Disaster Supply Kit

ADD ADDITIONAL ITEMS TO KITS TO FIT INDIVIDUAL NEEDS

1) Shelter & Fire
- Waterproof poncho
- Emergency reflective blanket
- Wool or fleece blanket or sleeping bag
- Tent or tarp
- Windproof/waterproof matches
- Alternate fire-starter
- Hand and body warmer packets

2) Water
- 1-2 gallons of water in a refillable container
- Water tablets and/or filter

3) Food
- 3 days supply of ready-to-eat, nonperishable food
- Hard candies

4) Sanitation & Hygiene
- Personal hygiene kit: soap, toothbrush, toothpaste, comb, toilet tissue, feminine items, razor, lip balm, wash cloth, etc.
- Garbage bags
- Hand sanitizer
- Baby wipes

5) Light & Power
- Flashlight
- Batteries
- Light sticks

6) First Aid
- First aid kit: Adhesive bandages, rolled gauze and pads, disposable gloves, antibiotic cream, burn gel, antiseptic towelettes, tweezers, triangle bandage, etc.
- First aid instruction booklet
- Personal medications
- Scissors and sewing kit
- Insect repellent
- Sunblock

7) Communication
- Multi-power AM/FM radio
- Notepad and pencil
- Plastic whistle with neck cord
- Extra mobile phone charger

8) Safety & Security
- Work gloves
- Dust mask
- Mace/pepper spray
- Spare house/car keys

9) Clothing, Tools & Personal Items
- Clothing for warm/cold weather
- Extra socks and underwear
- Ball cap and/or bandanna
- Extra glasses or contacts
- Compass
- Multifunction pocket knife
- Duct tape and 50-ft nylon rope
- Stress relief item: book, toy, etc.

10) Cooking
- Camp cup, plate, and utensils
- Lightweight stove and fuel
- Paper towels
- Can opener (may be on knife)

11) Important Documents & Money
- Copies of: emergency plan, birth certificates, marriage license, will, insurance info, financial info, vehicle title, family photos, ID, emergency contact list, etc.
- At least $200 in small bills

12) Transportation
- Sturdy walking shoes or boots
- Wagon, stroller, or wheelchair as needed

REMEmber:
- Store in a backpack, wheeled suitcase, or other portable container in an easy-access location, as near as possible to an exit
- Have a separate kit for each family member
- Items susceptible to water damage should be in plastic bags
- Check kit twice a year and replace items that have expired or don’t work

Cover all 12 Areas of Emergency Preparedness in your disaster supply kits.

Make a Plan  Get a Kit  Be Informed  Get Involved
For more preparedness information: BeReadyUtah.gov