

School Health Education, Minor

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Requirements

Students MUST have a Secondary Education degree to certify with the School Health Education Endorsement.

Total Program Credits: 26

Matriculation Requirements:			
1. Admitted to a bachelor degree program at UVU.			
Discipline Core Requirements:			26 Credits
	NUTR 1020	Foundations of Human Nutrition	3
	HLTH 1100	Personal Health and Wellness	2
or	HLTH 2900	Health Education for Elementary Teachers (2.0)	
	HLTH 1200	First Aid	3
	HLTH 2400	Concepts of Stress Management	3
	HLTH 2600	Drugs Behavior and Society	3
	HLTH 2800	Human Sexuality	3
	HLTH 3220	Foundations of Health Education	3
	HLTH 4100	Health Education Curriculum for Secondary Teachers	3
	HLTH 4200	Health Education Teaching Methods WE	3

Graduation Requirements

GPA of 3.0 or higher with no grade lower than a C in discipline core courses.

School Health Education, Minor Graduation Plan

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and italicized.

Semester 1	Course Title	Credit Hours
HLTH 1100 or HLTH 2900	Personal Health and Wellness or Health Education for Elementary Teachers	2
HLTH 1200	First Aid	3
HLTH 2600	Drugs, Behavior, and Society	3
HLTH 2800*	Human Sexuality	3
<i>HLTH 4100</i> (Fall Only)	Health Education Curriculum for Secondary Teaching	3
	Semester total:	14
Note: *Pre-requisites are required to be taken. Please see the advisor.		
Semester 2	Course Title	Credit Hours
HLTH 2400	Concepts of Stress Management	3
HLTH 3220	Foundations of Health Education	3
HLTH 4200	Health Education Teaching Methods WE	3
NUTR 1020	Foundation of Nutrition	3
	Semester total:	12
Note: *Pre-requisites are required to be taken. Please see the advisor.		
	Degree total:	26