**Curriculum Map for MFT Program at UVU**

*Curriculum Requirements*

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| **Utah Licensing Educational Course Requirements** | **Minimum Required Credits** | **COAMFTE Foundational Curricular Areas** | **Minimum Required Credits** | **UVU Classes** | **Credits****Required** |
| Theoretical Foundations of MFT | 6 | FCA1: Foundations of Relational/Systemic Practice, Theories and Models | 6 | MFT 6000 Systemic Foundations of MFT | 3 |
| MFT 6010 Contemporary Approaches to MFT | 3 |
| Assessment and Treatment in MFTFrom r156-60b:including Diagnostic Statistical Manual (DSM) | 9 | FCA2: Clinical Treatment with Individuals, Couples and Families | 6 | MFT 6210 Couples Therapy | 3 |
| MFT 6220Group Therapy | 2 |
| MFT 6230Family Therapy | 3 |
| MFT 6240Individual Therapy | 2 |
| FCA7:Systemic/Relational Assessment & Mental Health Diagnosis and Treatment | 3 | MFT 6200Systemic Assessment | 3 |
| Human Development and Family StudiesFrom r156-60b:which include ethnic minority issues, and gender issues including sexuality, sexual functioning, and sexual identity | 6 | FCA 6:Biopsychosocial Health and Development Across the Life Span | 3 | MFT 6310Child & Adolescent Development | 3 |
| MFT 6320Adult Issues in Human Development | 3 |
| FCA 3: Diverse, Multicultural and/or Underserved Communities | 3 | MFT 6300Working with Diversity | 3 |
| Professional Ethics | 3 | FCA 5:Professional Identity, Law, Ethics and Social Responsibility | 3 | MFT 6100 Ethical Issues in MFT | 3 |
| Research Methodology and Data Analysis | 3 | FCA 4: Research & Evaluation | 3 | MFT 6400Research | 3 |
| Electives in MFT | 3 | FCA 8:Contemporary Issues…These issues are to reflect the context of the program and the program’s mission**,** goals**,** and outcomes. Programs are encouraged to innovate in this FCA | Area must be covered in the curriculum in some way | MFT 6510Contemporary Issues in MFT | 1 |
| MFT 6520Clinical Business Development and Practice | 2 |
| MFT 679R Special TopicsIn MFT | 1 to 3 |
| FCA 9:Community Intersections & Collaboration | Area must be covered in the curriculum in some way | MFT 6500Community Intervention | 1 |
| Key Element IV-B: Programs must require students to develop and/or present an integrative/capstone experience before completion of their degree program as part of the foundational curriculum below. Programs must decide how to meet this requirement in keeping with the program’s mission, goals, and outcomes. Examples include: a theory of change/therapy theory presentation/paper, a thesis, a therapy portfolio, or a capstone course. |  | MFT 6600Capstone | 1 |
| Total Credits |
|  | 30 |  | 27 |  | 39 |

*Clinical Hour Requirements*

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| **Utah Licensing Educational Course Requirements** | **AAMFT Foundational Application Component** | **UVU Classes** | **Credits** |
| A clinical practicum under supervision that includes at least 400 hours as follows:* 100 hours of direct supervision; and
* 300 hours of mental health therapy under direct supervised clinical practice, with at least 150 hours in couple or family therapy with two or more clients participating.
 | Key Element III-CStudents must acquire a minimum of 300 direct clinical contact hours with individuals, couples, families, or other systems, at least 100 of which must be relational hours that occur over a minimum of twelve months of clinical practice.Students must receive at least 100 hours of MFT relational/systemic supervision from a program clinical supervisor on a regular and consistent basis while seeing clients. When the supervision schedule is interrupted for any reason, the program must have a plan to assure student access to supervisory support. MFT relational/systemic supervision can be individual MFT relational/systemic supervision (one supervisor and eight or fewer students) and must include a minimum of 50 hours of MFT relational/systemic supervision utilizing observable data. | MFT 6900Pre-Practicum | 3 |
| MFT 6910Practicum I | 3 |
| MFT 6920Practicum II | 3 |
| MFT 6930Practicum III | 3 |
| MFT 6940Practicum IV | 3 |
| Credits Required |
|  | 15 |

**Total UVU MFT Program Credits: 54**

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| Curriculum Requirements | 39 |
| Practice/Clinical Hour Requirements | 15 |