

# Jason V. Slack Ph.D.

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## University Professional Positions

- Utah Valley University, Orem Utah  
Associate Dean, College of Science (2017-present)  
Associate Dean, College of Science and Health (2014-2017)  
Faculty Athletic Representative—FAR (2014-Present)
  - Utah Valley University, Orem Utah  
Department Chair of Exercise Science and Outdoor Recreation (2007-2014)  
Full Professor of Exercise Science (2013-present)  
Associate Professor of Exercise Physiology (2007-2013)
  - Utah Valley State College, Orem Utah  
Assistant Professor of Exercise Physiology (2000-2007)
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## Education

- University of Utah (2009) Salt Lake City, UT 84112  
Doctor of Philosophy—Exercise and Sport Science  
Emphasis: Exercise Physiology  
Dissertation: Can the Utah Family Health Tree Program Predict  
Coronary Heart Disease 17–Years Later?  
(Advisor: Patricia Eisenman)
- Brigham Young University (1997) Provo, UT 84602  
Master of Science—Physical Education  
Emphasis: Exercise Physiology  
Thesis: Estimating Body Fat Percentage Using Circumference  
Measurements and Lifestyles Questionnaire Data: A Multivariate  
Study of 184 College–Aged Females  
(Advisor: A. Garth Fisher)
- Southern Utah University (1994) Cedar City, UT 84720  
Bachelor of Arts—Physical Education  
Emphasis: Exercise Science  
Minor: Spanish

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## Administrative Assignments (University)

- UVU Behavior Assessment Team (2016-present)

The purpose of the Behavior Assessment Team (BAT) is to serve as the coordinating hub of a network of existing resources, focused on violence prevention and early intervention in community situations involving members experiencing distress or engaging in harmful or disruptive behaviors. The Team will develop intervention and support strategies and offer case coordination. This team will regularly review and assess these situations and recommend actions in accord with existing university policies.

<https://www.uvu.edu/studentlife/bat/>
- Utah Valley University Flexible Learning Council (2019-present)

The UFLC is the governance structure formed in 2019 to oversee UVU Online and other flexible learning initiatives. Its mission is to innovate the delivery of the academic curriculum and learner support services to anytime, anyplace, anyhow, and any pace. The UFLC helps UVU meet its 2030 goals to “expand flexible educational and online offerings.” Note flexible learning includes online, hybrid, live streaming, intersessions, credit for prior learning, competency-based learning, and more. The UFLC oversees the eight College/School Flexible Learning Councils (CFLCs). Altogether, the UFLC/CFLC governance structure includes more than 50 faculty, academic affairs, student affairs, marketing, and IT representatives. Faculty representatives from each department comprise the CFLCs in addition to the Associate Dean. The CFLCs oversee the quality of the flexible curriculum and strategic planning of course development.

<https://www.uvu.edu/otl/uflc.html>
- UVU Faculty Athletic Representative (2014-present)

The Faculty Athletics Representative (FAR) is appointed by the President of the University with advice and consultation provided by the Vice President responsible for Athletics. The Faculty Athletics Representative (FAR) primary purposes are to promote academic integrity, to promote institutional control of intercollegiate athletics, to facilitate the integration of the athletics and academic components of the University, and to enhance the student-athlete experience. The Faculty Athletics Representative works collaboratively with the Vice President, the Director of Athletics, the Athletic Administrative Staff, Coaches, and ultimately the University President to provide significant leadership in the governance of the intercollegiate athletics program.
- UVU Academic Technology Steering Committee (2014-present)

This is a strategic and coordinating committee for Academic Technology. The committee assesses strategic need and suitability of technology related to teaching and learning, makes recommendations about disbursement of academic technology funds, and coordinates implementation of IT solutions. The committee members provide communication from faculty and academic departments to the committee, and ensures information related to technology decisions, policy, and practice is communicated back to the same groups. ATSC recommendations are required to carry requests to President’s Council through the Executive Infrastructure Planning Committee for final adoption.

- UVU University Planning Advisory Committee (2010-2013)  
The University Planning Advisory Committee (UPAC) is established under the direction of the President and serves in an advisory capacity to the President and his Cabinet on planning matters. UPAC's responsibilities include:  
  
Evaluating accomplishment of the Core Themes Objectives and Administrative Imperatives Objectives through meaningful, assessable, and verifiable indicators.  
Assessing and updating UVU's Strengths, Weaknesses, Opportunities, and Threats (SWOTs).  
Assessing "whether UVU is achieving a minimum threshold of overall performance in fulfilling its mission" (UVU Year One Self-Evaluation Report for NWCCU).  
Identifying specific Objectives-focused improvement.  
Establishing communication practices to increase the dissemination of information from upper administration to the broader campus community and to offer opportunity for input by constituencies.  
Reviewing new and revised major unit master plans (including facilities and academic affairs).  
Providing feedback for the Planning, Budgeting, and Assessment (PBA) process.  
Aligning UVU planning efforts with USHE initiatives.  
<https://www.uvu.edu/upe/planning/upac.html>
- Utah Valley Senior Executive Leadership Forum (2008-2009)  
The Utah Valley Senior Executive Leadership Forum provides an intellectually stimulating career exploration and discovery experience for faculty and staff who have demonstrated exceptional promise in contributing to excellence at Utah Valley University. Forum participants, or fellows, engage in wide-ranging discussions and learning activities related to critical issues and opportunities that arise in leading and managing the higher education enterprise.  
<https://www.uvu.edu/president/uvself.html>

### **Administrative Assignments (Utah Valley University College of Science)**

- Tenure and promotion
- Academic Advisors
- Chemical Hygiene and Safety
- Information Technology
- Curriculum Development
- Faculty Workload

### **Administrative Assignments (Utah Valley University)**

- Associate Deans Council
- Faculty Athletic Representative

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## TEACHING

### Higher Education

- Utah Valley University
  - EXSC 4400 Physical Activity Promotion in the Community (2007–present)
  - National Academy of Sports Medicine Certified Personal Trainer (2016-2020)
  - EXSC 3700 Exercise Physiology and Laboratory (2000–2008)
  - EXSC 4950 Senior Seminar (2007–2008)
  - EXSC 3850 Ethical concerns in Physical Education and Recreation (2006–2008)
  - PES 1097 Fitness for Life (2006 up–ward bound)
  - EXSC 4300 Research Methods in Exercise Science (2006–2008)
  - EXSC 3500 Basic Biomechanics–Kinesiology (2000–2008)
  - PES 1097 Fitness for Life (2000–present)
  - EXSC 270G Foundations of Physical Education, Fitness and Sport (2004–2006)
  - PES 1130 Golf (2000–2009)
  - ZOOL 1090 Introduction to Anatomy and Physiology (2002–2003)
  - ZOOL 1090 Ed–net Introduction to Anatomy and Physiology (2002–2003)
  - EXSC 3550 Motor Learning (2001–2003)
  - PES 1097 On–Line Fitness for Life (2002–2003)
  - PES 1200 Basketball (2000–2003)
  - ZOOL 2320 Human Physiology Laboratories (1998–2000)
- University of Utah
  - Strategies for Using Exercise for Weight Management (1999–2000)
  - Physical Activity Programming in the Community (1999)
  - Introduction to Exercise and Sport Science (1999–2000)
  - Exercise Leadership–majors (1998)
  - Exercise Physiology Lecture and Laboratories (1997)
  - Intermediate Golf (1997–2000)
  - Elementary Golf (1997–2000)
  - Intermediate Racquetball (1997–1999)
  - Elementary Racquetball (1997–1999)
  - Intermediate Weight Training (1997–1999)
  - Elementary Weight Training (1997–1999)
  - Conditioning Class (ultimate frisbee) (1997–1999)

### Curriculum Development

- Utah Valley University
  - National Academy of Sports Medicine (NASM) Certified Personal Trainer
  - Curriculum for the Exercise Science degree track
  - EXSC 4400 Physical Activity Promotion in the Community
  - EXSC 4050 Senior Seminar
  - EXSC 3700 Exercise Physiology
  - EXSC 3705 Exercise Physiology Laboratory
  - EXSC 3850 Ethical Concerns in Physical Education and Recreation
  - EXSC 4300 Research Methods in Physical Education and Recreation
  - EXSC 270G Foundations of Physical Education, Fitness and Sport

EXSC 3500	Kinesiology
PES 1097	Fitness for Life
ZOOL 1090	Introduction to Anatomy and Physiology
EXSC 3550	Motor Learning

Developed curriculum for several different activity classes (i.e., basketball, golf, weight training)

### **Program Development**

- Respiratory Therapy, BS/AS (2016-2017)
- Health Sciences, AS (2016-2017)
- Gerontology, CP (2016-2017)
- Exercise Science, BS/BA (2006-2008)

### **Related Work Experience**

- Utah Valley University Faculty Athletic Representative FAR (2014-present)
- Instructor for National Academy of Sports Medicine (NASM) Personal Fitness Course (2016-2020)
- Wellness consultant for Neways International (2012–2015)
- Board of Advisors for McGraw–Hill Fit and Well Questions and Answers ,2012
- Teaching Resource Development Team for McGraw–Hill Fit and Well Questions and Answers, 2012
- PowerPoint development for McGraw–Hill, Fitness and Wellness: Questions and Answers, 13 chapters (2010)
- Chapter reviewer for McGraw–Hill, Fitness and Wellness: Questions and Answers Editorial Board (2010)
- Chapter reviewer for Pearson Education, Exercise Physiology Bioenergetics and Energy Metabolism Chapters 8–9 (2009)
- Appointed as Faculty Service–Learning Coordinator for UVSC (2007–2009)
- Selected to represent Utah Campus Compact on the UCUR Steering Committee (2007)

### **Professional Membership**

- American College of Sports Medicine–ACSM (1994–present)
- Southwest Chapter of American College of Sports Medicine–SWACSM (1994–present)
- Western Society of Kinesiology and Wellness (2000–2017)
- Golden Key International Honor Society (2013-2017)
- Utah Academy of Science, Arts and Letters (2003–2013)
- Utah Campus Compact (2006–2011)
- Utah Alliance for Health, Physical Education, Recreation and Dance–UAHPERD (1997–2005)
- American Alliance for Health, Physical Education, Recreation and Dance–AAHPERD (1997–2005)

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## SERVICE

### Departmental, College and Committee Assignments

- Utah Valley University Associate Deans Council (2014-present)
- Utah Valley University Behavioral Assessment Team (BAT) (2016-present) presidential appointment
- Utah Valley University Student Success & Completion Committee (2021-present)
- Utah Valley University Academic Technology Steering Committee Business Process Improvement team (2021-present)
- Utah Valley University Veterans Success Center Advisory Board (2018-present)
- Utah Valley University Community Outreach and Economic Development Associate Provost Search Committee Member (2020)
- Utah Valley University Talent Acquisition Partner Search Committee Member (2020)
- Utah Valley University Presidential Lecture Committee Member (2017-2018)
- Western Athletic Council--WAC (2014-present)
- Utah Valley University Athletic Advisory Committee Chair (2015-present)
- Academic Technology Steering Committee--ATSC (2014-present)
- Presentation Reviewer for Western Society for Kinesiology and Wellness (WSKW) Annual Conference (2016-present)
- Participant in a faculty panel for Academic Integrity Day at UVU (2017)
- Utah Valley University Head Woman's Soccer Search Committee Member (2017)
- Utah Valley University Head Woman's Softball Search Committee Member (2016)
- Healthcare Career and College Pathway Project (UCAP) grant advisory board member (2016-2017)
- Utah Valley University college realignment committee, co-chair (2016)
- Utah Valley University Associate Athletic Director of Compliance Search Committee Member (2016)
- NCAA Division I—Student Athlete Experience Committee on Time Demands WAC sub-committee (June 2016)
- NCAA Accelerating Academic Success Program Grant oversight committee (2014-2017)
- Western Athletic Conference FAR Committee Chair (2014-2015)
- Carnegie Foundation Community Engaged Classification re-application committee (2014)
- Committee member for the RFP for the fitness equipment in the new Student Life and Wellness Building (2013-2014)
- Post Tenure Review Policy Committee (2013)
- Search Committee for the UVU Athletic Director (2013)
- Utah Valley University Wellness Committee (2011–2014)
- Search Committee Chair for Director of the Center of Advancement and Leadership (CAL) at Utah Valley University (2012)
- Utah Valley University Center for the Advancement of Leadership (CAL) Executive Committee (2011–2013)
- Utah Valley University Center for the Advancement of Leadership (CAL) Steering Committee (2011–2013)

- Utah Valley University Volunteer and Service Learning, Faculty Service Learning Committee (2011)
- University Planning Advisory Committee, UPAC (2010–2013)  
Administrative Imperatives Committee Co–Chair (manage growth)
- Western Society For Kinesiology and Wellness Treasurer (2007–2015)
- Center for the Advancement of Leadership Advisory Board (2007–2013)
- Advisory Board for the Center for Service and Learning (2006–2011)
- Strategic Development Advisory Committee, SDAC (2009–2010)
- Utah Valley University Student Association Elections Committee for 2010 and 2013, 2014, 2015, 2016 faculty representative
- Utah Valley University Racquetball Club Advisor (2010–2015)
- Continuums of Service Conference, Advisory Committee and proposal reviewers (2009)
- Moderator for sessions at Utah Conference for Undergraduate Research, Westminster College Salt Lake City (2009)
- Advisory Board to the Center for Engaged Learning at UVU (2007–2009)
- Utah Valley State College NCAA certification self-study Committee (2006–2008)
- Academic Advisor for Physical Education and Recreation Department at Utah Valley State College (2004–2006)

## **Community**

- Payson High School Community Council Member (2021-present)
- Nebo School District Strategic Healthy Lifestyle Curriculum Committee (2018-present)
- Nebo School District Strategic Community Relations Committee (2018-present)
- Payson Junior High School Community Council Member (2019-2021)
- Payson High School Community Council Member (2017-2019)
- Payson High School Freshman Baseball Coach (2017)
- 12U accelerated baseball coach (2011-2013)
- Presented to the Utah County Health Department “Exercise, How to Implement it into Your Life” (2011)
- Presented to the Utah County Health Department “Muscle Mass and Weightlifting” May 2011
- Presented to the Utah County Health Department “Physical Activity, Activities for the Whole Family” November 2010
- South–Eastern Utah High Schools Sterling Scholar Judge (2010)
- South–Central Utah High Schools Sterling Scholar Judge (2010)
- Keynote Speaker for the Payson City Memorial Day Celebration (2007)
- Special Olympics Utah Summer Games (2007)

## **Military**

- Honorable discharge (October,4 2004)
- Served in Operation Iraqi Freedom (Feb 2003–July 2004)
- Company Physical Fitness Master Trainer (Feb 2003–July 2004)
- Company Morale, Welfare, and Retention Officer (Feb 2003–July 2004)
- Company Safety Officer During Operation Iraqi Freedom (Feb 2003–July 2004)
- Member of Utah National Guard (1986–2004)

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## SCHOLARSHIP

### Grants and Awards

- Utah Cluster Acceleration Partnership (UCAP) Grant to improve Healthcare Pathways at UVU (2016-2017) \$240,000
- College of Science and Health SAC award (2014-2015) \$3,800
- NCAA Accelerating Academic Success Program Grant (2014-2017) \$300,000
- Service-Learning Designated Department Distinction (2011–2012, 2012–2013) \$1,000
- Utah Valley University College of Science & Health Scholarly Activities Grant (2011-2012) \$4,900
- Best Paper Award with Utah Academy of Science, Arts & Letters (2010) \$200
- Service-Learning Designated Department Distinction, UVU (2009–2011) \$1,000
- Ubisoft grant (2010) \$800 in software
- Presidential Award for Faculty Scholarly Activities (2009–2010) \$1,000
- Scholarly and Creative Opportunities Program; (summer 2009) \$1,000
- Presidential Faculty Scholarly Grant (2008–2009) \$2,000
- Center for Engaged Learning Grant (2007–2008) \$3,000
- Presidential Faculty Scholarly Grant (2007–2008) \$2,000
- Scholarly and Creative Opportunities Program; (summer 2007) \$1,600
- Creative Works and Scholarly Activity Fellowship (2007) \$1,000
- G. Arthur Broten Young Scholars Recognition Award (2005)
- Creative Works and Scholarly Activity Fellowship (2006) \$1000
- Equipment grant from Educators Mutual Insurance Association (2005–2006) \$1,400
- The Utah Valley State College Foundation Exceptional Merit Grant (2001–2002) \$2,800

### Professional Presentations

- **Slack J.V.**, Bohne, M.J., Killpack, C., & Standifird, T. (2018). How Pain Management for Osteoarthritic Knee Influences Gait: A Case Study. American College of Sports Medicine, Minneapolis Minnesota
- **Slack J.V.**, Valgardson, K., Bohne, M., & Creer, A. (2017). Comparing Balance and Power to Baseball Throwing Velocity in Collegiate Baseball Players. American College of Sports Medicine, Denver Colorado
- Killpack, C., Moore, N., **Slack, J.V.**, Bohne, M., & Standifird, T. (2017). How Pain Management for Osteoarthritic Knee Influences Gait: A Case Study. Rocky Mountain American Society of Biomechanics, Estes Park Colorado
- Valgardson, K., Shaw, R., Creer, A., & **Slack, J.V.** (2015). Comparing Baseball Pitching: Velocity, Accuracy and Power. Southwest American College of Sports Medicine, San Diego California
- **Slack, J.V.**, Colvin, T., Smith, B., & Bohne, M. (2015). The Effects of Footwear on Acute, Static and Dynamic Balance. American College of Sports Medicine, San Diego California
- **Slack, J.V.**, Frandsen, M., Roberts, S., Drum, S., & Bohne, M. (2014). Assessment of Walking Pressures with Zero Drop Shoes. American College of Sports Medicine, Orlando Florida.



- Creer, A., Bohne, M., Sawyer, R., Garner, A., Schmalhaus, M., Allphin, N., & **Slack, J.V.** (2014). Effect of Initial Training Phase on Body Composition, Strength, and Power Characteristics of Collegiate Wrestlers. American College of Sports Medicine, Orlando Florida
- Frandsen, M., Brown, S. & **Slack, J.V.** (2013). Assessment of Gait with Zero Drop Shoes While Walking. Western Society of Kinesiology and Wellness, Reno Nevada.
- Dutson, A., Matis, E. & **Slack, J.V.** (2013). Actual Heart Rate vs. Participant Predicted Heart Rate in College Sport Activity Classes. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Stovall, G., Middleton, K. & **Slack, J.V.** (2013). A Qualitative Study: The Role of Reflection and Service-Learning in an Exercise Science Class. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Pence, J., **Slack, J.V.** & Bohne, M. (2013). The Evaluation of the Balance and Stability Gains with Crutches Using the Tru-Motion Go Tips. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Matis, E., Dutson, A., & **Slack, J.V.** (2013). Correlation Between Heart Rate, Estimated Heart, and Rating of Perceived Exertion During Running. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Creer, A., Roach, K., Rust, N., **Slack, J.V.** & Bohne, M. (2012). Metabolic Comparison Between Barefoot, Zero-Drop and Standard Shoe in Well-Trained Runners. American College of Sports Medicine, San Francisco California.
- Bohne, M., Roach, K., Tranchell, J., Wortena, J., **Slack, J.V.** & Creer, A. (2012). Kinematic Comparison of Treadmill Running While Barefoot and in Standard and Zero-drop Running Shoes American College of Sports Medicine, San Francisco California.
- **Slack, J.V.**, Burya, L. & Silvers M., (2011). Student Performance in the Classroom. Western Society of Kinesiology and Wellness, Reno Nevada.
- **Slack, J.V.** (2011). WSKW Membership, Past, Present and Future A Historical Perspective. Western Society of Kinesiology and Wellness, Reno Nevada.
- Boyer, B., Bohne, M. & **Slack, J.V.** (2011). A Comparative Analysis of the Perceived Priority of Professional Behaviors Between Undergraduate College Students and Graduate Programs in the Western United States in the Field of Exercise Science. Western Society of Kinesiology and Wellness, Reno Nevada
- McCombs, C. & **Slack, J.V.** (2011). The Comparison of the Perfect Push-up, Handled Push-up, and Traditional Push-up. National Conference for Undergraduate Research, Ithaca New York.
- Christensen, A., Hanson, C. & **Slack, J.V.** (2011). Will the Popular Hologram Bracelets Improve Balance, Strength, and Flexibility in College Age Individuals? National Conference for Undergraduate Research Ithaca New York.
- Jensen, D., Bohne, M. & **Slack, J.V.** (2011). Effects of Different Backpacks and Selected Gait Parameters. National Conference for Undergraduate Research, Ithaca New York.
- Cowley, J. & **Slack, J.V.** (2011). Assessment of the Army's Method of Predicting Body Composition. Utah Academy of Sciences, Arts & Letters, Salt Lake City, Utah.
- Boyer, B., Bohne, M. & **Slack, J.V.** (2011). Undergraduate Student vs. Graduate Program Perception of Professional Behavior in Utah. Utah Academy of Sciences, Arts & Letters, Salt Lake City Utah.
- Carlson, R., Casten, C., **Slack, J.V.** & Landwer J. (2010). What Do We Collectively See for the Future of the Profession, Western Society for Kinesiology and Wellness, Reno Nevada.

- **Slack, J.V.**, Rickel, K., Stoll, S. & Boyer, B. (2010). The Cost of Obesity to America. Western Society for Kinesiology & Wellness, Reno Nevada.
- Jensen, D. & **Slack, J.V.** (2010). What is the Average Weight of College Students' Backpacks? Western Society for Kinesiology & Wellness, Reno Nevada.
- Wigginton, C. & **Slack J.V.** (2010). , Is the Nintendo Wii an Effective Way for Seniors to get Physical Activity. Western Society for Kinesiology & Wellness, Reno Nevada.
- Miner, V. & **Slack, J.V.** (2010). Comparable Study: Running the 1.5 Mile Run on a Treadmill vs. Running the 1.5 Mile on an Indoor Track. Utah Academy of Sciences, Arts, & Letters, St. George Utah.
- Rust, N. & **Slack, J.V.** (2010). The Effect of Core Strength on Swing Speed in a Golf Swing. National Conference for Undergraduate Research, Ogden Utah.
- Markgraf-Jacobson, A. & **Slack, J.V.** (2009). Circuit Training During a Beginning Dance Class. National Dance Education Organization, New York New York.
- Bohne, M., Claybough, T. Cowley, J. & **Slack, J.V.** (2009). Compression of the Perfect Push-up to the Traditional Push-up. International Society of Biomechanics in Sports, Limerick Ireland.
- **Slack, J.V.**, Leavitt, M. & Cowley, J. (2009). Assessment of the Army's Method of Predicting Body Composition. Western Society of Kinesiology and Wellness, Reno Nevada.
- Fisher, J. & **Slack, J.V.** (2009). Music Effects on Muscular Endurance and Strength. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Claybaugh, T., Cowley, J., Bohne, M. & **Slack, J.V.** (2009). Comparison of Muscle Activity Between Perfect Push-ups and Traditional Methods. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Salcido, C. Markgraph-Jacobson, A. & **Slack, J.V.** (2009). Supplemental Training of Dancers. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Holebrook, J. & **Slack, J.V.** (2009). Wellness Perception Amongst UVU Students. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Cowley, J. & **Slack, J.V.** (2009). Effects of Music During Endurance Exercise. National Conference for Undergraduate Research, Lacrosse Wisconsin.
- Leavitt, M. & **Slack, J.V.** (2008). Physical Activity Patterns of a Local Insurance Agency Compared to UVSC Population. National Conference for Undergraduate Research, Salisbury Maryland.
- Namanny, S. Poole, M. & **Slack, J.V.** (2008). A Look at the Effects of Various Exercise Activities on Academic Performance Among College Students at UVSC. National Conference for Undergraduate Research, Salisbury Maryland.
- Barney, M. & **Slack, J.V.** (2008). Low Back Pain in Athletes at UVSC Compared to the Student Body. National Conference for Undergraduate Research, Salisbury Maryland.
- **Slack, J.V.** & Palmer, A. (2008). Building an Engaged Campus Through Successful Partnerships with Student Affairs and Academic Affairs. Continuums of Service Conference, Portland Oregon.
- **Slack, J.V.** & Palmer, A. (2008). Walking the Walk and Talking the Talk: The Community Partner Faculty Service-Learning Fellowship. Engaged Scholars Retreat, Moab Utah.
- Christensen, J. Palmer, A. & **Slack, J.V.** (2008). Building an Engaged Campus Through the Communities of Engaged Learning. Engaged Scholars Retreat, St. George Utah.
- Massengale, J. & **Slack, J.V.** (2007). Competition: What Does It Do For Us and To Us? Western Society of Kinesiology and Wellness, Reno Nevada.

- **Slack, J.V.** (2007). Tenure, Post Tenure, and Promotion How Do We Deal With It? Western Society of Kinesiology and Wellness, Reno Nevada.
- **Slack, J.V.** (2007). Reciprocity: Community Agencies and Higher Education in Service–Learning. The 4<sup>th</sup> Annual University–Community Partnership Conference, Elon North Carolina.
- Blankinship, J. & **Slack, J.V.** (2007). Physical Active Comparison Between UVSC Students and Faculty and Staff. National Conference for Undergraduate Research, San Francisco California.
- **Slack, J.V.** (2006). The Importance of a Supervised Circuit Program on Body composition of a Female College Dance Team. Utah Academy of Sciences, Arts and Letters, Ephraim Utah.

### Professional Publications

- Dutson, J., Matis, E., Dutson, A., Namanny, S., & **Slack, J.V.** Correlation Between Heart Rate, Estimated Heart Rate, and Rating of Perceived Exertion During Aerobic Exercise, International Journal of Research in Exercise Physiology, Volume 11 (1) Fall 2015
- Jensen, D., Denney, P., **Slack, J.V.** & Bohne, M. The Effects of Different Backpacks and Selected Gait Parameters, Journal of Undergraduate Kinesiology Research, Volume 9 (2) Spring 2014
- Boyer, B., Denny, P., Bohne, & **Slack, J.V.** Undergraduate College Students and Graduate Programs' Perception of Professional Behavior. Western Society Review Oct (2012).
- Boyer, B., Denney, P., and **Slack, J.V.** A Comparative Analysis of Prioritizing Professional Behavior between Undergraduate Students of Exercise Science Students at Utah Valley University vs. Future Employers. Journal of the Utah Academy of Science, Arts & Letters. April 2012
- Boyer, B., Rankin C., Bohne, M, and **Slack J.V.** A Correlation between Collegiate Baseball Players' Posture and Individual Baseball Statistics. Journal of the Utah Academy of Science, Arts & Letters. April 2011
- Miner, V and **Slack, J.V.** Comparable Study: Running the 1.5 mile on a Treadmill vs. Running the 1.5 mile on an Indoor Track. Journal of the Utah Academy of Sciences, Arts & Letters. April 2011
- Cowley, J., and **Slack, J.V.** Effects of Music during Endurance Exercise. Journal of Undergraduate Kinesiology Research, Vol 5, 2, May 2010
- **Slack, J.V.** "Know Greater Heroes" A Program that Connects Service–Learning, Character Education and Leadership: Information for Action, Vol 2,number 1, 2009
- **Slack, J.V.** & Holebrook, J. Wellness Perception in Students. Western Society Review, 6<sup>th</sup> Edition, pg 53, 2008
- **Slack, J.V.** The Importance of a Supervised Circuit Program on Body Composition of a Female College Dance Team. Journal of the Utah Academy of Science, Arts & Letters, April 2006 Vol 83, 244–245
- **Slack, J.V.** Young Scholars "Where Are They Now" Western Society for Kinesiology and Wellness Monograph Series, Oct 2006
- **Slack, J.V.** Putting the Hyphen in Service Learning. Western Society for Kinesiology and Wellness Monograph Series, Oct 2006
- **Slack, J.V.** Which Department at UVSC is Most Physically Active? Western Society for Kinesiology and Wellness Monograph Series, Oct 2006

- **Slack J.V.** & Vener, J. Physical Activity Patterns of Employees at a Local Insurance Agency. Western Society for Kinesiology and Wellness Monograph Series, Oct 2006
- **Slack, J.V.** Can the Utah Health Family Tree Predict CHD 17–Years Later? Western Society for Kinesiology and Wellness Monograph Series, Oct, 2005,
- **Slack, J.V.** Circuit Training, Body Composition and a Female College Dance Team. Western Society for Kinesiology and Wellness Monograph Series, Oct 2005

## **Honors and Awards**

- Outstanding Service Award--Western Society of Kinesiology and Wellness (2014)
- Utah Valley University Civically Engaged Scholar Lifetime Achievement Award (2013)
- Nominated for Civically Engaged Scholar at UVU (2012)
- Best Paper Award with Western Society for Kinesiology & Wellness, What is the Average Weight of College Students' Backpacks?, Jensen D., & Slack J., Reno (2010)
- Best Paper Award with Utah Academy of Science, Arts & Letters. Running the 1.5 Mile on a Treadmill vs. Running the 1.5 Mile on an Indoor Track, Provo (2010)
- Awarded the Wolverine Achievement Award for Educator of the Year (2007–2008)
- 2007 President's Higher Education Community Service Honor Roll (2007)
- Faculty of the Year Department of Physical Education and Recreation (2005–2006)
- Utah Valley State College Professor of the Year (voted by the athletes 2005–2006)
- Utah Valley State College Academic Advising Award "Faculty Mentor of the Year" (2005–2006)
- Army Commendation Medal (2004 war time)
- National Defense Service Ribbon (2004)
- Good Conduct Medal (2004)
- Army Physical Fitness Award (2004)
- Global War on Terrorism Expeditionary Medal (2004)
- Global War on Terrorism Service Medal (2004)
- Combat Action Badge (2004)
- Iraq Campaign Medal (2004)
- Joint Meritorious Unit Award (2004)
- Army Meritorious Unit Commendation (2004)