

**Concurrent Enrollment Procedures**  
 Department of Exercise Science and Outdoor Recreation  
 September 2026

**Purpose:** This document is intended to outline the department-approved instructor qualifications, procedures for assessing instruction, providing training, and the overall responsibilities of the Exercise Science/Outdoor Recreation CE liaison, who assumes these primary responsibilities.

**CE Instructor and Liaison Qualifications, Standards, and Expectations:** UVU’s accrediting body, the Northwest Commission on Colleges and Universities (NWCCU), has its own teacher qualification standards. The National Alliance of Concurrent Enrollment Partnerships (NACEP) have specific [standards for quality](#) in CE. The Utah State Legislature has its own standards according to [HB 335 Alternative Concurrent Enrollment Options for Capacity Flexibility](#), which do not necessarily align.

Exercise Science/Outdoor Recreation	Utah HB 335
<ul style="list-style-type: none"> <li>- Master’s degree of higher in Athletic Training, Sports Medicine, Exercise Science or a closely related field</li> <li>- Industry certification as an Athletic Trainer (ATC) in good standing</li> <li>- Demonstrated professional experience providing patient care, clinical supervision, or athletic training services in school, collegiate, or clinical settings.</li> </ul>	A degree, certificate, or industry certification in the concurrent enrollment course's academic field
<ul style="list-style-type: none"> <li>- A bachelor’s degree in athletic training, Sports Medicine, Exercise Science, Kinesiology, or a related discipline AND significant recent experience (typically 3–5 years) working in the field of athletic training, sports medicine, or strength and conditioning.</li> <li>- Relevant professional credentials such as CSCS, CES, PES, EMT/Paramedic certification, or other field-adjacent certifications that support course content.</li> <li>- Demonstrated instructional experience, mentorship experience, or the ability to teach foundational sports medicine concepts at the high-school level.</li> </ul>	Qualifying experience, as determined by the eligible institution

### Exercise Science and Outdoor Recreation Exception to Above Standards and Related Procedures

As a department, we expect high schools to meet the CE instructor qualifications outlined by NACEP and NWCCU, and the Exercise Science and Outdoor Recreation Department.

- **Additional Considerations:**
  - Prior teaching experience (secondary, post-secondary, or clinical instruction) is preferred but not required.
  - Candidates must possess strong professional communication skills and the ability to deliver hands-on, skills-based instruction aligned with UVU course objectives.
  - Commitment to maintaining professional competencies and staying current with the industry standards
- **Exceptions:** Candidates who do not meet all preferred criteria may still be considered if they hold:
  - Relevant professional credentials such as CSCS, CES, PES, EMT/Paramedic certification, or other field-adjacent certifications that support course content.
  - Demonstrated instructional experience, mentorship experience, or the ability to teach