Student Leadership and Success Studies

Name: Student Leadership & Success Studies
Location: LC 407
Telephone: 801-863-8834
Email: ereid@uvu.edu
Web Address: www.uvu.edu/slss/
Chair: Chris Goslin

Student Leadership & Success Studies

- **Department Chair:** Chris Goslin
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- **Administrative Support:** Beth Reid
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- **Director, UVU Mentor Program:** Mike Jensen
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- **Program Manager, UVU Mentor Program:** Angus Macfarlane
  - Office: LC 406b
  - Telephone: 801-863-5436
  - Email:

The mission of the Student Leadership and Success Studies (SLSS) department is to help students acquire the knowledge, skills and abilities needed to meet the challenges of college. Students may choose from a variety of SLSS courses which best fit their academic needs. Our courses help students with the preparation for the demands of college life, the selection/pursuit of major and career paths to graduation, the improvement of time management, stress management, effective library research, and the developing of essential life skills. The SLSS courses prepare students to develop and apply leadership in their lives, facilitating personal and social impact.

Programs & Degrees

The Department of Student Leadership & Success Studies values student-centered learning and focuses on assisting students exploring the direction of their academic careers, seeking flexibility in degree choices, or undertaking an enhanced college experience.

Programs Offered

- AA in University Studies
- AS University Studies
- BA University Studies
- BS University Studies

Certificates Offered

- Leadership for Personal & Social Impact

University College

University College serves a unique role and mission within Utah Valley University. Based on a national model, the name University College signifies opportunity for student success through curricular and co-curricular offerings, academic services, and innovative programs. University College welcomes students at present levels of academic achievement and challenges them with higher expectations. The programs and departments of Literacies and Composition, Student Leadership & Success Studies, Developmental Mathematics, English Language Learning, Academic Counseling Center, Academic Standards, Writing Center, Academic Tutoring, Math Lab, and First Year Experience & Student Retention promote interdisciplinary partnerships as students transition into university academics.

- **Dean:** Forrest Williams
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  - Email: forrest.williams@uvu.edu

- **Administrative Support:** Beth Winkler
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  - Telephone: 801-863-6712
  - Email: beth.winkler@uvu.edu

- **Associate Dean:** Deborah Marrott
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  - Telephone: 801-863-8823
  - Email: marrottde@uvu.edu

- **Assistant Dean:** Jessica Awtrey
  - Office: LA 210d
  - Telephone: 801-863-6766
  - Email: jessica.awtrey@uvu.edu

DEPARTMENT CHAIR

GOSLIN, Christopher **Associate Professor**

FACULTY

ASHMAN, Marinda G. **Associate Professor**
BORNS, Renee **Associate Professor**
ECKTON, Darin **Associate Professor**
GARDNER, Douglas **Associate Professor**
GOSLIN, Christopher **Associate Professor**
JENSEN, Michael A. **Associate Professor**
JOHNSON, Benjamin **Assistant Professor**
LAMBERT, Lisa **Associate Professor**
RICHARDS, Denise **Associate Professor**
SANFT, Marni **Associate Professor**
WADDOUPS, Stacy D. **Associate Professor**
WONG, Cynthia **Assistant Professor**
YOAST, Tiffany **Lecturer**

Degrees & Programs

University Studies, A.A.

Requirements

The University Studies Associate in Arts/Science is designed to provide an opportunity for students who may be potentially exploring their career and major options, or provides flexibility for those that are seeking an Associate that enables transferability or simply completion of a broad variety of curriculum options. The AS/AA UVST enables the ability to begin work toward the General Education requirements while meeting the needs of a broad variety of student circumstances.

Total Program Credits: 60
### General Education Requirements:

<table>
<thead>
<tr>
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<tbody>
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<td>ENGL 1010</td>
<td>Introduction to Writing</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 2010</td>
<td>Intermediate Writing--Humanities/Social Sciences</td>
<td>3</td>
</tr>
</tbody>
</table>

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<tr>
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<tr>
<td>MAT 1030</td>
<td>Quantitative Reasoning (recommended for Humanities or Arts majors)</td>
<td>3.0</td>
</tr>
<tr>
<td>MAT 1035</td>
<td>Quantitative Reasoning with Integrated Algebra</td>
<td>6.0</td>
</tr>
<tr>
<td>STAT 1040</td>
<td>Introduction to Statistics (recommended for Social Science majors)</td>
<td>3.0</td>
</tr>
<tr>
<td>STAT 1045</td>
<td>Introduction to Statistics with Algebra</td>
<td>5.0</td>
</tr>
<tr>
<td>MATH 1050</td>
<td>College Algebra (recommended for Business, Education, Science, and Health Professions majors)</td>
<td>4.0</td>
</tr>
<tr>
<td>MATH 1055</td>
<td>College Algebra with Preliminaries</td>
<td>5.0</td>
</tr>
<tr>
<td>MATH 1090</td>
<td>College Algebra for Business (recommended for Business majors)</td>
<td>3.0</td>
</tr>
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<tbody>
<tr>
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<td>American Civilization</td>
<td>3.0</td>
</tr>
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<td>HIST 2700</td>
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</tr>
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<td>POLS 1000</td>
<td>American Heritage</td>
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<td>PHIL 2050</td>
<td>Ethics and Values</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 1100</td>
<td>Personal Health and Wellness</td>
<td>2.0</td>
</tr>
<tr>
<td>or PES 1097</td>
<td>Fitness for Life</td>
<td>2</td>
</tr>
</tbody>
</table>

**Distribution Courses:**

- Biology: 3
- Physical Science: 3
- Additional Biology or Physical Science: 3
- Humanities Distribution: 3
- Fine Arts Distribution: 3
- Social/Behavioral Science: 3

**Discipline Core Requirements:**

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<tr>
<th>Course Code</th>
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<tr>
<td>SLSS 1200</td>
<td>The 7 Habits of Highly Effective People</td>
<td>3.0</td>
</tr>
<tr>
<td>SLSS 1190</td>
<td>Power Reading and Learning Strategies</td>
<td>3.0</td>
</tr>
<tr>
<td>SLSS 2100</td>
<td>Major and Career Exploration</td>
<td>3.0</td>
</tr>
<tr>
<td>SLSS 1000</td>
<td>University Student Success</td>
<td>3.0</td>
</tr>
</tbody>
</table>

Any course(s) 1000 or higher: 14

### Graduation Requirements:

1. Completion of a minimum of 60 semester credits.
2. Overall grade point average of 2.0 (C) or above. (Departments may require a higher GPA.)
3. Residency hours -- minimum of 20 credit hours through course attendance at UVU.
4. Completion of GE and specified departmental requirements.
5. For the AA degree, completion of 8 credit hours of course work from one language.

**Footnote:**

- Must be taken in the First two semesters

### University Studies, A.A.

#### Careers

**Careers:**

The AS/AA in University Studies is an Associate’s degree that allows for customization and flexibility in a student’s educational path. While not specifically focused on a particular major of focus, the AS/AA University Studies requires completion of General Education coursework along with 25 credits of electives. These electives allow students to customize their curriculum to their individual needs, explore various major and career opportunities, and utilize credits toward graduation that may span a broad variety of topics. This flexibility lends itself to multiple career opportunities or progression into a variety of BA/BS options.

**Related Careers**

- Postsecondary Teachers, All Other

### University Studies, A.S.

#### Requirements

The University Studies Associate in Arts/Science is designed to provide an opportunity for students who may be potentially exploring their career and major options, or provides flexibility for those that are seeking an Associate that enables transferability or simply completion of a broad variety of curriculum options. The AS/AA UVST enables the ability to begin work toward the General Education requirements while meeting the needs of a broad variety of student circumstances.

**Total Program Credits: 60**

### General Education Requirements:

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<td>STAT 1045</td>
<td>Introduction to Statistics with Algebra</td>
<td>5.0</td>
</tr>
</tbody>
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2 Course Catalog 2018-2019 Utah Valley University
MATH 1050 College Algebra (4.0) (recommended for Business, Education, Science, and Health Professions majors)

MATH 1055 College Algebra with Preliminaries (5.0)

MATH 1090 College Algebra for Business (recommended for Business majors) (3.0)

Complete one of the following: 3

HIST 2700 US History to 1877 (3.0)

and

HIST 2710 US History since 1877 (3.0)

HIST 1700 American Civilization (3.0)

HIST 1740 US Economic History (3.0)

POLS 1000 American Heritage (3.0)

POLS 1100 American National Government (3.0)

Complete the following:

PHIL 2050 Ethics and Values 3

HLTH 1100 Personal Health and Wellness (2.0) or

PES 1097 Fitness for Life 2

Distribution Courses:

Biology 3

Physical Science 3

Additional Biology or Physical Science 3

Humanities Distribution 3

Fine Arts Distribution 3

Social/Behavioral Science 3

Discipline Core Requirements: 25 Credits

First Year Experience Requirement 1

Complete one of the Following 3

SLSS 1200 The 7 Habits of Highly Effective People (3.0) (First Year Experience Requirement)

SLSS 1190 Power Reading and Learning Strategies (3.0)

SLSS 1000 University Student Success (3.0)

SLSS 2100 Major and Career Exploration (3.0)

Any course(s) 1000 or higher 22

Graduation Requirements:

1. Completion of a minimum of 60 semester credits.
2. Overall grade point average of 2.0 (C) or above. (Departments may require a higher GPA.)
3. Residency hours -- minimum of 20 credit hours through course attendance at UVU.
4. Completion of GE and specified departmental requirements.

Footnote:

1-Must be taken in the First two semesters

University Studies, A.S.

Careers

Careers:

The AS/AA in University Studies is an Associate's degree that allows for customization and flexibility in a student’s educational path. While not specifically focused on a particular major, the AS/AA University Studies requires completion of General Education coursework along with 25 credits of Electives. These electives allow students to customize their curriculum to their individual needs, explore various major and career opportunities, and utilize credits toward graduation that may span a broad variety of topics. This flexibility lends itself to multiple career opportunities or progression into a variety of BA/BS options.

Related Careers

• Postsecondary Teachers, All Other

Leadership for Personal and Social Impact, Certificate of Proficiency

Requirements

The Leadership for Personal and Social Impact certificate provides an academic setting where students gain theoretical and practical skills with principles of self-awareness and improvement that can immediately transform personal success and performance. As students learn and apply these principles and skills they will also be provided with and create their own engaging experiences to become more active contributors and stewards across a wide range of professional, volunteer, public, and private settings in their current and future local, regional, national, and international communities. Students from any academic major or minor are encouraged to enroll in and complete this certificate. Currently, two of the courses are offered online, (SLSS 1000 and SLSS 1200) so it is possible that students may choose to take those courses online. Initially, it is anticipated that the other courses will be offered on the main campus. As interest and demand increases, the Department of Student Leadership and Success Studies will reevaluate and may offer the remaining courses online.

Total Program Credits: 16

General Education Requirements: 16 Credits

<table>
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<tr>
<th>Course</th>
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<td>SLSS 1200</td>
<td>The 7 Habits of Highly Effective People</td>
<td>3</td>
</tr>
<tr>
<td>SLSS 2500</td>
<td>Leader--Strengths-Based Inner Coach</td>
<td>3</td>
</tr>
<tr>
<td>SLSS 3200</td>
<td>Leader--Teacher and Mentor</td>
<td>3</td>
</tr>
<tr>
<td>SLSS 405G</td>
<td>Leader--Global Contributor</td>
<td>3</td>
</tr>
<tr>
<td>SLSS 4800</td>
<td>Leader Capstone--Lifelong Change Agent</td>
<td>4</td>
</tr>
</tbody>
</table>

Graduation Requirements:

1. Complete 16 credits of course work.
2. Earn a minimum 2.5 GPA in all certificate course work with no grades lower than a C-.
3. Residency hours -- Minimum of 4 credits required through course attendance at UVU.

Leadership for Personal and Social Impact, Certificate of Proficiency

Careers

Related Careers

• Postsecondary Teachers, All Other
University Studies, B.A.

Requirements

The BA/BS is designed to meet the academic and professional objectives of learners whose needs are not addressed through existing degree programs. The degree assists learners in developing essential skills valued by employers and graduate schools (e.g., applied learning, critical thinking, written and oral communication, teamwork, ethical reasoning, and global understanding) within the framework of a larger discipline. Learners will complete a structured yet customized set of upper division courses under the guidance of an advisor and faculty mentor to ensure that standards for academic rigor at the Bachelor level are achieved. Candidates for the degree will focus on intellectual and integrative knowledge by enrolling in courses in a general disciplinary area with intentionally-selected, specialized knowledge courses that contribute to an integrated whole, and by completing a capstone experience that further prepares them for their chosen professions or graduate school admission. Under the direction of a faculty member, students will complete a capstone course or an internship which will involve reflection and a synthesis of learning to demonstrate achievement of the learning outcomes for the degree.

Total Program Credits: 120

Matriculation Requirements:

1. An approved Plan of Study that focuses on the achievement of clearly defined personal, career, or professional goals, as part of the application process for the major.
2. Minimum 2.0 grade point average.
3. Completed 60 or more semester credit hours.

General Education Requirements: 36 Credits

- ENGL 1010 Introduction to Writing 3
- ENGL 2010 Intermediate Writing—Humanities/Social Sciences (3.0)
- or ENGL 2020 Intermediate Writing—Science and Technology 3

Complete one of the following: 3

- MAT 1030 Quantitative Reasoning (3.0)
- MAT 1035 Quantitative Reasoning with Integrated Algebra (6.0)
- STAT 1040 Introduction to Statistics (3.0)
- STAT 1045 Introduction to Statistics with Algebra (5.0)
- MATH 1050 College Algebra (4.0)
- MATH 1055 College Algebra with Preliminaries (5.0)
- MATH 1090 College Algebra for Business (3.0)

Complete one of the following: 3

- HIST 1700 American Civilization (3.0)
- HIST 2700 US History to 1877 (3.0)
- and HIST 2710 US History since 1877 (3.0)
- HIST 1740 US Economic History (3.0)
- POLS 1000 American Heritage (3.0)
- POLS 1100 American National Government (3.0)

Complete the following: 3

- PHIL 2050 Ethics and Values (3.0)
- HLTH 1100 Personal Health and Wellness (2.0)
- or PES 1097 Fitness for Life 2

Distribution Courses: 52 Credits

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Biology</td>
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<tr>
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<tr>
<td>Additional Biology or Physical Science</td>
</tr>
<tr>
<td>Humanities Distribution (Fulfilled with Foreign Language 202G/2020 course)</td>
</tr>
<tr>
<td>Fine Arts</td>
</tr>
<tr>
<td>Social/Behavioral Science</td>
</tr>
</tbody>
</table>

Discipline Core Requirements: 32 Credits

- Completion of the area of focus within the Plan of Study that was created during the matriculation process. At least one of these 30 credits must be upper-division, including at least one of the following: * 30

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>COMM 3000 Media Ethics (3.0) (Cross-listed with PHIL 3010)</td>
</tr>
<tr>
<td>ENGL 3300 Collaborative Communication for Technology Professions (3.0)</td>
</tr>
<tr>
<td>HUM 3060 Visual Rhetoric (3.0) (Cross-listed with ENGL 3060)</td>
</tr>
<tr>
<td>HUM 3500 Approaches to Humanities (3.0)</td>
</tr>
<tr>
<td>MGMT 3000 Organizational Behavior (3.0)</td>
</tr>
<tr>
<td>PHIL 3000 Formal Logic II (3.0)</td>
</tr>
<tr>
<td>PHIL 3400 Philosophy of Science (3.0)</td>
</tr>
</tbody>
</table>

Elective Requirements: 52 Credits

- Complete any 1000-level or higher course 40
- One Foreign Language (Foreign Language 202G/2020 course fulfills Humanities Distribution) 12

Graduation Requirements:

1. Completion of 120 semester credits.
2. Overall grade point average of 2.0 (C) or above.
3. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. At least 40 credit hours in upper division courses.
5. Complete 16 credit hours of course work from one language to include the 1010, 1020, 2010 and 202G/2020 levels, or transferred equivalents.
6. Completion of General Education requirements.
7. Completion of specific departmental (major) requirements.

Footnote

* If focus area is with the Woodbury School of Business, only 21-24 credits may be used.

University Studies, B.A.

Careers

Careers:

The UVST BA/BS is a degree that does not prepare students for a specific career path; rather it situates graduates for a range of future possibilities and may be less vulnerable to changes in market demand than more traditional degrees in that it focuses on intellectual and
integrative learning outcomes that serve individuals well in a variety of careers. Graduates will have a disciplinary focus broader than a single major, but most courses will come from within one of the 8 specific Colleges found at Utah Valley University. This is often beneficial when student interests are varied across a College, or the need for a variety of disciplines would be beneficial to application to professional program such as law or medicine. As many employers do not require a specific degree, the skills that are established with the completion of a Bachelor's degree allow for potential employees to become capable and adept in skills such as critical thinking, communication, and problem solving. The UVST BA/BS is designed to provide development of these skills sets plus many others, thus increasing the likelihood of employability in a broad range of in-demand professions in today’s fast-paced, ever changing economy. Also, many of the students seeking completion of the BA/BS UVST may be in a career path that they find satisfactory and rewarding. This degree provides the opportunity to complete a Bachelor's degree that may not have previously existed for non-traditional students who do not have the luxury of a traditional class schedule. The UVST BA/BS may facilitate advancement for these students who have progressed as far as possible in their chosen career path without a Bachelor’s degree.

**Related Careers**

- Postsecondary Teachers, All Other

**University Studies, B.S.**

**Requirements**

The BA/BS is designed to meet the academic and professional objectives of learners whose needs are not addressed through existing degree programs. The degree assists learners in developing essential skills valued by employers and graduate schools (e.g., applied learning, critical thinking, written and oral communication, teamwork, ethical reasoning, and global understanding) within the framework of a larger discipline. Learners will complete a structured yet customized set up upper division courses under the guidance of an advisor and faculty mentor to ensure that standards for academic rigor at the Bachelor level are achieved. Candidates for the degree will focus on intellectual skills and integrative knowledge by enrolling in courses in a general disciplinary area with intentionally-selected, specialized knowledge courses that contribute to an integrated whole, and by completing a capstone experience that further prepares them for their chosen professions or graduate school admission. Under the direction of a faculty member, students will complete a capstone course or an internship which will involve reflection and a synthesis of learning to demonstrate achievement of the learning outcomes for the degree.

**Total Program Credits: 120**

**Matriculation Requirements:**

1. An approved Plan of Study that focuses on the achievement of clearly defined personal, career, or professional goals, as part of the application process for the major.
2. Minimum 2.0 grade point average.
3. Completed 60 or more semester credit hours.

**General Education Requirements:** 35 Credits

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or

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<tr>
<td>ENGL 2020</td>
<td>Intermediate Writing--Science and Technology</td>
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**Complete one of the following:** 3

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**Elective Requirements:** 53 Credits

**Graduation Requirements:**

1. Completion of 120 semester credits.
Student Leadership and Success Studies

2. Overall grade point average of 2.0 (C) or above.
3. Residency hours: minimum of 30 credit hours through course attendance at UVU, with at least 10 hours earned in the last 45 hours.
4. At least 40 credit hours in upper division courses.
5. Completion of General Education requirements.
6. Completion of specific departmental (major) requirements.
7. Completion of Global/Intercultural Requirement course.

Footnote
* If focus area is with the Woodbury School of Business, only 21-24 credits may be used.

University Studies, B.S.

Careers:
The UVST BA/BS is a degree that does not prepare students for a specific career path; rather it situates graduates for a range of future possibilities and may be less vulnerable to changes in market demand than more traditional degrees in that it focuses on intellectual and integrative learning outcomes that serve individuals well in a variety of careers. Graduates will have a disciplinary focus broader than a single major, but most courses will come from within one of the 8 specific Colleges found at Utah Valley University. This is often beneficial when student interests are varied across a College, or the need for a variety of disciplines would be beneficial to application to professional program such as law or medicine.

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Also, many of the students seeking completion of the BS UVST may be in a career path that they find satisfactory and rewarding. This degree provides the opportunity to complete a Bachelor's degree that may not have previously existed for non-traditional students who do not have the luxury of a traditional class schedule. The UVST BA/BS may facilitate advancement for these students who have progressed as far as possible in their chosen career path without a Bachelor's degree.

Related Careers
• Postsecondary Teachers, All Other