

ONLINE RESOURCES

- **LiveOn.org** (Statewide effort to prevent suicide by promoting education, providing resources, and changing our culture around suicide and mental health)
- <https://www.nami.org/About-Mental-Illness/Treatments/Types-of-Mental-Health-Professionals> (explanations of mental health professionals and credentials)
- **Extraordinary Options for Ordinary People** <https://extraordinaryoptions.org>

Start Now

