

## Exercise Science, Minor

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### Requirements

The Exercise Science curriculum has been designed to address student needs and current market demands. Through practical experiences in laboratory settings using state of the art equipment, students are exposed to a wide range of engaged learning experiences as well as research opportunities designed to develop essential skills necessary to be successful in a variety of major related fields.

### Total Program Credits: 24

Discipline Core Requirements:		24 Credits
<a href="#">EXSC 270G</a>	Foundations of Exercise Science	3
<a href="#">EXSC 3270</a>	Exercise Testing and Preparation	3
<a href="#">EXSC 3500</a>	Kinesiology	3
<a href="#">EXSC 3700</a>	Exercise Physiology	3
<a href="#">EXSC 3705</a>	Exercise Physiology Laboratory	1
<a href="#">ZOO 2320</a>	Human Anatomy	3
<a href="#">ZOO 2325</a>	Human Anatomy Laboratory	1
<a href="#">ZOO 2420</a>	Human Physiology	3
<a href="#">ZOO 2425</a>	Human Physiology Laboratory	1
Complete one of the following:		3
<a href="#">EXSC 3500</a>	Kinesiology (3)	
<a href="#">EXSC 3750</a>	Psychosocial Aspects of Human Performance (3)	
<a href="#">EXSC 4000</a>	Clinical Exercise Physiology (3)	
<a href="#">EXSC 4100</a>	Fitness Across the Lifespan (3)	
<a href="#">EXSC 4500</a>	Advanced Sports Nutrition (3)	
<a href="#">EXSC 4550</a>	Principles of Strength and Conditioning (3)	

## Exercise Science, Minor Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and italicized.

Semester 1	Course Title	Credit Hours
<i>ZOO 2320</i>	Human Anatomy	3
<i>ZOO 2325</i>	Human Anatomy Laboratory	1
<i>ZOO 2420</i>	Human Physiology	3
<i>ZOO 2425</i>	Human Physiology Laboratory	1
	Semester total:	8
Semester 2	Course Title	Credit Hours
<i>EXSC 270G</i>	Foundations of Exercise Science	3
<i>EXSC 3270</i>	Exercise Testing and Prescription	3
	Semester total:	6
Semester 3	Course Title	Credit Hours
<i>EXSC 3700</i>	Exercise Physiology	3
<i>EXSC 3705</i>	Exercise Physiology Lab	1
	Semester total:	4
Semester 4	Course Title	Credit Hours
<i>EXSC 3500</i>	Kinesiology	3
Complete one of the following:		3
<i>EXSC 3550</i>	Motor Learning and Control WE	
<i>EXSC 3750</i>	Psychosocial Aspects of Human Performance	
<i>EXSC 4000</i>	Clinical Exercise Physiology	
<i>EXSC 4100</i>	Physiology of Aging	
<i>EXSC 4500</i>	Advanced Sports Nutrition	
<i>EXSC 4550</i>	Principles of Strength and Conditioning	
	Semester total:	6
	Total Credit Hours	24