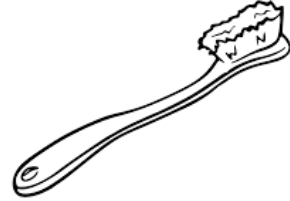


BRUSHING OUR TEETH

1. Grab your toothbrush.
2. Squeeze a pea size drop of toothpaste on your toothbrush.



3. Turn on water and wet toothbrush.

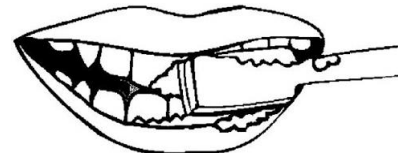


4. Don't forget to turn the water off! 😊

5. Start 2 minute timer.
6. Brush every side of all your teeth until timer runs out.



7. Spit your toothpaste into the sink.



8. Rinse your toothbrush with water and put away.

9. Rinse your mouth and Smile!

