

Bachelor of Science in Dance: Ballroom

2025-2026 Catalog Year

Suggested course sequence sheet

School of the Arts Academic Advising: 801.863.5397 email: SOAADVISORS@uvu.edu

Freshman Fall	Credits
ENGL 1005 or ENGL 1010 Introduction to Writing	3
MAT 1030 or MAT 1035 Quantitative Reasoning	3
American Institutions Distribution	3
DANC 1610R: Dance Conditioning	1
DANC 2110: Orientation to Dance	3
DANC 2720R: Latin Ballroom Dance II	1
Free Elective	1
Total	15

Freshman Spring	Credits
ENGL 2010 Intermediate Writing	3
Humanities Distribution	3
Personal, Professional, and Civic Growth	3
DANC 2710R: International Ballroom Dance II	1
Program Electives	3
Free Elective	2
Total	15

Sophomore Fall	Credits
Biology Distribution	3
Physical Science Distribution	3
DANC 1100R or 1200R or 1410R or 1270R or 1430R or 1440R*	3
DANC 2700R: American Social Dance II	1
DANC 2760R or 3760R or 4760R Ballroom Ensemble or Team (6 total credits required) and/or Program Electives depending on course taken	3
Free Elective	2
Total	15

Sophomore Spring	Credits
Social/Behavioral Science Distribution	3
DANC 1100R or 1200R or 1410R or 1270R or 1430R or 1440R*	3
DANC 2560G: Dance as a Cultural Practice (Spring Only)	3
DANC 3700R: American Social Dance III	1
DANC 2760R or 3760R or 4760R Ballroom Ensemble or Team (6 total credits required) and/or Program Electives depending on course taken	3
DANC 3740 Ballroom Dance Choreography (Offered every other spring) or Program electives	2
Total	15

Junior Fall	Credits
DANC 3630: Dance Cultural Practice II (Fall Only) or DANC 2880 Moving Mainstream Dance Trends in Popular Culture	3
DANC 3710R: International Ballroom III	1
DANC 2760R or 3760R or 4760R Ballroom Ensemble or Team (6 total credits required) and/or Program Electives depending on course taken	3
DANC 3720R: Latin Ballroom Dance III	3
DANC 4740 Ballroom Dance Teaching Methods and Theory (Offered fall even years) or Program Electives	3
Free Elective	1
Total	14

Junior Spring	Credits
DANC 3680: Dance Kinesiology (Spring Only)	4
DANC 3740 Ballroom Dance Choreography (Offered every other spring) or program electives	2
DANC 2760R or 3760R or 4760R Ballroom Ensemble or Team (6 total credits required) and/or Program Electives depending on course taken	3
Program Electives	6
Total	15

Senior Fall	Credits
DANC 4350 Senior Capstone I (Fall only)	2
DANC 4710R International Ballroom Dance IV	2
DANC 4720R Latin Ballroom Dance IV	2
DANC 4740 Ballroom Dance Teaching Methods and Theory (Offered Fall even years) or Program Electives	3
Program Electives	3
Free Elective	4
Total	16

Senior Spring	Credits
DANC 4360: Senior Capstone II (Spring only)	2
DANC 3740 Ballroom Dance Choreography	2
Program Electives	3
Free Elective	8
Total	15

DEGREE CREDITS TOTAL: 120

Program Elective Strongly Recommended Courses: DANC 2330 Improvisation, DANC 2340 Composition, DANC 2650R Fundamentals of Movement, DANC 2670 Intro to Laban, DANC 3140 Dance Production and Lighting, DANC 3850 Arts Management for Dance, HLSC 1055 Pilates I, HLSC 1057 Power Yoga

*If DANC 1100R, 1200R, or 1410R are used to complete this requirement, make note they are only 1-2 credits each and more than 2 semesters will be needed.

Auditions:

Company & Scholarship Auditions: <https://www.uvu.edu/dance/students/> (down to scholarship section)

Auditions Only Courses: Auditions are the first week of school, every semester.

* Matriculation Requirements:

:Dates and Forms: <https://www.uvu.edu/dance/students/> (down to Matriculation section)

Graduation Requirements

1. Completion of minimum of 120 semester credits.
2. Overall 2.5+ GPA or above
3. Residency hours: minimum of 30 credits completed through course attendance at UVU, at least 10 hours earned in the last 45 hours
4. Completion of General Education and specified department requirements.
5. Successful completion of at least 1 Global/Intercultural course.

**Apply to graduate at [uvu.edu/graduation](https://www.uvu.edu/graduation)

Looking for More Information?

1. For information on the dance program at Utah Valley University, see this link: <http://www.uvu.edu/dance/companies.html>
2. For information on performances that you can attend: <https://www.uvu.edu/thenoorda/academic/index.html#dance>
3. Need to get a hold of the Faculty?: <https://www.uvu.edu/dance/about/#staff>