

First-Year Advising Center

Mission: First-Year Advising is committed to assisting every student in their successful transition to Utah Valley University through engaged and holistic academic counseling.

Purpose: A student's first year of college is a transformational experience that lays the foundation for the educational journey. The skills and knowledge gained in the first year provide students with momentum to continue the journey toward graduation. First-Year Advising helps students build this momentum through five key learning outcomes.



FAC first-year counseling team, Fall 2021

Student learning outcomes

- Select a major and create a corresponding academic plan
- Demonstrate the ability to complete a degree audit and evaluate progress toward graduation
- Complete Math/English requirements in the first year and select additional relevant courses appropriately
- Utilize campus resources that support student success
- Build connections at UVU and show resiliency navigating challenges

Key tenants of advising practice

- **Momentum Year ideals:** purpose-first major exploration; milestone completion of QL math and English composition, 30 credits earned in the first year.
- **Holistic practice:** resource referrals, academic mindset, recognizing scarcity concerns
- **Proactive outreach:** anticipating student needs, seeking out interactions
- **Data-informed strategy:** guiding outreach through best practice and predictive analytics



Impactful programs & services

Academic course selection

Major selection & affirmation

Peer advising

Holistic student support

New student onboarding

New student onboarding (TrailGuide)

Key contact: Elaine Lewis (elainel@uvu.edu)

Key Figures

7,418

fall 2021 assigned students



80% enrolled full-time in fall 2021

advisor caseload **300:1**



five peer advisors (PBA pilot)

full-time counselors

23

math completion track **63%**



195 programs/majors advised

Summer Impact

6,084

phone

3,344

in-person

12,779

appointments (April- Aug)

3,304

video



54%

all in-person UVU advising visits April - August

2.5x

the visits of comparable sized advising centers

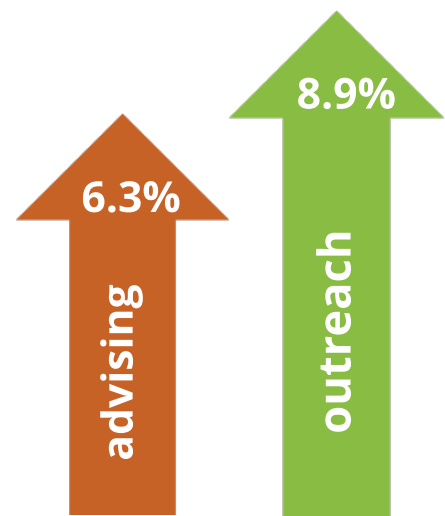
35%

FAC portion of total advising visits April - August

Results

Student feedback indicates "my advisor..."

showed a personal interest	92%
listened to my concerns	94%
provided accurate info	94%
gave me the time I needed	94%



persistence lift