

## Physical Education Teacher Education, B.S.

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### Requirements

Graduates from the Physical Education K-12 Teacher Education (PETE) program will be prepared to meet all standards for Utah licensure for K-12 Physical Education. They should also be prepared to meet most standards for certification in the rest of the 49 states, since the National Initial Physical Education Teacher Education Standards have been used to develop, assess, and update the program on an annual basis. The focus of this program is on enhancing student outcomes – both for university students and for their future students. Outcomes that should be met by the end of the program include scientific and theoretical knowledge, skill and fitness based competency, planning and implementation, instructional delivery and management, impact on student learning, and professionalism. PETE majors learn to individualize instruction to enhance learning for all students, regardless of their abilities.

### Total Program Credits: 120

Matriculation Requirements:			
1. Acceptance to the Secondary Education Program, which include the following requirements: (1) ACT exam minimums: Composite 21, English 20, Math 19; or SAT exam minimums: Critical Read /Math 1000, with Math and Reading scores of 450; or If student has a bachelor degree or higher, he/she does not need to meet this testing requirement. (2) GPA of 3.0 or higher with no grade lower than a C in content area courses. (3) Completion of all General Education requirements and the majority of content area courses. (4) Pass LiveScan Criminal Background Check.			
2. Complete PETE 3100 with a grade of C or better.			
3. Fitness requirement: Students must achieve and maintain a health-enhancing level of fitness. Standards will be set according to expert guidelines that take into effect age, gender, disability, and other contributing factors.			
General Education Requirements:			36 Credits
	<a href="#">ENGL 1010</a>	Introduction to Academic Writing	3
or	<a href="#">ENGL 1005</a>	Literacies and Composition Across Contexts (5)	
	<a href="#">ENGL 2010</a>	Intermediate Writing Academic Writing and Research	3
	<a href="#">MATH 1050</a>	College Algebra	4
or	<a href="#">MATH 1055</a>	College Algebra with Preliminaries (5)	
Complete one of the following:			3
	<a href="#">HIST 2700</a>	US History to 1877 (3)	
and	<a href="#">HIST 2710</a>	US History since 1877 (3)	
	<a href="#">HIST 1700</a>	American Civilization (3)	
	<a href="#">HIST 1740</a>	US Economic History (3)	
	<a href="#">POLS 1000</a>	American Heritage (3)	
	<a href="#">POLS 1100</a>	American National Government (3)	
Complete the following:			
	<a href="#">PHIL 2050</a>	Ethics and Values	3
	<a href="#">EXSC 1097</a>	Fitness for Life	2
Distribution Courses:			
	<a href="#">BIOL 1010</a>	General Biology	3

or	<a href="#">BIOL 1610</a>	College Biology I (4)	
	Physical Science <sup>1</sup>		3
Choose from the following:			
	<a href="#">ZOO 1090</a>	Introduction to Human Anatomy and Physiology	3
or	<a href="#">ZOO 2320</a>	Human Anatomy (3)	
and	<a href="#">ZOO 2325</a>	Human Anatomy Laboratory (1)	
and	<a href="#">ZOO 2420</a>	Human Physiology (3)	
and	<a href="#">ZOO 2425</a>	Human Physiology Laboratory (1)	
Humanities Distribution <sup>2</sup>			3
Fine Arts Distribution			3
Social/Behavioral Science <sup>3</sup>			3
Discipline Core Requirements:			84 Credits
	<a href="#">HLTH 1200</a>	First Aid	3
	<a href="#">NUTR 1020</a>	Foundations of Human Nutrition	3
	<a href="#">EXSC 3500</a>	Kinesiology	3
	<a href="#">EXSC 3550</a>	Motor Learning and Control WE	3
	<a href="#">EXSC 3700</a>	Exercise Physiology	3
	<a href="#">EXSC 3705</a>	Exercise Physiology Laboratory	1
	<a href="#">EXSC 3750</a>	Psychosocial Aspects of Human Performance	3
	<a href="#">PETE 2120</a>	Fitness for Secondary Physical Educators	1
	<a href="#">PETE 2140</a>	Teaching Target Games	2
	<a href="#">PETE 2240</a>	Teaching Invasion and Net Games	2
	<a href="#">PETE 2340</a>	Teaching Recreational and Outdoor Pursuits	2
	<a href="#">PETE 2500</a>	Skill Analysis and Competency for PETE Majors	3
	<a href="#">PETE 2700</a>	Foundations of Physical Education K-12 Teacher Education	3
	<a href="#">PETE 3100</a>	Introduction to Physical Education Pedagogy	3
	<a href="#">PETE 3450</a>	Special Populations in Physical Education	3
	<a href="#">PETE 4200</a>	Methods of Teaching Elementary Physical Education	3
	<a href="#">PETE 4250</a>	Methods of Teaching Secondary Physical Education	3
	<a href="#">PETE 4400</a>	Assessment in Physical Education	3
	<a href="#">PETE 4900</a>	Student Teaching Seminar for Physical Education	1
Additional 4 credits of any courses			4
Secondary Education Courses:			
	<a href="#">EDEL 1010</a>	Introduction to Education	2
	<a href="#">EDSC 3000</a>	Educational Psychology	3
	<a href="#">EDSC 325G</a>	Equitable Technology Integration	2
	<a href="#">EDSC 4200</a>	Classroom Management I	2
	<a href="#">EDSC 4250</a>	Classroom Management II	2
	<a href="#">EDSC 4440</a>	Content Area Literacies	3

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EDSC 445G	Multicultural Instruction ESL	3
EDSC 455G	Secondary Curriculum Instruction and Assessment	3
EDSC 4850	Student Teaching Secondary	8
EDSC 4990	Teacher Performance Assessment Project WE	2
EDSP 340G	Exceptional Students	2

### **Graduation Requirements:**

1. Completion of a minimum of 120 semester credits with 40 semester credits from 3000 and 4000 level courses.
2. Overall GPA of 3.0 (B) or above with no grade lower than a C in major required content courses and no grade lower than a B- in Licensure and Methods courses.
3. Residency hours -- minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. Completion of GE and specified departmental requirements.
5. Successful completion of at least one Global/Intercultural course.

### Footnotes:

<sup>1</sup>CHEM 1010 Introduction to Chemistry or CHEM 1110 Elementary Chemistry for the Health Sciences recommended.

<sup>2</sup>COMM 1020 Public Speaking recommended.

<sup>3</sup>PSY 1100 Human Development Life Span recommended.

**Physical Education Teacher Education, B.S.****Graduation Plan**

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Milestone courses (pre-requisites for a course in one of the subsequent semesters) are marked in red and italicized.

Semester 1	Course Title	Credit Hours
<i>MATH 1050 or MATH 1055</i>	College Algebra or College Algebra with Preliminaries	4
<i>ENGL 1010 or ENGH 1005</i>	Introduction to Writing or Literacies and Composition Across Contexts	3
EXSC 1097	Fitness for Life	2
PETE 2500	Skill Analysis and Competency for PETE Majors	3
EDEL 1010	Introduction to Education	2
Elective		1
	Semester total:	15
Semester 2	Course Title	Credit Hours
BIOL 1010	General Biology (Biology Distribution)	3
ENGL 2010	Intermediate Writing Academic Writing and Research	3
NUTR 1020	Foundations of Human Nutrition	3
Humanities Distribution		3
Fine Arts Distribution		3
	Semester total:	15
Notes: For Humanities Distribution recommend COMM 1020		
Semester 3	Course Title	Credit Hours
American Institutions		3
<i>3rd Science Distribution</i>		3
<i>PHIL 2050</i>	Ethics and Values	3
<i>PETE 2700</i>	Foundations of Physical Education K-12 Teacher Education	3
PETE 2140	Teaching Target Games	2
Elective		1
	Semester total:	15
Semester 4	Course Title	Credit Hours
<i>HLTH 1200</i>	First Aid	3
<i>PETE 2120</i>	Fitness for Secondary Physical Educators	1
PETE 2340	Teaching Recreational and Outdoor Pursuits	2
Physical Science Distribution		3

Social/Behavioral Science Dist.		3
Elective		2
	Semester total:	14

Notes: For Physical Sciend Distribution recommend CHEM 1010 or CHEM 1110; For Social/Behavioral Science Distribution recommend PSY 1100

Semester 5	Course Title	Credit Hours
<i>EXSC 3550</i>	Motor Learning and Control WE	3
PETE 2240	Teaching Invasion and Net Games	2
<i>PETE 3100</i>	Introduction to Physical Education Pedagogy	3
<i>EXSC 3500</i>	Kinesiology	3
EXSC 3750	Psychosocial Aspects of Human Performance	3
EDSC 325G	Equitable Technology Integration	2
	Semester total:	16
Semester 6	Course Title	Credit Hours
PETE 3450	Special Populations in Physical Education	3
<i>PETE 4200</i>	Methods of Teaching Elementary Physical Education	3
<i>PETE 4400</i>	Assessment in Physical Education	3
EDSC 455G	Secondary Curriculum Instruction and Assessment	3
EDSC 3000	Educational Psychology	3
<i>EDSP 340G</i>	Exceptional Students	2
	Semester total:	17
Semester 7	Course Title	Credit Hours
PETE 4250	Methods of Teaching Secondary Physical Education	3
EXSC 3700	Exercise Physiology	3
EXSC 3705	Exercise Physiology Laboratory	1
EDSC 4200	Classroom Management I	2
EDSC 4440	Content Area Literacies	3
EDSC 445G	Multicultural Instruction ESL	3
	Semester total:	15
Semester 8	Course Title	Credit Hours
PETE 4900	Student Teaching Seminar for Physical Education	1
EDSC 4250	Classroom Management II	2
EDSC 4850	Student Teaching Secondary	8
EDSC 4990	Teacher Performance Assessment Project WE	2
	Semester total:	13
	Degree total:	120