



## Mountainland Region Youth Advisory Council November 15<sup>th</sup>, 2025 Summary

On November 15, 2025, the Mountainland Region Youth Advisory Council hosted its first-ever virtual meeting. As the council grows and includes students from far districts, this format will be a powerful tool to connect our council members from every part of the region.

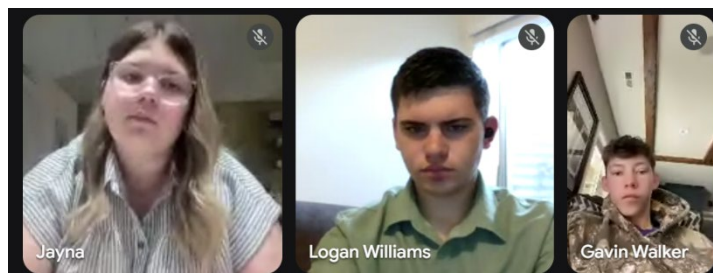
### Reflection

The Mountainland Region Youth Advisory Council meeting focused on several key areas of leadership, planning, and personal growth. The meeting opened with a discussion on the September meeting's visit from Sam Jarman, former superintendent of the Alpine School District. Members reflected on the qualities of effective leadership, emphasizing that even small roles can have a meaningful impact. They discussed how strong leaders work collaboratively with their teams and prioritize helping others grow, rather than focusing solely on outcomes.



### Planning for the Capitol

Planning for an upcoming visit to the Utah State Capitol was a major topic of discussion. The students will have the opportunity to witness legislation affecting K-16 education during Utah's legislative session in January. The council considered transportation logistics and potential conflicts with class schedules, noting that final arrangements would depend

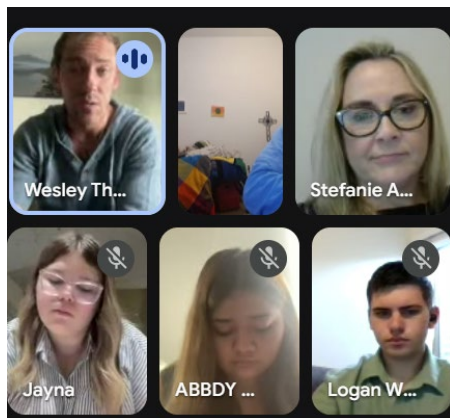


on the legislative calendar, particularly sessions related to education. Alongside planning, members reviewed expectations for professional conduct during the visit, including appropriate dress, respectful communication, and

strategies for voicing opinions effectively. They also highlighted the importance of networking and building professional connections during the experience.

## Discussion

Stefanie invited the members to discuss the topics that were foremost on their minds concerning the state of education. The group shared personal experiences with college readiness and scholarships, noting differences between large and small university tours, challenges with scholarship applications, and inconsistent support from high school counselors. These reflections underscored the need to investigate how clearer guidance and stronger communication can prepare students for higher education.



## Looking Ahead

This meeting highlighted the council's commitment to leadership development, educational engagement, and personal growth, while also honoring the contributions of those who have supported its mission. The council will meet again at the beginning of 2026 for the legislative session.

Stefanie D. Adams  
MYAC Coordinator & Governing Committee Member  
Director-Regional Pathways; Mountainland Region  
StefanieA@uvu.edu

[Mountainland Region Youth Advisory Council | Pathways | Utah Valley University \(uvu.edu\)](#)