

Dancing a Book/The Noisy Paintbox

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Steps:

1. Review the elements of dance: Body, Action, Space, Time and Energy. You may wish to use the following links for ideas: <https://www.elementsofdance.org/>
<https://utah.pbslearningmedia.org/resource/d7fcd19b-ee9b-4d90-a550-833fbe22865c/the-five-elements-of-dance/>
2. Share the book, The Noisy Paintbox. Using both the text and illustrations make a list of action words from the story.
3. Place movement words on an alphabet chart to use as an anchor chart.
4. Explore movements with different body parts, varying degrees of energy, changing levels, directions, and size, changing the timing, fast, slow or in a rhythmic pattern.
5. Groups choose a scene from the book and using the anchor chart create a sequence of movements that demonstrate the scene.
6. Rehearse with the group.
7. Perform with or without music, while the book is being read aloud, or as the dancer speaks the words themselves.

