

Physical Education Teacher Education, B.S.

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Requirements

Graduates from the Physical Education K-12 Teacher Education (PETE) program will be prepared to meet all standards for Utah licensure for K-12 Physical Education. They should also be prepared to meet most standards for certification in the rest of the 49 states, since the National Initial Physical Education Teacher Education Standards have been used to develop, assess, and update the program on an annual basis. The focus of this program is on enhancing student outcomes – both for university students and for their future students. Outcomes that should be met by the end of the program include scientific and theoretical knowledge, skill and fitness based competency, planning and implementation, instructional delivery and management, impact on student learning, and professionalism. PETE majors learn to individualize instruction to enhance learning for all students, regardless of their abilities.

Total Program Credits: 120

Matriculation Requirements:		
1. Acceptance to the Secondary Education Program, which include the following requirements:		
a. ENGL and MATH QL courses must have a grade C or higher.		
b. GPA of 3.0 or higher with no grade lower than a C in content area courses.		
c. Completion of all General Education requirements and 70% of content area courses.		
d. Pass LiveScan Criminal Background Check.		
2. Complete PETE 3100 Introduction to Physical Education Pedagogy with a grade of C or better.		
3. Fitness requirement: Students must achieve and maintain a health-enhancing level of fitness. Standards will be set according to expert guidelines that take into effect age, gender, disability, and other contributing factors.		
General Education Requirements:		36 Credits
	ENGL 1010	Introduction to Academic Writing CC 3
or	ENGL 1005	Literacies and Composition Across Contexts CC (5)
	ENGL 2010	Intermediate Academic Writing CC 3
	MATH 1050	College Algebra QL 4
or	MATH 1055	College Algebra with Preliminaries QL (5)
Complete one of the following:		3
	HIST 2700	US History to 1877 AS (3)
and	HIST 2710	US History since 1877 AS (3)
	HIST 1700	American Civilization AS (3)
	HIST 1740	US Economic History AS (3)
	POLS 1000	American Heritage SS (3)
	POLS 1100	American National Government AS (3)
Complete the following:		
	PHIL 2050	Ethics and Values IH 3
	EXSC 1097	Fitness for Life TE 2
Distribution Courses:		
	BIOL 1010	General Biology BB 3

or	BIOL 1610	College Biology I BB (4)	
	Physical Science ¹		3
Choose from the following:			3
	ZOOL 1090	Introduction to Human Anatomy and Physiology BB (3)	
or	ZOOL 2320	Human Anatomy BB (3)	
and	ZOOL 2325	Human Anatomy Laboratory (1)	
and	ZOOL 2420	Human Physiology BB (3)	
and	ZOOL 2425	Human Physiology Laboratory (1)	
Humanities Distribution ²			3
Fine Arts Distribution			3
Social/Behavioral Science ³			3
Discipline Core Requirements:			84 Credits
	HLTH 1200	First Aid	3
	NUTR 1020	Foundations of Human Nutrition	3
	EXSC 3500	Kinesiology	3
	EXSC 3550	Motor Learning and Control WE	3
	EXSC 3700	Exercise Physiology	3
	EXSC 3705	Exercise Physiology Laboratory	1
	EXSC 3750	Psychosocial Aspects of Human Performance	3
	PETE 2120	Fitness for Secondary Physical Educators	1
	PETE 2140	Teaching Target Games	2
	PETE 2240	Teaching Invasion and Net Games	2
	PETE 2340	Teaching Recreational and Outdoor Pursuits	2
	PETE 2500	Skill Analysis and Competency for PETE Majors	3
	PETE 2700	Foundations of Physical Education K-12 Teacher Education	3
	PETE 3100	Introduction to Physical Education Pedagogy	3
	PETE 3450	Special Populations in Physical Education	3
	PETE 4200	Methods of Teaching Elementary Physical Education	3
	PETE 4250	Methods of Teaching Secondary Physical Education	3
	PETE 4400	Assessment in Physical Education	3
	PETE 4900	Student Teaching Seminar for Physical Education	1
Additional 4 credits of any courses			4
Secondary Education Courses:			
	EDSC 1010	Introduction to Education	2
	EDSC 3000	Educational Psychology	3
	EDSC 325G	Equitable Technology Integration GI	2
	EDSC 4200	Classroom Management I	2
	EDSC 4250	Classroom Management II	2
	EDSC 4440	Content Area Literacies	3

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EDSC 445G	Multicultural Instruction ESL GI	3
EDSC 455G	Secondary Curriculum Instruction and Assessment GI	3
EDSC 4850	Student Teaching Secondary	8
EDSC 4990	Teacher Performance Assessment Project WE	2
EDSP 340G	Exceptional Students GI	2

Notes:

1. CHEM 1010 Introduction to Chemistry PP or CHEM 1110 Elementary Chemistry for the Health Sciences PP recommended.
2. COMM 1020 Public Speaking HH recommended.
3. PSY 1100 Human Development Life Span SS recommended.

Graduation Requirements:

1. Completion of a minimum of 120 semester credits with 40 semester credits from 3000 and 4000 level courses.
2. Overall GPA of 3.0 (B) or above with no grade lower than a C in major required content courses and no grade lower than a B- in Licensure and Methods courses.
3. Residency hours -- minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. Completion of GE and specified departmental requirements.
5. Successful completion of at least one Global/Intercultural course.

Physical Education Teacher Education, B.S.**Graduation Plan**

This graduation plan is a sample plan and is intended to be a guide. Your specific plan may differ based on your Math and English placement and/or transfer credits applied. You are encouraged to meet with an advisor and set up an individualized graduation plan in [Wolverine Track](#).

Semester 1	Course Title	Credit Hours
MATH 1050 or MATH 1055	College Algebra QL or College Algebra with Preliminaries QL	4
ENGL 1010 or ENGH 1005	Introduction to Academic Writing CC or Literacies and Composition Across Contexts CC	3
EXSC 1097	Fitness for Life TE	2
PETE 2500	Skill Analysis and Competency for PETE Majors	3
EDEL 1010	Introduction to Education	2
Elective		1
	Semester total:	15
Semester 2	Course Title	Credit Hours
BIOL 1010	General Biology BB	3
ENGL 2010	Intermediate Academic Writing CC	3
NUTR 1020	Foundations of Human Nutrition	3
Fine Arts Distribution		3
Humanities Distribution		3
	Semester total:	15
Semester 3	Course Title	Credit Hours
American Institutions		3
3rd Science Distribution		3
PHIL 2050	Ethics and Values IH	3
PETE 2140	Teaching Target Games	2
PETE 2700	Foundations of Physical Education K-12 Teacher Education	3
Elective		1
	Semester total:	15
Semester 4	Course Title	Credit Hours
HLTH 1200	First Aid	3
PETE 2120	Fitness for Secondary Physical Educators	1
PETE 2340	Teaching Recreational and Outdoor Pursuits	2
Physical Science Distribution		3
Social/Behavioral Science Dist.		3
Elective		2
	Semester total:	14
Semester 5	Course Title	Credit Hours
EXSC 3550	Motor Learning and Control WE	3
PETE 2240	Teaching Invasion and Net Games	2

PETE 3100	Introduction to Physical Education Pedagogy	3
EXSC 3500	Kinesiology	3
EXSC 3750	Psychosocial Aspects of Human Performance	3
EDSC 325G	Equitable Technology Integration GI	2
	Semester total:	16
Semester 6	Course Title	Credit Hours
PETE 3450	Special Populations in Physical Education	3
PETE 4200	Methods of Teaching Elementary Physical Education	3
PETE 4400	Assessment in Physical Education	3
EDSC 455G	Secondary Curriculum Instruction and Assessment GI	3
EDSC 3000	Educational Psychology	3
EDSP 340G	Exceptional Students GI	2
	Semester total:	17
Semester 7	Course Title	Credit Hours
PETE 4250	Methods of Teaching Secondary Physical Education	3
EXSC 3700	Exercise Physiology	3
EXSC 3705	Exercise Physiology Laboratory	1
EDSC 4200	Classroom Management I	2
EDSC 4440	Content Area Literacies	3
EDSC 445G	Multicultural Instruction ESL GI	3
	Semester total:	15
Semester 8	Course Title	Credit Hours
PETE 4900	Student Teaching Seminar for Physical Education	1
EDSC 4250	Classroom Management II	2
EDSC 4850	Student Teaching Secondary	8
EDSC 4990	Teacher Performance Assessment Project WE	2
	Semester total:	13
	Degree total:	120