

Disaster Supply Kit



REMEMBER:

- ▶ Store in a backpack, wheeled suitcase, or other portable container in an easy-access location, as near as possible to an exit
- ▶ Have a separate kit for each family member
- ▶ Items susceptible to water damage should be in plastic bags
- ▶ Check kit twice a year and replace items that have expired or don't work

Cover all 12 Areas of Emergency Preparedness in your disaster supply kits.

ADD ADDITIONAL ITEMS TO KITS TO FIT INDIVIDUAL NEEDS

1) Shelter & Fire

- Waterproof poncho
- Emergency reflective blanket
- Wool or fleece blanket or sleeping bag
- Tent or tarp
- Windproof/waterproof matches
- Alternate fire-starter
- Hand and body warmer packets

2) Water

- 1-2 gallons of water in a refillable container
- Water tablets and/or filter

3) Food

- 3 days supply of ready-to-eat, nonperishable food
- Hard candies

4) Sanitation & Hygiene

- Personal hygiene kit: soap, toothbrush, toothpaste, comb, toilet tissue, feminine items, razor, lip balm, wash cloth, etc.
- Garbage bags
- Hand sanitizer
- Baby wipes

5) Light & Power

- Flashlight
- Batteries
- Light sticks

6) First Aid

- First aid kit: Adhesive bandages, rolled gauze and pads, disposable gloves, antibiotic cream, burn gel, antiseptic towelettes, tweezers, triangle bandage, etc.

- First aid instruction booklet

- Personal medications
- Scissors and sewing kit
- Insect repellent
- Sunblock

7) Communication

- Multi-power AM/FM radio
- Notepad and pencil
- Plastic whistle with neck cord
- Extra mobile phone charger

8) Safety & Security

- Work gloves
- Dust mask
- Mace/pepper spray
- Spare house/car keys

9) Clothing, Tools & Personal Items

- Clothing for warm/cold weather
- Extra socks and underwear
- Ball cap and/or bandanna
- Extra glasses or contacts
- Compass
- Multifunction pocket knife
- Duct tape and 50-ft nylon rope
- Stress relief item: book, toy, etc.

10) Cooking

- Camp cup, plate, and utensils
- Lightweight stove and fuel
- Paper towels

11) Important Documents & Money

- Copies of: emergency plan, birth certificates, marriage license, will, insurance info, financial info, vehicle title, family photos, ID, emergency contact list, etc.
- At least \$200 in small bills

12) Transportation

- Sturdy walking shoes or boots
- Wagon, stroller, or wheelchair as needed

✓ Make a Plan ✓ Get a Kit ✓ Be Informed ✓ Get Involved

For more preparedness information: BeReadyUtah.gov