

## Medical Clearance Form Instructions to the Healthcare Provider

Dear Healthcare Provider,

Students matriculating into the Utah Valley University Physician Assistant program are required to meet CDC recommendations for immunizations and tuberculosis screening from healthcare providers. Students must also receive a comprehensive physical examination. The instructions below will help ensure student compliance with program requirements. **All requested information must be included on the attached "Incoming PA Student Medical Clearance" form.**

### History and Physical Examination

Students are required to undergo a **comprehensive physical examination** to ensure that they are equipped to meet the demands of a career in healthcare. It is not necessary to provide a full report of this examination. Please simply indicate your recommendation on the Medical Clearance form. The assessment should include:

- Vital signs
- Skin and Lymphatics
- Eyes (including acuity)
- Ears (including hearing test)
- Nose
- Oral cavity and throat
- Pulmonary
- Cardiac
- Abdomen
- Genital
- Extremities
- Back/Spine
- Neurologic
- Psychiatric
- No evidence of communicable disease

### Immunization History

- **TB Test** -Must have baseline screening with 1 Quantiferon Gold (QFT) test with negative results. If a student has a positive result on this test, proof of treatment and negative chest-film and clearance by a licensed health care provider is needed. Initial testing must have been completed within 6 months of beginning the program.
- **Varicella (Chicken Pox)** - 2 documented vaccinations OR positive titer (lab report is required). Low/negative/equivocal titer must repeat a series of 2 vaccinations and a repeat titer is required. History of disease is NOT acceptable.
- **Hepatitis A** - 3 documented vaccinations OR positive titer (lab report is required). Low/negative/equivocal titer must repeat the series of 2 vaccinations and a repeat titer is required.
- **Hepatitis B** - Documentation of completed 3-dose series or blood test with antibody reactive results. Documentation of 6-dose series with a *non-reactive* blood test will also be accepted, if the individual is considered a *non-responder*.
- **MMR** - 2 documented vaccinations OR positive titer for all 3 components (lab report is required). Low/negative/equivocal titer must repeat the series of 2 vaccinations or booster as per HCP recommendation. Repeat titer is required.
- **Tdap Vaccination** - Must be within 10 years. Must include pertussis, Td not accepted.
- **Polio** - 3 documented vaccinations (primary series) OR a positive titer (lab report is required). Childhood immunizations are accepted. If negative titer, the student should contact the program.
- **Influenza** - One dose annually at the beginning of the flu season around September or October. The flu season begins in October and extends through the winter/spring semester. If a student is unable to receive the vaccination, the student must wear a protective mask for each patient encounter during the entire flu season.

Thank you for partnering with us in ensuring the health of our students and the patients they will be working with.

Sincerely,  
Karen Mulitalo, Program Director