

Andres Larios Brown

(they/elle)

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AAMFT Clinical Fellow & Approved Supervisor Candidate

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Clinical Experience

June 2023–Present	Director of Training & Diversity, Equity, & Inclusion at Encircle Therapy
Nov 2020–June 2023	Clinical Director & Director of Cultural Engagement at Encircle Therapy
July 2020–Nov 2023	Individual, Youth, Family, & Relationship Therapist at Encircle Therapy (Teletherapy and In-person)
Aug. 2019–Dec.2020	Licensed Associate Marriage and Family at The Sorenson Center for Clinical Excellence
Apr. 2018–June 2019	Bilingual Staff Counselor at Oregon State University
July 2017–Apr. 2018	Outpatient School-Based Therapist/Prevention Specialist at Trillium Family Services
June 2016–June 2017	Intern Therapist at The Center for Healthy Relationships
June 2016–June 2017	Intern Therapist at Lincoln Middle School
June 2016–June 2017	Intern Therapist at South Lane Mental Health

Education

2019–2021 (<i>Withdrew</i>)	Ph.D. Human Development & Family Studies, Concentration in Marriage & Family Therapy, Utah State University
2017	M.S. Couples and Family Therapy, University of Oregon
2015	B.S. Psychology, University of Utah
2015	B.S. Human Development & Family Studies, University of Utah

Professional Development

May 11-12, 2013	2023 UAMFT Annual Spring Conference Hosted at UVU (14.5 CEUs)
Mar.16,2023	<i>Psychedelic Assisted Psychotherapy</i> Dr. Steve Thayer, PhD (1.5 CEU)

Feb.27, 2023	<i>Integrating Changes in WPATH Standards of Care</i> Gender Health Training Institute(6 CEU's)
Oct.11, 2022	<i>Understanding the Trans & Gender Diverse Experience: A Compassionate Dive into Gender, Orientation, Intersectionality, and Self</i> TriUnity Counseling (4 CEUs)
Oct.11, 2022	<i>Latine/x Mental Health and Social Justice Symposium</i> Antioch University (12 CEU's)
Sept.23, 2022	<i>How to Bring the Power of Systems Theory to Trans Families</i> May Fianna, LMFT AAMFT QTAN Webinar
Sept. 6, 2022	<i>Curanderismo: Traditional Healing of the Mind, Energy & Spirit</i> Universtiy of New Mexico
June, 2022	<i>Contemporary Chicana/o/x Families</i> Institute of Chicanx Psychology
Apr.20, 2022	<i>Spiritual Journeys Involving Faith Crises and Faith Transitions:</i> Natasha Helfer, LMFT;Ken Roach, PhD; Collette Daulton, LCSW;
Apr. 2, 2022	<i>Mountain West Transforming Care Conference: Gender-Affirming Care, Sexual Health, and HIV Prevention in Primary Care</i>
Dec. 18, 2021	<i>MDMA Assisted Therapy Training Program</i> Multidisciplinary Association for Psychedelic Studies (MAPS)
Apr. 15 2020	<i>Suicide surveillance, a new study of trans* folks and suicide:</i> Michael Staley, PhD, Anne Kirby, PhD, Brooks Keeshin, MD
Feb. 12, 2021	<i>Sexual Shame Across the Lifespan: The Etiology and Phenomenology</i> Kristen B. Hodson
Nov.19 2020	<i>Gender Affirmative Couples Therapy with Transgender/Gender Expansive (TGE) Couples:</i> Shawn V. Giammattei, PhD
Sep. 17, 2020	<i>Working with Trans, Nonbinary, and Gender Nonconforming Youth:</i> University of Utah
May 11, 2020	<i>AAMFT At home Series:</i> Brittany Packnett Cunningham
April 5, 2019	<i>Family Acceptance Project: Clinical Implications</i> Dr. Caitlin Ryan
Feb 18, 2020	<i>Gottman Level 1 Training</i> The Gottman Institute
Feb. 1, 2019	<i>Trauma Conference: The Body Keeps Score</i> with Bessel van der Kolk, M.D.
Oct. 21, 2018	<i>S.A.F.E. EMDR Basic Training</i> with Susan Wendelborg

Aug. 14, 2018	<i>Intercultural Frameworks for Increase Effectiveness</i> with Cheryl Forster, Psy.D.
July 2018	<i>When Sex Gets Complicated</i> with Marty Klien, Ph.D.
May 5, 2018	<i>Solution-Focused Skills for Quickly Engaging & Activating Challenging Clients</i> with Seth Bernstein, Ph.D.
Apr. 2018	<i>Acceptance and Commitment Therapy (ACT) Made Easy: Innovative Techniques for Depression, Anxiety, Trauma and Personality Disorders</i> with Douglas Fogel, Psy.D.
Apr. 2018	<i>IFS Basics</i> with Frank Anderson, M.D.
Apr. 2018	<i>C.A.M.S. online Training</i> The Association of Suicidality
Feb. 22, 2018	<i>Communal Intelligence</i> with Pierre Morin
Feb. 22, 2018	<i>Understanding and Managing the Dynamics of Generational Differences</i> with Steve Hanamura
Oct. 26, 2017	<i>Transgender Basics for Behavioral Health Providers</i> with Diane Benavides-Wille

Trainings/Presentations

Aug. 1, 2023	<i>Working with LGBTQIA+ communities and Sexual Assault</i> YCC family Crisis Center
Jul. 28, 2023	<i>A conversation with Encircle</i> Apple's MARCOM Pride Series
May. 20, 2023	<i>Healing and Resilience for QTBIPOC communities</i> Community outreach event with Unidxs
May. 11, 2023	<i>Healing and Resilience for QTBIPOC communities</i> Utah Association of Marriage & Family Therapists
Apr. 11, 2023	<i>Working with LGBTQIA+ communities as an MFT</i> Guest Lecture UVU MFT students
April 11, 2023	<i>Resilience, Hope, and Healing</i> Encircle Connect Night
Apr. 10, 2023	<i>Sexual Identity Development in Adulthood</i> Guest Lecture UVU MFT students
Mar. 13, 2023	<i>Self of the Therapist, Self Disclosure, & Working with Marginalized Groups</i> Guest Lecture U of O MFT students

Feb 28, 2023	<i>We Are Our Medicine: Resilience, Healing, & Hope as LGBTQIA+ People</i> Keynote Address for Weber State University's Peace & Possibilities Series
Jan. 19, 2023	<i>Fragmented Identities: Healing Religious Trauma For LGBTQIA+ people and families</i> LGBTQ+ affirming Therapist Guild of Utah
Nov. 1, 2022	<i>Introduction to MFT as a Profession</i> Guest Lecture for BYU counseling Psych
Oct. 20, 2022	<i>Navigating Immigration and DACA fears</i> Comunidades Unidos presentation
Sept. 24, 2022	<i>Healing and Resilience for BIPOC students on PWIs</i> Graduate Students of Color Association Utah State University
Sept. 20, 2022	<i>LGBTQIA+ Relationships</i> Guest Lecture for FAMS 1150 Utah Valley University
Sept. 15, 2022	<i>Expansive Identities: Healing and Resilience for QTBIPOC</i> Encircle Provo
June 16, 2022	<i>Resilient Identities Applying a Trauma Healing Lens on Queer Identity Development</i> Rocky Mountain University of Health Professionals Monthly Learning Series
May 13, 2022	<i>Foundations for Working with LGBTQ+ Individuals in Family Therapy</i> Utah Association of Marriage and Family Therapists Co Presenters: Sami Simpson & Lisa Hansen
Apr 20, 2022	<i>Ni De Aqui y Ni De Alla: Latinx Community Care and Considerations</i> University of Utah LGBTQ Resource Center Emerging Student Leadership Program Co Presenter: Gabi Merida
Apr 19, 2022	<i>Fragmented Identities: Healing Spiritual Trauma for LGBTQIA+ people from LDS cultures</i> Encircle Therapy Team
Mar. 26, 2022	<i>Know Yourself - Addressing BIPOC Mental Health Within the System of Higher Education</i> Expect the Great Conference Co Panelists: Greg Noel, Juan Carlos Sansebatian
Mar. 21, 2022	<i>Increasing Awareness of Gender</i> Encircle All Hands Co Presenter: Adam White
Feb. 2, 2022	Utah Pride Center CommUNITY panel
Feb. 2, 2022	<i>Radical Wellness: Self Care and Capitalism</i> University of Alaska

Jan. 28, 2022	<i>Exploring Gender in the Therapeutic Context</i> BYU in-service
Dec. 1 2021	<i>Satir Model</i> Foundations of MFT theories University of Oregon
Sept. 22, 2021	PBS Town Hall on Mental Health https://www.pbsutah.org/pbs-utah-productions/series/town-halls/your-mental-health/
May 7 2021	<i>Non-Monogamy & Polyamorous Relationships</i> Encircle Therapy Clinical Team
May 4, 2021	<i>Being Real with Ourselves: BIPOC Mental Health Panel</i> Oregon State University invited panel member
Apr.22 2021	<i>Healing Sociocultural Trauma</i> St. Edwards University Counseling Students
Mar. 8 2021	<i>The Spectrum of Sexuality and Gender</i> Utah State University HDFS 2400
Nov. 9 2021	<i>Satir Model</i> Foundations of MFT theories University of Oregon
Oct. 5 2021	<i>Satir Model</i> Foundations of MFT theories USU
May 10, 2020	<i>Healers in a Time of Protest:</i> Utah State University
Apr. 22, 2020	<i>Latinx Therapists: A Quarantine Talk.</i> Utah State University Inclusion Center.
Apr. 7, 2020	<i>Introduction to Non-Heteronormative Sex Therapy</i> HDFS
Dec.4, 2019	<i>Decenter Heteronormativity in Family Scholarship</i> Utah State University HDFS 7220
Nov. 21, 2019	<i>Diversity and Mental Health</i> Utah State University Psychology Assistantship 4950
Oct. 30, 2019	<i>Disrupting the Mental Health Disparities for Students of Color: Cultivating Resilience on Predominantly White Institutions</i> Poster presentation at Utah State University's Inclusive Excellence Symposium
Oct. 13, 2019	<i>Cultural Diversity: More than a consideration</i> Utah State University HDFS
Oct.1, 2019	<i>Cohabitation and Marriage</i> Utah State University HDFS 2400
Sept.19, 2019	<i>LGBTQ and Immigrant Families</i> Utah State University HDFS 2400

June 12, 2019	<i>Creating a Culture of Care: Supporting Underserved Students at OSU</i> OSU CAPS
May 24, 2019	<i>Mindfulness & Mental Health in the Latinx Community</i> El Centro Cultural de Cesar Chavez
May 20, 2019	<i>Race, Racism & Mental Health</i>
May 2019	<i>Meditation Mondays</i> El Centro Cultural de Cesar Chavez
April 19, 2019	<i>Mental Health</i> Out N About group
March 8, 2019	<i>Self-Care: Creating and Fostering Resilience</i> Out N About group
Nov. 30, 2018	<i>Building Resilience as Queer People</i> El Centro Cultural de Cesar Chavez
Nov. 7, 2018	<i>Survival Kit for People of Color</i> Oregon State University student group "Here to Stay"
Feb. 13, 2018	Panel member for Mental Health at Teen Summit
Feb. 8, 2018	Panel member for Human Rights Assembly at Corvallis High School
Feb. 1, 2018	<i>Healthy Relationships</i> Out N About group
Nov. 11, 2017	<i>The Spectrum of Gender and Sexuality: Building Understanding.</i> Cascade High School health class.
Oct. 9, 2017	<i>Working with LGBTQ Clients & Their Families: Considerations for Mental Health Professionals.</i> Trillium outpatient team.
Aug. 30, 2017	<i>Showing Up at School: Explorations of LGBTQ students' Experiences at School.</i> Corvallis School District wellness fair.

Teaching

Fall 2023	Instructor of Record: <i>Clinical Foundations for Working with LGBTQIA+ Communities</i> SW 679R Utah Valley University
Spring 2021	Instructor of Record: <i>Marital and Family Relations</i> HDFS 2400 (Hybrid Course due to COVID-19) Utah State University

Spring 2021	<i>Parenting and Child Guidance</i> Teaching Assistant for HDFS 2660 online Utah State University
Fall 2020	Instructor of Record: <i>Marital and Family Relations</i> HDFS 2400 (Hybrid Course due to COVID-19) Utah State University
Fall 2020	<i>Parenting and Child Guidance</i> Teaching Assistant for HDFS 2660 Utah State University
Summer 2020	<i>Marital and Family Relations</i> Teaching Assistant for HDFS 2400 (online) Utah State University
Spring 2020	Instructor of Record: <i>Life Span Development</i> HDFS 1500 Utah State University
Aug. 2019-Dec. 2019	<i>Marital and Family Relations</i> Teaching Assistant for HDFS 2400 Utah State University

Writing/Publications

Melissa M. Yzaguirre, **Andres L. Brown** (expected 2023) Bridging Training and Experiences: Expanding Clinical Practices with Latinx Communities, The Routledge International Handbook of Couple and Family Therapy

Ty B. Aller, Elizabeth B. Fauth, Heather H. Kelley, Sarah Hodgskiss, **Andres L. Brown** & Rylan Hellstern (2022) Associations between college students' personal experience with mental health issues and their mental health literacy: a strengths-based perspective, Journal of Mental Health, DOI: [10.1080/09638237.2022.2069692](https://doi.org/10.1080/09638237.2022.2069692)

Media/Guest appearances

<https://www.sltrib.com/artsliving/2023/05/28/meet-some-therapists-organizations/>

<https://youtu.be/7uFHAuap8xI>

Groups Facilitation

Oct.2021-Dec. 2021	Co-Facilitated LGBTQIA+ youth Support Group for LA EUROPA ACADEMY
Apr. 2018–June 2019	Created and facilitated support groups at Oregon State University's CAPS including:

	• Queer & Trans People of Color Support Group • Queer Men's Support Group • Multiracial Student Support Group
Jan. 11-13, 2019	<i>Multiracial Aikido</i> retreat with Oregon State University, facilitating discussion and healing space for multiracial students
June 2016–June 2017	Co-Facilitator for <i>SPEAK UP</i> in conjunction with Speech and Language Pathology at The Center for Healthy Relationships
June 2016–June 2017	Co-Facilitator with Courageous Kids Grief Support Group, providing weekly group/play/art therapy for youth in grief and attended annual camp as a counselor

Memberships

Since 2022	Full Member of the World Professional Association of Transgender Health
Since 2022	National Queer & Trans Therapists of Color Network https://nqttcn.com/en/listing/andres-larios-brown/
Since 2022	Clinical Member: Mormon Mental Health Association
Since 2020	The LGBTQ Therapists Guild of Utah
Since 2020	American Psychological Association
Since 2019	National Latinx Psychological Association
Since 2020	The Utah Association of Marriage & Family Therapists
Since 2018	American Association of Marriage & Family Therapists Queer and Trans Advocacy group

Research Experience

Dec. 2021–Current	Research Therapist with Transcare Collective University of Wisconsin- Madison https://www.transcarecollabstudy.com/about-5-1
Aug.2019–May 2020	Research Assistant for Mental Health and Developmental Disabilities National Training Center
May 2020–June 2020	Research Assistant for Dr. Diana Meter, Department of Human Development and Family Studies

Community & Committee Work

Aug. 2021- Present	Board member for Unidxs
Dec. 2021- Present	Member of Encircle's Culture Sync & Creator of the BIPOC affinity Group
Dec.2019-Mar.2021	Cultural Diversity & Inclusion working group Utah State University's Human Development & Family Studies Department
Jan. 2019-June 2019	Advisory board member for El Centro Cultural de Cesar Chavez at Oregon State University
Jan. 2019-June 2019	Liaison Steering committee member at Oregon State University CAPS
Apr. 2018-June 2019	Diversity Committee member at Oregon State University CAPS
Apr. 2018-June 2019	Interpersonal violence services committee member at Oregon State University CAPS
Apr. 2018-June 2019	Trans consult group with at Oregon State University CAPS
Apr. 2018-June 2019	Culturally responsive Clinical Service Delivery Member
Apr. 2018-June 2019	Liaison for the Latinx Cultural Center on Campus
Nov. 2017-June 2019	Facilitator with Out N About – LGBTQIA+ support group for teens