

**Live Life  
in Full Bloom**

Classes Sept 15-Nov 20



Fall 2025



## **A Message from Our President**

**To My Elder Quest Friends:**

The Elder Quest theme selected for 2025-26 is **“Live Life in Full Bloom”**.

I’ve always believed people are happier living the adage “bloom where you are planted”. For some of us life has presented opportunities to bloom in various places across the globe. Part of me envies those of you who’ve enjoyed that unique opportunity! For others our feet have been pretty much planted in local soil. Wherever life has taken us I’m sure we’ve enjoyed much blooming! Just progressing through the various seasons of life has presented varied opportunities to learn, grow and contribute.

Now many of us are planted in the senior stage of life. Even with advancing years I invite all to live life in full bloom in mind, body and spirit.

Elder Quest is all about lifelong learning and encourages our minds to continue to bloom! Advanced years can bring physical changes that make blossoming more difficult. I feel great admiration for those who just keep going! I greatly appreciate those of you who despite mobility and health issues show up at the senior center in person day after day, week after week! You make classes more enjoyable for teachers and learners.

Fortunately Zoom makes learning accessible for those who can’t participate in person. I invite you to let EQ lift your spirit! Mine is lifted every time I rub shoulders with you great seniors!

Throughout this coming Elder Quest year let’s make it our goal to **“Live Life in Full Bloom”**.

**Marjean Bingham**, Elder Quest President 2025-26

## **Monday Classes**

10:00-11:30 AM **Judith and Leonard Tourney**

**The Mystery Of Agatha Christie**



What’s new about Agatha Christie? The back cover of the recent biography of Christie by Lucy Worsley (OBE, Curator of historic royal palaces, documentarian for the BBC, and author) poses these questions: Why did Agatha Christie pretend she was “just an ordinary housewife” when she wasn’t? She surfed in Hawaii, loved fast cars, was a prolific poet and wrote a revealing but mystery-ridden autobiography. She had many suitors as an Edwardian debutante and also served as a wartime nurse in both world wars.

She married twice, the “men of her dreams,” or nightmares. She was an unconventional mother of her only child and was intrigued by the science of psychology, which helped her through a devastating mental illness. So why, “despite all the evidence to the contrary, did Agatha Christie present herself as a retiring Edwardian lady of leisure?” We’ll pursue the answer from lesser-known sources as well as in her well-known novels and short stories, such as her own autobiography, her poetry, and her dramas.

**Agatha Christi, continued:** She was one of the best-selling fiction writers of all time, selling over 2 billion books during her writing career. This course will look beyond the books—and the films—to the author herself to find answers to these questions and open windows to a remarkable woman's private life and art.

1:00-2:00 PM **Linda Knight**

## **World War II: Secrets, Surprises And Spies**



With Adolph Hitler leading a German invasion of Poland in 1939, World War II was launched - a deadly global conflict waged across Europe and the Pacific until 1945. Bloody battles raged between the Allied powers, which included Britain, France, the Soviet Union and the United States along with other nations, and the Axis, notably Germany and Japan. When the Axis ultimately surrendered, some 20 million soldiers were dead, along with an estimated 40 million civilians.

Join us this fall as we become a witness to the leaders, countries, battles and strategies of this period of our world's history. As the class title suggests, there will be some secrets, surprises and spy stories as well.

2:15-3:15 **Bruce Young**

## **C. S. Lewis's Last Great Novel, *Till We Have Faces***



The main purpose of this class will be to read, ponder, discuss, and experience the depth and power of C.

S. Lewis's last great novel, ***Till We Have Faces***, a retelling of the Cupid and Psyche myth through the eyes of Psyche's jealous sister. Though Lewis felt it was his best creative work, it is among his less well known – and it is challenging to read, which is one reason you may want to benefit from the insights of class members as you read it.

***Till We Have Faces*** deals with some of Lewis's most important ideas: love in its many manifestations; faith and the challenge of accepting spiritual realities that surpass our understanding; and the difficult process of surrendering our pride and fears in order to know God and truly love others. The novel's title comes from a line near the end of the book that sums up the deep transformation we need to experience: "How can the gods meet us face to face till we have faces?"

The book is strongly influenced by Lewis's relationship with his future wife, Joy Gresham. With that in mind, we'll connect the book with Lewis's life, especially his relationship and eventual marriage with Joy and his response to her death, as these are portrayed in the movie *Shadowlands* and in Lewis's book *A Grief Observed*. Though our focus will be on Lewis's last great novel, your experience with the book will be enriched as you see it in the context of Lewis's life and ideas.

## **Tuesday Classes**

10:00-11:30 AM **Marden Pond**

## **Masterworks and Musings: Epic Triumphs and Intimate Reflections**



Explore a wide range of musical gems – from towering symphonic and choral works to delicate and touching personal expressions. We'll spend time hearing and seeing complete performances and cherished excerpts. Some fascinating film and video scores will be viewed. As always, Marden will share fascinating background vignettes to introduce and give insights into each work.

Topics may include: music inspired by Shakespeare & Goethe, music of Americana, Music of the spheres, ballet and opera scores, requiems and music of mourning, and others. Composers may include: Rimsky-Korsakov, Brahms, Mendelssohn, Richard Strauss, Mozart, Gustav Holst, Vaughan Williams, and selected works by Marden Pond.

1:00-2:00 PM **Jeannie Griffiths**

## **African Safari, Ethiopia and Greece Ancient and Modern**

Welcome back to another informative semester with my Cultural Geography class. Each year we learn about the history, culture, language and geography from a few of the 195 countries in the world.

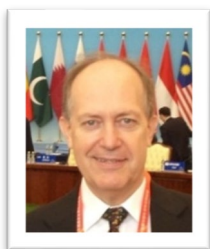


We will start the year with Africa. You may ask, "Wait a minute, didn't we study Africa last year?" Yes, we did. But last year we ran out of time, so you didn't get to see all the incredible animals that Robert and I saw on our African Safari. We will then learn about Ethiopians with its amazing history. They believe the Queen of Sheba was their ancient ruler who met Solomon as recorded in the Bible. Ethiopia is the only African country with black Jews that emigrated to Israel.

Ethiopia's Omo Valley is the home of ancient tribal groups that still exist today with absolutely no modern conveniences. It was like going back to the stone age!

2:15-3:15 PM **Robert Griffiths**

## **Can China Re-write the Laws of Economics?**



It has been almost 50 years since China left behind Marxist economics and embraced "socialism with Chinese characteristics," which looks to most people like capitalism. Since then, the Chinese economy has grown faster, and lifted more people out of poverty, than any country in history. But China's economy is now seen by many as a threat.

Have the Chinese figured out how to harness market economics better than the rest of the world? How do they make the most advanced, and cheapest, electric vehicles? How did they corner the market on rare earth minerals that everyone's technological hopes rely on? How can they afford the world's largest foreign aid program when the United States has all but given up helping foreign countries? Have they discovered something we don't know, or are they going

to wither like Japan did?

To explore the answers to these and other exciting questions, set your clocks for Tuesday afternoons at Elder Quest!

## **Wednesday Class**

10:00-11:00 AM **Deon & Gerhard Ruf**

## **Remarkable People**

These are just a few of the books that will be used and discussed in the 10 classes this semester.



**Week 1 – Tracks, Robyn Davidson** Davidson made a solo trek across 1,700 miles of Australian Outback.

**Week 2 – Born to Run, Christopher McDougall** The Tarahumara Indians of Mexico run more than two hundred miles without a break.

**Week 3 – Love, Life, and Elephants, Dame Daphne Sheldrick** Sheldrick operated an elephant orphanage in Kenya. The elephants' mothers had been killed by poachers.

**Week 4 – Wolves at Our Door, Jim and Jamie Dutcher**

The Dutchers lived with a wolf pack for six years, gaining their trust and affection.

### **Elder Quest Luncheons**

2<sup>nd</sup> Wed at noon at UVU Culinary Arts Building

661 Timpanogos Pkwy, Orem

**Sep 10 Oct 8 Nov 12 Dec 10**

**Reserve at least 1 week in advance at 801 863-8012**

### **Potpourri Wed (guest lectures)**

**Every other Wed 11:15-12:15 pm**

**Sep 17 Oct 1, 15, 29 Nov 5**

Presenters TBA in weekly Elder Quest emails

**Attend live in classroom or on Zoom**

# Thursday Classes



10:00-11:30 AM **Brad Daw**

**The World And You**

This class is hosted by Brad Daw, a former Utah State Representative. The class is a mix of current events from around the world.

This is a class where all input is welcome. Come and hear what is going on, listen to how others see it and feel free to share your thoughts. Come join us for a lively discussion about what is happening around the world, in our country, and here in Utah.

1:00-2:00 PM **David Farnsworth**

**World Religions**



This fall we will look at the major religions of the world from those based in Animism to Zoroastrianism. (Sorry, I had to find an A to Z.) We will cover Hinduism, Buddhism, Tao, Shinto, Islam, Judaism and more. We will answer how each faith views creation, Gods, purpose of life, death and the hereafter and how each faith has shaped the culture in which it is dominant. I hope understanding and tolerance will follow.

2:15-3:15 **Dave Johnson**

**Enjoying Shakespeare**

“All the world’s a stage,” said William Shakespeare, “and each man (or woman) in a lifetime will play many parts.” This is your chance to play kings and queens, ladies and lords, rogues and priests, heroes, and even common people. The Bard will happily loan you his iconic words to help you see how they still resonate even after more than 400 years!



No prior experience is needed. No memorization. Class is presented in a readers’ theatre - discussion format with the text projected on the wall. You are encouraged to take part as an actor and as a member of the audience - both are distinct parts of Shakespeare’s theatre. His plays were written to be shared aloud rather than studied silently. It is ok to read ahead.

Our plan is to study the Shakespeare plays to be presented at the 2026 Season of the Utah Shakespeare Festival. However, they do not publish their season until July 1<sup>st</sup>. We will share information as soon as we have it. You can also check [www.bard.org](http://www.bard.org) whenever you like. Whether you attend the Festival with a tour, on your own, or indulge in

Shakespeare shows elsewhere, the class is a way to help you better enjoy your time with works of the Bard.

Since “...*All the world’s a stage;*” come play your part!

## Friday Fun

### Friday Flicks

Every Friday is Movie Day for our Elder Quest members and guests at the Orem Public Library. Grace Barrett and Jaynann Hampton always choose a variety of great movies.

We meet Fridays at the Orem Library at 2:00 pm in the basement media room and an elevator is available.

Join us for good company, comfortable seating and even treats! You don’t have to be a member of Elder Quest so bring your friends!

### Day Trips

Once a month, fun and informative Friday Day Trips are planned by Judy Istook for interested EQ members and their guests.

Sept 19, Oct 17, Nov 14













Stay tuned to your weekly email for details.



# Live Life in Full Bloom

## Elder Quest Fall Semester Classes from Sept 15 to Nov 20, 2025

Join UVU Elder Quest!  
Call (801) 863-8012  
For Information or Registration

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10-11:30 Leonard &amp; Judith Tourney</p>  <p>The Mystery Of Agatha Christie</p>	<p>10:00-11:30 Marden Pond</p>  <p>Masterworks and Musings: Epic Triumphs and Intimate Reflections</p>	<p>10:00-11:00 Deon &amp; Gerhard Ruf</p>  <p>Remarkable People</p>	<p>10:00-11:30 Brad Daw</p>  <p>The World and You</p>	<p>Friday Flicks With Grace Barrett &amp; Jeynann Hampton</p> 
<b>BREAK</b>	<b>BREAK</b>	<p>11:15-12:15 Potpourri Presentations Every other Wed Join us live in the classroom or on Zoom More TBA in weekly EQ emails</p>	<b>BREAK</b>	<p>Fridays at 2:00 pm Orem City Library Media Room Come and bring your Friends!</p>
<p>1:00-2:00 Linda Knight</p>  <p>World War II: Secrets, Surprises And Spies</p>	<p>1:00-2:00 Jeannie Griffiths</p>  <p>African Safari, Ethiopia and Greece – Ancient and Modern</p>	<p>12:00 Noon EQ Monthly Luncheon UVU Culinary Arts Building 2<sup>nd</sup> Wednesdays Call (801) 863-8012 up to one week in advance to reserve your place</p>	<p>1:00-2:00 David Farnsworth</p>  <p>World Religions</p>	<p>Friday Day Trips With Judy Istook!</p> 
<p>2:15-3:15 Bruce Young</p>  <p>C. S. Lewis's Last Great Novel, Till We Have Faces</p>	<p>2:15-3:15 Robert Griffiths</p>  <p>Can China Re- write the Laws of Economics?</p>	<p>Facebook @Elder Quest—Utah County YouTube @Elder Quest Utah County UVU <a href="http://www.uvu.edu/ce/elder/">www.uvu.edu/ce/elder/</a></p>	<p>2:15-3:15 Dave Johnson</p>  <p>Enjoying Shakespeare</p>	<p>Details TBA in weekly Elder Quest emails! Friday, Sept 19 Friday, Oct 17 Friday, Nov 14</p>

# UVU Elder Quest

## Who We Are

- Elder Quest is a unique organization sponsored by Utah Valley University.
- Our major purpose is to provide life-long learning opportunities for seniors 55 and older.
- We're now in our 30<sup>th</sup> year! Last year we served over 200 members throughout Utah Valley.

## What We Do

1. We offer two semesters of classes per year. Fall semester begins mid-September and runs until shortly before Thanksgiving. Spring semester starts mid-January and runs mid to late March.
2. Ten to twelve classes are offered each semester. Each class is held once per week, ten classes per semester. Classes are held Monday through Thursday at the Provo Senior Center and are also available on-line via Zoom. Elder Quest members can take as many or as few classes as they desire. Classes require no homework or tests.
3. Classes include a variety of subjects (see fall class schedule on the back side of this page). Elder Quest teachers are skilled professionals. All teachers donate their time and effort simply because they love teaching Elder Quest.
4. In addition to regular classes, we hold a series of guest lectures each semester, our Elder Quest potpourris. Guest presenters teach one short class based on interest and expertise.
5. We sponsor monthly luncheons prepared and served by UVU Culinary Arts students. Three or four day trips each semester take us to fascinating places and afford the opportunity to socialize together. Elder Quest also shows weekly Friday movies at the Orem Public Library.
6. Our Elder Quest scholarships provide financial aid to non-traditional UVU students. Following Spring semester an outstanding one-day seminar is held, featuring excellent speakers and outstanding entertainment. Here we ask members to dig deep and contribute to our UVU Non-Traditional Student Scholarship program.

### Find Elder Quest online!!!

**YouTube**

@[Elder Quest Utah County](#)

**FaceBook**

@[Elder Quest -- Utah County](#)

**UVU**

[www.uvu.edu/ce/elder/](http://www.uvu.edu/ce/elder/)

**Luncheon Payments**  
**Registration Payments**  
**Newsletters**  
**And more!**

## Would You Like To Join Us?

You may be surprised to find that **Elder Quest membership costs just \$45.00 per year or \$25.00 for each semester.** Once-a-month luncheons with a variety of guest speakers are priced separately at \$16.00, and the cost of day trips are based upon the price of the event and the cost of the bus.

As Elder Quest President for the coming year, I invite you to engage with us in this amazing lifelong learning opportunity. For more information call me at 801-671-3144. Better yet, pick up the phone today and **register by calling 801-863-8012** or go online to [bit.ly/elderquest](http://bit.ly/elderquest).

**Marjean Bingham, UVU Elder Quest President**

**FALL 2025 Classes start 9/15**

**Thank you for registering!**

**Go to: [bit.ly/elderquest](https://bit.ly/elderquest) or call**

**Elder Quest/UVU: 801-863-8012**



**LEARN MORE — DO MORE — BECOME MORE**

Name (First & Last):
Preferred Name (for name tag):
Address:
City/State/Zip
Contact Phone(s):
Email:

- Your UVU Elder Quest Member name tag will be provided to you. Please wear it to all events.
- Lunches, dinners and other outside activities will require additional payments unless noted otherwise.
- Elder Quest membership fees do not include the \$10 annual Senior Pass to the Provo Recreation Senior Center. The Senior Pass gives members access to the Community side of the Recreation Center with free access to core senior programs including - Tai Chi, Bingo, Zumba Gold, Book Club, Educational programs and seminars, limited track and swim access, Computer Lab, Library access and Wellness Room Fitness Equipment access. This pass does not give general access to the rest of the Recreation Center. Contact the Community Counter at (801) 852-6620 for more details or to sign up for full access.

#### **Emergency Contact Information**

Contact Name:	Relationship:
Contact Phone(s):	

**Go to: [bit.ly/elderquest](https://bit.ly/elderquest)  
for secure online registration & payment.  
One Semester (10 weeks): \$25.00  
Two Semesters (Fall & Winter) \$45.00  
Fall 2025 Semester starts 9/15  
Catered Luncheon: \$16.00**

#### **Membership Enrollment Questions?**

**UVU/Elder Quest Enrollment  
801-863-8012  
General inquiries?  
Marjean Bingham,  
President, Elder Quest  
801-671-3144**

*Information on this form will be used for direct contact only. It will not be shared with any other organization other than the UVU Foundation, when initialed above, except in connection with notification of and participation in UVU Elder Quest activities.*

**LEARN MORE — DO MORE — BECOME MORE**





## Your Generosity Changes Lives!

UVU Elder Quest Scholarship Fund is dedicated to scholarshiping “non-traditional students” returning to UVU seeking a better life.

### Mail Checks anytime, payable to:

UVU Elder Quest Scholarship  
UVU Institutional Advancement  
Attn: Vicky Hopper  
800 W University Pkwy, MS 111  
Orem, Ut 84058  
**OR**

Credit card donations are accepted online at  
<https://www.uvu.edu/ce/elder/>  
then click on the  
“Scholarship Donation” button

**Live Life  
in Full Bloom**

## UVU Elder Quest 2025-26 “Live Life in Full Bloom”

Contact us today for more information on how  
you can join Elder Quest classes  
in person or via Zoom!

[www.uvu.edu/ce/elder/](http://www.uvu.edu/ce/elder/)

**President Marjean Bingham**  
(801) 671-3144

**Vice President Gloria Simons**  
(801) 709-9047

Registration online for Elder Quest Membership:

[www.bit.ly/elderquest](http://www.bit.ly/elderquest)

Or call (801) 863-8012

## Traveling the World with Joan Hahn!

website [bucketlisttrips.citymax.com](http://bucketlisttrips.citymax.com)

800-677-4750

2026 will also include  
Logan, UT and Branson!

### Sailing into History of North America's Eastern Coast!



Old North Church, Boston



Bar Harbor Maine



Acadia National Park



St. John, Bay of Fundy



Halifax, Nova Scotia



Norwegian Breakaway

### October 11th-18th, 2026

#### ITINERARY

DATE	PORT	ARRIVE	DEPART
Oct. 11	Boston		4:00 p.m.
Oct. 12	At Sea		
Oct. 13	Portland, Maine	8:00 a.m.	5:00 p.m.
Oct. 14	Bar Harbor, Maine	8:00 a.m.	5:00 p.m.
Oct. 15	St. John, Bay Fundy	8:00 a.m.	4:00 p.m.
Oct. 16	Halifax, Nova Scotia	10:00 a.m.	8:00 p.m.
Oct. 17	At Sea		
Oct. 18	Boston	8:00 a.m.	



**PRICING FOR CRUISE** - Based on double occupancy  
Interior Stateroom \$976.00 per person  
Ocean View Picture Window \$1,220.00 per person  
Balcony Stateroom \$1,560.00 per person  
Airfare out of Salt Lake City at present time is \$389.00 p.p.

Call us for more information on this incredible cruise!  
Travel Passport - Joan, Carla & Nancev

### THE BEST OF THE MEDITERRANEAN Cruise Dates – September 16th - 26th, 2026



#### ITINERARY ON THE NORWEGIAN VIVA (Sister Ship to the Prima)

DATE	PORT	ARRIVE	DEPART
Sept. 16 <sup>th</sup>	Civitavecchia, Rome		5:00 p.m.
Sept. 17 <sup>th</sup>	Livorno, Florence, Pisa	6:45 a.m.	6:45 p.m.
Sept. 18 <sup>th</sup>	Amalfi Coast (Salerno)	1:00 p.m.	10:00 p.m.
Sept. 19 <sup>th</sup>	Messina, Sicily	9:00 a.m.	9:00 p.m.
Sept. 20 <sup>th</sup>	At Sea		
Sept. 21 <sup>st</sup>	Herklion, Crete	7:00 a.m.	7:00 p.m.
Sept. 22 <sup>nd</sup>	Santorini Island, Greece	7:00 a.m.	9:00 p.m.
Sept. 23 <sup>rd</sup>	Piraeus, Athens	5:30 a.m.	6:00 p.m.
Sept. 24 <sup>th</sup>	Kusadasi (Ephesus), Turkey	7:00 a.m.	2:00 p.m.
Sept. 25 <sup>th</sup>	Istanbul, Turkey	11:00 a.m.	Overnight
Sept. 26 <sup>th</sup>	Istanbul, Turkey	7:00 a.m.	

**JOIN  
US  
FOR  
THIS  
AMAZING  
CRUISE  
IN  
2026!**



#### PRICING:

Based on Double Occupancy  
Interior \$2,301.00 per person  
Balcony \$2,897.00 per person  
Airfare out of SLC \$809.00 per person  
Other cities upon request