



### UTAH VALLEY UNIVERSITY

### www.uvu.edu/elderquest

### Fall 2019-2020

### President's Message-

Welcome back to Elder Quest. The spring seminar was a wonderful success and we are waiting to hear who the new scholarship winners are. We were able to award 8 or 9 scholarships to deserving students because of your generosity. We will hear from these students during our November luncheon. Joan Hahn and her committee have spent many hours reviewing scholarship applications.

One of our scholarship committee members (Suzanne Hammond) passed away this spring and Bonnie Harmon agreed to serve on the scholarship committee in her place. We will miss Suzanne. She has been a member of Elder Quest for several years. You may notice that she will not be at the table when you pay for your luncheons this year.



We also lost Byron Harward and Lloyd Davis. Two years ago, Byron sold his unique and beautiful pictures to raise money for scholarships at the 2018 seminar. Byron's wife Terry Ann is the person who puts together our newsletter.

We have had several informal luncheons at the Orem Sizzler this summer that have been attended by 30=50 members and even some new members who are anxious to join us. Help us spread the word about Elder Quest to your friends and neighbors who may want to join us this fall.

Cathy Carter, our vice-president was married this spring and has moved to Salt Lake City. She still plans to be active in Elder Quest this year but will not be able to be president next year, so we are looking for a new vice-president. She still owns her home in Orem and will be coming to some of the classes. I wish I could get to know all our members so that I could know what your talents are and convince you to use your talents on the Elder Quest Board. Please contact me if you feel you could serve as a board member and help us to make Elder Quest greater than it is. I love your suggestions and try to make them happen if possible.

Life-Long Learning is our motto and we will have many opportunities this year to pursue learning in our classes, luncheons, Potpourri lectures, and travel. We will also have an opportunity to meet new people and to bring our knowledge and wisdom to the classes and activities.

We will have 2 classes still at the Orem Senior Center. We hope to have these classes at the Provo Center in the future, but we don't have room for them at the present time. Also, the movies on Friday will still be at the Orem Library. There is an art class on Wednesday morning in Orem and Barbara Willes's "Writing Your Personal History Class" will still be at Orem on Thursday morning year-round. We have listed them on our class schedule, but they are Orem Senior Center classes. We are starting our classes in Provo at 10 a.m. this fall so it will be hard to get from Orem to Provo in time for the next class. I'm sorry that we must do this.

It is such a pleasure to be your president. I love Elder Quest and I love to learn. I love all of you and want you to enjoy your association with Elder Quest and to benefit from the opportunities we offer. I hope you will enjoy being a life-long learner.

Sincerely,

Ruth Hillam

**Elder Quest President** 

# UVU ELDER QUEST OFFICIAL REGISTRATION 2019-2020

Participant First Name:			
Participant Last Name:			
Preferred Name:			(for name tag)
Address:			
City:	State:	Zip Code:	
Home Phone:	Cell:	Work:	
Email:			

□ Yes, you can share my information with the UVU foundation\*

- Luncheons, dinners, day trips, extended travel and some activities will require additional payments.
- Your UVU Elder Quest member name tag will be provided which you should wear to all classes and activities.
- Your \$40 annual Elder Quest membership fee **does not** include the \$10 yearly membership fee to the Provo Senior Recreation Center or the Orem Senior Center.

Emergency Contact Name:	
Emergency Contact Phone:	
Relationship:	

Participant Signature

Date

\*Information on this form will be used for direct contact only and will not be shared with any other organization, except as noted above by your approval, except in connection with notification of and participation in UVU Elder Quest activities.

### Please return this completed form with your \$40.00 annual membership fee to:

UVU Elder Quest c/o Marjean Bingham, Treasurer 1921 North Main Orem UT 84097 Makes check payable to UVU Elder Quest

2019
Pa
1
Ð
Б
σ
Ð
_
0
Š
S
S
σ
$\overline{\mathbf{O}}$
$\mathbf{\overline{\mathbf{v}}}$

September 16 – November 22

revised July 17, 2019	Friday	istory istory istory istory is greatest and best of the movies you remember and maybe some you don't. Grace Barrett Grace Barrett Day Trips Orem City Library Day Trips Day Trips	
	<u>Thursday</u>	9:00-10:15 am Writing Your Personal History one story at a time learn the tips and tricks to make your personal history tell your story. Barbara Willes Orem Senior Center Orem Senior Center Injoying Shakespeare Delight with the language and literature of the Bard. Four plays from the 2020 season of Shakespeare in Cedar City. Dave Johnson and Glen Smith Provo Senior Center I:00-2:15 pm Jerusalem: Frowo Senior Center David Galbraith Provo Senior Center 2:30-3:45 pm "Resurrection" By Leo Tolstoy Gary Browning	
September 16 – November 22	<u>Wednesday</u>	9:00- 10:15 am Water Color Painting Bernie Mortensen Orem Senior Center Orem Senior Center Orem Senior Center In:00-11:15 am The World and I An intriguing and thrilling discussion where all can agree to disagree. Jim Wright Provo Senior Center Provo Senior Center Series September 25 Alicia Christensen Provo Senior Center Director anterities at the Provo Senior Center. October 23 Anxiery and Depression Hacks without Anxiery and Depression Hacks without Anxiery and Depression Hacks without Anxiery and Depression Hacks without Anxiery and Depression Hacks without Meds IBD	
Sep	<u>Tuesday</u>	10:00-11:00 am         China         Important things we need to understand about the People's Republic of China         Robert Griffiths         Robert Griffiths         Provo Senior Center         11:00 am-12:00 noon         11:00 am-12:00 noon         Cultural Geography         feam the history, culture and geography of mony of the world's 196 countries.         Jeannie Griffiths         Provo Senior Center         11:00-2:15 pm         1:00-2:15 pm         The search for God and Home:         Mork Twain vs. Henry David Thoreau         Neal Lambert         Provo Senior Center         2:30-3:45 pm         Currain Geography of thoreau         Dorn Senior Center         Provo Senior Center         Provo Senior Center         Provo Senior Center         Dorn Senior Center         Provo Senior Center         Provo Senior Center         Provo Senior Center         Dorn Norton         Dorn Norton	
	<u>Monday</u>	10:00-11:45 am The Lincoln Legacy How the life of Abraham Lincoln has influ- enced writers, poets, composers, play- wrights and filmmakers. Judith and Leonard Tourney Provo Senior Center I:00-2:15 pm Best Book Reviews Out of the best books Out of the best books Ou	

# **MONDAY** classes

# The Lincoln Legacy

10:00 AM Monday at the **Provo Senior Center Taught by Judith and Leonard Tourney** How the life of Abraham Lincoln has influenced writers, poets, composers, playwrights and filmmakers.





# **Best Book Reviews**

Out of the Best Books

1:00 PM Provo Senior Center

### Taught by Dale and Margene Shumway

Always looking for a great book to read? Join us for some fun and stimulating book reviews and conversation.

# Book of Mormon: Geography and Travels

Alternates with

Library of Plates and Records

2:30 PM Provo Senior Center

**Taught by Lester Campbell** 



List of books and dates for Monday's class

# Elder Quest Best Book Reviews

### 1:00 pm Provo Senior Center

### Taught by Dale and Margene Shumway

September 16 *Middlemarch: A Study of Provincial Life* by George Eliot Dale and Margene Shumway A compelling drama of Charles Dickens-like love, tragedies, triumphs, beautiful kindnesses, acts of cruelty, and sterling character development in the Victorian English town of Middlemarch.

September 23 *Tending Roses* by Lisa Wingate LaRae Huber Just when Kate despairs of finding answers, she discovers her grandma's journal full of stories that celebrate the importance of family, friendship, and faith--stories that make Kate see her life—and her grandmother's in a completely new way...

- September 30 *Beneath a Scarlet Sky* by Mark Sullivan Linda Knight Pino Lilla wants nothing to do with the Nazis or the war. But he shows incredible courage and resilience when forcibly recruited as the personal driver for one of Hitler's commanders in Italy during World War II.
- October 7 The Forgotten Road & The Road Home by Richard Paul Evans Dale and Margene Shumway The second and third novel of the Broken Road Trilogy about a man on an inspirational pilgrimage walk along Route 66 to find his way back to himself.

October 14 Just Mercy by Bryan Stevenson Fran Reiser A memoir from one of the most brilliant, influential Black lawyers of our time. He relates his perspective con cerning several of his most famous cases as he faces the unfairness in our justice system.

October 21 The Boy Who Harnessed the Wind by William Kamkwamba Carol Hinckley In primitive African Malawi magic and superstition rule and science falters, yet an unusual young boy sneaks into the local library and learns to build a windmill that saves his village from drought and famine.

October 28 *Wild* by Cheryl Strayed Dale and Margene Shumway Last semester Carol Hinckley taught of a Grandma hiking the Appalachian Trail. Wild follows a 26-year-old f emale misfit hiking solo the 1500 mile Pacific Crest Trail from Southern California to Washington State along the Sierra Nevada and Cascade Mountains.

November 4 *The Girl With Seven Names* by Hyeonseo Lee Cathy Carter An extraordinary insight into life under one of the world's most ruthless dictatorships: North Korea – and one woman's terrifying struggle to avoid capture, repatriation and guide her family to freedom.

November 11 Marriott: The J. Willard Marriott Story by Robert O'Brien Tal Huber An inspiring look at the life and principles that guided J. Willard Marriott to personal and business success.

November 18 *The Long Walk* by Slavomir Rawicz Dale and Margene Shumway The harrowing true tale of seven escaped Soviet prisoners who desperately marched out of Siberia through China, the Gobi Desert, Tibet, and over the Himalayas into British India.

November 25 Social

Thank you once again <sup>to</sup> our wonderful, educated teachers who volunteer to teach our Elder Quest classes and to Julia Blair, curriculum chair who contacts and arranges for teachers. We're excited to start a new year of learning.



Know someone who is absolutely amazing who you could recommend to teach a class? Have a great idea for a class? Please contact Julia Blair with your ideas!

# **TUESDAY** classes

China

Important things we need to understand about the Peoples' Republic of China

10 am Provo Senior Center

Taught by Robert Griffiths (Welcome back Robert!)

# **Cultural Geography**

Learn the history, culture and geography of many of the world's 196 countries, along with personal stories from many years of overseas living.

11:00 AM Provo Senior Center Taught by Jeannie Griffiths



# The Search for

God and Home:

### Mark Twain vs. Henry David Thoreau

1:00 PM Provo Senior Center

**Taught by Neal Lambert** 

# **English: Our Amazing**

# Native Language

Everything you would like to know about English language usage

2:30 PM Provo Senior Center

**Taught by Don Norton** 



at that matters, it's what you see."

"It's not what you look

- Henry David Thoreau

### WEDNESDAY classes

Water Color Painting

9:00 AM Orem Senior Center Taught by Bernie Mortensen

## The World and I

An intriguing and thrilling discussion where all can agree to disagree. 10:00 AM Provo Senior Center Taught by Jim Wright

# **Pot Pourri Lecture Series**

4th Wednesday only

1:00 PM Provo Senior Center

### September 25

Alicia Christensen Director, Provo Senior Center

Come hear about all the amenities and what is available to YOU at the Provo Senior Center

### October 23

### Karen Michelle Fila Welch

"Anxiety and Depression Hacks without Meds"

### November 27

### **Jim Marrott**

Jim joined the ROTC at the age of 17years and later served with the weather reconnaissance flight for the Air Force in Alaska during the cold war with Russia. As a pilot, he flew close to Russian and Chinese airspace to determine whether they were experimenting with nuclear weapons. He was the first pilot to bring prisoners of war out of Vietnam.

# **THURSDAY** classes



your personal history tell **your** story.

9:00 AM Orem Senior Center

Taught by Barbara Willes

Enjoying Shakespeare

Delight with the language and the literature of the Bard.

Join with us and study 4 plays from the

2020 season of Shakespeare in Cedar City:

Pericles, The Comedy of Errors,

Richard III, Cymbeline

10:00 AM Provo Senior Center

Taught by Dave Johnson and Glen Smith



This dynamic duo have lived a combined 30 years in Jerusalem and team taught for 10 years at the BYU Jerusalem Center.

1:00 PM Provo Senior Center

Team Taught by David Galbraith and Kelly Ogden

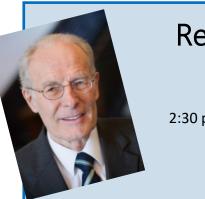
# FRIDAY's class

# Friday Flicks

The greatest and best of the movies you remember, and maybe some you don't

1:00 PM Orem City Library

Facilitated by Grace Barrett



# Resurrection

By Leo Tolstoy

2:30 pm Provo Senior Center

Taught by

**Gary Browning** 

For Fall Semester 2019, I will offer a course on Leo Tolstoy's third and final novel, *Resurrection*. This book is the author's most thoroughly Christian work. It concerns the path toward redemption for a poor but resourceful orphan girl seduced and abandoned by a young man from the landed aristocracy. Both she and he must pass through many trials in search of spiritual wholeness.

Participants in this Elder Quest class are advised to purchase the novel published by Oxford University Press in its World's Classics series. The translator is Louise Maude. The text appears on pp 5-483.

This edition periodically is available on Amazon. If you don't find it right away, keep checking every few days. Amazon may receive a number of copies which quickly sell out. Then after a brief period, another shipment seems always to arrive. You may choose to attend the class whether or not you read all of the novel.

Thanks to my wife, Joan, in addition we will be able to view a superb Russian-language film of *Resurrection* with English subtitles."



# Monthly Luncheon and Dinner Schedule

### **UVU Culinary Arts Institute**

661 East Timpanogos Parkway, Bldg. L, Orem, Utah

Reservations are required at least one week in advance for all meals .

Call Cathy Carter Lanoy at 385 208 6491 to hold your place.



### Wednesday, September 11, 6:00 PM

Meet the Teachers

### Wednesday, October 9, Noon

### Michalyn Steele

Michalyn Steele was born in New York. She earned her Bachelor and Masters degrees from BYU. Her law degree was from Georgetown University in Washington, DC. She worked for a private firm in Washington DC and then worked for the Department of Justice and the Department of Interior as the Assistant Secretary of the Interior. She came to BYU seven years ago where she is a faculty member and teaches Federal Indian law, Constitutional Law and civil rights and evidence.

### Wednesday, November 13, Noon

Elder Quest 2019-2020 UVU Scholarship Recipients

### Wednesday December 4, Noon

Christmas Celebration with the Neal Lambert Family



# **Travel Adventures with Elder Quest**

John Hahn and Carla Teasdale

### Northern California Adventure

Travel Passport takes you on a grand adventure to San Francisco, Oakland, Sacramento and the Napa Valley. See the beautiful Napa Valley with its hundreds of hillside vineyards, outstanding wineries, and quaint shops. Visit the Gold Fields that beckoned thousands to storm California looking for that price-less metal. Visit the State Capitol, have dinner on Fisherman's Warf in San Francisco and immerse your-self in the Jack London square, Overland House, and his museum in Oakland. We will be taking the over-night train from Provo to Emeryville and return the same way. Sleepers will be available. **April 2020** 

### Lewis and Clark in Montana and Idaho

Travel through Lewis and Clark Country with stops in Idaho Falls, West Yellowstone, Mesa Falls and the Big Hole Battlefield in Island Park. Next we are on our way up to Great Falls where we will visit the Russel Art Museum then on to Boulder and Helena, Montana, Capitol of Montana. Visit Quake Lake, Lewis and Clark Caverns in Caldwell, then visit Three Forks, Dillon, Big Hole, Bannock and on to Clarksfork where Sacagawea met her brother. We could also see "Craters of the Moon: and Shoshone Falls. Don't miss this up close and personal guided tour of Lewis and Clark in the West. **September 2020** 

### The Logan Music and Opera Festival

in July will also be offered in **2020** as soon as we get shows and dates.

**NEWS FLASH:** At our seminar two years ago we invited Tom and Gayle Holdman to speak about UVU's Roots of Knowledge and his commission for the stained glass windows in the Rome, Italy, LDS Temple.

Travel Passport will be offering an Italy Tour September 30th to October 11th, which will include two extra days, one for us to show you more of Rome, and one for you to visit the new LDS Temple and Visitor's Center, if you wish.

	Please bring to Provo Recreation Center front desk.
<b>prevo</b>	k. DO NOT RETURN TO ELDER QUEST!



# SENIOR PASS APPLICATION

Application is hereby made for Senior Pass privileges to the Provo Recreation Center, owned and operated by Provo City Parks and Recreation (PCPR). I understand that pass privileges are established through policies adopted by PCPR and I agree to abide by all present and future policies, rules and regulations of PCPR.

ы

The Senior Annual Pass is a limited use annual pass for senior-focused activities on the Community side at the Provo Recreation Center. Pricing is for lump-sum payments of \$10 a year for residents and Elder Quest Participants and \$100 a year for non-residents. Proof of residency must be shown at time of registration.

 The Senior Pass Includes:
 Scheduled Track Walking Time
 Discounts on Senior Tours

 Senior Swim Time
 Wellness Room access (8am-10pm)

 Select Fitness Classes on the senior side
 Library and Computer Lab access (8am-3pm)

 Book Club
 Bingo

 Elder Guest (Additional membership dues)
 Informational Luncheons

# 1. Select One

Resident or Elder Quest - Senior Pass Annual Membership (\$10)

Non-Resident - Senior Pass Annual Membership (\$100)

2. First Name	Last Name	Date of Birth	Gender
			M/F
2			M/F
Street Address			
City, State, Zip Code			
Primary Phone		Secondary Phone	
Emall Address			
Name of Emergency Contact_		Phone Number	
Relationship			

I (and all named individuals on this application) agree to abide by the rules and regulations set by PCPR and understand that violations of the rules and regulations may result in restriction or revocation of my membership privileges without any refund. I further understand that misrepresentation of any information on this form may result in reduction or loss of membership privileges. If I claim residency status and it is later determined that my residence is outside the boundaries of provo City. I understand I will be offered the option to continue my membership at the non-resident price. I have read and I will be Membership Agreement and Refund Policy.

	S	
1	ō	
	Ignatu	
	ш	
	z	
	5	
	Ð	

Date

SENIOR PASS AGREEMENT

RECREATION

CENTER

- Payment: All payments to the Recreation Center are subject to refund policies of the Recreation Center.
   a. Full Payment: Under this option, a payment of \$\_\_\_\_\_ must accompany the Application.
- Membership Cards: Cards are issued to all pass holders. Lost cards can be replaced for a \$5 fee. Allowing someone to use your card, may result in your membership being revoked.
- Pass Privileges: Pass holders will be admitted to public activities such as scheduled track walking time, senior swim time, select fitness classes on the senior side, game room access (8am-10pm), book club, discounts on senior tours, wellness room access (8am-10pm), library and computer lab access (8am-3pm), bingo, and informational luncheons at no additional charge. The Senior Annual Pass does not include access to fitness classes located on the main side of the facility, swimming during hours that are not approved, or using the upstairs fitness mezzanine with the exception of the track walking time.
- Elder Quest: If you wish to attend Elder Quest classes, you must also fill out an application and pay dues to Elder Quest.
- 5. To utilize the full facility and any other features not included in the Senior Pass, a day pass or a full membership must be purchased. If at any time inappropriate/unapproved usage occurs, the Senior Pass may be suspended. If continued abuse of the Senior Pass is observed for more than one time, the price of a full access membership will be invoiced.
- The Resident Senior Pass is non-refundable after 7 days. The Non-Resident Senior Pass follows the cancellation policy.
   Age Requirements: To qualify for the Senior Pass, participants must be 60 years or older. Spouses under 60 are
- Age Requirements: To qualify for the Senior Pass, participants must be 60 years or older. Spouses under 60 are eligible for a senior pass if their spouse is 60 years or older.
   Dental Faultment/Lockers: The Decreation Center provides some equipment for a daily rental fee. If nations
- 3. Rental Equipment/Lockers: The Recreation Center provides some equipment for a daily rental fee. If patrons would like to use a locker, they can provide their own lock. Any personal locks left on the lockers at the end of the day will be cut off and all contents of the locker will be put in the lost and found. Lost and found items are held for up to one week and then donated to a local charity.
- 9. Member's Conduct: Members agrees to follow the rules and regulations for the Recreation Center in accordance with the Patron Code of Conduct. Any Members who do not comply with the rules of the Recreation Center, may be expelled and/or have their membership revoked pursuant to the Refund Policy guidelines.
- 10. Waiver: Member affirms that participation in the activities or services provided by the Recreation Center are voluntary, and acknowledges that there are inherent risks in such participation that cannot be eliminated. Member assumes full responsibility for any and all injuries or damages which may occur to Member or their dependents as a result of such inherent risks associated with such activities or services provided by the Recreation Center. I hereby agree, on my behalf and on behalf of my dependents, to release, indemnify, and hold harmless Provo City Corporation, or any of its directors, officers, agents, employees, sponsors, and volunteers from any liability, loss, cost, or expense (including attorney fees, medical and ambulance costs) suffered by me or my dependents arising from my or my dependents participation in any activity at the Recreation Center. I give permission to use my (my dependents) photograph to publicize Provo City programs and services.
- The undersigned acknowledge(s) having read the foregoing Agreement and agree(s) to be bound in accordance with its terms.

Applicant Member Date

Proof of Residency	OFFICE USE ONLY
Card Repri	

nt fee

Sale Date

Check in Location

Sx Check in

Arrow Cancellation

Cancellation

Amount Paid\_\_\_\_\_

Cancellation Policy

Entered By

Please bring to Provo Recreation Center front desk. DO NOT RETURN TO ELDER QUEST!

Utah Valley University ELDER QUEST MS 132 800 West University Parkway Orem, UT 84058-5999



Nonprofit Organization U.S. POSTAGE **PAID** Utah Valley University

### CONGRATULATIONS to all Elder Quest Members!!!

Recipients of the UVU Alumni 2018 Legacy Award



### **UVU Elder Quest**

Give us a call for more information about membership in UVU Elder Quest

> Membership Chair Marjean Bingham

801-671-3144

President Ruth Hillam

801 377-0720 (H) 801 361-0453 (C)

Visit us on the web at www.uvu.edu/elderquest