330 with B- grade or higher.		
Semester 3	Course Title	Credit Hours
<i>DANC 265R</i>	Fundamentals of Movement	2
<i>DANC 143R</i>	Modern/Contemporary Dance Technique and Theory I/Semester I	3
DANC 2340	Composition	2

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DANC 1510 or 250R	Intermediate Jazz or Advanced Jazz Dance	1
Physical Science		3
Social/Behavioral Science		3
Elective	DANC elective (6 elective credits may be non-DANC)	2
	Semester total:	16
Semester 4	Course Title	Credit Hours
DANC 2670	Introduction to Laban Studies	2
DANC 144R	Modern/Contemporary Dance Technique and Theory I/Semester I	3
Elective	Any DANC elective not previously taken (Courses with "R" excluded)	2
DANC 356G	Dance and Culture GI	3
DANC 3740	Ballroom Dance Choreography	2
BIOL 1010	General Biology (strongly recommended for Biology Distribution)	3
PES 1097 or HLTH 1100	Fitness for Life or Personal Health and Wellness	2
	Semester total:	17
Notes: DANC 3740 & 3730 will be offered every other year Spring semester.		
Semester 5	Course Title	Credit Hours
DANC 3630	Dance History WE	3
DANC 4740	Int. Ballroom & Latin Theory	3
DANC 371R	International Ballroom Dance III	1
DANC 372R	Latin Ballroom Dance III	1
DANC 376R or 476R	Ballroom Company Back-up Tour Team or Ballroom Dance Company Tour Team	2
Elective	Any DANC elective not previously taken (Courses with "R" excluded)	3
ZOOL 1090	Introduction to Human Anatomy (fulfills additional Biology or Physical Science Distribution)	3
Notes: DANC 3750 and DANC 4740 will be offered every other year Fall semester.		
	Semester total:	16

Semester 6	Course Title	Credit Hours
DANC 3140	Dance Production and Lighting	2
DANC 3680	Dance Kinesiology	4
DANC 371R	International Ballroom Dance III	1
DANC 372R	Latin Ballroom Dance III	1
DANC 376R or 476R	Ballroom Company Back-up Tour Team or Ballroom Dance Company Tour Team	2
DANC 3730	American Social Dance Teaching Methods	2
PHIL 2050	Ethics and Values	3
	Semester total:	15
Notes: DANC 3740 & 3730 will be offered every other year Spring semester.		
Semester 7	Course Title	Credit Hours
DANC 4350	Senior Capstone I	2
DANC 472R	Latin Ballroom Dance IV	2
DANC 3750	Studies in Ballroom Dance Styles	2
DANC 471R	International Ballroom Dance IV	2
DANC 4880	Current Issues in Dance	3
Elective	DANC elective (6 elective credits may be non-DANC)	3
Notes: DANC 3750 and DANC 4740 will be offered every other year Fall semester.		
	Semester total:	14
Semester 8	Course Title	Credit Hours
DANC 4360	Senior Capstone II	2
Elective	Any DANC elective not previously taken (Courses with "R" excluded)	2
DANC 471R	International Ballroom Dance IV	2
DANC 472R	Latin Ballroom Dance IV	2
Humanities		3
American Institutions		3
	Semester total:	14
	Degree total:	120