First-Year Advising Center

Mission: First-Year Advising is committed to assisting every student in their successful transition to Utah Valley University through engaged and holistic academic advising.

Purpose: A student's first year of college is a transformational experience that lays the foundation for the educational journey. The skills and knowledge gained in the first year provide students with momentum to continue the journey toward graduation. First-Year Advising helps students build this momentum through five key learning outcomes.

FAC first-year counseling team Fall 2021

Student learning outcomes

- Select a major and create a corresponding academic plan
- Demonstrate the ability to complete a degree audit and evaluate progress toward graduation
- Complete math/English requirements in the first year and select additional relevant courses appropriately
- Utilize campus resources that support student success
- Build connections at UVU and show resiliency in navigating challenges

Key tenants of advising practice

- Momentum Year Ideals: purpose-first major exploration; milestone completion of QL math and English composition, 30 credits heard in the first year
- Holistic practice: resource referrals, academic mindset, recognizing scarcity concerns
- Proactive outreach: anticipating student needs, seeking out interactions
- Data-informed strategy: guiding outreach through best practice and predictive analytics

Impactful programs & services

Major selection & affirmation
New student onboarding
Academic course selection
Holistic student support
Peer advising
New student onboarding (TrailGuide)

Key contact: Elaine Lewis (elainel@uvu.edu)

Summer Impact Key Figures

Results

7,986

fall 2022 assigned students

full-time counselors

23

60% enrolled full-time fall 2022

advisor caseload **330:1**

seven peer advisors

math completion track **77%**

203 programs/majors advised

59% FAC in-person visits occurred in August 2022

2.3x the visits of comparable sized advising centers

40% FAC portion of total advising in-person visits Apr - August

Student feedback indicates "my advisor...."

showed a personal interest	**92%**
listened to my concerns	**94%**
provided accurate info	**94%**
gave me the time I needed	**94%**

persistence lift