AND STANDERS

8.1

Developing an Understanding of Diversity, Culture, and Culture Competence in Field: A Multilevel Approach

Purpose: The purpose of this activity is for you to develop your understanding of culture in field using a multilevel approach that involves both reflection and building experience.

Directions: For each area, explore the prompt statement and answer any questions; then discuss in supervision with your field instructor. Last, engage in any identified experiential activities.

Individual and Family Level

1. Identify and reflect on the cultural/ethnic/special population group(s) you belong to taking into account your family of origin. In what ways is your cultural identity similar to and different from your family of origin and others who represent similar categories as you?

2. How would you describe your comfort level and personal experience with diversity? That is, consider the amount of experience you have had with diverse population groups and your comfort level when interacting with diverse population groups.

3. Identify your knowledge base and opportunities for exposure to diverse populations. Develop a plan for increasing your knowledge base and exposure (i.e., reading research, attending cultural activities, interviewing individuals who represent diverse population groups).

Agency Level

1. Identify the cultural/ethnic/special population groups served by your agency.

2. Explore the agency's policies, procedures, and practices from the standpoint of cultural competence. Consider the physical environment of the agency, diversity of staff, mission, policies and procedures, access to services, assessment tools used by the agency, models and theories used, and availability of resources/referrals to address the needs of clients.

Community/Societal Level

1. Identify issues, strengths, and struggles at the community level that may or may not be impacting the diverse clients with whom you work.

2. Identify issues at the societal level, including social problems, policies, politics, and trends that may or may not be impacting the diverse clients with whom you work.

REFLECTION QUESTION 8.1

As you think about the previous definition of culture and the metaphor of culture as a lens through which an individual views the world, what is your cultural lens? How do you see the world? What has impacted your

view? How do you see the problems your client systems are experiencing? How do you view helping and the helping process?

Integrative acquire 8.2

Developing Culturally Competent Practice Skills in Field

Purpose: The purpose of this activity is to develop culturally competent practice skills, through a process of gathering information on a client and reflecting on that information in the context of the services you hope to provide.

Directions: Select a client with whom you can gather the following information, and reflect on the information gathered. Following your reflection, consider and discuss with your field instructor the impact this information may have on the services you hope to offer.

Note: This worksheet is grounded in Devore and Schlesinger's (1999) ethnic-sensitive generalist practice perspective.

- 1. Describe the client in terms of his or her diversity (see Kirst-Ashman and Hull's list from earlier). Consider how the client would describe him- or herself in terms of diversity. Is this description similar or different from yours?
- 2. Describe the client's worldview. How does the client see the world, and specifically how does the client see his or her problem and the helping process?
- 3. Describe the client's "ethnic reality," that is, the impact his or her diversity is having on the client's situation and worldview:
- 4. Explain how the client became a client and what, if any, role his or her diversity has played in the client becoming a client:
- 5. Identify any issues related to agency policies and service constraints that need to be considered as you reflect on what you feel the client needs. State how you might go about addressing those needs.

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Identifying Social and Economic Injustice in Field

Purpose: The purpose of this activity is to help you identify specific instances of social and economic injustice impacting the clients with whom you work and consider strategies for practices that advance social and economic justice.

Directions: Consider the following areas, and discuss in supervision with your field instructor.

- 1. Referring back to Integrative Activities 8.1 and 8.2, and the diverse clients with whom you work, what, if any, issues of social or economic injustice are your clients experiencing?
- 2. How are the instances of social and economic injustice experienced by your clients impacting the problems they are having as well as the options for addressing those problems?
- 3. If your agency provides specific services that directly target issues of social and economic justice, what specific strategies might you engage in to address the instances of social and economic injustice experienced by your clients?
- **4.** If your agency does not provide specific services that target social and economic injustice, what specific strategies might you engage in to assist your clients?

REFLECTION QUESTION 8.2

As you think about the clients you work with, what -isms do you think they experience and how do these -isms impact the problems they are experiencing and their

ability to address these problems? What specific issues of social injustice are impacting your clients? How might you begin to address these issues?

The next step is to identify opportunities for policy practice to address issues of social injustice or to advance social justice that may be available to you in your field agency. Students can engage in a variety of tasks that target policy development, such as supporting new legislation or working to ensure the continuation of current legislation.

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EP 2.1.3a

As you consider your efforts to address issues of social and economic injustice in field, it is critical that you develop the ability to (1) identify the issues of social and economic injustice that are impacting your client system, and (2) consider all possible interventions that target individuals, families, groups, organization, communities, and society through the use of advocacy and policy-based practice. This can be accomplished by engaging in Integrative Activity 8.4: Policy Analysis and Practice. This integrative activity will enable you to increase your understanding of how the policies of your agency impact your clients, as well as the impact of local, state, and federal policies on the policies and services offered clients to address their problems. In addition, this activity will assist you in identifying ways to engage policy practice at your field site and thus demonstrate competence in this important area of social work practice.

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Policy Analysis and Practice

Purpose: The purpose of this activity is to guide you in (1) conducting an analysis of an agency policy within the context of state or federal policy in order to better understand the link between policy and practice, and (2) identify opportunities for policy practice in your field agency. Both of these will contribute to the development of competence in policy analysis and practice.

Directions: Address each of the following areas by providing a brief description of the requested information, and discuss in supervision with your field instructor.

- 1. Identify and explain an agency policy that directly impacts your clients and is grounded in or reflects a state or federal policy (attach a copy of the policy if possible):
- 2. Identify the state and or federal policy that relates to the agency policy identified in question 1 (include the name and number of the policy):
- 3. Explain the history and basic tenets of the state or federal policy:

4. Explain how the state or federal policy led to the agency policy or how the agency policy reflects the state or federal policy:

5. Explain how the policy impacts your clients and your agency (be specific and use examples):

6. Identify your analysis of the agency policy in general and whether or not it serves your clients and supports your work:

7. Identify any changes you would recommend to the policy:

8. If any, specifically identify a plan of action to engage in policy practice:

9. Identify an opportunity for policy practice at your agency (this could involve the development of new policy or efforts to maintain current policy both at the agency level and state or federal level):

10. Identify any policy needs you see of your agency or clients and how you would address that need through policy practice: