



NEWSLETTER

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Upcoming Events

- Oct 7 - Career and Internship Fair
- Oct 9 - UVU Home Rodeo
- Oct 10 - UVU Home Rodeo
- Oct 13 - Navy Birthday
- Oct 15 - Fall Break
- Oct 16 - Fall Break
- Oct 17 - Fall Break
- Oct 19 - Priority Registration Opens
- Oct 21 - Hero's Night Womens Soccer
- Oct 28 - MASH Chili Cook-Off
- Oct 28 - UVU Trunk-or-Treat

Military-Affiliated Students,

October is here, bringing midterms, fall break, and the beginning of the holiday season. As classes become more demanding, remember that support is available. If you need academic help, tutoring, or assistance connecting with campus resources, please reach out to the MASH office. We are here to help you succeed.

MASH is excited to participate in several events this month, including the Navy Birthday celebration on October 13, the MASH Chili Cook-off, Hero's Night at the women's soccer game on October 21, and UVU Trunk-or-Treat on October 28. These events are a great opportunity to take a break from coursework, spend time with fellow students, connect with the MASH community, and celebrate the season together.

As October becomes busier, remember to prioritize your well-being alongside your academic responsibilities. Make time to study in manageable pieces, use Fall Break to rest and reset when possible, and reach out before a concern becomes overwhelming. Staying connected with peers, instructors, and the MASH office can make a meaningful difference during demanding parts of the semester. We are proud of the effort you are putting into your goals and look forward to seeing you at the upcoming events throughout the month.

Submit Certification Request Form

Fall 2026 priority registration opened on April 6th. If you will be using VA Education Benefits, please remember to submit a certification request form using the MASH [website](#).



Contact US

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