

Marriage and Family Therapy, M.A.

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Requirements

The Master in Marriage and Family Therapy (MFT) trains students to be professionally competent in the field of marriage and family therapy. Through the application of systemic theories, skills, and ethics, students are prepared to serve a diverse client population. Students who successfully complete the program, including academic course work and supervised clinical practica, will be eligible for employment and licensure as an Associate Marriage and Family Therapist in the state of Utah. This program is offered in collaboration with the Behavioral Science Department and the family science undergraduate degree.

Total Program Credits: 54

Matriculation Requirements:		
1. Completion of a bachelor's degree from a regionally-accredited college/university, a nationally accredited program, or an international college or university recognized by a Ministry of Education.		
2. Admission to the Marriage and Family Therapy, M.A. program.		
Discipline Core Requirements:		54 Credits
Complete the following courses:		
MFT 6000	Systemic Foundations of Marriage and Family Therapy	3
MFT 6010	Contemporary Approaches to MFT	3
MFT 6100	Ethical Issues in Marriage and Family Therapy	3
Complete the following therapy classes:		
MFT 6200	Systemic Assessment and Diagnosis	3
MFT 6210	Couples Therapy	3
MFT 6220	Group Therapy	2
MFT 6230	Family Therapy	3
MFT 6240	Individual Therapy	2
Complete the following developmental courses:		
MFT 6300	Working with Diversity in MFT	3
MFT 6310	Child and Adolescent Development	3
MFT 6320	Adult Issues in Human Development	3
Complete the following specialty courses:		
MFT 6400	Research in Marriage and Family Therapy	3
MFT 6500	Community Intervention	1
MFT 6510	Contemporary Issues in MFT	1
MFT 6520	Clinical Business Development and Practice	2
MFT 6600	Capstone in MFT	1
Complete the practicum series:		
MFT 6900	Pre-Practicum	3
MFT 6910	Practicum I	3
MFT 6920	Practicum II	3
MFT 6930	Practicum III	3
MFT 6940	Practicum IV	3

Graduation Requirements:

1. Complete 54 credits with a minimum GPA of 3.0 with a B- or higher in every class
2. Complete program clinical and supervision hour requirements.
3. Complete program capstone requirements demonstrating achievement of student learning outcomes.
4. 42 credits must be taken at UVU. No more than 12 transfer credits will be accepted.

Marriage and Family Therapy, M.A.

Marriage and Family Therapy, M.A. Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and italicized.

Semester 1	Course Title	Credit Hours	
	<i>MFT 6000</i>	Ethical Issues in MFT	3
	MFT 6100	Systemic Foundations of MFT	3
	<i>MFT 6200</i>	Systemic Assessment and Diagnosis	3
	MFT 6900	Pre-Practicum	3
		Semester total:	12
Semester 2	Course Title	Credit Hours	
	MFT 6010	Contemporary Approaches to MFT	3
	MFT 6210	Couples Therapy	3
	MFT 6220	Group Therapy	2
	MFT 6500	Community Intervention	1
	MFT 6910	Practicum I	3
		Semester total:	12
Semester 3	Course Title	Credit Hours	
	MFT 6300	Working with Diversity	3
	MFT 6230	Family Therapy	3
	MFT 6920	Practicum II	3
		Semester total:	9
Semester 4	Course Title	Credit Hours	
	MFT 6310	Child & Adolescent Development	3
	MFT 6400	Research in MFT	3
	MFT 6240	Individual Therapy	2
	MFT 6510	Contemporary Issues in MFT	1
	MFT 6930	Practicum III	3
		Semester total:	12
Semester 5	Course Title	Credit Hours	
	MFT 6320	Adult Issues in Human Development	3
	MFT 6520	Clinical Business Development	2
	MFT 6600	Capstone	1
	MFT 6940	Practicum IV	3
		Semester total:	9
		Degree total:	54