



Mountainland Region Youth Advisory Council

February 10th, 2026

Utah State Capitol Visit-SLC

7:40 am to 2:30 pm

YOUTH COUNCIL:

- Abbdy Herrera
- Gavin Walker
- John Simmerman
- Lily Brown
- Logan Williams

STAFF:

- Brianna Wilson-Specialist
- Wesley Thomas-Specialist
- Stefanie Adams-Coordinator/Governing Board Member

GUEST:

- Steve Anderson-UVU Associate Vice President of University Relations

SCHEDULE:

- 7:45 AM: All meet at the UVU Lehi Building to carpool to capitol
- 8:45 AM: Arrive at the capitol and connect with Mr. Anderson
- 9:00 AM-12:00 PM: Experience leadership and laws in action as arranged by Mr. Anderson
- 12:00 PM-1:30 PM: Lunch and Reflection
- 2:15/2:30 PM: Return to UVU Lehi Building

DISCUSSION AGENDA:

- Reflection Discussion
- K-16 Conference
 - 2 members for panel
 - Invitation to come and help

REFLECTION QUESTIONS

[Leadership & Collaboration]

- What leadership qualities or teamwork moments stood out to you today, and how does that shape your impression of how decisions get made?

[Civic Engagement & Personal Impact]

- How did this experience change the way you see your role—or the role of young people—in influencing government and community issues?

[Observation, Critical Thinking & Takeaways]

- What surprised you most about the environment, tone, or process at the Capitol, and what questions or ideas did it spark for you moving forward?

NEXT MEETING: March 10th, Mountainland Region K-16 Counselor Conference