

JARED HILTON HALES

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EDUCATION

Claremont Graduate University – Claremont, CA

M.S. Positive Developmental Psychology and Evaluation (May 2025)

- GPA: 3.72

Brigham Young University – Provo, UT

B.S. Psychology (December 2021)

- GPA: 3.61
 - Honors Student Leadership Award
 - Regent Scholarship Recipient
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PUBLICATIONS & PRESENTATIONS

Publication:

Caldwell, Y., Vogeler, H., Erikson, D., Griner, D., Beecher, M., Hobbs, K., Schmuck, D., Worthen, V., Hoskin, J., Merrill, B., **Hales, J.**, (2023). *Concerns and Psychotherapy Utilization in University Counseling Centers: What Do We Know About Asian American and International Asian Students?* Journal of College Student Psychotherapy.

Presentation:

Hales, J. (Feb 2022) *The Book of Mormon: A Type of Christ*. Religious Education Student Symposium, BYU.

RESEARCH IN PROGRESS

Maladaptive Quasi-Flow: A Low-Investment Substitute for Flow Experiences

- Author: Jared Hales
- Journal: Journal of Positive Psychology
- Presentation: Claremont Graduate University Psi Chi Research Symposium (April 2025)
- Status: Manuscript in preparation

DELPHI Project: Antecedents of Purpose

- Researching the developmental precursors of purpose in adolescents.
- Collaborating with Dr. Kendall Bronk's Lab with funding from the Walton Family Foundation.

Purpose-Centered Curriculum in High Schools

- Investigating the effectiveness of purpose-driven educational programs.
 - Collaborating with Dr. Kendall Bronk's Lab with funding from the Walton Family Foundation.
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UNIVERSITY-LEVEL TEACHING EXPERIENCE

Brigham Young University – Provo, UT

Senior Capstone (Psych 410R) – Teaching Assistant & Course Developer

(August 2021 – December 2021)

- Developed course materials, syllabi, and lectures for a senior-level capstone course.
- Provided consistent feedback on student teaching skills and content application.
- Created and filmed two lectures that became part of the course's future curriculum.

Brigham Young University – Provo, UT

Psych 309 – Psychometrics – Teaching Assistant

(August 2020 – April 2021)

- Led weekly lab sessions (~30 students) on psychological measurement, research design, and data interpretation.
- Taught quantitative and qualitative research methodologies, relevant to family studies and social sciences.
- Provided APA-style writing instruction and feedback on research papers.

Brigham Young University – Provo, UT

Psych 306 – Psychology of Gender – Teaching Assistant

(April 2021 – June 2021)

- Facilitated student discussions on sociocultural theories of gender, an experience applicable to family theory.
- Guided classroom debates and discourse analysis, fostering critical thinking among students.
- Provided exam reviews and one-on-one student support to reinforce theoretical applications.

PRIVATE INSTRUCTION & TUTORING

Claremont Tutors – Private Tutor

(August 2023 – Present)

- Designed and delivered individualized lesson plans for undergraduate and graduate students in statistics, developmental psychology, and research methods.
- Provided one-on-one instruction in complex theoretical concepts applicable to social sciences and family studies.
- Mentored students in academic writing, data analysis, and APA formatting, strengthening their ability to apply theory in research.

ACADEMIC ADVISING & STUDENT ENGAGEMENT

Brigham Young University – Provo, UT

Lead Academic Advisor – Psych Student Support Services (August 2020 – December 2021)

- Provided academic advisement to psychology students, guiding them through coursework and research opportunities.
- Assisted professors in course development and student mentorship.
- Managed TA hiring and coordinated department resources.

FAITH-BASED TEACHING & MISSION ALIGNMENT

The Church of Jesus Christ of Latter-day Saints – Rancho Cucamonga, CA

Seminary Teacher (August 2024 – Present)

- Designed and delivered daily faith-based lessons to high school students.
- Integrated spiritual perspectives with academic principles, modeling an approach ideal for BYU's mission.
- Tracked, synthesized, and reported student progress to supervisors and parents.

Brigham Young University – Provo, UT

Honors Student Leadership Council (2020–2021)

- Spearheaded a campus-wide essay contest on moral development & ethical reasoning—ties into family theories.
- Organized and executed events promoting academic excellence and interdisciplinary learning.

PROFESSIONAL MEMBERSHIPS

- Psi Chi International Honor Society in Psychology – Secretary, Claremont Graduate University Chapter (August 2024 – Present)
- American Psychological Association (APA) – Member

CERTIFICATIONS

- Human Subject Research Training (CITI Certified)
- Question, Persuade, and Refer Suicide Prevention Certification (QPR)
- OpenMind Modules Training

SKILLS

- Course Design & Development
 - Qualitative & Quantitative Research
 - Student Advising & Mentorship
 - Interdisciplinary Teaching & Discussion Facilitation
 - Faith-Based Education & Gospel Integration
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