



‘People, not Programs, Change People’

Being Trauma-Informed as a Suicide Prevention Strategy

Martin Roundy

Fundamental Topics

ONE: Where do suicidal feelings, thoughts and behaviors originate?

TWO: What is “trauma”?

THREE: What is “traumatic stress”?

FOUR: What does it mean to be “trauma-informed”?

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FIVE: What are “ACEs”?

SIX: How do ACEs influence potential suicidal emotions, thoughts and behaviors?

SEVEN: How can our “being” reduce or prevent the suicidal impact childhood trauma?

The attached pages are for additional notes, questions, and other written observations.

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Additional notes, questions and written observations:

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Note: The PowerPoint of this session and two additional documents, “ACE Score.24 Items.Aug22”, and “Childhood Trauma-What it is. What it does. & Why it Matters,” can be found on the Conference website under the title of this session.