# UVU.



### DIGITAL TRANSFORMATION | Teaching & Learning

### 1. WHAT WAS THE PROBLEM?

In Psychology 2300, the initial group activities often lead to a greater sense of accountability to each other, deepen their learning, and motivate the students to come to class more prepared. How can we make the readiness quizzes available online and develop a way for the online students to get the same benefits that TBL (Team-Based Learning) provides to students meeting face-to-face?

### 2. HOW DID THE PROJECT LEADERS APPROACH SOLVING THE PROBLEM?

In Abnormal Psychology, each student (and/or their respective team) does the following:

1. *Takes an individual quiz* (see Figure 1)—each student their own while the group takes that the same quiz later.

2. As a team, students use Microsoft Teams to meet (or anywhere they want). It's highly recommended to meet Live or Synchronous. For asynchronous classes, use Team-Maker\* to help connect students that have similar schedules.

3. Once together, the team picks a "Chooser", the person who selects the answer for the team. The team's Chooser is the one who signs into Canvas.

4. Goes to the Canvas quiz (automatically loads the Qualtrics survey [see Figure 2] which also passes back the team's score into the Canvas gradebook).

For each question there's bit of a debate but if the team is correct, they go on to the next question.

5. *If the team answers wrong, they get another chance for partial credit (see Figure 3).* The point system is customizable if you want to change the distribution and the points. Qualtrics keeps a running score for every question answered. After the last question is answered, the total score is presented.

H	• Wk 6	Sep 20 - Chapter 4 Anxiety Disorders: GAD, PD, Phobias
1	0	verview Chapter 4: Anxiety, GAD, PD, Phobias
1	WATC	н
ł	Ø	Videos for Chapter 4
1	READ	
1	0	KQ - Chpt 4.doc
I	Ð	Chapter 4 Readings
1	COMP	LETE
1		RQ3 Individual Readiness Quiz
1		RQ3 Team Readiness Quitz
		8



#### O7. Enrique is being treated for his OCD which is focused on contamination. In this session, the therapist meets Enrique at his apartment. First, they work together on cleaning the kitchen, but Enrique is asked to do so with his bare hands, no gloves. He is also asked to scrape the food off olds in fight s dinner plates into the trash with his hands. After the kitchen, the therapist asks Enrique to clean the bathrooms, again with no gloves, and then to come out and fold clothes. During this whole time, they are challenging Enrique's beliefs and Enrique is not allowed to wash his hands (although he rinsed the food off of his hands after scraping the plates). The therapist is using what form of behavior treatment? Compliance Exposure

Figure	2

Strategie

Paradoxi

01. Enrique is bein the therapist or kitchen, but Er scrape the foo kitchen, the th- to come out ar beliefs and En- hands after so Compliance	protocol for hea OCD which is focused on contamination. In it Correct! You have selected the correct answer and received 1 points. Your overall score is 1.	tis session, using the so asked to differ the is, and then ique's od off of his treatment?
Exposite	ox	_

Figure 3

### 3. WHAT WERE THE RESULTS?

"TBL is one of best ways to get the students engaged. It gives them the opportunity to learn how to work better with others, to realize that perhaps they didn't understand some concepts as well as they thought they did, that everyone has something to contribute, and to learn the content on a deeper level.

Give this approach a try. I think you'll be amazed at how well online team-based readiness quizzes can work." "TBL is one of best ways to get the students engaged. It gives them the opportunity to learn how to work better with others, to realize that perhaps they didn't understand some concepts as well as they thought they did, that everyone has something to contribute, and to learn the content on a deeper

### 4. WHAT ARE THE NEXT STEPS?

There is some man behind the curtain with JavaScript and Qualtrics but you don't need to know that if you'd like to use this in a course. You'll take the quizzes you already have then update the Qualtrics shell with your own content. If that's something you'd like to do, contact OTL to assist you.

## 5. WHO TO CONTACT FOR MORE INFORMATION?

Professor Anton Tolman, Behavioral Science, anton.tolman@uvu.edu.

Story Info: Pdf (August 3, 2022); Video (July 29, 2022).

\* Team-Maker CAT-ME, Purdue University, https://info.catme.org/features/team-maker/

