

## School Health Education, B.S.

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### Requirements

Students in the Department of Public and Community Health may receive an Associate in Science or Arts with an emphasis in Community Health: an Integrated Studies Bachelor of Science or Arts with a Community Health Emphasis; a Bachelor of Science in Community Health in one of the following areas: Community Health Emphasis, Health Services Administration Emphasis, or School Health Education. A minor in Community Health Education is available, as well as an endorsement for School Health Education.

### Total Program Credits: 120

<b>Matriculation Requirements:</b>			
<ol style="list-style-type: none"> <li>ACT exam minimums: Composite 21, English 20, Math 19; or SAT exam minimums: Critical Read /Math 1000, with Math and Reading scores of 450; or If student has a bachelor degree or higher, he/she does not need to meet this testing requirement.</li> <li>Complete: ENGL 1010 or ENGH 1005, ENGL 2010, BIO 1010, ZOOL 1090, HLTH 3200, HLTH 3230 and MATH 1050, with a minimum grade of C</li> <li>GPA of 3.0 or higher with no grade lower than C in discipline core course</li> <li>Completion of all General Education requirements and the majority of discipline core courses</li> <li>Pass LiveScan Criminal Background Check.</li> <li>Submit a copy of your Personal Philosophy of Health</li> <li>Submit a copy of your 1-, 5- and 10-year professional goals</li> <li>Students will be required to complete the catalog requirements in effect for the semester in which matriculation is granted</li> </ol>			
General Education Requirements:			36 Credits
	ENGL 1010	Introduction to Academic Writing	3
or	ENGH 1005	Literacies and Composition Across Context (5.0)	
	ENGL 2010	Intermediate Writing Academic Writing and Research	3
	MATH 1050	College Algebra	4
or	MATH 1055	Illege Algebra with Preliminaries (5.0)	
Complete one of the following:			3
	HIST 2700	US History to 1877 (3.0)	
and	HIST 2710	US History since 1877 (3.0)	
	HIST 1700	American Civilization (3.0)	
	HIST 1740	US Economic History (3.0)	
	POLS 1000	American Heritage (3.0)	
	POLS 1100	American National Government (3.0)	
Complete the following:			
	PHIL 2050	Ethics and Values	3
	HLTH 1100	Personal Health and Wellness	2
or	PES 1097	Fitness for Life (2.0)	
<b>Distribution Courses</b>			
	BIOL 1010	General Biology	3
or	BIOL 1610	College Biology I (4.0)	
		Physical Science	3

Additional Biology or Physical Science		3
Humanities Distribution		3
Fine Arts Distribution		3
Social/Behavioral Science		3
<b>Discipline Core Requirements:</b>		<b>74 Credits</b>
HLTH 1200	First Aid	3
HLTH 2400	Concepts of Stress Management	3
HLTH 2600	Drugs Behavior and Society	3
HLTH 2800	Human Sexuality	3
HLTH 3200	Principles of Community Health	3
HLTH 3220	Foundations of Health Education	3
HLTH 3230	Professional Development for Community Health	3
HLTH 3260	Theory-Based Approaches to Modifying Health Behavior	3
HLTH 3400	Human Diseases	3
HLTH 3450	Public Health and the Environment	3
HLTH 4100	Health Education Curriculum for Secondary Teachers	3
HLTH 4200	Health Education Teaching Methods WE	3
NUTR 1020	Foundations of Human Nutrition	3
ZOOL 1090	Introduction to Human Anatomy and Physiology	3
<b>Secondary Education Courses: Must be completed with a grade of B- or higher</b>		
EDEL 1010	Introduction to Education	2
EDSC 3000	Educational Psychology	3
EDSC 3250	Instructional Media	2
EDSC 4200	Classroom Management I (Dance Education majors take DANC 4430 in place of EDSC 4200)	2
EDSC 4250	Classroom Management II	2
EDSC 4440	Content Area Literacies (English Education majors take ENGL 4210, 4220, 4230 in place of EDSC 4440)	3
EDSC 445G	Multicultural Instruction ESL	3
EDSC 455G	Secondary Curriculum Instruction and Assessment	3
EDSC 4850	Student Teaching--Secondary	8
EDSC 4990	Teacher Performance Assessment Project WE	2
EDSP 340G	Exceptional Students	2
<b>Elective Requirements:</b>		<b>10 Credits</b>
Complete 10 credits of any course 1000 or higher		10

### Graduation Requirements:

- Completion of a minimum of 120 semester credits with a minimum of 40 upper-division credits. A minimum of at least 10 hours earned in the last 45 hours must be earned at UVU.
- Overall GPA of 3.0 or above with no grade lower than a C in major required discipline core courses and no grade lower than a B- in Licensure and Methods courses.

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3. Completion of GE and specified departmental requirements.
4. Successful completion of at least one Global/Intercultural course.

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**Graduation Plan**

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#). (Note: Last updated May, 2015. See department for changes.)

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and Italicized.

Semester 1	Course Title	Credit Hours
<i>ENGL 1010 or ENGH 1005</i>	Introduction to Writing or Literacies and Composition Across Contexts	3
<i>HLTH 1100 or PES 1097</i>	Personal Health and Wellness or Fitness for Life	2
American Institutions	see catalog	3
Fine Arts	see catalog	3
Physical Science	see catalog	3
Unrestricted Electives	see catalog	2
	Semester total:	16
Semester 2	Course Title	Credit Hours
ENGL 2010	Intermediate Writing	3
HLTH 2600	Drugs, Behavior, & Society	3
MATH 1050 or MATH 1055	College Algebra or College Algebra with Preliminaries	4
Social Science	see catalog	3
<i>NUTR 1020</i>	Foundations of Nutrition	3
	Semester total:	16
Semester 3	Course Title	Credit Hours
<i>BIOL 1010 or BIOL 1610</i>	General Biology or College Biology	3
PHIL 2050	Ethics and Values	3
HLTH 2800	Human Sexuality	3
Humanities	see catalog	3
<i>HLTH 3200</i>	Principles of Community Health	3
	Semester total:	15
Semester 4	Course Title	Credit Hours
HLTH 3220	Foundations of Health Education	3
HLTH 1200	First Aid	3
<i>ZOOL 1090</i>	Introduction to Anatomy & Physiology	3
3rd Science	See catalog (NUTR 2020-Nutrition through the Life Cycle Strongly recommended)	3
HLTH 2400	Stress Management (meets elective)	3
	Semester total:	15
Semester 5	Course Title	Credit Hours

HLTH 3230	Professional Development for Community Health	3
HLTH 3260	Theory-Based Approaches to Modifying Health Behavior	3
HLTH 3400	Human Diseases	3
HLTH 3450	Public Health & the Environment	3
<i>HLTH 4100 (Fall Only)</i>	Health Education Curriculum for Secondary Education	3
EDEL 1010	Intro to Education	2
	Semester total:	17
Semester 6	Course Title	Credit Hours
EDSP 340G	Exceptional Students	3
HLTH 4200 (Spring Only)	Health Education Teaching Methods WE	3
EDSC 3000	Educational Psychology	3
EDSC 4440	Content Area Literacies	3
EDSC 445G	Multicultural Instruction/ESL	2
	Semester total:	14
Semester 7	Course Title	Credit Hours
EDSC 3250	Instructional Media	2
EDSC 455G	Secondary Curriculum, Instruction & Assessment	3
<i>EDSC 4200</i>	Classroom Management I	2
Electives	see catalog	8
	Semester total:	15
Semester 8	Course Title	Credit Hours
EDSC 4250	Classroom Management II	2
EDSC 4850	Student Teaching-Secondary	8
EDSC 4990	Teacher Performance Assessment Project WE	2
	Semester total:	12
	Degree total:	120