

AVOID SUMMER MELT!

Summer melt happens when students who plan to go to college don't end up enrolling by the fall, often because of challenges they face over the summer.



SUMMER BRIDGE UVU EXCELERATE 2026



Take a free class that counts towards your degree. Receive a scholarship for a tuition-free class, enroll in one of our project-based summer courses, cultivate campus and professional connections, collaborate with a community partner on a real-world project, benefit from small class sizes, Utilize guidance from peer mentors to increase your success, take a FREE class that counts towards your degree! Elevate your classroom learning with real-world, hands-on experience!

Please reach out to one of the FYS team members for more information.

FAQ

Q

What if college just doesn't feel like it's for me?

You're not alone in feeling that way. College can be a big adjustment. Talk with your GEAR UP counselor or mentor. Together you can explore your options, find the support you need, and make a plan that fits you.

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I feel overwhelmed. What should I do?

Start by talking with your GEAR UP counselor or mentor. They'll listen, help you sort things out, and connect you to campus resources that can lighten your load.

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What if I make mistakes or miss deadlines?

Everyone does. Don't panic. Contact your GEAR UP counselor or the right campus office as soon as possible. The sooner you reach out, the easier it is to fix things.

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What if I'm struggling with motivation?

That's normal. Try breaking goals into smaller steps and reconnect with why you're here. GEAR UP can help you refocus and get back on track.

FROM OUR STUDENTS:

"I have been really nervous and had some doubts about making friends in college, but this program has helped me a lot. This really helped me gain confidence and more security for when I start school in the fall—that I will be able to find myself a community here at UVU. Thinking about what I want to do with my career has become a hard question to answer, but Excelebrate has helped me realize the different resources that I have here at UVU. I feel more skilled and prepared for the classes I will be taking in the next few weeks because of the teamwork and time management practice I received in this class. I also think I'm better at creating professional relationships with teachers and mentors."

- Stevie McClure, Freshman

FYS



PATHWAY TO SUCCESS

College Connection



WE'RE HERE TO ASSIST YOU
CONNECT WITH US TODAY



OUR MISSION

First Year Services helps students transition from high school to their first year of attending college. We offer these services to GEAR UP Utah students:

- Academic Advising
- Career Counseling
- Make Connections with Campus Community
- Health & Wellness Support
- Limited Tutoring
- 2nd Year Preparation

OUR APPROACH

Our team is dedicated to understanding the unique needs of each student to ensure their success throughout their college journey. We provide support through the following:

- Confirming each student's chosen school of attendance.
- Guiding students to their school's orientation, academic advising, and registration services.
- Ensuring completion of FAFSA and scholarship applications.
- Connecting students with on-campus resources tailored to their individual needs.
- Offering a fully equipped study space on the UVU campus, stocked with snacks.
- Hosting Summer Bridge programs and workshops to prepare students for success.



SUMMER:
Orientation & Prep



FALL:
Check-ins, campus resource navigation



WINTER:
Academic support, goal setting



SPRING:
Planning for year two, career exploration

WHO WE SERVE

Brigham Young University
Ensign College
SLCC
Snow College
Southern Utah University
University of Utah
Utah State University
Utah Tech University
Utah Valley University
Westminster University
Bridgerland Technical College
Davis Technical College
Dixie Technical College
Mountainland Technical College
Ogden-Weber Technical College
Southwest Technical College
Tooele Technical College
Uintah Basin Technical College

All GEAR UP Utah students are eligible to receive services from GEAR UP through their first year of college. Our team are even able to service students who attend college outside of the state of Utah.

Our partner regions will service students who attend Utah State University-Blanding, Utah State University-Eastern, and Weber State.



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OUR TEAM



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OUR OFFICE IS LOCATED AT LA-114

You'll find us on the first floor of the Liberal Arts (LA) Building. Parking is available in lots L3 for UVU students or in the Parking Garage for those without a parking pass.

