

Public Health, Minor

UVU strives to ensure the accessibility of our catalogs. However, if individuals with disabilities need this document in a different format than provided, you may contact the Assistive Technology Center at ACCESSIBLETECH@uvu.edu or 801-863-6788.

Requirements

The Public Health minor prepares students to serve as effective and competent health professionals. The curriculum provides a solid foundation in nutrition, drugs, human sexuality, and health behavior theory. Students will be equipped to identify factors that influence health choices and to apply health theories to help individuals, families, and communities improve and maintain healthy lifestyles. The Public Health minor compliments majors related to the health professions including pre-med, pre-dental, nursing, dental hygiene, and respiratory therapy.

Total Program Credits: 21

Matriculation Requirements:		
1. Admitted to a bachelor degree program at UVU.		
Discipline Core Requirements:		18 Credits
NUTR 1020	Foundations of Human Nutrition	3
HLTH 2600	Drugs Behavior and Society SS	3
HLTH 2800	Human Sexuality SS	3
HLTH 3200	Principles of Community Health	3
HLTH 3220	Foundations of Health Education	3
HLTH 3260	Theory-Based Approaches to Modifying Health Behavior	3
Elective Requirements:		3 Credits
Any upper-division HLTH course		3

Graduation Requirements

- Overall GPA of 2.50 or above with a minimum GPA of 2.75 in all core and elective courses. No grade lower than a C- in core or elective courses.

Public Health, Minor

Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Semester 1	Course Title	Credit Hours
NUTR 1020	Foundations of Human Nutrition	3
HLTH 2800	Human Sexuality SS	3
Semester total:		6
Semester 2	Course Title	Credit Hours
HLTH 2600	Drugs Behavior and Society SS	3
HLTH 3200	Principles of Community Health	3
Semester total:		6
Semester 3	Course Title	Credit Hours
HLTH 3220	Foundations of Health Education	3
Semester total:		3
Semester 4	Course Title	Credit Hours
HLTH 3260	Theory-Based Approaches to Modifying Health Behavior	3
Semester total:		3
Semester 5	Course Title	Credit Hours
HLTH Elective: Any upper-division HLTH course		3
Semester total:		3
Degree total:		21